

# Howard County RECREATION & PARKS



# ACTIVITY GUIDE

Online Registration Begins March 1, 6 pm

# Welcome to the Spring/Summer 2017 Activity Guide!

Welcome to the 2017 Spring/Summer Activity Guide. Inside you'll find hundreds of programs, classes, leagues and events to stimulate your mind and body this spring and summer.

This year marks the 25th anniversary of our always popular, Wine in the Woods. Join us the weekend of May 20th to 21st for a wine tasting experience, featuring more than 30 Maryland wineries, live music and 30 artisan booths. To learn more about Wine in the Woods, visit http://wineinthewoods.com.

In addition to Wine in the Woods, you'll find a number of other great events happening this spring and summer. There is daytime, nighttime (flashlight) and even pool-related egg hunts for all ages; the July 4th Festival & Fireworks, our largest free event of the season; and a free summer concert series in our local parks.



Allan H. Kittleman

John R. Byrd

Not only are we offering a lot of great events this spring and summer, but activities as well. From individual to group activities, you'll find a wide array of sport leagues, cooking and art classes, and so much more. Some of our growing sections in this year's guide (due to popularity), include homeschool events and classes; LEGO classes for elementary school children; and archery range times.

Finally, we'd like to thank the members of our community who volunteered more than 1,200 hours to help in the recovery efforts following the July 30th Historic Ellicott City flood. Thank you also to our Recreation & Parks staff members who went above and beyond their everyday duties in order to help out as well. It is in trying times like this, that we are reminded of how generous and thoughtful Howard County residents and employees truly are.

We hope you take the opportunity this spring and summer to experience all we have to offer!

Allan H. Kittleman Howard County Executive

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**Department of Recreation & Parks Director** 







Join us for the 25<sup>th</sup> year and celebrate the charm and character of an event that has aged to perfection! Wine in the Woods is now the largest wine festival in Maryland and was voted Best Festival in Howard County. Sample a variety of Maryland's finest wineries from a souvenir glass; purchase food from an abundance of high quality, distinctive restaurants and caterers; sharpen your palate by attending wine education seminars; purchase exceptional works of art and specialty crafts; and revel in continuous live entertainment. Ask about our designated driver program. As wine is being served at this festival, the target audience for this event is 21 years and over. While we welcome all patrons, this is not intended as an event for children. To purchase advance tickets, volunteer or for more details, visit www.wineinthewoods.com.

# **How to Register**

Howard County residents may register online beginning March 1 at 6 pm and by all other methods beginning March 2. Out-of-County residents may register online beginning March 8 at 6 pm and by all other methods beginning March 9. Plan ahead! An online account is required and may take up to 48 hours to approve.

For a complete listing of our policies and procedures, consult the "General Information" section beginning on page 94. Please let us know if you have any questions or suggestions — we always like to hear from you.

On-line: www.howardcountymd.gov/rap

Phone: 410-313-7275 (voice/relay) (8am-4:30pm, M-F)

Fax: 410-313-4658

Mail-in: Howard County Recreation & Parks Headquarters

7120 Oakland Mills Road, Columbia, MD 21046

(Registration form on page 98.)

Walk-in: Howard County Recreation & Parks Headquarters

7120 Oakland Mills Road, Columbia (8am-4:30pm, M-F)

Gary J. Arthur Community Center

2400 Rte. 97, Cooksville

(7am-8:30pm, M-Sa; 9am-5:30pm, Su)

North Laurel Community Center 9411 Whiskey Bottom Road, Laurel (8am-8pm, M-Sa; 9am-5pm, Su)

Robinson Nature Center 6692 Cedar Lane, Columbia (9am-5pm, W-Sa; Noon-5pm, Su)

Roger Carter Community Center 3000 Milltowne Drive, Ellicott City

(6am-10pm, M-F; 7am-10pm, Sa; 7am-9pm, Su)

See page 94 for inclement weather/program status lines.

If you would like this Guide in a larger font, please contact Susan Potts, 410-313-4628.

Is the class you want full? Put your name on the wait list. We try to open new class sections for filled classes.

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# Athletic, Community & Nature Centers

- Visit the front desk or call for information about center programs. You can also register in person for any Howard County Recreation & Parks program.
- Children under 16 years old require adult supervision in the facility.
- Those 12-15 years old require adult (over 18 years old) supervision in the facility, except during the after-school TeenZone and Friday Fun Zone.
- Inclement Weather/Program Status Line: 410-313-4452.

To see more photos of the centers and playgrounds, visit **Pinterest** /hocorec.



- The Fit4U Package allows you to use our three community centers' fitness facilities and RCCC pool.
- No enrollment fees.
- · Center membership included!

#### Pricing for 13-49 yrs

Yearly	\$300 (R) / \$360 (NR)
	(Comes to \$25/\$30 per month)
6 Months	\$180 (R) / \$225 (NR)
3 Months	\$105 (R) / \$135 (NR)
Monthly	\$40 (R) / \$50 (NR)
Drop-In/Guest Rate	\$5/visit

#### Youth Fit4U (3-12 yrs)

Children, enjoy having access to the pool, gymnasium and walking track, while accompanied by a chaperone over 18 years old.

Annual	6 Months	3 Months	Monthly	Drop-In
\$85 (R)	\$55 (R)	\$35 (R)	\$15 (R)	\$5/visit
\$105 (NR)	\$75 (NR)	\$45 (NR)	\$20 (NR)	

#### **Additional Information**

- For ages 13-15 at all centers, parental supervision is required and each child must complete a mandatory orientation.
- Discounted rates available for two or more memberships purchased at the same time.

#### **Benefits**

- Access to the fitness & dance/aerobics rooms at (non-class) times.
- Use of the gymnasium during open and "drop-in" programs.
- Use of the swimming pool at RCCC during drop-in swim times.
- Access to the game rooms at GJACC and NLCC.
- Discounted Center activities and events.

GJACC = Gary J. Arthur Community Center	R = Resident
NLCC = North Laurel Community Center	NR = Non-Resident
RCCC — Roger Carter Community Center	





Our GO50+ membership packages are designed to enhance the quality of life for the 50+ adult population that lives, works and plays in Howard County.

Live longer, healthier lives... join today!

#### 50+ Centers Membership

Membership includes access to Gary J. Arthur and N. Laurel Community Centers and all Howard County 50+ Centers.

**Amenities:** Game Room Areas, Gymnasiums, Walking Tracks, Wellness Programs, and Center drop-in activities

Price: FREE

#### 50+ Fitness Membership

Membership includes access to Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

Amenities: All 50+ Center Benefits, Fitness Rooms, Dance/ Aerobics Studio\*

Price: Resident, \$75 per year. Nonresident, \$100 per year.

#### 50+ Pool Membership

Membership includes access to Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

**Amenities:** All 50+ Fitness Benefits, Pool Access During Drop-in Swim Hours

**Price:** Resident, \$175 per year. Nonresident, \$225 per year.

\* Dance/Aerobics Studio not available at Ellicott City 50+ Center.

# Community Center Membership

All patrons entering the facility must have a center membership or pay the daily admission rate, unless they are a participant in a Recreation & Parks program. The center membership gives you access to the three community centers (does not include the fitness room).

Annual Youth (3 yrs +) \$25 / \$50 (Nonresident) Annual Adult (16 yrs +) \$25 / \$50 (Nonresident)

Card Replacement Fee \$10 Daily Center Pass \$5

# **Drop-In Fun**

Children 15 years and under require adult supervision in the facility. Children 12-15 years old require adult supervision in the facility, except during after-school TeenZone program (Center Membership required). For info and to confirm time, call 410-313-0390 (N. Laurel), 410-313-4840 (Gary J. Arthur) or 410-313-2764 (Roger Carter).

## Basketball (Family, 16 yrs + & 50 yrs +)

Join other athletes of all ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	8-10pm	M
Family	Roger Carter Comm Ctr	7-9am	Su
16 yrs +	Gary J Arthur Comm Ctr <sub>1</sub>	7-9pm	М
16 yrs +	N Laurel Comm Ctr	6-7pm	Tu
16 yrs +	Roger Carter Comm Ctr	8-10pm	М
16 yrs +	Roger Carter Comm Ctr	7-10pm	Sa
50 yrs +	Gary J Arthur Comm Ctr 1.2	9-11am	M,W,F
50 yrs +	N Laurel Comm Ctr	10am-noon	M,W

1 No full-court games at Gary J Arthur Comm Ctr 2 An Office of Aging and Independence program

#### Billiards (18 yrs +)

Rack'em up and come play some pool!

Gary J Arthur Comm Ctr 10am-2pm Tu N Laurel Comm Ctr 10am-2pm Tu

#### Friday Family Fun Night (Family, All Ages)

It's an open gym for the whole family. Basketball hoops can be lowered for our youngest members. No full court games, so there is space for fun for all.

Gary J Arthur Comm Ctr 5:30-7pm

#### Pickleball (16 yrs +)

Learn and practice your pickleball skills. This sport is fun and combines elements of tennis, badminton and ping pong.

N Laurel Comm Ctr 9am-noon

### Ping Pong (16 yrs +)

Are you a menace at table tennis?

N Laurel Comm Ctr 6-8:30pm, W,Th N Laurel Comm Ctr Noon-4pm, Sa

#### Social Sandbox

Meet friendly local moms to talk about the kids and have fun! Takes place in the gym. Chaperone must be at least 18 years old.

Gary J Arthur Comm Ctr Noon-1pm Th N Laurel Comm Ctr 9:30-11:30am Th

#### **Stroller Moms & Friends**

Bring a friend, your stroller and the babies and get some exercise walking our indoor track. Chaperone must be at least 18 years old.

Gary J Arthur Comm Ctr 8-11am W,F N Laurel Comm Ctr 8-9am Tu,Th

#### Swimming at Roger Carter Comm Ctr

Lap Swim (13 yrs +)/Schedule: www.howardcountymd.gov/RCCC

Swim in one of our six lap lanes.

6-10am M-F | 7:30-9:30pm M-F

Open Swim (All ages) / Schedule: www.howardcountymd.gov/RCCC

Noon-5pm M-F | Noon-9:30pm Sa

9am-8:30pm Su

Pre-K Swim / Schedule: www.howardcountymd.gov/RCCC

Chaperone must be at least 16 years old.

10am-noon M-F

#### TeenZone

Shoot hoops, play billiards, ping pong, and games, or just hang out!
Gary J Arthur Comm Ctr 2:30-5:30pm M-F (12-15 yrs)
N Laurel Comm Ctr 2:30-5:30pm M-F (12-15 yrs)
Roger Carter Comm Ctr 2:30-5pm M-F (11-16 yrs)

#### **Toddler Time**

Bring your little ones indoors to play with push toys, hula hoops, tunnels, and more. Interactive play develops motor skills and social skills.

N Laurel Comm Ctr 9:30-11:30am T

#### Volleyball (Family & 16 yrs +)

Join other athletes of various ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	7-10pm	W
Family	Roger Carter Comm Ctr	5-7pm	Sa
Family	Roger Carter Comm Ctr	7-9am	Su
16 yrs +	Gary J Arthur Comm Ctr	7-9pm	W
16 yrs +	N Laurel Comm Ctr	5:30-7pm	Th
16 yrs +	Roger Carter Comm Ctr	7-10pm	W



# Celebrate your Birthday with Howard County!

BIRTHDAY MAGIC IS CREATED WHEN YOU HOLD YOUR PARTY
AT A HOWARD COUNTY FACILITY OR PAVILION.
GREAT LOCATIONS! UNFORGETTABLE FUN!

Adventure & Outdoors	410-313-1754
GARY J. ARTHUR COMMUNITY CENTER	410-313-4840
HERITAGE PROGRAMS	410-313-0419
MEADOWBROOK ATHLETIC COMPLEX	410-313-1163
North Laurel Community Center	410-313-0390
Pavilions in the Parks	410-313-4682
ROBINSON NATURE CENTER	410-313-0400
ROGER CARTER COMMUNITY CENTER	410-313-2764





2400 Rte 97, Cooksville, MD 21723
Registration: 410-313-4840
Hours: 7am-9pm, M-Sa; 9am-6pm, Su
Closed: Apr 16, May 29, Jul 4, Sep 4, Nov 23-24,
Dec 25
Closing at 5 PM: Dec 24, Dec 31
www.howardcountymd.gov/GJACC





9411 Whiskey Bottom Rd, Laurel, MD 20723 Registration: 410-313-0390 Hours: 8am-9pm, M-Sa; 9am-6pm, Su Closed: Apr 16, May 29, Jul 4, Sep 4, Nov 23-24, Dec 25 Closing at 5 PM: Dec 24, Dec 31 www.howardcountymd.gov/NLCC





3000 Milltowne Drive, Ellicott City, MD 21043 Information/Rentals/Reservations: 410-313-2764 Hours: 6am-10pm, M-F; 7am-10pm, Sa; 7am-9pm, Su Closed: Apr 16, Nov 23 & 24, Dec 25 Closing at 5pm: May 29, Jul 4, Sep 4, Dec 24 & 31 www.howardcountymd.gov/RCCC



3300 Norbert's Way, Ellicott City, MD 21042

Info: 410-313-2636 Reservations: 410-313-2637

Center Hours: 8am-5pm, M-Th; 8am-4pm, F

Perfect for meetings, trainings & larger events with a banquet capacity of 200 people. Room dividers can partition the facility into three areas.





flickr

5001 Meadowbrook Lane, Ellicott City, MD 21043

Info: 410-313-1161

Facility Rental: 410-313-1163 Recorded Info: 410-313-4452

Inclement Weather/Facility Status: 410-313-4452

Gym Hours: 410-313-4452 www.howardcountymd.gov/MAC

The Meadowbrook Athletic Complex (the MAC) is a destination for indoor basketball, volleyball, field hockey, badminton, jump rope and much more! The facility houses 35,000 square feet of unobstructed gymnasium space designed to serve all ages and levels of play.

#### **MAC Early Risers Walking Package**

For one low, annual fee, you can use the walking track from 7-9am, M-F. Info: Matthew Knoerlein, 410-313-1163.

Adults & Youth: \$25

#### **Get Active Package**

For one low fee, this membership gives you access to open gym hours at the Meadowbrook Athletic Complex (MAC) and select school gyms (for adults). Info: Matthew Knoerlein, 410-313-1163.

#### Spring (Apr-Jun)

Adults: \$59, season; \$25, month

\*Also includes select local school gym drop-in basketball and volleyball. Youth: \$25, season; \$10, month

Summer (Jul-Aug)

Adults: \$39, season; \$20, month Youth: \$19, season; \$10, month





6692 Cedar Lane, Columbia, MD 21044 Info: 410-313-0400 Facility Rental: 410-313-0400 Center Hours: 9am-5pm, W-Sa; Noon-5pm, Su

Closed: Mondays, Tuesdays, Apr 16, Nov 23-24 www.howardcountymd.gov/RobinsonNatureCenter

This unique nature center features interactive exhibits, trails, an auditorium, classrooms/meeting rooms, the children's Discovery Room, an outdoor "Nature Place" play area, and the NatureSphere (a state-of-the-art digital planetarium). The nature center offers public programs, field trips, birthday parties, scout programs, LEED tours, room rentals and volunteer opportunities.

Daily General Admission\*

Adults: \$5

Children (3-17 yrs): \$3 Children (under 3 yrs): Free

#### **Annual and Lifetime Passes**

Annual and lifetime pass holders are entitled to complimentary general admission to the nature center, use of its trails, 10% discount in the gift shop, and discounted admission to certain programs. Annual passes expire one year from the date of purchase.

Senior (50 yrs +): \$20 / \$40 (Nonresident)
Student (with valid school ID): \$20 / \$40 (Nonresident)
Individual: \$25 / \$50 (Nonresident)
Family: \$50 / \$100 (Nonresident)
(Family pass includes members of the immediate household.)

#### Friends of Robinson Nature Center Memberships

Includes an annual pass to the nature center as well as friends-only benefits. Patron, Supporter, Sustainer and Lifetime passes include some complimentary NatureSphere tickets and guest passes. Please call 410-313-0400 for details.

Patron: \$175 Supporter: \$250 Sustainer: \$500 Lifetime: \$1,000

#### **Field Trips**

We offer year-round field trip programming for all ages. Programs may be booked Wednesday-Sunday during our hours of operation. Field trips last between 1½ and 3 hours and range between \$9 and \$15 per participant.

#### Rentals

Robinson has two classroom spaces, an auditorium, an outdoor patio space and the NatureSphere planetarium for birthday parties, meetings and special events. Wedding packages are available. Applicants must be at least 21 years.



Check out our NEW 360-degree views online! www.howardcountymd.gov/rap. Check out the amenities, features and surroundings of the space before reserving for smoother planning. Park pavilions and meeting rooms are a great place to hold a birthday party, corporate event, large family gathering, school picnic or other special occasion.

# **Pavilion & Facility Rentals**

Information/Reservations by calling or going online: 410-313-4682 or www.howardcountymd.gov/pavilions \*For North Laurel Park Pavilion: 410-313-0390 www.howardcountymd.gov/rentals

Park/Pavilion Name	Fee (resident/non-resident)
Alpha Ridge Park Pavilion 1 & 2	\$170 / \$203
Centennial Park Pavilion A, B & C	\$165 / \$198
Centennial Park Pavilion D	\$396 / \$429
Centennial Park Pavilion E, F & G	\$165 / \$198
Centennial Park Pavilion H	\$990 / \$1,023
Centennial Park Pavilion 0	\$170 / \$203
Cedar Lane Park East Pavilion	\$352 / \$385
Cedar Lane Park West Pavilion	\$440 / \$473
Guilford Park Pavilion	\$170 / \$203
Hammond Park Pavilion	\$170 / \$203
High Ridge Park Pavilion	\$330 / \$363
Meadowbrook Park Hawksview Pavilion	\$385 / \$418
*North Laurel Park Pavilion	\$330 / \$363
Rockburn Branch Park Pavilion	\$247 / \$280
Savage Park Pavilion	\$363 / \$396
Waterloo Park Large Pavilion	\$170 / \$203
Waterloo Park Small Pavilion	\$143 / \$176
Western Regional Park Pavilion 1	\$220 / \$253
Western Regional Park Pavilion 2 & 3	\$170 / \$203
Western Regional Park Pavilion 4 & 5	\$385 / \$418

#### **Indoor Facilities**

Info: 410-313-4682 www.howardcountymd.gov/rentals

Ellicott City Colored School, Restored: 410-313-0420 Gary J. Arthur Community Center: 410-313-4840 North Laurel Community Center: 410-313-0390 Patapsco Female Institute Historic Park: 410-313-0420 Pfeiffer's Corner Schoolhouse: 410-313-0420 Robinson Nature Center: 410-313-0400 Roger Carter Community Center: 410-313-2765 Schooley Mill Activity & Conference Rooms: 410-313-4682 Waverly Mansion: 410-437-5711

# **Historic Howard County** Sites

- Howard County Recreation & Parks Heritage staff offer a variety of educational programs, special events and tours at historic buildings and parks. Some historic sites are available for rent to hold meetings, social occasions and art performances.
- · For more information about these sites, visit www.howardcountymd.gov/HistoricalSites.
- To see more photos, visit **Pinterest** /hocorec

#### Baltimore & Ohio (B&O) Railroad Station

A National Historic Landmark, the B&O Railroad Station in Ellicott City is the oldest surviving railroad station in the United States. Erected in 1830-31, the station served as the terminus of the railroad's original 13-mile section of track. In service until 1972, the station is now a living history museum offering programs and exhibits that explore the development of transportation in America and the station's role in historical events of the 19th and 20th centuries. Hours: Wednesday-Sunday, 11 AM-4 PM. Admission: \$6, adults; 44, seniors 60+; 32, 2-12 years old; Free, under 2 years old.

Info: 410-461-1945 or ecborail.org.

2711 Maryland Avenue, Ellicott City, MD 21043 (intersection of Main St. and Maryland Ave. in the Historic District).

#### Belmont Manor & Historic Park

This pristine setting is one of Howard County's most beautiful sites. This 68acre natural setting incudes an 18th century manor, historic outbuildings, a cemetery, agua garden, carriage house, and original barn. Belmont Manor is a great venue for weddings, special events, fundraisers, and meetings. Event rentals include the use of the Manor House, tent, gardens, and grounds. Rental tours are held multiple times each month. Info: 410-313-0200 or www.belmontmanormd.org. 6555 Belmont Woods Road, Elkridge, MD 21075

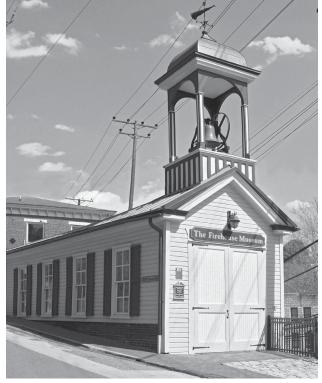
#### Blandair Farm

Blandair takes its name from Theodorick Bland, a colorful figure in early Maryland politics. He served as Chancellor of Maryland from 1824 until his death in 1846. While the property was farmed as early as 1798, most of the existing buildings date from the mid-19th century, and include a granary, a springhouse, some tenant houses and the brick main house. Howard County purchased the property in 1998 and plans to develop the site as a regional park. While public access to Blandair is limited during restoration, occasional heritage programs are held there. The farm was also the site of the 2003 International Preservation Trade Conference. 6651 Route 175, Columbia, MD 21044

#### **Bollman Truss Bridge**

The Bollman Truss Bridge is the only known remaining example of the revolutionary all-iron truss system patented by Baltimore engineer Wendell Bollman in the mid-19th century. Constructed in 1869, the bridge was moved to its current site in 1888 and was in use until 1915. Designated a National Historic Landmark in 2000, it is now utilized as a pedestrian bridge connecting Historic Savage Mill with the Mill Trail, a walk linking old mill sites along the Patuxent River.

8650 Foundry Street, Savage, MD 20763



Firehouse Museum

#### **Ellicott City Colored School, Restored**

This one-room schoolhouse was constructed in 1880 as the first school built with County funds for African-American children in Howard County. In use as a school until 1953, the building was re-purchased by the County in 1995 and restored with the assistance of private and public funding. The building is set up like a rural classroom of the early twentieth century and houses rotating exhibits about local African-American families who contributed to the history of the area. Tours are offered on Saturdays and Sundays at 3 PM, from April through October. Private and group tours are available year round, weather permitting. Info: 410-313-0420.

8683 Frederick Road, Ellicott City, MD 21043.

#### Firehouse Museum

Located in the County's first firehouse, the Firehouse Museum houses a wide array of fire apparatus, model toys and an impressive visual history of Howard County's Volunteer Fire Department. The firehouse was constructed by volunteers in 1889. Open Saturday and Sunday from 1-4 PM, April through December. Private and group tours are available year-round, weather permitting. Info: 410-313-0420. 3829 Church Road, Ellicott City, MD 21043.

#### Heritage Orientation Center

The Heritage Orientation Center is in the county's first Court Records building. View unique exhibits on the 18<sup>th</sup> and 19<sup>th</sup> Century milling techniques, floods of Ellicott Mills, and the Ellicott Family. The center is open daily from 11 AM-4 PM. (behind Thomas Isaac Log Cabin). Info: 410-313-0420.

8334 Main Street, Ellicott City, MD 21043.

#### Patapsco Female Institute Historic Park

The Patapsco Female Institute was a refined academy for young women from 1837-1891. It went beyond the scope of a finishing school with a rigorous curriculum including math and science, a rarity for girls in the Victorian Era. The building lived many successive lives including a hotel, summer theatre, nursing home and private residence before a period of vacancy that led

to its deterioration. Today, the stabilized ruins of the Greek Revival structure are open for tours and serve as a captivating setting for special events, weddings, birthday parties, camps and open-air theatre. Tours offered on most Saturdays and Sundays at 1:30 PM, April through October. Private and group tours are available year-round, weather permitting. Info/Rental Inquiries: 410-313-0420.

3655 Church Road, Ellicott City, MD 21043

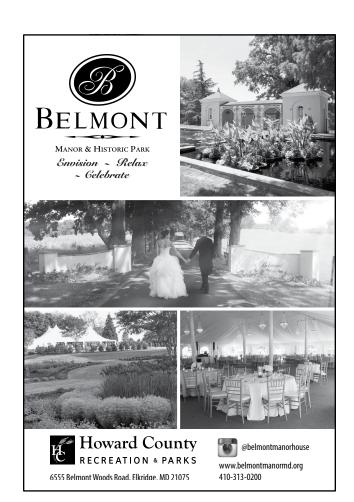
#### Pfeiffer's Corner Schoolhouse

Originally constructed about 1883, the Pfeiffer's Corner Schoolhouse is one of the very few remaining one-room schools in Howard County. Restoration is now complete. Children were educated within its walls for over 50 years until it was converted into a residence in the 1940s. In 2003, it was moved to Rockburn Branch Park where it illustrates the changes over a 100-year time span of our schools, serves as a historic exhibit and provides space for demonstration classes, interpretive tours and small meetings. Info: 410-313-0420.

6109 Rockburn Branch Park Road, Elkridge, MD 21227

#### Thomas Isaac Log Cabin

Named after its late 19<sup>th</sup> century owner, this rustic structure was built circa 1780 as a settler's home of Ellicott Mills. The cabin was reconstructed on the present site in the late 20<sup>th</sup> Century. Here, visitors can learn about the settlement and development of the region and artisans. Open Saturdays and Sundays, 1-4 PM, April through December. Private and group tours are available year-round, weather permitting. Info: 410-313-0420. 8394 Main Street, Ellicott City, MD 21043.





What better way to spend the day than to volunteer at Wine in the Woods? Receive one, complimentary admission ticket when you volunteer.



# **Volunteer Opportunities**

The mission of the volunteer program is to enhance the programs and services of the Recreation & Parks Department with additional resources while providing an opportunity for the citizens of Howard County to contribute to their community. Volunteer opportunities are available in many areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation, and special events. To volunteer with Howard County Recreation & Parks, you must meet the following requirements:

- Be at least 18 years old or 13-17 years old with parental consent:
- · Complete the Volunteer Application;
- · Be a good role model with a positive attitude; and
- If 18 or over, complete a Background Release Form, if required for the position.

To sign up for a volunteer opportunity or to find out what volunteer events are coming: www.hocovolunteer.org. Info: Shawnté Berry, 410-313-4624 or sberry@howardcountymd.gov.

#### Community Knitting & Crocheting Group

Explore your artistic side! Knit or crochet cozy scarves, blankets and hats for a variety of community service projects. This non-instructional gathering of volunteers meets twice a month. All skill levels welcome. Acrylic yarn donations gladly accepted. Please, no wool or cotton. Info: Linda DiPanfilo, 410-313-4704 or Idipanfilo@howardcountymd.gov.

55 yrs + / 2nd and 4th Wednesday of the month RP3070.201 Kiwanis-Wallas Hall 1-3pm W Free



Show your love for Mother Nature and celebrate Earth Day at the Tree Planting Celebration.

#### Festival Volunteers - Wine in the Woods

We are looking for dedicated volunteers who are willing to assist in a variety of areas including admission gates, designated drivers, parking attendants, and more. Each four-hour volunteer shift entitles you to receive a free t-shirt to wear during your volunteer shift and one complimentary admission wristband to the festival. Volunteer positions are on a first-come, first-served basis. Info/sign up: www.wineinthewoods.com/volunteering or Shawnté Berry, 410-313-4624.

21 yrs + May 20 & 21 Sa & Su Free

# Gardening Get-Togethers at Robinson Nature Center

Join us every Thursday and Saturday (weather-dependent and excluding holidays) and venture into the outdoors at Robinson Nature Center to tackle various volunteer stewardship projects. Projects may include planting native wildflowers, removing invasive plants, maintaining native trees and shrubs, maintaining trails, and cleaning up trash. Those under the age of 18 must be accompanied by an adult. Info: Brian Campbell, 410-313-0400 or bcampbell@howardcountymd.gov.

All ages Robinson Nature Ctr 10 AM-noon Th & Sa (Weekly) Free

# Conservation Stewardship Project Volunteer Opportunity

The Middle Patuxent Environmental Area (MPEA) is 1,021 acres of preserved land between Clarksville and Columbia. Help us control non-native, invasive plants by volunteering with this joint effort of the Howard County Master Gardeners and the Department of Recreation & Parks. Remove various invasive plants and replace them with beneficial, native plants. Each event includes an educational component concerning the target invasive species or project for the morning. No registration necessary. Those under 18 must be accompanied by an adult. Volunteer/Info: Jeff Claffy, 410-313-6209 or jclaffy@howardcountymd.gov. Visit www.howardcountymd.gov/mpea for meeting point.

<u>All ages / MPEA / 9-11:30 AM / Tu / Free</u> Mar 28, Apr 25, May 23, Jun 27, Sep 26, Oct 24, Nov 28

#### Earth Day Tree Planting Celebration **flick**r

Please join us for an Earth Day reforestation project. Plant, mulch and shelter native trees! All ages welcome. Tools and instruction provided by Natural Resources staff. Volunteers under 16 must be accompanied by parent/guardian. Please register by April 10. To register visit www.hocovolunteer.org. Info: Linda DiPanfilo, 410-313-4704 or Idipanfilo@howardcountymd.gov. All ages Location TBD Apr 22 9 AM-noon Sa Free



The Butterfly Gala (held at Robinson Nature Center) is full of sensory-friendly fun for children and adults with special needs and their families.

# Special Events & Family Activities

#### March

#### Spring Afternoon Tea at Belmont

Enjoy a traditional English Afternoon Tea in the stately Belmont Manor, built in 1738. Tempt your taste buds with a bottomless pot of tea, a Manor scone served with clotted cream and jam, tea savories, fresh fruit, cheese and a delectable assortment of desserts. After taking tea, enjoy a self-guided tour of the Manor and gardens (weather permitting). Preregistration required (no refunds) and seating is first come, first served upon arrival. Info: www.belmontmanormd.org or call 410-313-0200.

RP9900.301 12 yrs + Belmont Mar 11 2-4:30pm Sa \$35 RP9900.302 12 yrs + Belmont Mar 25 2-4:30pm Sa \$35

#### iFind Fitness - Children's Scavenger Hunt

Have you ever used a stability ball or a body bar? How about using a hula hoop for fitness? Join us as we seek a kid-friendly workout. The Community Center Fitness Coordinator and staff get the event started by stretching your muscles to tunes. Afterwards, begin the hunt to find all the exercise stations in this fun, workout-filled scavenger event. Fun for the entire family! Light refreshments are provided at the end of the hunt. Info: Sara Schwab, 410-313-4842.

<u>3 yrs + \$10, center members; \$15, nonmembers</u> RP4180.301 Gary J Arthur Comm Ctr Mar 11 10-11:30am Sa

#### Columbia Baseball & Softball Fest **flick**r

Come prepare for spring with the 4th annual Columbia Baseball & Softball Fest! This exciting event features a visit from the Baltimore Oriole Bird, free player clinic put on by instructors from the Columbia Baseball & Softball League, equipment sales, and on-site program registration. Bring a glove, all other equipment is provided. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP5990.303 4-14 yrs Long Reach HS Mar 18 10am-2pm Sa Free

#### Teen Lock-in!

If you like to enjoy a night full of music, games, rock-climbing, swimming, movies, food, and more, then this after-hours party is just for you! Bring your sleeping bag and pillow, swimsuit and towel, comfortable clothes, and shoes for sports and climbing. All participants must be checked in by 9 pm. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

RP2985.201 11-15 yrs Roger Carter Comm Ctr Mar 24 7-9am F-Sa \$40

#### **Bunny Tracks**

How many steps do you think it takes you to track down all the hidden bunnies? Bring the entire family on a scavenger hunt throughout North Laurel Park. Receive a pedometer and water bottle. Light refreshments are provided at the end of your hunt. Children 4 and under are free. Info: 410-313-0459.

All ages \$5, center members; \$7, nonmembers

RP4402.201 N Laurel Comm Ctr Mar 25 10:30-11:30am Sa

# NEW! Community Collaborative: A to Z Nature Trail

Help us create an A to Z nature trail during this "draw your world" art event. Once completed, the exhibit will be installed on the Robinson Nature Center's grounds. From apple blossoms to zebra swallowtails, the A to Z trail provides visitors with opportunities to practice reading skills, get active, and enjoy the natural world. We'll provide ideas and materials, and you bring your artistic creativity (no experience required). Share in the Robinson legacy by participating in this hands-on community art and literacy project that celebrates Columbia's 50th anniversary and Anne Robinson's love of nature and reading. If you can't join us on the 26th, we'll have drop-in participation throughout the spring. Info/details: www.howardcountymd. qov/Anniesart or 410-313-0400.

All ages Free with Robinson annual pass or daily admission
RP4853.301 Robinson Nature Ctr Mar 26 1-3pm Su

# **April**

#### Teen Fashion Show Page 50

#### Spring Eggstravaganza for Tots

Hop on down for a tot-friendly adventure through Robinson Nature Center's indoor exhibits and along paved portions of the trail (weather-permitting). Together, your family will enjoy self-guided activities that include Spring-themed crafts, music, and a miniature egg hunt. Meet and learn about some amazing bunnies (available for adoption) with the rescue organization Friends of Rabbits. To help ease parking congestion and crowding, we ask that families preregister for one of the following program times and arrive promptly. Program lasts approximately an hour. All adults and children 1 year and older must register to participate. No online registration, call 410-313-0400 or register at the center in person.

1 yr + Robinson Nature Ctr \$6 per person; Free, siblings under 1 yr Su RP4858.301 Apr 2 10am RP4858.304 Apr 2 10:45am RP4858.302 10:15am RP4858.305 Apr 2 Apr 2 11am RP4858.303 Apr 2 10:30am RP4858.306 Apr 2 11:15am

# Butterfly Gala **flickr**

The Howard County Therapeutics Division and Robinson Nature Center cordially invite families of children and adults with special needs to join in an evening of sensory-friendly activities celebrating spring. Enjoy hands-on activities throughout the center, light hors d'oeuvres, music, and dancing. This event is designed for families; supervision is not provided. We can't wait to celebrate with you! Please register by April 5. Info/Registration: 410-313-0400.

\$35 per family (up to 5 family members)

RP4221.301 Robinson Nature Ctr Apr 8 6:30-9pm Sa



Celebrate spring with crafts, games and prizes at the Spring Egg Hunt!

#### **Public Star Parties**

Come enjoy the night sky through telescopes set up by The Howard Astronomical League (HAL). At this relaxed, casual, family event, view live images on a big screen as seen through the Watson Telescope in HAL's new observatory. Info/weather updates: www.howardastro.org or 410-313-4372. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

RP0830.301	All ages	Alpha Ridge Pk	Apr 8	6-11pm	Sa	Free	
RP0830.302	All ages	Alpha Ridge Pk	May 6	6-11pm	Sa	Free	
RP0830.303	All ages	Alpha Ridge Pk	Jun 3	6-11pm	Sa	Free	
RP0830.304	All ages	Alpha Ridge Pk	Jul 29	6-11pm	Sa	Free	
RP0830.305	All ages	Alpha Ridge Pk	Aug 26	6-11pm	Sa	Free	

### Spring Egg Hunt **flickr**

Celebrate spring and family time! Bring your basket to collect eggs and enjoy prizes, refreshments, games, and craft time. The hunt promptly begins 15 minutes after event start time. Preregistration is required; space is limited. If there is inclement weather, the event is held indoors.

Registration/Info: 410-313-4840 (GJACC); 410-313-0390 (NLCC).

2-10 yrs \$10, center members; \$15, nonmembers

RP4163.301	Gary J Arthur Comm Ctr	Apr 8	10-11:30am	Sa
RP4163.311	N Laurel Comm Ctr	Apr 9	3-4pm	Su

#### Belmont Manor & Historic Park Open House

This unique site is not usually open to the public, so come explore the pristine setting of one of Howard County's most beautiful historic sites. Blemont Manor's 68-acre natural setting includes an 18th century manor, historic outbuildings, a cemetery, aqua garden, carriage house, and original barn. Enjoy a self-guided walk through the manor house or a stroll through the grounds.

All ages Belmont Manor & Historic Pk Apr 9 1-5pm Su Free All ages Belmont Manor & Historic Pk Jun 4 1-5pm Su Free

#### **NEW! Yuri's Night World Space Party**

Robinson Nature Center invites you to join a global celebration of humanity's past, present and future in space during Spring Break. Yuri's Night parties are held around the world every April in commemoration of Yuri Gagarin becoming the first human to venture into space on April 12, 1961, and the inaugural launch of the first Space Shuttle on April 12, 1981. Come enjoy hands-on astronomy activities throughout the building, videos of astronauts' perspectives of space, and space movies in the planetarium. Sample space foods, touch real meteorites, and create your own nebula in a bottle to take home! Registration/Info: 410-313-0400.

<u>5 yrs + Robinson Nature Ctr</u> <u>\$7, adult; \$10, child</u> RP4828.311 Apr 12 6-8:30pm W

#### Crafts with a Past flickr

We invite you to participate in a selection of authentic, Colonial-era activities. The Chesapeake Region Lace Makers Guild returns to share their knowledge of the delicate and intricate art of lace making. Also test your calligraphy skills with a nib pen and ink, try reading hand-written letters of the time, observe candle making, and blend dried herbs and flowers to make your own scent sachet to take home. Learn from docents why these skills were relevant in the Colonial Era. Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

All ages	Thomas Isaac Log Cabin	Apr 15	10 AM-4pm	Sa	Free
All ages	Thomas Isaac Log Cabin	May 13	10 AM-4pm	Sa	Free
All ages	Thomas Isaac Log Cabin	Jun 3	10 AM-4pm	Sa	Free

#### Kids Fest **flickr**

Have a blast with the entire family at the 4<sup>th</sup> annual Kids Fest. Sports instruction, games, activities, arts and crafts, food, and much more await. Preregistration encouraged but not required. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

RP5905.301 2-12 yrs Meadowbrook Pk Apr 15 11am-2pm Sa \$5

#### Nite Bite Fishing

Have you ever wanted to fish Centennial Lake at night? Now's your chance! Join Howard County Rec & Parks for a unique opportunity to fish the lake after hours. Bring your own fishing pole, bait, tackle, bug repellent, flashlight or lantern, chair, or boat. Advanced registration is encouraged but on-site registration is available. Those under 16 years must be accompanied by an adult. Rules: www.howardcountymd.gov/nightfishing. Anglers 14 yrs & up can register for the Nite Bite Fishing Tournament Series for a chance to win \$200 (\$60 fee, see website for details). Info: Dawn Thomas, 410-313-1754.

7-00 (700.0	.,		
All ages Cen	tennial Park	South Boat Ramp	<u>\$5</u>
RP9154.301	Apr 1	6-11pm	Sa
RP9154.302	Apr 28	6-11pm	F
RP9154.303	May 26	6-11pm	F
RP9154.401	Jun 24	6pm-midnight	Sa
RP9154.402	Jul 8	6pm-midnight	Sa
RP9154.403	Aug 11	6pm-midnight	F
RP9154.501	Sep 15	6-11pm	F
RP9154.502	Oct 14	6-11pm	Sa

# Pool Egg Hunt **flickr**

Celebrate spring by hunting for eggs in our 25-meter pool. Plastic eggs are filled with surprises and float in the pool. All children must be accompanied by an adult in the water. Bring your own basket! The hunt promptly begins 15 minutes after event start time. Preregistration is required; space is limited. Registration/Info: 410-313-2764.

<u>2-10 yrs R</u>	oger Carter Comm	<u>Ctr \$7, c</u>	<u>enter members; \$1</u>	<u>0, nonmembers</u>
RP5400.301	Members	Apr 15	Noon-1:30pm	Sa
RP5400.302	Nonmembers	Apr 15	Noon-1:30pm	Sa

#### **NEW! Tea and Trivia**

You don't have to be in a pub to get your trivia fix! Step back in time and enjoy a traditional Victorian high tea while you test your knowledge of facts that are steeped in history. A selection of delectable tea sweets and savories accompany a bottomless pot of tea. Grab your friends, or make some new ones to compete for prizes and bragging rights! After tea, take a self-guided tour of the stabilized ruins of Ellicott City's renowned Victorian girls' school. This is one history lesson you will not want to miss! Call for dietary concerns and any other questions: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov

<u> 12 yrs + Cl</u>	asses:1			
RP9090.301	Patapsco Female Institute	Apr 20 6-8pm	Th	\$25
RP9090.302	Patansco Female Institute	May 11 6-8pm	Th	\$25



### Flashlight Egg Hunts flickr

Back by popular demand, embark on a nighttime egg hunt using flashlights and your wits at the Robinson Nature Center. Hundreds of eggs full of raffle tickets lie hidden, awaiting your discovery. Collect as many as you can for chances to win passes to the National Aquarium, gift cards to Wegmans, meal coupons to local restaurants, and other fantastic, nature-themed prizes. Space is limited. Preregister to secure your spot. **Rain date** for April 21 hunt is the April 28 and for the May 12 hunt, May 19. (Photo ID is required to claim prizes donated by wineries and breweries for the 21 yrs+ hunt.) Info: 410-313-0400.

RP4874.301 21 yrs + Robinson Nature Ctr Apr 21 8-10pm F \$20 RP4874.311 16 yrs + Robinson Nature Ctr May 12 8-10pm F \$20

#### Earth Day Clean Up

Celebrate Earth Day this year by lending a hand to help by pick-up litter along the tree lines and streets of Historic Ellicott City. Meet at the Roger Carter Community Center for a continental breakfast. We provide gloves, bags and an event t-shirt for volunteers. Please register by April 14, all are welcome! Registration/Info: 410-313-2764.

<u>2 yrs + Roger Carter Comm Ctr</u> RP5400.304 Apr 23 7:30-10:30am Su Free

# NEW! Saturday Night Live at the Nature Center

Join us for a night of laughs and live, nature shenanigans at Robinson. The Baltimore Improv Group (BIG) will perform two shows during the evening. Between shows, enjoy roving live animal presentations and touch tank open hours. Food by Lala's hot dogs and drinks from Jailbreak Brewing company available for purchase on-site. You must bring photo ID to purchase alcoholic beverages. Buy your tickets early for pre-sale pricing. As space is limited, we recommend preregistering to secure your spot. Info: 410-313-0400.

21 yrs+ \$22, pre-sale; \$25 after Apr 26

RP4874.321 Robinson Nature Ctr Apr 29 6:30-9:30pm Sa

# Community Yard Sale at NLCC flickr

Clean out your basements, closets and garages and haul it down to the North Laurel Community Center for a day of selling and buying.

Reservations required on a first-come, first-served basis. This is a rain or shine event. Registration/Info: Jill Reese, 301-356-6816 or GSyardsale@thereese.com.

\$15 per space; Free for shoppers

All ages N Laurel Comm Ctr Apr 29 8 AM-noon Sa

# May

### Nite Bite Fishing Page 14

### Spring Flea Market at GJACC flickr

Get started on your spring cleaning! Clean out those basements, closets, and garages and haul it down to the Gary J. Arthur Community Center for a fun day of selling and buying. Space available on a first-come, first-served basis. Reservations required in advance. Info: 410-313-4840.

18 yrs + \$20 per space; \$10 for 6' table; Free for shoppers
RP4141.301 Gary J Arthur Comm Ctr May 6 9am-noon Sa

#### Public Star Parties Page 14

#### Native Plant Palooza

Come shop our native plant sale. By planting native and properly caring for your plants, you can save on the cost of water, fertilizer and pesticides while providing habitat for butterflies, insects and other local wildlife. A portion of the proceeds from the sale of all plants benefits educational programs at the Nature Center. Master Gardeners are on hand to answer your questions. For garden planning assistance, see the Nature section of this guide for workshops we are offering on April 9 and April 30 (page 26). Children must be accompanied by adult at all times. Info: 410-313-0400.

RP4828.331 Robinson Nature Ctr May 7 Noon-4:30pm Su Free

#### Flashlight Egg Hunts Page 15

#### Wine in the Woods flickr

Join us for the 25th year and celebrate the charm and character of an event that has aged to perfection! Wine in the Woods is now the largest wine festival in Maryland and was voted Best Festival in Howard County. Sample a variety of Maryland's finest wineries from a souvenir glass; purchase food from an abundance of high quality, distinctive restaurants and caterers; sharpen your palate by attending wine education seminars; purchase exceptional works of art and specialty crafts; and revel in continuous live entertainment. Ask about our designated driver program. As wine is being served at this festival, the target audience for this event is 21 years and over. While we welcome all patrons, this is not intended as an event for children. To purchase advance tickets, volunteer or for more details, visit www.wineinthewoods.com. Once purchased, the tickets are non-refundable and cannot be exchanged. Event is held rain or shine. Info: 410-313-1668. Symphony Woods (by Merriweather Post Pavilion)

Wine Taster May 20 11am-6pm Sa \$32 in advance; \$40 at gate Wine Taster May 21 11am-5pm Su \$27 in advance; \$35 at gate Designated Driver May 20 11am-6pm Sa \$25 Designated Driver May 21 11am-5pm Su \$20 May 20 Youth, 3-20 yrs 11am-6pm Sa \$25 Youth, 3-20 yrs May 21 11am-5pm Su \$20

#### National Road Yard Sale at Roger Carter

The Historic National Yard & Sidewalk Sale is the area's longest continuous sale. From downtown Baltimore to St. Louis, this sale runs for 284 miles. Join Roger Carter and other community members as we participate in a fun day of selling and buying. Space available on a first-come, first-served basis. Registration/Info: Montrez Brown, 410-313-2764 or mjbrown@howardcountymd.gov.

<u>18 yrs + \$15 per space; Free for shoppers</u> RP5400.303 Roger Carter Comm Ctr May 27 9am-noon Sa \$15



Spread out a picnic blanket and unwind from the work week with family and friends at our Sunset Serenades Summer Concerts.

#### June

Public Star Parties Page 14

Belmont Manor & Historic Park Open House Page 14

Nite Bite Fishing Page 14

#### Birthday Bash

Come celebrate the North Laurel Community Center's 6th anniversary with a variety of events. Enjoy sports, crafts, music, snowballs, and birthday cake. Info: 410-313-0459.

All ages Jun 2 N Laurel Comm Ctr 6-8pm F Free

# Roger Carter's 4th Anniversary Celebration

Come celebrate the Roger Carter Community Center's 4th anniversary with a variety of events including crafts, music, snowballs, and birthday cake. Info: 410-313-2764.

All ages Roger Carter Comm Ctr Jun 10 2-4pm Sa Free

#### **Belmont Blockbusters**

Experience the beautiful setting of Belmont Manor & Historic Park with your friends and family at this outdoor movie series! Movie starts an hour after the park opens (arrive early to enjoy the gardens). Our large movie screen is in the formal garden behind the Manor. Bring a picnic, blanket or lawn chairs. Popcorn is available. Check the website for inclement weather (www.belmontmanormd.org or 410-313-0200).

All ages	Belmont Th Fr	<u>ee</u>	
Jun 15	The Sandlot	8-10:30pm	
Jun 29	The Wizard of Oz	8-10:30pm	
Jul 13	Jaws	8-10:30pm	
Jul 27	Finding Dory	7:30-10pm	
Aug 10	Fantastic Beasts &	Where To Find Them	7:30-10pm
Aug 24	Mary Poppins	7-10pm	

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.

#### Parent/Child Camping in the Park

Introduce your child to the joys of camping. Go on a flashlight walk and participate in your favorite campfire activities. Bring a tent and sleeping bags; snacks and breakfast are provided. Tents are available to borrow; indicate when registering. One additional immediate family member may be added for \$10 (register under RP9091.402). Detailed information is emailed to participants. Info: Matt Medicus, 410-313-1769.

Rockburn Branch Park - West Campfire Ring
RP9091.401 Jun 16-17 6pm, F-8am Sa \$55

# July



www.howardcountymd.gov/sunsetserenades

Nite Bite Fishing Page 14

Howard County's July 4th
Festival & Fireworks **flick**r

Join Howard Countians at the 4<sup>th</sup> of July annual Festival and Fireworks celebration. The event features live entertainment. Bring a picnic or purchase food from on-site vendors. Parking is free. Visit www.howardcountymd.gov/rap after June 1 for activities schedule. Info: Phil Bryan, 410-313-1668.

<u>Columbia Lakefront</u> Jul 4 (rain date Jul 5, fireworks only) 5-10pm Free Fireworks at dark (weather permitting)

#### Solar Fest flickr

Howard County Recreation & Parks is teaming up with the Howard Astronomical League for a fun evening of science, engineering, arts, crafts, games, astronomy and much more. Enjoy the many vendors providing interactive and dynamic STEAM activities for all to enjoy. Bring the whole family and enjoy fun for all ages. Preregistration is required, space is limited. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

RP0829.401 5-11 yrs Alpha Ridge Pk Jul 8 6:30-9:30pm Sa \$5



Solar Fest is an evening of science, engineering, arts, crafts, and astronomy for the whole family to enjoy!

#### **NEW!** Wild for Water Day

Come join us for our biggest event of the summer! Don't stay dry; come out to be refreshed with tons of water-based activities. Create homemade miniboats and race them down the river, meet live aquatic creatures, participate in a river treasure hunt, and check out super cool mud science experiments. Enjoy water games for the whole family, and don't miss your opportunity to make a splash! Snow cones (Kona Ice) and hot dogs (Lala's Hot Dogs) are sold on-site. Info: 410-313-0400.

§8 Robinson annual pass holders; \$10 general admission; Free under 3 yrs RP4828.401 All ages Robinson Nature Ctr Jul 9 Noon-4pm Su \*\$2 off each individual's admission if you register by June 11!

Public Star Parties Page 14

# **August**

# Sunset Serenades & Traveling Bands Summer Concert Series

www.howardcountymd.gov/sunsetserenades

### Nite Bite Fishing Page 14

# National Night Out **flickr**

Come join family, friends and neighbors for the 34th annual National Night Out, celebrated for the fourth year at the North Laurel Community Center. Evening is designed to increase awareness of crime and drug prevention, generate support for local anti-crime programs and strengthen neighborhood spirit and police-community partnerships. Event features a live concert, HC Police Department displays and much more! Info: 410-313-0390. All ages N Laurel Comm Ctr Aug 1 6:30-8:30pm Tu Free

#### Public Star Parties Page 14

# Rockburn Open Car Show flickr

All ages / Aug 19 / Free to visitors, exhibitor fees below
Come celebrate the beauty of classic, antique, hot rods, and modified cars.
Everyone finds great enjoyment in viewing the cars on display. Food is available for purchase. Info: Shawnté Berry, 410-313-4624.

All ages Rockburn Branch Pk Aug 19 10 AM-2pm Sa

RP4099.401 Car Entries: \$10, preregister; \$15, on-site registration

RP4099.402 Car Flea Market Vendor: \$25, preregister; \$30, on-site registration

RP4099.403 Car Sales: \$20, preregister; \$30, on-site registration





# July 9 | Noon-4PM Robinson Nature Center

- · Mini-boat races
- · Live aquatic creatures
  - · River treasure hunt
- · Mud science experiment
- · Water games for the whole family

Details under the public programs section at www.howardcountymd.gov/RobinsonNatureCenter



Practice your target archery skills with help from USA Archerycertified instructors.

# **Adventure & Outdoors**

- www.howardcountymd.gov/adventure
- Custom Adventure and Outdoor Programs available. Let us work with you to design a unique adventure. Gather your scout troop, school group or friends and we'll do the planning and leading. Activity choices include themed birthday parties, campfires, archery, canoeing, rock climbing, kayaking, tubing, camping, and biking.
- Info: Dawn Thomas, 410-313-1754, dthomas@howardcountymd.gov; or Matt Medicus, 410-313-1769, mmedicus@howardcountymd.gov.

We offer many different drop-in and one-day programs not listed in this guide! Please visit www.howardcountymd.gov/adventure for complete information.

# Nature & Environment Page 23

# **Archery**

- Take an introduction course to be eligible for the HCRP Target Archery Skills Club!
- No experience necessary and all equipment supplied for use during the program.
- Detailed information is emailed to all participants.
- For the most up-to-date information visit howardcountymd.gov/archery or contact Matt Medicus, 410-313-1769, mmedicus@howardcountymd.gov.

#### Lil' Archers (Parent/Child)

Experience the sport of archery in a fun, safe and supervised environment. We use plastic arrows with rubber suction cups to teach the basics of archery. 4-5 yrs Classes: 2

RP9062.301 Meadowbrook Ath Comp Apr 20 4-5pm Th \$35 RP9062.302 Meadowbrook Ath Comp May 11 2-3pm Th \$35

#### Learn the Art of Target Archery

Build and decorate your own PVC bow and learn techniques, form and range safety in our one-day class with our certified instructors.

6-7 yrs

RP9065.301 Rockburn Branch Pk Apr 22 9-11:30am Sa \$45

#### Introduction to Target Archery

Discover the basics of archery! Learn basic techniques and form using recurve and compound bows from an USA Archery-certified instructor. Equipment, safety and elements of shooting are covered. Course meets the requirement to participate in the HCRP Archery Clubs.

<u>8-13 yrs</u>					
RP9061.301	Alpha Ridge Pk	Mar 25	8am-noon	Sa	\$55
RP9061.302	Alpha Ridge Pk	Apr 29	8am-noon	Sa	\$55
13-17 yrs					
RP9061.311	Alpha Ridge Pk	Apr 1	8am-noon	Sa	\$55
RP9061.312	Alpha Ridge Pk	May 6	8am-noon	Sa	\$55
<u> 18 yrs +</u>					
RP9061.321	Alpha Ridge Pk	Apr 1	8am-noon	Sa	\$55
RP9061.322	Alpha Ridge Pk	May 6	8am-noon	Sa	\$55

#### Target Archery Together (Parent/Child)

Together with your child, learn the basic techniques of archery! Equipment, safety and elements of shooting are covered by an USA Archery-certified instructor. Fee is for one parent and one child. Course meets the requirement to participate in the HCRP Archery Clubs.

<u>8-13 yrs</u>					
RP9063.301	Alpha Ridge Pk	Apr 8	8am-noon	Sa	\$90
RP9063.302	Alpha Ridge Pk	May 13	8am-noon	Sa	\$90

#### HCRP Target Archery Skills Club

Focus on refining target archery technique though practice and self-paced development with our USA Archery-certified instructors. Parents are welcome to sign up with their children during youth sessions. (No class 4/16.) 8 yrs + Classes: 4

0 / 15					
RP9064.301	Alpha Ridge Pk	Mar 26	Noon-1:30pm	Su	\$65
RP9064.302	Alpha Ridge Pk	Apr 29	3:30-5pm	Sa	\$65
RP9064.303	Alpha Ridge Pk	Apr 30	1-2:30pm	Su	\$65
18 yrs + Cla	sses: 4				
RP9064 321	Alpha Ridge Pk	Anr 29	2-3·30nm	Sa	\$65

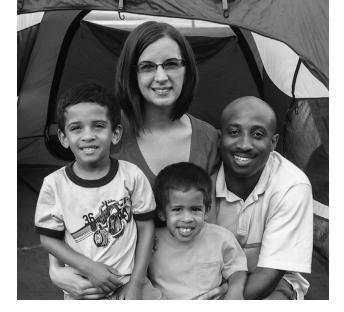
### Target Archery Open Range Pass

Sign up for an Open Range Pass to practice your target archery skills at the Alpha Ridge Archery location on select dates and times! Fee allows access at any or all of the Open Range times in that season - targets provided; bring your own bow and arrows. Use of HCRP equipment during your time at the range available to eligible archers for additional fee\*. Prior completion of a Rec & Parks' Intro program is encouraged but not required to use the range. Archers must be able to participate in a safe and proper manner and follow range rules and staff directions at all times. Complete details available at howardcountymd.gov/archery.

Spring Open Range times: Saturdays Noon-2pm and Sundays 9am-Noon, 3/25-5/21 (Closed 4/15-16)

RP9064.361	8 yrs +	Alpha Ridge Park, bring your own equipment	\$20
RP9064.362	8 yrs +	Alpha Ridge Park, *using HCRP equipment	\$40
8 yrs + Sur	nmer Oper	Range times: Saturdays 8am-2pm, 6/24-8/12	
RP9064.461	8 yrs +	Alpha Ridge Pk, bring your own equipment	\$20
RP9064.462	8 yrs +	Alpha Ridge Pk, *using HCRP equipment	\$40

All HCRP Archers, visit howardcountymd.gov/archery for details on how to participate in the Spring HCRP Archery Tournament!



Want your kids to experience the great outdoors? Parent/Child Camping in the Park is the perfect introduction!

#### School's Out Archery, Fishing & Kayaking

No school? Then come spend the day outdoors, on land and water! Make new friends while trying your hand at archery, fishing, kayaking, and field games. Fee includes equipment, instruction, transportation, supervision, and lunch. Detailed information is emailed to participants prior to this funfilled day. No experience necessary.

9-13 yrs

RP9240.301 Centennial Pk-Pav E Apr 17 9am-5pm M \$73 RP9240.302 Centennial Pk-Pav E May 19 9am-5pm F \$73

# **Campfires & Camping**

Visit www.howardcountymd.gov/adventure for complete information and new campfire opportunities not listed in this Guide!

#### Parent/Child Camping in the Park

Introduce your child to the joys of camping. Enjoy a flashlight walk and campfire activities. For more on this event, see full description on page 16.

RP9091.401 Rockburn Branch Pk Jun 16-17 6pm, F-8am Sa \$55

# **Fishing**

#### Nite Bite Fishing

Have you ever wanted to fish Centennial Lake at night? Full information on page 14.

#### **Nite Bite Tournament Series**

Anglers 14 yrs +, visit howardcountymd.gov/nightfishing to find out how to participate in a tournament series through the eight dates of Nite Bite Fishing. Cash prizes awarded at series conclusion. Congratulations to Raquel Koplin for claiming the top prize, \$200, and being crowned the 2016 Nite Bite Tournament Series winner with the largest catch overall (a bass, 3.5 lbs, 20"). Info: Dawn Thomas, 410-313-1754.

RP9154.550 14 yrs+ Centennial Park-Boat Launch Apr 1-Oct 14 \$60



Anglers of all ages, fish for prizes in the catch-and-release Spring Fishing Tournament.

#### Spring Fishing Tournament

Boat or shoreline anglers, come fish for prizes in this catch-and-release event. Children 13 and younger win prizes, trophies and receive a "goodie" bag. Adults win cash prizes and trophies. Prize categories include bass, bluegill, catfish, crappie, and trout. T-shirts are given to preregistered participants. Bring bait and tackle. There is a two person minimum per boat with electric motor only. Inclement weather info: 410-313-4451 option #1 then option #4 (call on day of event). Advanced registration: 410-313-7275 or onsite (check in at the boat dock). Info: howardcountymd.gov/springfishing.

Centennial Park	May 6	Sa		
RP9151.301	2-4 yrs		9am-noon	\$15
RP9151.311	5-13 yrs		9am-noon	\$20
RP9151.321	14 vrs +		6am-1nm	\$25

#### Let's Go Fishing! (Parent/Child)

This fishing class for beginners focuses on rigging a pole, casting, fish identification, knot tying, and much more. No experience necessary. All equipment and bait are provided. This class is a great way to spend quality, family time together while learning a new lifelong outdoor skill. Fee is for one parent and one child. Info: Dawn Thomas, 410 313 1754.

5-12 yrs	Centennial Pa	rk South Classes	: 2	
RP9152.30	)1 Apr 20	6-7:30pm	Th	\$35
RP9152.30	)2 Apr 22	8-9:30am	Sa	\$35
RP9152 30	13 May 8	6-7·30nm	М	\$35

#### Intro to Fishing

New, young, anglers, come learn to rig a pole, cast, identify fish, tie knots, and much more. No experience necessary. All equipment and bait is provided. This class is a great way to make friends and swap fish stories while learning a new lifelong outdoor skill. Info: Dawn Thomas, 410-313-1754.

5-13 yrs Classes: 2

RP9153.301 Centennial Pk South May 11 6-8pm Th \$35

# School's Out Archery, Fishing & Kayaking Left column

#### Adult Fishing Clinic

New anglers, learn to cast, identify fish, rig a pole, tie knots, and much more. No experience necessary and all equipment and bait is provided. Info: Dawn Thomas, 410-313-1754.

<u>18 yrs +</u>

RP9156.301 Centennial Pk South May 17 6:30-8:30pm W \$15

#### **NEW!** Freshwater Fishing Trip

Intermediate and experienced anglers, come take a trip to Zett's Tristate Fish Farm & Hatchery! Eight freshwater fishing ponds stocked with an assortment of freshwater fish. Catch and release, or each angler may keep up to six fish - bring your own cooler. Rod, tackle and some natural bait provided - additional bait available for purchase on-site. Bring your lunch - feel free to bring your own rod & tackle. Info: Dawn Thomas, 410 313 1754.

RP9157.301 Centennial Pk South Apr 26 6am-6pm W \$40

# Geocaching

#### Geocaching Discovery Walk

Learn how to use modern GPS technology to find hidden treasure boxes all over the world! Families, explore the outdoors and get caught up in the thrill of the hunt! Bring your GPS unit or smartphone (Geocaching app optional), a water bottle and hiking shoes. Under 16 must be accompanied by a participating and registered adult. Info: Matt Medicus, 410-313-1769.

RP9170.301 Rockburn Branch Pk-West May 13 8-9:30am Sa \$9

# **Paddling**

- Earn a certificate and patch by taking a flat water canoe or kayak paddling basics class and paddling our series of four MD waterways at least once within a three-year period.
- Fees are per person. Canoes are two-person boats; kayaks are either single or double.
- Under 16 must be accompanied by a participating parent or guardian.
- · Detailed information is emailed to participants.
- For more paddling opportunities (Moonlight Canoeing, guided wildlife paddle) or more information visit howardcountymd.gov/paddling or call Matt Medicus, 410-313-1769.
- Practice your skills by renting a canoe or kayak from the Adventure Shack & Rentals at Centennial Park (info: howardcountymd.gov/adventureshack).

#### Flatwater Paddling Basics for Canoe or Kayak

Learn flat water paddling techniques, self-rescue, safety, gear selection and how to load a canoe or kayak. Participants under 16 are placed in a canoe or tandem kayak with an accompanying registered adult (except RP9125.304). Wear loose-fitting layers of warm clothing. This is an American Canoe Association certified instructional program.

			1 2		
Kayak	10-15	<u>yrs+ Cent</u>	ennial Pk South - Co	ncessior	<u>Dock</u>
RP9125.	304	May 13	1-3:30pm	Sa	\$35
Canoe	10 yrs-	- Centenn	ial Pk South - Conce	ssion Do	<u>ck</u>
RP9120.	301	Apr 22	9:30am-noon	Sa	\$35
RP9120.	302	May 13	9:30am-noon	Sa	\$35
RP9120.	401	Jun 16	6:30-9pm	F	\$35
RP9120.	402	Jul 14	6:30-9pm	F	\$35
RP9120.	403	Jul 15	8-10:30am	Sa	\$35
Kayak	10 yrs-	+ Centenn	ial Pk South - Conce	ssion Do	<u>ck</u>
RP9125.	301	Apr 22	9:30am-noon	Sa	\$35
RP9125.	302	Apr 22	1-3:30pm	Sa	\$35
RP9125.	303	May 13	9:30am-noon	Sa	\$35
RP9125.	401	Jun 16	6:30-9pm	F	\$35
RP9125.	402	Jul 14	6:30-9pm	F	\$35
RP9125.	403	Jul 15	8-10:30am	Sa	\$35

#### Float the Potomac

Nature enthusiasts and families, discover the beauty of scenic Potomac River northwest of Harpers Ferry on this one-day trip. Beginner to intermediate paddlers welcome. All paddlers must complete our Flatwater Paddling Basics class before the trip. Fee is per person, which includes transportation, leadership and boats; bring lunch (no nut products) and beverage. Detailed information is emailed to participants.

#### Long Gate Park & Ride

RP9123.301	Canoe	10 yrs +	Apr 23	9am-6pm	Su	\$47
RP9123.302	Double Kayak	10 yrs +	Apr 23	9am-6pm	Su	\$47
RP9123.311	Single Kayak	6 yrs +	Apr 23	9am-6pm	Su	\$68

#### Float Blackwater National Wildlife Refuge

Paddle the tidal marshes of Blackwater National Wildlife Refuge on this one-day flat water trip. Enjoy the scenery of mixed evergreen and deciduous forests, which are home to the Bald Eagle and endangered Delmarva Fox Squirrel. Beginner to intermediate paddlers welcome. All paddlers must complete our Flatwater Kayak Paddling Basics class before the trip. Fee is per person, which includes transportation, leadership and boats; bring a lunch (no nut products) and beverage.

#### Long Gate Park & Ride

RP9126.301	Double Kayak	10 yrs +	May 7	8am-6pm	Su	\$47
RP9126.311	Single Kayak	16 yrs +	May 7	8am-6pm	Su	\$68

#### Float the Monocacy

Beginner to intermediate paddlers, come discover the beauty of the scenic Monocacy River on this one-day trip. Paddle through history near the Monocacy National Battlefield with an ACA-certified instructor. All paddlers must complete our Flat Water Paddling Basics class before the trip. Fee is per person, which includes transportation, leadership and boats. Bring a lunch (no nut products) and a beverage.

#### Long Gate Park & Ride

RP9122.401	Canoe	10 yrs +	Jun 18	9am-6pm	Su	\$47
RP9122.402	Double Kayak	10 yrs +	Jun 18	9am-6pm	Su	\$47
RP9122.411	Single Kayak	16 yrs +	Jun 18	9am-6pm	Su	\$68

### **Trail Hikes**

- The HCRP Trail Hike program features many historic sights and panoramic views. Trip leaders interpret points of interest and keep a moderate pace.
- Under 16 must be accompanied by a participating parent or guardian.
- Participants should be in good shape, have good balance and depth perception to be able to hike two miles over rocky hills without a break and the ability to complete the distance indicated.
- Fee includes van or school bus transportation from the Park & Ride lot at the intersection of Rte. 100 and Long Gate Pkwy, Ellicott City.
- Info: Matt Medicus, 410-313-1769 or howardcountymd.gov/trailhikes.

#### Appalachian Trail Hikes

The Appalachian Trail (AT) crossing Virginia (VA), Maryland (MD), and Pennsylvania (PA) features historic Civil War sites and panoramic views of mountains and valleys. Earn a certificate and patch by hiking each of the seven sections in the MD AT series at least once within a three-year period. Earn a 100-mile certificate and patch by hiking additional miles on the PA and VA sections of the AT.

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Master flat water paddling techniques in a canoe or kayak this spring/summer season.

# MD AT#6 Gathland State Park to Weverton Cliffs

Start at a unique monument dedicated to Civil War correspondents and site of several Union and Confederate battles. Hike through picturesque forests, catch a glimpse of the panoramic view at Pleasant Valley overlook and enjoy lunch at cliffs overlooking the Potomac River and the three states. Moderate terrain: 7 miles.

8 yrs +

RP9180.301 Long Gate Pk & Ride Apr 8 8am-4pm Sa \$17

#### MD AT#7 Weverton to Harpers Ferry

Hike along the C&O Canal overlooking to the rapids of the Potomac, then stop for lunch below Maryland Heights at the confluence of the Potomac and Shenandoah Rivers. Visit the site of John Brown's raid in historic Harpers Ferry and AT Headquarters. Flat terrain with an optional steep climb to Maryland Heights: 5.5 miles.

8 yrs +

RP9180.302 Long Gate Pk & Ride Apr 22 8am-4pm Sa \$17

# PA AT #5 Rt 34 to Pine Grove Furnace State Park

Eat your lunch after ascending to the top of Piney Mountain then descend into Pine Grove Furnace. Moderate terrain: 8.7 miles.

8 yrs +

RP9183.301 Long Gate Pk & Ride May 13 8am-6pm Sa \$20

#### MD AT#2 High Rock to Wolfsville Rd

Leave the panoramic view at High Rock, hike the highest point of the AT in Maryland. Continue through a spruce forest and pass two newer Maryland trail shelters. Moderate terrain with one extended climb and hills: 7 miles. 8 yrs +

RP9180.303 Long Gate Pk & Ride May 20 8am-4pm Sa \$17

#### MD AT#1 High Rock to Rte. 16

Begin at High Rock's panoramic view. Cross the Mason-Dixon line, hike through a hemlock forest, and eat your lunch the historic Pen-Mar Park. Moderately difficult terrain: 6 miles

8 yrs +

RP9180.401 Long Gate Pk & Ride Jun 10 8am-4pm Sa \$17

#### Dark Hollows Trail

This scenic figure-eight circuit begins in Caledonia State Park, passes rhododendrons, cathedral pines, and hemlocks, and joins the Appalachian Trail to follow the Rocky Gorge of Dark Hollow. Moderately difficult terrain: 8 miles.

<u>8 yrs +</u>

RP9181.401 Long Gate Pk & Ride Jun 24 8am-6pm Sa \$20





# **Park Ranger Walks**

#### Native Tree Hike

Interested in learning about native trees of Howard County? Then join us for a Native Tree Hike. We talk about everything from the benefits of native trees to how invasive species threaten our ecosystem. Wear your hiking boots and meet a park ranger at the trail head kiosk next to the parking lot to explore the beautiful Wincopin Trail. Park Ranger: Derek Johnson.

Wincopin Trail 9299 Vollmerhausen Road, Jessup All ages 2-3pm Jun 3 & Jun 17 Free

#### **Reptiles and Amphibians**

Does your favorite animal hop on land, yet loves to swim? Does it have a large shell but floats in water? Come learn more about these amazing animals as we explore the wonderful world of reptiles and amphibians. Wear old tennis shoes and meet a park ranger at the trail head kiosk next to the parking lot. Park Ranger: Amy Carpenter. Warfield Pond Park 14523 MacClintock Drive, Glenwood

All ages 2-3pm Jul 8 & Jul 22 Free

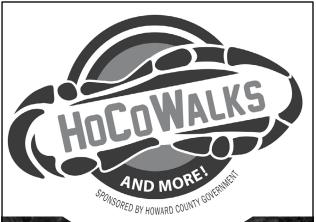
#### Ranger Relay

Get ready for fun and games, while learning what it takes to be a Park Ranger. Love nature? Enjoy being outdoors while educating others? Simply appreciate the environment? Then come join us for our Ranger Relay. The entire family will have a blast! Please wear close-toed shoes and meet a park ranger at the trail head kiosk next to the Clover Hill House parking lot.

Park Ranger: Virginia Clark.

Rockburn Branch Park - West 6105 Rockburn Branch Park Road, Elkridge All ages 2-3pm Aug 6 & Aug 20 Free

Info: vclark@howardcountymd.gov, 410-313-1679.
\*Children under the age of 16 must be accompanied by an adult.





### Walks are at 9 AM

#### March 11

Top of the Morning Walk w/ a Leprechaun Robinson Nature Center Trails

#### April 15 – Easter Bunny

Meadowbrook Park (Kid's Fest then starts at 11am.)

#### May 13

Yoga in the Park and Walk with Mom Centennial Park South

#### June 17

**High Ridge Park** 

#### July (Cedar Lane Park) and August (Rockburn Park)

Walk with Ravens Poe and Oriole Bird, one each month, depending on availability.

September 23 – Walk and Zumba North Laurel Park

October 22 – Costume Walk Meadowbrook Park

November 25 - Turkey Trot Schooley Mill Park

All walks, themes and locations are tentative.

In case of inclement weather, walks will be canceled. There is no rain date. Inclement weather: 410-313-4451 or www.howardcountymd.gov/hocowalks.



Visit Robinson Nature Center for a night of astronomy and entertainment at a Family NatureSphere Night or Friday Late Night.

# **Nature & Environment**

- Below is in order by date.
- Call 410-313-0400, or go to www.howardcountymd.gov/RobinsonNatureCenter for information on the Robinson Nature Center and its programs, exhibits, field trips, special events, volunteer and scout opportunities, birthday parties, rentable rooms, planetarium, community partners, gift shop and more.

#### Adventure & Outdoors Page 18

# **Astronomy & Planetarium**

- Planetarium programs are held in the NatureSphere, a digital planetarium and dome-style movie theater.
- For planetarium shows, arrive 15 minutes prior to the show time to be seated. Due to dark conditions, we cannot seat you during the show.
- Sensory-friendly accommodations are available for all planetarium programs upon request. To make a request, contact the Robinson Nature Center no later than one week in advance of the program.
- Previews of planetarium films: www.howardcountymd.gov/RNCNatureSphereFeatures.
- · Listed by earliest start date.
- · Fee is per person.

Robinson Nature Center howardcountymd.gov/RobinsonNatureCenter 410-313-0400

#### Public Star Parties Page 14

#### Family NatureSphere Night

Treat your family to an evening of spectacular space delights. This program features a full-dome movie preceded by a fun, family-friendly planetarium presentation about current happenings in our night sky. All programs are held in the NatureSphere, a digital planetarium and dome-style movie theater. Film previews are available at www.howardcountymd.gov/RNCNatureSpherefeatures. No late seating. Registration/Info: 410-313-0400.

#### Robinson Nature Ctr \$6 per person

RP4801.205	7 yrs +	Astronaut	Mar 3*	6:30-7:30pm	F
RP4801.206	7 yrs +	Astronaut	Mar 17	6:30-7:30pm	F
RP4801.301	7 yrs +	Stars	Apr 7	6:30-7:30pm	F
RP4801.302	5 yrs +	We are Aliens	May 5	6:30-7:30pm	F
RP4801.401	5 yrs +	Earth, Moon & Sun	Jun 2	6:30-7:30pm	F
RP4801.402	7 yrs +	Astronaut	Jul 7	6:30-7:30pm	F
RP4801.403	7 yrs +	We are Stars	Aug 4	6:30-7:30pm	F

<sup>\*</sup>HAL is on-site with their telescopes for night sky viewing, weather permitting.

#### Friday Late Nights in the NatureSphere

Treat your partner or friends to a unique Friday night experience of topnotch astronomy and entertainment at the Robinson Nature Center. This program is held in the NatureSphere planetarium and features a full-dome movie preceded by an adult-level planetarium presentation about current happenings in our night sky and space science. Film previews are available at www.howardcountymd.gov/RNCNatureSpherefeatures. No late seating. Registration/Info: 410-313-0400.

18 vrs + Ro	binson Nature Ctr \$6			
RP4800.203	Impact!	Mar 3*	8-9pm	F
RP4800.301	Black Holes	Apr 7	8-9pm	F
RP4800.302	Dynamic Earth	May 5	8-9pm	F
RP4800.401	Passport	Jun 2	8-9pm	F
RP4800.402	Stars	Jul 7	8-9pm	F
RP4800.403	Back to the Moon for Good	Aua 4	8-9pm	F

<sup>\*</sup>HAL is on-site with their telescopes for night sky viewing, weather permitting.

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#### NatureSphere at Noon

Explore Robinson Nature Center's trails, Discovery Room and Nature Place, and before you leave for lunch, join us for a short, family-friendly, full-dome film! This program is held in the NatureSphere planetarium. Film previews are available at www.howardcountymd.gov/RNCNatureSpherefeatures. No late seating. Registration/Info: 410-313-0400.

RP4802.215	5 yrs +	Earth, Moon & Sun	Mar 4	Sa
RP4802.216	5 yrs +	Earth, Moon & Sun	Mar 18	Sa
RP4802.311	5 yrs +	We are Aliens	Apr 22	Sa
RP4802.312	5 yrs +	We are Aliens	Apr 29	Sa
RP4802.313	2 yrs +	One World, One Sky	May 20	Sa
RP4802.314	2 yrs +	One World, One Sky	May 27	Sa
RP4802.411	7 yrs +	Impact!	Jun 17	Sa
RP4802.412	5 yrs +	Earth, Moon & Sun	Jul 15	Sa
RP4802.413	5 yrs +	Earth, Moon & Sun	Jul 29	Sa
RP4802.414	7 yrs +	Back to the Moon for Good	Aug 19	Sa

#### Lil'Stars (Parent/Child)

Give your child a special nighttime experience during the day by letting them discover outer space through interactive activities! Each month focuses on a different theme - from the colors of stars, to the stories behind a constellation, to seasonal changes in the sky. Preregister to secure your seats. fee is per person. Registration/Info: 410-313-0400

3 yrs + Rob	oinson Nature Ctr \$3 pe	r ticket w/ da	ily admission or a	annual pass
RP4802.205	Stellar Stretching	Mar 11	11-11:30am	Sa
RP4802.206	Stellar Stretching	Mar 25	11-11:30am	Sa
RP4802.301	Sunlight, Star Bright	Apr 8	10-10:30am	Sa
RP4802.302	Junior Astronauts	May 13	10-10:30am	Sa
RP4802.401	Dwarf Planets	Jun 10	10-10:30am	Sa
RP4802.402	Dwarf Planets	Jun 24	10-10:30am	Sa
RP4802.403	Animals in the Moon	Jul 8	10-10:30am	Sa
RP4802.404	Animals in the Moon	Jul 22	10-10:30am	Sa
RP4802.405	Autumn Equinox	Aug 12	10-10:30am	Sa
RP4802.406	Autumn Equinox	Aug 26	10-10:30am	Sa

# Family & Parent/Child

- Programs in this section require an adult to register with and accompany children at all times.
- Programs listed in order by earliest start date.

# NEW! Community Collaborative: A to Z Nature Trail *Page 13*

#### **NEW! First Saturday Stories**

Join us for the first Saturday of the month as we introduce a special nature theme through an engaging story. Pick up your free ticket at the front desk. Each month's theme will be highlighted for the remainder of the month at the Discovery Room Field Station (7+ yrs) and during special weekend hours with docent-led activities (all ages).

			, .	
3-10 yrs Ro	binson Nature	Ctr Free	w/ daily admission	on or annual pass
RP4803.301	Mushrooms	Apr 1	11:30am-noon	Sa
RP4803.302	Frogs	May 6	11:30am-noon	Sa
RP4803.401	Spiders	Jun 3	11:30am-noon	Sa
RP4803.402	Bees	Jul 1	11:30am-noon	Sa
RP4803.403	Migration	Aug 5	11:30am-noon	Sa

Spring Eggstravaganza for Tots *Page 13*Butterfly Gala *Page 13* 



Children experience the changing of the seasons at the Lil' Acorns Spring Fling.

#### Animals, Animals, Animals

Explore our wild planet, creatures of the night and more in an engaging, play-to-learn platform with staff from the Port Discovery Children's Museum at Robinson Nature Center. Programs integrate music, poetry, games and nature exploration for parents and young children. No registration necessary.

3-10 yrs Robinson Nature Ctr Free with admission or with annual pass

1-1:45pm Apr 9 & 23, May 7 & 21 Su 2-2:45pm Apr 9 & 23, May 7 & 21 Su

#### NEW! Yuri's Night World Space Party Page 14

#### Cotton-Tail Bunny Tea Party

Join us for a great, spring expedition while learning about the cute, and sometimes rascally, rabbits that start appearing this time of year. Little ones, come on a "rabbit chase" to help track a missing bunny, and then create a bunny craft to take home. After all the fun, savor an impeccably catered, sitdown tea service by Sweet Simplici-Tea Tea Room. Enjoy tea, lemonade and delightful treats just right for little fingers. Price includes program, materials, tea service, and gratuity. Children must be accompanied by a registered adult. Register no later than April 16. Info: 410-313-0400.

3 yrs + Robinson Nature Ctr \$27 per child, \$22 per adult RP4865.301 Apr 23 2-4pm Su

#### Lil' Acorns Spring Fling

Spring is full of fun, new discoveries for you and your little one. Hold your lil' acorn's hand through an unforgettable morning. Share with your youngster the fascinating changes occurring during the spring through a parent/child interactive program that includes song, sensory activities, a puppet show and a short walk through the woods! Dress for play outdoors. Price is for one adult and one child. Register an additional adult (\$9) by calling 410-313-0400.

2-3 yrs Robinson Nature Ctr

RP4817.301 May 20 10-11:30am Sa \$18 (one child, one adult)

#### Sauntering Down the Bluebird Trail

Spend a pleasant morning learning about bluebirds by walking a Bluebird Box trail with Wes Earp of the Howard County Bird Club and Robinson Nature Center Naturalists. During this program, learn how to recognize the nests of different "cavity-nesting" birds that use bluebird boxes. During the mile walk, discover more about the cycle of nest building, egg laying, and fledglings, including how to age young chicks. Enjoy examining Bluebird house construction and learning how to place a box for optimum success. You must preregister for this program.

Schooley Mill Park parking lot at farm house (first lot, top of hill)

#### River Romp

Come celebrate summer by cooling off at the nature center with an afternoon at the Middle Patuxent River! Bring your own picnic and join a Robinson Naturalist at the river for lunch followed by fun, family-friendly river games. Search the stream for big and small animals! Make boats and race them downstream! Come dressed to get wet. We wade in the river and recommend closed-toed water shoes. Participants must check-in for program at front desk. Participation is limited to 25 people per program. Online registration not available; please call 410-313-0400 to register.

All ages Robinson Nature Ctr	\$6 per person,	\$25 per family (	up to 5 p	people)
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RP4876.411	Jun 25	12:30-2:30pm	Su
RP4876.412	Jul 16	12:30-2:30pm	Su
RP4876.413	Jul 30	12:30-2:30pm	Su
RP4876.414	Aug 20	12:30-2:30pm	Su

#### NEW! Wild for Water Day Page 17

### **Youth**

See our summer camp offerings for youth at www.howardcountymd.gov/nature

#### Kids Night Out at the Nature Center

Spend a Friday night out with your friends at the Nature Center after-hours! We provide a pizza dinner and tons of fun activities including a sun-set hike, live animal presentations, a full-dome movie in our NatureSphere planetarium, and more! Mom and dad, enjoy your own evening out, and return to learn all about your child's discoveries. This program is a drop-off program and requires a participant information form for each child. Info/Registration: 410-313-0400.

5-12 vrs Robinson Nature Ctr M	1ar 24 (	6-9pm l	F
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RP4881.301	Non-member \$40
RP4881.302	Member \$30

RP4881.303 Additional sibling (non-member) \$20 RP4881.304 Additional sibling (member) \$15

# **Home School**

- For Pre-Home & Home School Classes, there are three seasons of classes (fall, winter and spring) that focus on different themes. (Themes are listed in course descriptions.)
- Parents may attend classes with their child(ren) at no cost.
- Siblings younger than 4 years old are welcome, but must be accompanied by a parent at all times.
- Registration opens June 1, 2017 for Howard County Residents and June 8, 2017 for all other participants.
- All participants must complete a participant form, which will be emailed out prior to each season.
- Registration/Info: 410-313-0400.

#### Pre-Home School Classes 2017-2018

Give your young home schoolers a chance to learn skills and gain exposure to nature and science topics at an age-appropriate pace. Sign up to attend classes on either the first Thursday or first Friday of the month. Fall Topics: Maps & Directions, Native Americans, Farming Fun. Winter Topics: Solar system, Meteorites & the Moon, Rocks, Mud & More. Spring Topics: Mammals, Creepy, Crawly Critters, Taking Care of the Earth. Info/Registration: 410-313-0400.

#### 4-5 yrs Robinson Nature Ctr \$30 per child, per season 2:30-4pm

RP4885.501	1st Thursdays in fall	Sep 7, Oct 5, Nov 2
RP4885.511	1st Fridays in fall	Sep 8*, Oct 6, Nov 3
RP4885.601	1st Thursdays in winter	Dec 7, Jan 4, Feb 1
RP4885.611	1st Fridays in winter	Dec 8*, Jan 5, Feb 2
RP4885.701	1st Thursdays in spring	Mar 1, Apr 5, May 3
RP4885.711	1st Fridays in spring	Mar 2, Apr 6, May 4



Parents, enjoy a night out while your kids enjoy a night filled with nature activities at Kids Night Out at the Nature Center!

#### Home School Classes 2017-18

Give your home-schooled students hands-on, immersive experiences in nature and science topics. 6-9-year-olds can sign up to attend classes on either the first Thursday or first Friday of the month. Classes are also offered for 9-13-year-olds (Thursday only). Fall Topics: Navigation, Native Americans, Milling Era. Winter Topics: Solar System, Comets & Meteors, Geology. Spring Topics: Vertebrates, Invertebrates, Living Green. Info/Registration: 410-313-0400.

<u>6-9 yrs</u>	Robi	nson Nature Ctr	\$30 per ch	ild, per season	2:30-4pm
RP4885.	502	1st Thursdays in	ıfall	Sep 7, Oct 5, N	ov 2
RP4885.	512	1st Fridays in fa	II	Sep 8*, Oct 6, 1	Nov 3
RP4885.	602	1st Thursdays in	winter	Dec 7, Jan 4, Fe	eb 1
RP4885.	612	1st Fridays in w	inter	Dec 8*, Jan 5, I	eb 2
RP4885.	702	1st Thursdays in	spring	Mar 1, Apr 5, N	lay 3
RP4885.	712	1st Fridays in sp	ring	Mar 2, Apr 6, N	lay 4
<u>9-13 yrs</u>	Rok	oinson Nature Ctr	\$30 per ch	ild, per season	2:30-4pm
RP4885.	503	1st Thursdays in	ıfall	Sep 7, Oct 5, N	ov 2
RP4885.	603	1st Thursdays in	winter	Dec 7, Jan 4, Fe	eb 1
RP4885.	703	1st Thursdays in	spring	Mar 1, Apr 5, N	lay 3
*Classes	are or	the second Frida	y of the mor	nth.	

#### Home School Parent-Guided Workshop

Join us for monthly opportunities to connect with other home-school families in an informal learning environment. Children socialize and collaborate with one another on parent-assisted educational projects and imaginative play opportunities. By joining, gain special access to a private, collaborative classroom space reserved specifically for home school families, special equipment, a tailored student project and social play opportunities. Each adult and child that plans on attending must register individually for the workshop. Price per person/per season. Please note, there is no online registration. You must call 410-313-0400 to register.

4-13yrs w/ reg	istered adult	Robinson Na	ture Ctr	2:30-4pm
\$15, HC resident; \$18, nonresident; Free, siblings 0- 3 yrs				
RP4885.550	2nd Thursdays	in fall	Sep 14,	Oct 12, Nov 9
RP4885.650	2nd Thursdays	in winter	Dec 14,	Jan 11, Feb 8
RP4885.750	2nd Thursdays	in spring	Mar 8, <i>F</i>	Apr 12, May 10

List of more home school classes Page 40

#### **Adult**

Friday Late Nights in the NatureSphere -What's Up? Page 23

Flashlight Egg Hunt Page 15

NEW! Saturday Night Live at the Nature Center Page 15

#### **NEW!** The Humane Gardener

What does it mean to garden "humanely?" A new book, *The Humane Gardener: Nurturing a Backyard Wildlife Habitat*, due for release in April 2017, profiles humane gardeners from across the country. Detailed and inspirational chapters address planting for wildlife by choosing native species; providing habitats that shelter baby animals; creating gardens free of pesticides and other common hazards; cohabiting with creatures often regarded as pests; letting nature be your garden designer; and welcoming natural processes and seasonal changes. Come join Nancy Lawson, the book's author, for a reading and author's talk. Info: 410-313-0400.

18 yrs + Registration not required Free w/ daily admission or annual pass

RP4842.301 Robinson Nature Ctr Apr 9 1-2:30pm Su

#### **NEW!** Gardening to Support Native Pollinators

Join Chris Puttock of Chesapeake Natives for an insightful workshop covering gardening options for those wanting to combat declining native pollinator populations. Discover the plants that support bees and butterflies throughout the different stages of their life cycle. See examples of gardens and landscapes that successfully sustain native pollinators. Learn how to transform your garden into a haven that supports plant life. Plants available for purchase at Chesapeake Natives on April 30 or at Robinson Nature Center's Native Plant Palooza on May 7. Info/Registration: 410-313-0400.

RP4842.311 Robinson Nature Ctr Apr 9 3-4:30pm Su \$20

#### NEW! Improv 101

Never taken an improv class? Try it out with experienced, Baltimore Improv Group (BIG) instructors! This intro workshop is designed to give the curious an opportunity to experience what an improv class is like. Through simple, fun and supportive games, explore basic concepts like playfulness, listening and agreement in a comfortable, group setting that's geared specifically towards those who are new to improv. Space is limited. Please sign up ahead of time to secure your spot. Come back and see BIG perform at the Saturday Night Live event on page 15. Registration/Info: 410-313-0400.

RP4870.301 Robinson Nature Ctr Apr 29 2-4pm Sa \$25

# NEW! Layering Your Native Garden

Join Lauren Turner of Lauren's Garden Service for a workshop that teaches you how to satiate your gaze at every height in your garden. Learn about the layers of native ecosystems (ground, forbs, grasses, shrubs, small trees, large trees), and how home gardeners can use the layers in eye-catching, beautiful ways. Discover tips and tricks for creating successful plantings, and gain knowledge related to species that do well in different lighting and soil conditions. Leave with printed resources and e-access to the instructor post-workshop for additional consultation. Plants available for purchase at Robinson Nature Center's Native Plant Palooza on May 7. Info/Registration: 410-313-0400.

18 yrs +

RP4842.321 Robinson Nature Ctr Apr 30 1-2:30pm Su \$20

#### **NEW!** Native Gardens for All Seasons Workshop

Does your garden "wow" you in the spring and summer but disappoint come fall or winter? Join Lauren Turner of Lauren's Garden Service for a workshop in which you discover how to augment your garden with areas that provide interest during each of the four seasons using native plants. Enjoy tips and tricks for creating successful plantings, and gain knowledge related to species that do well in different lighting and soil conditions. Participants leave with printed resources and e-access to the instructor post-workshop for additional consultation. Plants available for purchase at Robinson Nature Center's Native Plant Palooza on May 7. Info/Registration: 410-313-0400.

RP4842.331 Robinson Nature Ctr Apr 30 3-4:30pm Su \$20

Native Plant Palooza Page 15

# Ladies Night Out: Sunset Hike & Campfire Social

Come join other nature-loving gals on a Friday night adventure. Immerse yourself in the great outdoors. Enjoy an hour-long guided hike with the Center's Naturalists. Learn about fascinating flora, fauna, and history. After the sun sets, settle down to a cozy campfire with s'mores and socializing. 18 yrs +

RP4883.301 Robinson Nature Ctr May 26 7:30-9:30pm F \$10

You can also register at the Robinson Nature Center for programs (410-313-0400).



# Saturday, April 29 10 am - 3 pm

Gary J. Arthur Community Center at Glenwood 2400 Route 97, Cooksville, MD 21723

Free Admission • On-Site Parking • 90+ Exhibitors
Dynamic Seminars • Engaging Workshops
Cooking and Fitness Demos • All Day Door Prizes
Important Health Screenings



410-313-5440 (VOICE/RELAY) www.howardcountymd.gov/womenfest

If you need accommodations to attend, please call Maryland Access Point (MAP) at 410-313-1234 at least one week prior.



Explore the DC Memorials and experience the cherry blossom trees in bloom (we hope!) with Licensed Tour Guide, Fran Grecourt.

# **Trips & Tours**

- All children under 18 must be accompanied by an adult.
- Info: Tracy Adkins, 410-313-7279 or tadkins@howardcountymd.gov.

#### Philadelphia Flower Show

The Pennsylvania Horticultural Society presents the 2017 Flower Show at the Pennsylvania Convention Center in Philadelphia. Celebrate the wonders of Holland, from windmills, wooden shoes and cheese to tulip fields and canals. This is the largest flower show in the U.S. The event shares horticulture, innovative eco-design and sustainability efforts of the Netherlands. Shop at more than 160 shops in the Marketplace and enjoy the interactive displays. Lots of walking and lunch is on your own on-site of in the nearby historic Reading Terminal Market.

RP4501.301 18 yrs + Long Gate Pk & Ride Mar 13 8am-7pm M \$90

### Cherry Blossoms & Odyssey Cruise

Enjoy the beauty of the cherry blossoms from the comfort of the cruise ship "Odyssey" as you voyage down the Potomac River in Washington, D.C. Listen to a historical narrative while enjoying lunch and viewing some of the most famous D.C. sights. A live band has you singing and dancing too! Menu choice for lunch will be made at the table.

RP4502.301 18 yrs + Bain Ctr Mar 28 9:30am-3:30pm Tu \$115

# Cherry Blossoms and DC Memorials flickr

Take a guided walking tour with Washington, D.C. Licensed Tour Guide, Fran Grecourt as you get up close and personal with beautiful Cherry Trees. Begin at the World War II Memorial and break for lunch on your own at the Ronald Reagan Building. After lunch, visit the Franklin D. Roosevelt Memorial. Lots of walking so wear comfy shoes!

RP4503.301 18 yrs + Bain Ctr Mar 30 9am-4pm Th \$55

#### Lewis Ginter Botanical Garden

Lewis Ginter Botanical Garden, in Richmond, VA, offers year-round spectacular gardens, dining and shopping. Featuring a classical-domed Conservatory, it encompasses more than 40 acres and is home to a diverse collection of plants and wildlife, a "living" museum that offers over a dozen themed gardens. Enjoy a guided walking tour, lunch on your own, and time to shop. RP4504.301 18 yrs + Apr 29 7am-6pm Sa \$75

### Philadelphia Museum of Art

Winslow Homer and John Singer Sargent are featured in an exhibit celebrating the watercolor movement in the US. Enjoy more than 150 masterworks from public and private collections. Enjoy a self-guided walking tour of the exhibit, lunch on the East Balcony, and time to visit the rest of the museum and shop. Lunch is included. Menu choice: Seared Tuna Tataki Salad or Roasted Chimichurri Chicken Salad; each served with rolls, a beverage and dessert. Lots of walking.

RP4505.301 18 yrs + May 2 7:30am-5:30pm Tu \$106

# The Sound of Music at the Kennedy Center

Enjoy this timeless classic at the Kennedy Center Opera House in Washington, DC. This popular Rodgers and Hammerstein musical delights all ages with its Tony, Grammy and Oscar-winning score. Directed by three-time Tony winner Jack O'Brien, this production is sure to leave you humming and singing! Register early, seating is limited.

RP4506.401 6 yrs + Jul 12 Noon-6pm W \$102

# Country Music Capital of the World — Nashville, Tennessee

Plan ahead for this exciting trip to Nashville, Tennessee! Enjoy a guided tour of Nashville to include the Parthenon, the Country Music Hall of Fame, RCA Studio B and more. Trip includes 5 nights lodging, 5 breakfasts and 3 dinners, including the Nashville Nightlife Dinner Theatre; lunches and 2 dinners on your own. Performances at the Grand Ole Opry and Texas Troubadour Theater also included. A \$50 deposit saves your spot. Guide and driver gratuity collected on bus.

RP4501.501 18 yrs + Sep 23 7am-7pm Sa \$1189, single; \$950, double



Give your child a nurturing, active and creative learning environment to build skills for kindergarten with our Early Learning Center program.

# **Child Care**

Howard County Recreation & Parks offers Recreational Licensed Child Care (RLC) programs for preschool (ELC) through middle school students, along with our Therapeutic Recreation Inclusion Opportunities (TRIO). Our goal is to provide a safe and structured environment for children to have fun while participating in meaningful group recreational activities.

Before a child can participate, parents must complete all licensing and required paperwork, including a health inventory, which requires a physical. All programs must meet and maintain minimum enrollment requirements to run. Fees are subject to change.

Special accommodations or interpretive services can be provided at no additional cost but are not guaranteed; a request must be made at the time of registration. Because of the presence of children with severe allergic reactions, nuts and nut products are not served or permitted at any RLC programs.

If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, you may place your child's name on the waiting list at no cost.

All RLC programs have a behavioral policy with standards of conduct enforced through the use of discipline, up to and including suspension and expulsion from the program. The primary concern of the Department must be the safety and well-being of all participants, even though it may cause inconvenience to parents in a particular case. The Department makes every effort to assist children and their parents in modifying a child's behavior before their actions become a serious enough threat to require suspension. See the Parent Manual for a complete policy statement.

For a list of who to contact and additional program information, visit www.howardcountymd.gov/rap and click on Licensed Child Care. For space availability, call 410-313-7275. Registration is also currently open for the 2016-2017 and 2017-2018 school year.



Healthy Childcare - A Healthy Howard initiative supported by *The Horizon Foundation* 

#### **Healthy Howard Childcare**

Modeled after the National Let's Move! Child Care initiative, Healthy Childcare is a voluntary, goal-oriented program focusing on increasing physical activity, limiting screen time and increasing consumption of water, milk, and 100% juice. Participants reapply annually to meet new goals, while passing site visits to maintain a Healthy Childcare site status.

# **Early Learning Center**

Early Learning Centers provide a safe, nurturing, active and creative learning environment for each child. Throughout the program, the children enjoy building the skills needed for kindergarten (social and emotional development, reading and math readiness and fine and gross motor skills). They also participate in hands-on activities, including arts and crafts, science, nature, music, drama, multicultural and cooking. There are instructional and self-directed activities throughout the day. All programs are successful participants in the Healthy Howard Healthy Childcare initiative and are enrolled in the Maryland EXCELS program. Staff is trained in continuing early childhood education classes yearly. Parents provide snack/lunch. Children must be toilet-trained and meet the age requirement by September 1, 2016. If class minimums are not met, a combined class is offered. Info: Brian Murphy, 410-313-4797 or bmurphy@howardcountymd.gov.

#### Bushy Pk ES / Director: Melissa Conrad / 410-313-5499

RP2252	3 yrs	9:30am-1:30pm	M,W	\$256, month	
RP2252	4 yrs	9:30am-3pm	M,W,F	\$528, month	
Fulton ES / Director: Denise Nails / 410-880-5974					
RP2256	3 yrs	9:30am-1:30pm	Tu,Th	\$256, month	
RP2256	4 yrs	9:30am-3pm	M,W,F	\$528, month	
Roger Cart	ter Comm C	tr / Director: Keisha I	Hopkins / 41	0-313-2749	
RP2292	3-5 yrs	9:30am-3pm	M-F	\$660, month	
RP2292	3-5 yrs	8:30am-4:30pm	M-F	\$799, month	
<u>Triadelphi</u>	a Ridge ES /	/ Director: Linda Hitz	elberger / 4	<u>10-313-5471</u>	
RP2266	3 yrs	Noon-2:30pm	M,W,Th	\$242, month	
RP2266	4 yrs	Noon-3pm	M-Th	\$336, month	



Before & After Care helps keep your child active and engaged throughout the school day.

# **Elementary School Before & After Care**

Before & After Care for Elementary School 2016-2017 Academic Year

Registration for the 2017-2018 school year is also open. This licensed program provides varied recreational activities. The Before Care offers low-key programming while the After Care incorporates a structured energetic format. Activities include crafts, games, sports, special events and intramural competitions throughout the school year. To promote good health and wellness, we implement heart-healthy activities. Our curriculum is weekly, theme-based and focuses on healthy eating habits and active play to encourage and educate children to make positive life choices. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: RLC office, 410-313-3706.

Grades K-5 Before School 7am to beginning of school day \$207, month Grades K-5 After School End of school day to 6pm \$318, month 7am-6pm \$459, month Grades K-5 Before & After School Bellows Spring ES RP2059 Ilchester ES RP2050 Laurel Woods ES Bollman Bridge ES RP2051 RP2060 **Bushy Pk ES** Lisbon ES RP2052 RP2061 RP2049 Dayton Oaks ES RP2062 Manor Woods ES RP2063 RP2053 Deep Run ES Pointers Run ES RP2070 **Ducketts Lane ES** RP2064 Rockburn ES RP2054 Elkridge ES RP2065 St. John's Lane ES RP2055 Forest Ridge ES RP2066 Triadelphia Ridge ES RP2056 Fulton ES RP2069 Veterans ES RP2057 Gorman Crossing ES RP2067 Waverly ES RP2058 **Hollifield Station ES** RP2068 West Friendship ES

#### Elementary Optional Full Day Programs

When school is closed for students, RLC has all-day programs at select locations. Kids have a blast participating in a variety of recreation activities! Morning and afternoon snack provided. Parents, please bring a bag lunch, with a drink, marked with your child's name. Please ensure your child's lunch is nut-free.

Grades K-5 Info	<u>o: Shavon Gordon, 410-3</u>	<u>13-4633, or</u>	<u>sgordon@howa</u>	<u>irdcount</u>	<u>ymd.gov</u>
RP2054.390	Elkridge ES	Apr 10	7am-6pm	M	\$40
RP2056.390	Fulton ES	Apr 10	7am-6pm	M	\$40
RP2058.390	<b>Hollifield Station ES</b>	Apr 10	7am-6pm	M	\$40
RP2054.391	Elkridge ES	Apr 11	7am-6pm	Tu	\$40
RP2056.391	Fulton ES	Apr 11	7am-6pm	Tu	\$40
RP2058.391	Hollifield Station ES	Apr 11	7am-6pm	Tu	\$40
RP2054.392	Elkridge ES	Apr 12	7am-6pm	W	\$40



Our Early Learning Center program helps your child excel.

RP2056.392	Fulton ES	Apr 12	7am-6pm	W	\$40
RP2058.392	<b>Hollifield Station ES</b>	Apr 12	7am-6pm	W	\$40
RP2054.393	Elkridge ES	Apr 13	7am-6pm	Th	\$40
RP2056.393	Fulton ES	Apr 13	7am-6pm	Th	\$40
RP2058.393	<b>Hollifield Station ES</b>	Apr 13	7am-6pm	Th	\$40
Grades K-5 Info	o: Julia Martin, 410-313-	-1687 or jma	rtin@howardc	ountymd	.gov
RP2051.394	Bollman Bridge ES	May 19	7am-6pm	F	\$40
RP2053.394	Deep Run ES	May 19	7am-6pm	F	\$40
RP2063.394	Pointer's Run ES	May 19	7am-6pm	F	\$40
RP2065.394	St John's Ln ES	May 19	7am-6pm	F	\$40

### After Middle School

#### The Can-TEEN Club

Registration for the 2017-2018 school year is also open. Our licensed after-school program provides a safe and high-quality environment for teens that enhances leadership skills and develops future leaders. Activities include educational and academic experiences while promoting positive thinking. Each location offers homework time, snack, sporting events and craft projects as part of the daily schedule. "YOLO" Fridays (You Only Live Once) encourages healthy eating and exercise essential to everyday living. Participants engage in community service outings and events that include visiting Rec & Parks sponsored after-school programs to mentor 4th & 5th grade students. Special events and outings may require additional fees. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: Lakishia Major, 410-313-4717 or Imajor@howardcountymd.gov. Grades 6-8 Bonnie Branch MS End of school day-6pm 2016-17 school year \$299, month | RP2370.011 RP2370.031 3 days \$180, month 5 days RP2370.021 2 days \$120, month Grades 6-8 Elkridge Landing MS End of school day-6pm 2016-17 school year RP2372.031 3 days \$180, month RP2372.011 5 days \$299, month RP2372.021 2 days \$120, month Grades 6-8 Ellicott Mills MS End of school day-6pm 2016-17 school year RP2373.011 \$299, month | RP2373.031 3 days \$180, month 5 days \$120, month RP2373.021 2 days Folly Ouarter MS End of school day-6pm 2016-17 school year Grades 6-8 RP2374.011 5 days \$299, month | RP2374.031 3 days RP2374.021 2 days \$120, month Grades 6-8 Lime Kiln MS End of school day-6pm 2016-17 school year \$299, month | RP2376.031 3 days \$180, month RP2376.011 5 days RP2376.021 2 days \$120, month Grades 6-8 Thomas Viaduct MS End of school day-6pm 2016-17 school year

RP2382.011

RP2382.021

5 days 2 days

\$120, month

\$299, month | RP2382.031 3 days \$180, month



Our TRIO programs provide individuals with developmental disabilities a safe and encouraging environment to thrive in.

# Therapeutic Recreation & Inclusion Services

- For information on Howard County Recreation & Parks programming for individuals with disabilities, contact Susan L. Potts, MS, CTRS at 410-313-4628 or spotts@howardcountymd.gov or Chloe Hodge at 410-313-1671 or chodge@howardcountymd.gov.
- Please do not arrive at programs more than five minutes before the start of the program. Be ready to leave as soon as the program is over. <u>Supervision is not provided before</u> <u>the scheduled start time</u>. Excessive early drop-offs and late pick-ups may result in being dropped from the program.
- Programs listed by category, then age, then alphabetical.

# **After School**

# Therapeutic Recreation

# Inclusion Opportunities (TRIO) flick

This therapeutic-based program offers individuals with developmental disabilities an age-appropriate environment with leisure life skills, community integration, therapeutic swimming, animal-assisted therapy, functional intervention, and skill development for transitioning. Program is not held when schools are closed. (Still held on County-wide early dismissal days.) Staff-to-participant ratio is 1:3 for the school and 1:5 for the park. No transportation provided to site. (No program: 4/10-17, 5/19, 5/29.)

13-21 yrs	2-6pm	M-F	\$360 per r	<u>nonth</u>
Cedar Lane	School	Ce	dar Lane Pk	
RP2501.21	3 Mar	RF	2501.223	Mar
RP2501.31	1 Apr	RF	2501.321	Apr
RP2501.312	2 May	RF	2501.322	May
RP2501 31	3 lun	RF	2501 323	lun

# **Aquatics**

#### Therapeutic Private Swim Lessons

Learn and improve swimming skills in a private 1:1 lesson format. Goal: Improve gross motor skills, increase confidence in the water and ability to float, practice basic swim strokes and breathing skills. (No class 4/12, 4/13.) Cedar Lane School Classes: 8

RP4202.301 2-6 yrs Mar 29 6:15-6:45pm W \$165 RP4202.302 7-13 yrs Mar 30 6:15-6:45pm Th \$165

#### Splashes

Learn and improve swimming skills in this aquatics program for children with disabilities. Siblings can register one week after open registration. Participants are divided into groups based on skill level. Goal: Improve gross motor skills, increase self-confidence, and improve ability to understand directions. (No class 4/12.)

 6-8 yrs
 Classes: 8

 RP4205.301
 Level 1
 Cedar Lane School
 Mar 29
 6:50-7:25pm
 W
 \$65

 9-10 yrs
 Classes: 8

 RP4205.302
 Level 2
 Cedar Lane School
 Mar 29
 7:30-8:05pm
 W
 \$65

 11-12 yrs
 Classes: 8

 RP4205.303
 Level 3
 Cedar Lane School
 Mar 29
 8:10-8:45pm
 W
 \$65

#### Aquatic Skills Development

This semi-private skills session provides opportunities for increased endurance, core strengthening, and skills refinement for individuals with developmental disabilities who swim competitively. Participants should be able to swim multiple lengths of the pool independently. Goals: Increase endurance level, enhance core strength, develop breathing techniques, refine swim strokes for competition. (No class 4/11.)

 13 yrs +
 Classes: 10

 RP4200.301
 Roger Carter Comm Ctr
 Mar 14
 7:30-8pm
 Tu
 \$80

 RP4200.302
 Roger Carter Comm Ctr
 Mar 14
 8-8:30pm
 Tu
 \$80

#### Saturday Splash

Children, teens and adults with developmental disabilities experience the warm aquatic pool at their own pace. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, enhance fitness level and provide sensory stimulation. Lifeguard provided; supervision is required by the parent or caregiver.

Z IZ JIJ CIC	isses. O Turcing Cini	u			
RP4207.301	Cedar Lane School	Apr 22	12:35-1:10pm	Sa	\$50
13-21 yrs C	lasses: 6				
RP4207.302	Cedar Lane School	Apr 22	1:15-1:50pm	Sa	\$50
22 yrs + Cla	asses: 6				
RP4207.303	Cedar Lane School	Apr 22	1:55-2:30pm	Sa	\$50

#### Waverunners

Sharpen swimming skills and improve fitness in this aquatics program for teens and adults with disabilities. Some participants may require someone to accompany them in the pool at the discretion of staff. Siblings may register one week after open registration. Goal: Increase range of motion, self-confidence, and improve ability to understand directions.

<u>13 yrs + Classes: 8</u>

RP4213.301 Cedar Lane School Mar 30 7-7:35pm Th \$65

### Open Swim

Adults with developmental disabilities, exercise in a warm aquatic tank. Exercise at your own pace. This is an open swim opportunity with no formal instruction provided. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, and enhance fitness level.

18 yrs + Classes: 8

RP4309 301 Cedar Lane School M

RP4309.301 Cedar Lane School Mar 30 7:40-8:15pm Th \$56

### **Crafts & Fine Arts**

### **Expressions of Art**

Express yourself! Teens and adults with developmental disabilities, expand your creativity using a variety of art materials. Make several projects to take home; some projects are displayed in the No Boundaries Art Exhibit. Goal: Improve fine motor coordination, cultural art leisure skills, and improve ability to understand directions.

<u>13 yrs + Classes: 6</u>

RP4302.301 Cedar Lane Pk-West Mar 25 11am-12:30pm Sa \$85

# **Dance**

#### Dances flickr

Teens and adults with developmental disabilities, enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments are provided. Prepackaged donations only please.

13 yrs + Bain Ctr

 RP4301.301
 80's Flashback
 Apr 22
 7-10pm
 Sa
 \$15

 RP4301.302
 Spring Fling
 May 13
 7-10pm
 Sa
 \$15

 RP4301.401
 Summer Sparkler
 Jul 22
 7-10pm
 Sa
 \$15

# **Enrichment**

Butterfly Gala Page 13

#### Teen Venture

Teens with mild-to-moderate developmental disabilities spend time with their peers at various community outings. Teens must have moderate- to high-functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:4. Fee is inclusive of all activities other than dining. Goal: Increase aware-



Improve fine motor coordination and enhance creativity skills at Expressions of Art.

ness of others in social situations and of leisure activities and skills. (No class 4/14. 4/22.)

13-21 yrs Classes: 6

RP4206.301 Mar 24 6:30-9pm F \$175 RP4206.302 Mar 18 6:30-9pm Sa \$175

#### Instructional Cooking

Participants learn basic kitchen safety and food prep with simple set recipes to take home. We explore cooking with a microwave, cook-top and oven. Participants make items and enjoy their efforts. Participants must be able to function in a 1:5 staff-to-participant ratio. Goal: Demonstrate safe use of cooking utensils, demonstrate safe use of a cook top stove and oven, and explore new recipes for healthy cooking.

16-26 yrs Classes: 6

RP4209.301 Cedar Lane Pk-West Mar 25 12:30-2pm Sa \$160

### **Friday Night Socials**

Adults with developmental disabilities, enjoy this casual group with easy going activities and socializing. Staff provide activity facilitation; caregivers must accompany at staff's discretion. Goal: Increase self-awareness through leisure experiences, improve social etiquette, and increase ability to listen to others.

22-54 yrs Classes: 6

RP4306.301 Mar 24 7:30-9pm F \$12

<u>55 yrs + Classes: 6</u>

RP4306.302 Mar 17 7:30-9pm F \$125

#### Out & About

Adults with mild developmental disabilities, enjoy community outings and social activities. Adults must have moderate-to-high functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:5. Goal: Increase self-awareness through environmental orientation, improve social etiquette, and increase ability to listen to others. Fee is inclusive of activities other than dining. (No class 4/14.)

22-34 yrs Classes: 6

RP4308.301 Mar 24 6:30-9:30pm F \$175



Teens and adults with developmental disabilities, dance with friends at several dances this season!

RP4308.303 Mar 18 6:30-9:30pm Sa \$175 35-54 yrs Classes: 6 RP4308.302 Mar 24 6:30-9:30pm F \$175 RP4308.304 Mar 18 6:30-9:30pm Sa \$175

#### Slice of Summer

Adults with mild developmental disabilities enjoy community outings and social activities. Adults must have moderate-to-high functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:5. Goal: Increase self-awareness through environmental orientation, improve social etiquette and increase ability to listen to others. Fee is inclusive of activities other than dining. Please do not arrive at programs more than five minutes before the start of the program and pickup promptly at the conclusion. Supervision is not provided before the scheduled start time. Excessive early drop-offs and late pick-ups may result in being dropped from the program. (No class 7/22.) 22 yrs + Classes: 4

RP4310.401 Jul 8 6:30-9pm Sa \$185

# **Sports**

Adaptive Lacrosse Clinic - Youth & Adults *Page 82* 

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.











# Tumblers: Adapted Gymnastics (Parent/Child)

Parents and your child with physical or developmental disabilities, participate in a structured gymnastics class to increase gross motor coordination, balance and self awareness. Parents, work with instructor to assist and adapt to your child's individual needs and abilities. Goals: Increase gross motor coordination, increase core strength, increase balance and overall body awareness.

2-5 yrs Classes: 6

RP4210.301 Columbia Gymnastics 12:30-1:15pm W \$140

#### **Tumblers: Adapted Gymnastics**

Designed for youth with physical or developmental disabilities, this structured gymnastics class is designed to increase gross motor coordination, balance and self-awareness. Participants gain comfort with rotating from elements, being in the gym with other peers and increase their comfort level within the gymnastic environment to potentially enable them to participate in an inclusive program. Instructor and staff adapt to child's individual needs and abilities. Goals: Increase gross motor coordination, increase core strength, increase balance, sensory comfort level and overall body awareness

6-12 yrs Classes: 6

RP4211.301 Columbia Gymnastics 12:30-1:30pm Su \$180

#### Strikes & Spares Bowling League

Teens with developmental disabilities, come develop and improve bowling skills and learn proper bowling etiquette. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase range of motion, improve athletic skills, and improve ability to stay on task. (No class 4/15.) 13-21yrs Classes: 8

RP4313.301 Normandy Brunswick Lanes Mar 18 9-10:15am Sa \$94 18-33 yrs Classes: 8

RP4313.302 Normandy Brunswick Lanes Mar 18 10:15-11:30am Sa \$94

### Summer Sizzler Bowling League

Teens and adults with developmental disabilities, enjoy socializing with your peers. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others. Info: Susan Potts, 410-313-4628 or spotts@howardcountymd.gov, or Ruth Coleman, 410-313-4708 or rucoleman@howardcountymd.gov.

<u>13 yrs + Classes: 8</u>

RP4304.401 Normandy Brunswick Lanes Jun 24 9-10:30am Sa \$94

### Alley Cats Bowling League

Adults with developmental disabilities, enjoy socializing with your peers. Bowl one or two games per week. Fee includes shoe rental and bowling fee. This program requires caregiver or agency support staff to remain with the participants. Supervision is not provided. Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others.

21 yrs + Classes: 10

RP4312.303 Normandy Brunswick Lanes Mar 22 10:30am-noon W \$100

#### Pinbusters Bowling League

Adults with developmental disabilities, enjoy socializing with your peers. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others.

33 yrs + Classes: 8

RP4312.301 Normandy Brunswick Lanes Mar 18 9-10:15am Sa \$94 RP4312.302 Normandy Brunswick Lanes Mar 18 10:15-11:30am Sa \$94

# **Pre-K (0-5 yrs) Classes & Activities**

• Programs listed by category, then age, then alphabetical

Adventure & Outdoors Page 18

Nature & Environment Page 23

# **Adventures in Learning**

The Early Years Matter: Help your child get ready for kindergarten. Follow this progression of classes that help build your child's social and emotional skills. (You can start at any stage of this school-readiness program.) More and more children in Maryland are school-ready when they enter kindergarten. Make sure your child is one of them! Staff members do not change diapers.

#### Tots Discovery Jr.

This drop-off class is designed to foster increased independence through hands-on activities that develop social, cognitive and fine motor skills while exploring and meeting new friends. It's a wonderful way to make a seamless transition into our Tots Discovery classes. (No class 5/19.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs Classes: 6

RP3204.301 Gorman Crossing ES Apr 21 10-10:45am F \$95 RP3204.302 Thomas Viaduct MS \$95 Apr 19 10-10:45am

#### **Tots Discovery**

Is your 2-year-old ready for a more challenging environment? This program provides enriching, positive experiences that allow children to have fun, explore the world around them and learn how to get along with others. Emphasis is on learning through play and building a foundation for a preschool experience. Thematic lessons are developmentally appropriate. To allow children time to adapt to this new environment, class meets for one hour the first day. Fee includes snack. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

1	vrs	Classes:	10
,	VIS	LIASSES.	111

RP3201.301	Dayton Oaks ES	Apr 18	10am-noon	Tu,Th	\$165
RP3201.302	Gorman Crossing ES	Apr 18	10am-noon	Tu,Th	\$165
RP3201 303	Rockhurn FS	Anr 18	10am-noon	Tu Th	\$165

#### **Preschool Adventures**

Come join the adventure! Children enjoy an exciting, physically active and well-rounded experience. Enriching activities include story time, music, arts and crafts, along with sports-specific activities (including volleyball, baseball, soccer, and other sports) in the gym. Participants should bring a peanut-free lunch and sneakers are highly recommended. Register for M-Th and receive a 10% discount off. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

#### 2½-5 yrs Gary J Arthur Comm Ctr

RP6971.301	Classes: 8	Apr 24	9:30am-1pm	M,W	\$160
RP6971.302	Classes: 8	Apr 25	9:30am-1pm	Tu,Th	\$160
RP6971.303	Classes: 16	Apr 24	9:30am-1pm	M-Th	\$285

#### Preschool Adventures Mini Camp

Come join the adventure! Campers enjoy an exciting, physically active, well-rounded experience. Enriching activities include story time, music, arts & crafts, and sports-specific activities (including basketball, soccer, football and other preschool games) in the gym. Bring a nut-free lunch. (No camp 5/29.) Info: Cindy Ochs, 410-313-4681.

2 ½-5 yrs Gary J Arthur Comm Ctr Classes: 12 RP6971.401 May 22 9:30am-1pm M-Th \$239

#### My First School

This program is designed to help children make a successful transition to an independent experience. Children develop social skills while exploring the alphabet, games, music, movement, and art with a different theme each week. Fee includes snack. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs, 9 mos-3	yrs, 9 mos	Classes: 10
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RP3202.301	Bonnie Branch MS	Apr 18	10am-noon	Tu,Th	\$165
RP3202.302	N Laurel Comm Ctr	Apr 18	10am-noon	Tu,Th	\$165
RP3202.303	Rockburn ES	Apr 24	10am-noon	Tu,Th	\$165

#### Step into School

This specialized program is designed to help your child get ready for kindergarten. Daily activities include writing workshops, reading readiness and math skills. Activities support school curriculum goals and encourage socialization and independence. Special themes help make learning fun! Fee includes snack. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

3 yrs, 9 mos-4 yrs, 9 mos Classes: 10

RP3221.301	Bonnie Branch MS	Apr 24	9:30am-noon	M,W	\$189
RP3221.302	N Laurel Comm Ctr	Apr 24	9:30am-noon	M,W	\$189

#### Junior Discoveries

Discover the mysteries of the ocean! Learn about jellyfish, dolphins, octopi, and whales! Activities include games, science and nature projects, creative arts, learning centers, music and outdoor play. Fee includes snack. (No class 5/29.)

4-6 yrs New theme: Under the Sea Classes: 4

RP1752.301 Ellicott Mills MS May 30 9:30am-1pm \$149 Tu-F

# Kindergarten Jump Start **flickr**

This academic program helps children prepare for a smooth transition into kindergarten. Through age-appropriate activities in reading readiness, math, science and social studies, participants engage in individual, small- and large-group activities. Emphasis is on listening and following directions, starting and completing tasks, group cooperation and expected school behavior. Music, movement and art make learning fun! Participants should bring a nut-free lunch. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

4½-5 yrs Classes: 10

RP1727.301 Ellicott Mills MS Apr 24 9:30am-1pm M.W \$239

#### Marshmallow Math

Math is more fun when experimenting and playing. Explore math concepts through sorting, patterning, counting, graphing and measuring. Snack becomes an adventure when sorting Teddy Grahams or eating the number eight! Graph with marshmallows and explore terrific tangrams and shapes! Songs, art projects and manipulatives are all incorporated to help this preschool experience be meaningful and stimulating. (No class 5/19.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov. 3-5 yrs Classes: 6

RP3206.301 N Laurel Comm Ctr Apr 21 10am-noon F \$95

#### Little Scientist Camp

Explore science in the world around us! Little scientists, participate in experiments and record observations in your very own scientific journals! Make a volcano and watch it erupt. Learn about the life cycle of a caterpillar. Discover through water play which things sink and which float. Snack included. Info: Cindy Ochs, 410-313-4681.

3 ½-5 yrs Classes: 4

RP1723.401 Dayton Oaks ES May 30 9am-1pm Tu-F \$149 RP1723.402 N Laurel Comm Ctr May 30 9am-1pm Tu-F \$149

# **One Day Specials**

• Parent or caregiver must attend.

#### Mommy & Me Fun Days

Enjoy a morning full of quality time designed for you and your little one. Join in the fun with theme-related stories, music and movement and complete the morning with a special make-and-take craft. Sign up for one class or make a date for all six adventures. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2-3 yrs Ellicott Mills MS

Z J JIJ LIII	.000 1111113 11113				
RP3212.301	Peppa Pig	Apr 21	10-10:45am	F	\$19
RP3212.302	Paw Patrol	Apr 28	10-10:45am	F	\$19
RP3212.303	NEW! PJ Masks	May 5	10-10:45am	F	\$19
RP3212.304	NEW! Dinosaur Roar	May 12	10-10:45am	F	\$19
RP3212.305	NEW! Sofia the First	May 26	10-10:45am	F	\$19

# **Cooking**

• More cooking classes for 4 yrs + on page 37.

### C is for Cooking! (Parent/Child) flickr

Lets get cooking! Parents, enjoy this hands-on class with your little ones while making recipes from favorite Sesame Street characters. Prepare delicious and nutritious recipes such as Zoe's Rainbow Fruit Salad, Abby Cadabby's Pixie Snack Mix and Oscar's Cheese Tortilla. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs Classes: 6

RP3209.301 Dayton Oaks ES Apr 19 9:45-10:45am W \$105

# **Crafts & Fine Arts**

# Abrakadoodle Art Twoosy Doodlers (Parent/Child)

Parents and kids, experiment with art materials while developing fine motor skills, hand-eye coordination, creativity, readiness skills, confidence, ability to play with others and imaginative thinking. Non-toxic materials used. Sculpt, stamp, cut, glue, draw, color, listen to stories and sing songs! Frames and protective aprons provided. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

20-36 mos Classes: 6

RP0133.301 Roger Carter Comm Ctr Apr 22 9:30-10:15am Sa \$89

#### Abrakadoodle Art Mini Doodlers

Get creative! Learn and emulate drawings of artists with new themes and topics! Kids paint, learn wet-on-wet techniques, create large-scale artwork and explore a variety of materials to create original art. Lessons are designed to ignite the imagination, foster creativity and develop new skills. Frames and protective aprons provided. Info: Cindy Ochs, 410-313-4681.

3½-5 yrs Classes: 6

RP0134.301 Roger Carter Comm Ctr Apr 22 10:30-11:15am Sa \$89



Your little chef prepares Sesame Street recipes at C is for Cooking.

### **Dance**

#### Dance with Me! (Parent/Child)

Have fun using songs and games to learn dance and movement concepts in this introduction to dance and creative movement. Fee includes participation of one parent or caregiver and one child. (No class 5/29.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

2 yrs Classes: 6

RP1003.301 Roger Carter Comm Ctr Apr 24 10:30-11:15am M \$45

#### Mommy & Me Movement (Parent/Child)

This exciting movement class allows you and your child to move together through dancing, singing, role-playing and more. Watch your little one gain confidence and an appreciation for music and rhythms. Wear comfortable clothing, bare feet or socks. Instructors: Cecilia Ituarte & Mary Krauss. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

2-3 yrs Classes: 8

RP1005.301 Misako Ballet Studio Apr 18 10-10:45am Tu \$85 RP1005.311 Misako Ballet Studio Apr 20 10-11:45am Th \$85

# Parent/Child Movement & Song by Kinetics Dance Theatre

Encourage your child's imagination as you explore creative dance using stories, props and movement. Bare feet preferred. Fee includes participation of one child and one parent/caregiver. Instructor: Jodi Guzewich (.301 & .302), Rachel Wolfe (.401). Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

2-3 yrs Classes: 5

/					
RP1007.301	Kinetics Dance Theatre	Apr 22	10:15-11am	Sa	\$45
RP1007.302 Kinetics Dance Theatre		Apr 18 9:45-10:30am		Tu	\$45
2-3 yrs Clas	ses: 6				
DD1007 /01	Kingtics Danco Theatro	Iul Q	10·15 11am	Sa	¢55

#### Ballerina Basics by Kinetics Dance Theatre

Do you dream of being a ballerina? Ballerina Basics introduces pre-ballet movements, grace and self-control in a creative and nurturing environment. This is a beginner-level class. No experience necessary. Leotard and ballet shoes recommended. Instructors: Lauren Snyder (.301 & .302), Theresa Whittemore (.303), and Becca Sigmund (.401 & .402). Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-6 yrs Kinetics Dance Theatre

\$59
\$59
\$59
\$55
\$55



Introduce your little one to dance fundamentals at Ballet & Tap by Dance Connections, Inc.

#### Ballet & Tap by Dance Connections, Inc.

This fun class combines the beauty of ballet with the rhythm of tap. For the first half of the classes, dancers are introduced to ballet steps, dance fundamentals and concepts in the center and across the floor in a fun and creative environment. Halfway through, dancers change into tap shoes and explore the basics of tap and rhythms. Wear dance attire for ease of movement such as leotard or dance dress and tights. Leather ballet and tap shoes required. (No class 5/29, 7/4.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

#### Dance Connections, Inc.

RP1025.301	3-5 yrs	Apr 24	10-10:45am	М	Classes: 6	\$69
RP1025.302	3-5 yrs	Apr 22	1:30-2:15pm	Sa	Classes: 4	\$49
RP1025.401	5-7 yrs	Jun 19	5:45-6:45pm	M	Classes: 5	\$59
RP1025.402	5-7 yrs	Jul 24	5:45-6:45pm	M	Classes: 4	\$49
RP1025.403	3-5 yrs	Jun 20	4:45-5:30pm	Tu	Classes: 4	\$49
RP1025.404	3-5 yrs	Jul 25	4:45-5:30pm	Tu	Classes: 4	\$49
RP1025.405	3-4 yrs	Jun 22	5:45-6:30pm	Th	Classes: 5	\$59
RP1025.406	3-4 yrs	Jul 27	5:45-6:30pm	Th	Classes: 4	\$49
RP1025.407	5-7 yrs	Jun 24	10-11am	Sa	Classes: 5	\$79
RP1025.408	5-7 yrs	Jul 29	10-11am	Sa	Classes: 4	\$65

#### Creative Dance by Kinetics Dance Theatre

This intro to dance incorporates imagination, creative expression and a lot of fun! Dancers practice loco-motor skills, rhythm, patterns, and spatial awareness. What a wonderful way to learn to dance! All children under the age of 8 must have a parent/guardian on the premises while in class. Leotard and bare feet recommended. Instructors: Carol Asher (.301), Jodi Guzewich (.302, .401), Rachel Wolfe (.303, .304, .402, .403). Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

#### Kinetics Dance Theatre

VIIIeucs Dalic	<u>e meatre</u>					
RP1010.301	3-6 yrs	Apr 24	9-10am	М	Classes: 5	\$59
RP1010.302	3-6 yrs	Apr 22	9:30-10:15am	Sa	Classes: 5	\$45
RP1010.303	3-6 yrs	Apr 22	11:45am-12:30pm	Sa	Classes: 5	\$45
RP1010.304	3-6 yrs	Apr 22	1-1:45pm	Sa	Classes: 5	\$45
RP1010.401	3-6 yrs	Jul 6	4:45-5:30pm	Th	Classes: 6	\$55
RP1010.402	3-6 yrs	Jul 8	9:30-10:15am	Sa	Classes: 6	\$55
RP1010.403	3-6 yrs	Jul 8	Noon-12:45pm	Sa	Classes: 6	\$55

# Fairy Dance & Storytelling by Kinetics Dance Theatre

This special introduction to dance lets your child's imagination take flight! In each class, the fairy theme is expressed through movement and storytelling and incorporated into the dance components (including space, rhythm and body awareness). Dancers share and explore ideas while learning in a safe and creative environment. Dancers should wear leotard and bare feet. Instructors: Teresa Whittemore (.301) & Bonnie Phillips (.401). Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

#### 3-5 yrs Kinetics Dance Theatre

RP1006.301	Apr 18	9-9:45am	Tu	\$45	Classes: 5
RP1006.401	Jul 3	4:45-5:30nm	М	\$55	Classes: 6

#### Fairy Pre-Ballet

Enjoy an introductory class to ballet. Use creative movement to tell stories, learn basic positions and work on balance and coordination. On the last day, have fun with a performance for family. Ballet shoes required. (No class 5/29.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

3-4 yrs Classes: 6

RP1008.301 Roger Carter Comm Ctr Apr 24 12:05-12:35pm M \$35

# Frozen Ballet & Tap by Dance Connections, Inc.

Let it Go! Enjoy learning ballet and tap with the themes and music from everyone's favorite movie, Frozen! Foundations of ballet and tap are covered while using fine and gross loco-motor movements. Skate like Anna and Elsa, march and climb mountains like Kristoff, spin and dance like Olaf! Props and story lines used to explore movement in fun, creative ways. Dancers, wear clothes for ease of movement, leather ballet and tap shoes. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

#### Dance Connections, Inc.

RP1014.301	3-5 yrs	Apr 20	2-2:45pm	Th	Classes: 6	\$69
RP1014.401	3-5 yrs	Jun 19	4:45-5:30pm	M	Classes: 5	\$59
RP1014.402	3-5 yrs	Jul 24	4:45-5:30pm	M	Classes: 4	\$49
RP1014.403	3-5 yrs	Jun 24	11-11:45am	Sa	Classes: 5	\$59
RP1014.404	3-5 vrs	Jul 29	11-11:45am	Sa	Classes: 4	\$49

#### Princess Ballet by Dance Connections, Inc.

Twirl your way to becoming a dancing princess. Learn the foundations and fundamentals of ballet while working on fine and gross loco-motor movements. The focus is on fun as we use creative dance to learn about ballet steps. Tip-toe around the beast's castle like Belle, waltz like Sleeping Beauty, spin and twirl like Anna and Elsa. Dancers should wear leotard, tights and (leather or canvas) ballet shoes. (No class 5/29.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

#### Dance Connections, Inc.

RP1046.301	3-5 yrs	Apr 24	10-10:45am	М	Classes: 6	\$69
RP1046.401	5-7 yrs	Jun 22	4:45-5:45pm	Th	Classes: 5	\$59
RP1046.402	5-7 yrs	Jul 27	4:45-5:45pm	Th	Classes: 4	\$49
RP1046.403	3-4 yrs	Jun 24	9:15-10am	Sa	Classes: 5	\$59
RP1046.404	3-4 vrs	Jul 29	9:15-10am	Sa	Classes: 4	\$49

#### Tinker Bell's Ballet by Dance Connections, Inc.

Be free and fancy! Learn about your favorite fairies while learning ballet in a creative way. Foundations and fundamentals of ballet are covered while using fine and gross loco-motor movements. Fly like Tinker Bell, arabesque with our frozen wings like Periwinkle, and leap like Zarina! Dancers should wear leotard, tights and (leather or canvas) ballet shoes. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

#### Dance Connections, Inc.

RP1017.301	3-5 yrs	Apr 20	1:15-2pm	Th	Classes: 6	\$69
RP1017.401	3-4 yrs	Jun 21	4:45-5:30pm	W	Classes: 5	\$59
RP1017.402	3-4 yrs	Jul 26	4:45-5:30pm	W	Classes: 4	\$49

#### Dance, Baila! By Misako Ballet Studio

Introduce your child to Spanish through dance! Taught by a native Spanish speaker, students learn a variety of basic dance steps, stretches, and movement patterns while practicing new words and concepts in Spanish such as greetings, animals and body parts. Dancers should wear comfortable clothing for ease of movement and bare feet. Bring a reusable water bottle. Teacher: Cecilia Ituarte. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

3½-5 yrs Classes: 8

RP1016.301 Misako Ballet Studio Apr 18 10:45-11:30am Tu \$85

#### Ballet & Tap with Barbie!

Using the music and stories of Barbie, learn ballet and tap basics and put on a show on the last class. Bring your favorite Barbie to dance with you. Ballet and tap shoes required. (No class 5/29.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

4-5 yrs Classes: 6

RP1022.301 Roger Carter Comm Ctr Apr 24 11:15am-12:15pm M \$59

### **Fitness**

#### Funfit® Tots (Parent/Child)

This fun-filled, high-energy class includes songs, stories, parachutes, games, balls, music and more! The perfect combination for your child who loves to move and loves music too! Looking to squeeze in an extra 45 minutes of fun exercise while playing with your child? This is the class for you! Child must be walking. Info: Scott Corning, 410-313-4622.

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11 20 11103	Classes. 0					
RP3210.301	Roger Carter Comm Ctr	Apr 18	9:30-10:15am	Tu	\$79	
20-35 mos	Classes: 8					
RP3210 204	Roger Carter Comm Ctr	Apr 18	10·15-11am	Tu	\$79	

#### **Music & Theater Arts**

#### Music Together (Parent/Child)

With a little practice, everyone has the ability to sing in tune and keep a beat. Music Together is the first step in your child's music literacy. Children, and the adults who love them, will have fun singing, dancing & playing with various rhythm instruments as part of a nurturing musical community while experiencing world cultures through music immersion. \$42 materials fee due at first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

RP0121.301 In	fant – 5 yrs	\$159	Classes: 10		
OSM Columbia	Apr 17	10:	30-11:15am	M	
OSM Columbia	Apr 18	10:	30-11:15am	Tu	
OSM Columbia	Apr 19	9:3	0-10:15pm	W	
OSM Columbia	Apr 20	10:	30-11:15am	Th	
OSM Columbia	Apr 20	5:3	0-6:15pm	Th	
OSM Columbia	Apr 21	9:3	0-10:15am	F	
OSM Columbia	Apr 22	9:1	5-10am	Sa	
OSM Ellicott City	Apr 22	10:	30-11:15am	Sa	
OSM Ellicott City	Apr 23	9:3	0-10:15am	Su	
RP0121.401 In	fant – 5yrs	\$95	Classes: 5		
5 classes, 5 weeks	, 45 minutes/	week, \$	95 + \$42 mats		
OSM Ellicott City	Jun 19 o	or Jul 31	9:30-10:15	ām	M
OSM Ellicott City	Jun 20 c	or Aug 1	10:30-11:1	I5am	Tu
OSM Ellicott City	Jun 21 c	or Aug 2	9:30-10:15	ām	W
OSM Ellicott City	Jun 22 c	or Aug 3	10:30-11:1	l5am	Th
OSM Ellicott City	Jun 23 c	or Aug 4	9:30-10:15	ām	F
OSM Ellicott City	Jun 24 c	or Jul 29	10:30-11:1	5am	Sa
OSM Columbia	Jun 22 c	or Aug 3	5:30-6:15p	m	Th
OSM Columbia	Jun 24 c	or Jul 29	9:15-10am	1	Sa
OSM Columbia	Jun 25 c	or Jul 30	9:30-10:15	am	Su

# Broadway Babies: *Zootopia* by Drama Learning Center

Try everything! Explore the animal characters from *Zootopia* as while learning singing, dancing, and acting skills in addition to working as part of a theatrical team. Class session culminates in a final performance for family and friends featuring props created by the students during craft time. (No class 4/8, 4/25.) Info: www.howardcountymd.gov/drama or Melissa Calleri, 410-313-4721.

<u>3-5 yrs Drama Learning Ctr Classes: 6</u> RP0103.301 Mar 25 9:15-10:15am Sa \$95 RP0103.302 Apr 18 10-11am Tu \$95

# Instrument Explorers Spring Break Camp Page 41

Krazy Keyboards Page 41

# Music ABCs & Keyboarding at Olenka School of Music

Bond with your little one while learning the ABCs of Music! Have tons of fun while dancing, singing, playing keyboards and rhythm instruments, training young ears and playing stimulating music games designed to teach the fundamentals of the Universal Language of Music. Adult participation required. No previous experience necessary. \$30 materials fee due at first class. Info: Scott Corning. 410-313-4622 or scorning@howardcountymd.gov.

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3-5 yrs RP0128.301 Classes: 5				
Olenka School of Music Columbia	Apr 20	5:30-6:15pm	Th	\$105
Olenka School of Music Columbia	Apr 22	12:30-1:15pm	Sa	\$105
Olenka School of Music Ellicott City	Apr 23	10:30-11:15am	Su	\$105



Learn tactics to improve your playing at a Chess program.

# Youth (5-10 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical.

Adventure & Outdoors Page 18

Nature & Environment Page 23

### Chess

## Chess Spring Break Camp with Silver Knights Chess **flickr**

Play and learn chess from the highly rated professional chess instructors. Campers, you are divided into skill level groups, from beginner to highly rated tournament players. Learn openings, tactics and endgames; study master games; play games against fellow students; and analyze students games. Fresh air breaks included. Bring a nut-free snack (half-day campers) or lunch (full-day campers) and beverage. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-8	Roger Carter	Comm Ctr	Classes: 5		
RP1815.301	Full Day	Apr 10	9am-4pm	M-F	\$345
RP1815.311	Morning	Apr 10	9am-noon	M-F	\$209
RP1815.321	Afternoon	Apr 10	1-4pm	M-F	\$209

#### Chess Wizards Before & After School

Want to learn chess in a fun, engaging and interactive way? Curriculum is designed by teachers and comedians to impart many benefits (critical thinking, sportsmanship and learning from our mistakes in a challenging and exciting way). In addition to lessons and traditional game play, variations of chess games are incorporated to build teamwork and improve logic, planning, discipline, judgment and self-control. All skill levels welcome and are grouped accordingly for lessons and game-play. (No class 4/7, 4/14, 4/17, 5/19, 5/29.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

After School	Grades K-5 Classes:	<u>7</u>			
RP3372.301	Bollman Bridge ES	Apr 3	3:10-4:10pm	М	\$119
RP3372.302	<b>Hollifield Station ES</b>	Apr 18	3:20-4:20pm	Tu	\$119
RP3372.303	Jeffers Hill ES	Apr 20	3:35-4:35pm	Th	\$119
RP3372.304	Lisbon ES	Mar 31	3:15-4:15pm	F	\$119
RP3372.305	Triadelphia Ridge ES	Apr 19	3:30-4:30pm	W	\$119



Stay after school to cook with Chef Nikki and try out new recipes.

Before School	Grades K-5	Classes: 7			
RP3373.301	Elkridge ES	Mar 31	8:10-9:10am	F	\$119
RP3373.302	Thunder Hill ES	Apr 18	8:10-9:10am	Tu	\$119
RP3373.303	Veterans ES	Apr 19	8:10-9:10am	W	\$119

## **Cooking**

### Cooking with Chef Nikki After School flick

This mobile cooking program is offered through Chef Nikki Marks (owner of the food truck Mindgrub Cafe). Classes are taught by Marks and her staff of culinary experts. Enjoy cultural explorations through the preparation of a range of cuisine. Emphasis is on etiquette, nutrition, kitchen safety and the science behind cooking! \$40 materials fee due at first class, payable to Nikki Marks. (No class: 5/19, 5/29.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 Classes: 4 Session 1

Session One: Appetizers! Be the star of your parents' party by whipping up a few appetizers to serve on a tray. Come learn to make mini quiches, sweet & sour meatballs, and a variety of canapés.

RP3302.301	Dayton Oaks ES	Apr 19	3:35-5:05pm	W	\$80
RP3302.302	Fulton ES	Apr 20	4-5:30pm	Th	\$80
RP3302.303	Ilchester ES	Apr 18	4:10-5:40pm	Tu	\$80
	at Bonnie Branch MS				

Grades K-5 Classes: 4 Session 2

Session Two: Potatoes! Are French Fries really fried? Let's learn about the history of this veggie while making sweet potato tarts, mashed potatoes, and latkes!

RP3302.311	Bushy Pk ES	May 16	4-5:30pm	Tu	\$80
RP3302.312	Fulton ES	May 18	4-5:30pm	Th	\$80
RP3302.313	Gorman Crossing ES	May 8	4-5:30pm	M	\$80
	at Murray Hill MS				
RP3302.314	Hammond ES at MS	May 5	3:35-5:05pm	F	\$80
RP3302.315	Northfield ES	May 17	3:30-5pm	W	\$80
	at Dunloggin MS				



Explore different art mediums and get creative with KidzArt!

#### Kids Cupcake Decorating with Alex Kassir

Learn how to decorate cupcakes in this crafty class! Amplify your imagination and creativity by designing and decorating your own apron. In the beginning of the class, enjoy playing games while getting to know each other! \$12 materials fee due at start of class, payable to Alex Kassir. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

5-8 yrs Ellicott Mills MS Days: 1

RP3308.301 May 13 9:30-11am Sa \$25

### Spring Break Cooking Camp with Chef Nikki

Back by popular demand! Join Chef Nikki, owner of Howard County based food truck Mindgrub Cafe for this cooking camp. Each day of camp is dedicated to a part of the meal: appetizers, soups and salads, entrees, and desserts. You are invited to stay after at the end of camp and enjoy a free dinner from the Mindgrub Cafe food truck (food truck will visit one camp on Wednesday & one camp on Thursday, pre-camp letter will note which day dinner will be offered). For campers only doing the morning session, please come back at your school's designated day/time or take a free dinner coupon to use at a later date The truck will have extra food for purchase. Full-day students may bring a nut-free, bagged lunch. Everyone samples recipes. \$30 materials fee due at first class, payable to Nikki Marks. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

<u>Half-day</u> Gra	ades K-5 Apr 10	) Days: 4		
RP3302.321	Lime Kiln MS	9am-noon	M-Th	\$135
RP3302.322	Lime Kiln MS	1-4pm	M-Th	\$135
RP3302.323	Mt. Hebron HS	9am-noon	M-Th	\$135
RP3302.324	Mt. Hebron HS	1-4pm	M-Th	\$135
Full-day Gra	ndes K-5 Apr 10	Days: 4		
RP3302.331	Lime Kiln MS	9am-4pm	M-Th	\$249
RP3302.332	Mt. Hebron HS	9am-4pm	M-Th	\$249

#### Wee Chefs Mini-Session with Mrs. Theresa

Join us for hands-on cooking! Make fun and delicious food that is sure to please the taste buds. Little chefs, come make various appetizers and desserts. Learn different cooking techniques that allow you to help at home. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. 5-7 yrs Classes: 2

RP3225.301	Ellicott Mills MS	Apr 26	6:30-8pm	W	\$35
RP3225.302	N Laurel Comm Ctr	May 24	6:30-8pm	W	\$35

#### What's Cooking? With Mrs. Theresa

Make delicious treats to share with friends and family! Handmade recipes, story sharing and music add to the fun. You are not near hot appliances. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. 5-7 yrs Spring Has Sprung

RP3227.301 Ellicott Mills MS May 12 6:30-8:30pm F \$29

#### Kids Night in the Kitchen

TGIF! Parents, enjoy a night out while it's a kids' night of fun! They make a special dinner and treat and watch a movie. For each registered, full-price participant, an additional sibling costs \$12 (must register by phone for discount). Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

7-11 yrs Classes: 1

RP3229.301 Ellicott Mills MS Apr 28 6-9pm F \$35 RP3229.302 Ellicott Mills MS May 26 6-9pm F \$35

### **Crafts & Fine Arts**

#### KidzArt After School **flickr**

Enjoy a fun, unique, confidence-building art experience. Our drawing-based curriculum delivers highly engaging and educationally rich creative experiences that amaze and delight. Create a masterpiece each week. Explore artist-grade mediums such as Prismacolor ArtStix, Oil Pastels, Chalk Pastels, Charcoal, Watercolor, Clay, Copper, Textured Papers and more! Bring a nutfree snack to be eaten while supervised between school dismissal and class. **Materials included in registration fee.** (No class 4/10, 4/17, 5/19, 5/29.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

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Grades K-5	Classes: 7				
RP0113.301	Bellows Spring ES	Apr 21	4:10-5:10pm	F	\$126
RP0113.303	Elkridge ES	Apr 3	4-5pm	Μ	\$126
RP0113.307	Ilchester ES	Apr 21	4:10-5:10pm	F	\$126
RP0113.312	St. John's Lane ES	Apr 3	3:20-4:20pm	Μ	\$126
Grades K-5	Classes: 8				
RP0113.302	Centennial Lane ES	Apr 20	3:35-4:35pm	Th	\$144
RP0113.304	Fulton ES	Apr 18	4:10-5:10pm	Tu	\$144
RP0113.305	Gorman Crossing ES	Apr 18	4-5pm	Tu	\$144
RP0113.306	Hammond ES	Apr 18	3:35-4:35pm	Tu	\$144
RP0113.308	Manor Woods ES	Apr 20	3:35-4:35pm	Th	\$144
RP0113.309	Northfield ES	Apr 19	3:30-4:30pm	W	\$144
RP0113.310	Pointers Run ES	Apr 19	4-5pm	W	\$144
RP0113.311	Rockburn ES	Apr 19	3:25-4:25pm	W	\$144
RP0113.313	Triadelphia Ridge ES	Apr 20	3:30-4:30pm	Th	\$144

### KidzArt Spring Break Camp: Around the World

Grab your suitcase and join KidzArt for a fun-filled journey to write home about! Zoom from one corner of the globe to another, exploring countries and cultures through vibrant art! Traveler,s work with clay in France, collage in Panama, pastels in Japan, print making in Egypt, watercolor in China, and much more! Your suitcase gets filled with unique souvenirs to remind you of your travels! Enjoy art time, snack breaks, lunch, and active play. Bring two nut-free snacks, a non-perishable, nut-free bagged lunch and a water bottle. Extend hours with KidzArt Spring Break Extended Day Option below. Materials included in registration fee. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 Days: 5

RP0113.331 Northfield ES Apr 10 9am-4pm M-F \$310



Movement for Boys gets boys active while exploring movement, space and body awareness.

## KidzArt Spring Break Camp: Extended Day Option

Come early, stay late! Add our extended day option onto our KidzArt Spring Break Camps. Campers, enjoy games, puzzles, reading time and extra art time. Bring your favorite book and an extra nut-free snack. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. Grades K-5 8-9am & 4-5:30pm

RP0113.332 Northfield ES Apr 10 M-F \$110

## Draw, Paint, Create! Animal Art with Nina Lagervall

Enjoy learning from an accomplished watercolor artist (B.F.A. in Sculpture, M.A. in Art History, member of the Baltimore Watercolor Society). Ms. Lagervall teaches all levels new skills with an emphasis on self-expression, creativity and fun. Create animal-themed art using paints, markers, oil pastels and relief sculpture. Projects range from Australian Aboriginal dot paintings, a Mexican folk art, and a slinky lizard sculpture. \$18 materials fee due at first class, payable to Nina Lagervall. Please send a note with your child each day they participate. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades 1-5 Classes: 6

RP0135.301 St. John's Lane ES May 2 3:20-4:20pm Tu \$90

#### **Dance**

#### Movement for Boys by Kinetics Dance Theatre

Boys, this creative, dance class is designed to introduce you to movement and dance in a fun and structured environment. Class incorporates many of the components of dance, including space, rhythm, body awareness, and more! All children under the age of 8, you must have a parent/guardian on the premises while you are in class. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

4-6 yrs Classes: 5

RP1013.301 Kinetics Dance Theatre Apr 18 4:45-5:30pm Tu \$45 4-6 yrs Classes: 6

RP1013.401 Kinetics Dance Theatre Jul 11 4:45-5:30pm Tu \$55

## Rhythm & Moves for Boys by Kinetics Dance Theatre

Discover tempo, patterns and syncopation through tap and jazz movements. Groove to the music and learn about rhythm. This is a beginner-level class. No experience required. Wear comfortable clothing; tap and jazz shoes recommended. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

4-7 yrs Classes: 5

RP1012.301 Kinetics Dance Theatre Apr 19 10-11am W \$59

#### Beginning: Rhythm & Steps

Dance with scarves to the music of your favorite princesses. This class combines basic ballet steps with the imagination of creative movement and helps young dancers establish basic skills in locomotion, imagination and music appreciation. Leotard, tights and leather ballet shoes (no satin slippers) required. Bring a reusable water bottle. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

5-7 yrs Classes: 8

RP1001.301 Misako Ballet Studio Apr 21 4:45-5:30pm F \$8: RP1001.311 Misako Ballet Studio Apr 20 5:15-6:15pm Th \$8:

#### All That Jazz & Tap by Kinetics Dance Theatre

Discover tempo, balance, strength, and style through beginning tap and jazz dance technique. Groove to the music while learning about rhythm in this beginner-level class that balances fun with learning. This is a co-ed class. No experience is required. Wear comfortable clothing; tap and jazz shoes required. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

6-8 yrs Classes: 5

RP1026.301 Kinetics Dance Theatre Apr 23 1-2pm Su \$59

#### Back Beats with Nysia Carter

This fast-paced, high-energy, hip-hop class emphasizes body isolation movements, intricate rhythms and individual expression. Come learn basic hip-hop, popping and break dancing techniques to develop your own unique style. Wear comfortable clothes. Sneakers required. (No class 5/20.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

7-10 yrs Classes: 6

RP1020.301 Roger Carter Comm Ctr Apr 22 3:30-4:30pm Sa \$69

## Let's Dance! Spring Break Camp with Nysia Carter

Dancers, explore creative movement in a variety of dance styles from jazz, hip hop, contemporary, improvisation, and more! Learn routines; make new friends; and create a craft while learning about creativity, coordination and body movement. This camp is a perfect introduction to a variety of dance styles. Nut-free snack and a drink are provided, please bring a nut-free bagged lunch. There is a short showcase on the last day. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

7-12 yrs Classes: 5

RP1020.301 Dance Solutions Apr 10 9:30am-2pm M-F \$235

#### Hip-Hop I & II Kinetics Dance Theatre

Learn dance techniques to popular hip-hop music in this high-energy class. Begin by performing body isolations, move along to various jazz combinations across the floor and conclude by learning segments of a longer dance each week. This class is for both beginner and intermediate hip-hop dancers. Wear comfortable clothing, jazz shoes or sneakers required. Teacher: CJ Cunningham. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov . Registration: 410-313-7275.

<u>8-12 yrs Classes: 6</u>

RP1015.401 Kinetics Dance Theatre Jul 11 5:30-6:30pm Tu \$69 RP1015.402 Kinetics Dance Theatre Jul 7 5:30-6:30pm F \$69



Learn about the history of Howard County at historic sites around the county at various Home School History Days.

### **Home School**

#### Archaeological Lab Day

Your home school group is invited to join the Heritage Program staff and gain exclusive access to real artifacts from local historic sites. Clean, photograph, catalog and preserve different types of historical artifacts like archaeologists and museum curators. Uncover truths about daily life of people of the past and help us protect these treasures of our local heritage. Bring a nut free snack and reusable water bottle. Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

9-1	13	yrs
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RP9985.301	Heritage Program Office	Apr 12	10am-noon	W	\$15	
RP9985.302	Heritage Program Office	Apr 19	10am-noon	W	\$15	
RP9985.303	Heritage Program Office	May 10	10am-noon	W	\$15	
RP9985 304	Heritage Program Office	May 17	10am-noon	W	\$15	

#### Home School History Day

Immerse yourself in the history of Howard County! What was it like to be a student at the Patapsco Female Institute? How do archaeologists unearth artifacts? What can we learn from old buildings? Get a special access to Howard County owned historic sites, meet with real archaeologists and preservationists, and practice your historical sleuthing skills. Explore these local sites while you discover what it takes to interpret the past. Bring a nut-free snack and a reusable water bottle. For customized program options or more information on this series, please contact: Jaimie Wilder,

410-313-0419 or jwilder@howardcountymd.gov.

9-1	2	у	rs
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<u>9-12 yrs</u>						
RP9977.301	Belmont	Apr 5	10am-noon	W	\$8	
RP9977.302	Belmont	May 3	10am-noon	W	\$8	
RP9977.303	Belmont	Jun 7	10am-noon	W	\$8	
RP9977.304	Patapsco Female Inst	Apr 6	10am-noon	Th	\$8	
RP9977.305	Patapsco Female Inst	May 4	10am-noon	Th	\$8	
RP9977.306	Patapsco Female Inst	Jun 1	10am-noon	Th	\$8	
RP9977.307	Mt Ida Mansion	Apr 7	10am-noon	F	\$8	
RP9977.308	Mt Ida Mansion	May 5	10am-noon	F	\$8	
RP9977.309	Mt Ida Mansion	Jun 2	10am-noon	F	\$8	



Immerse your child in a new culture and language after school.

Home School Musical Theatre by Drama Learning Center Page 42 Introduction to Flintknapping Page 49 Pre-Home School Classes 2017-2018 Page 25 Home School Classes 2017-18 Page 25 Home School Parent-Guided Workshop Page 25 Home School Gym Class Page 85

### Language

#### Spanish After School

Learn a new language, explore a new culture and some traditions where Spanish is spoken. Learning is enhanced by playing games, singing songs, reading poems, creating crafts and other hands-on activities. Classes are taught by native speakers who are not only experienced teachers, but also engaging, fun and motivating. (No class 5/19.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-5	Classes: 7				
RP3301.301	llchester ES	Apr 10	4-5pm	M	\$125
Grades K-5	Classes: 8				
RP3301.311	Hammond ES	Apr 12	3:40-4:40pm	W	\$139
Grades K-5	Classes: 9				
RP3301.321	Northfield ES	Apr 11	3:20-4:20pm	Tu	\$159
RP3301.322	Gorman Crossing ES	Apr 12	4-5pm	W	\$159
DD2201 222	Lichon ES	Apr 1/	2.15 1.15nm	Е	¢150

### Passport to China After School **flickr**

This popular, after-school program gives you the chance to learn Chinese in an immersion environment, yet in a fun and efficient way. Enjoy an introduction to the geography, history, culture, and language of China. Classes also cover basic conversational language, abacus math skills, and native music and song! Experiment with different crafts such as paper cutting (Jianzhi), paper folding (Origami), and the art of calligraphy (Shufa). Classes are taught by specially trained Academy of Excellence instructors, sponsored by the WeeStar Corporation, a non-profit educational organization focusing on Chinese language teaching and cultural exchange programs. (No class 5/29.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades 1-5 Classes: 8

RP3314.301 Fulton ES \$139

RP3314.302	Pointers Run ES	Apr 20	4-5:30pm	Th	\$139
RP3314.303	St. John's Lane ES	Apr 19	3:20-4:50pm	W	\$139
RP3314.304	Thunder Hill ES	Apr 18	4-5:30pm	Tu	\$139
RP3314.305	Veterans ES	Apr 21	4:05-5:35pm	F	\$139

### **Music & Theater Arts**

#### Music

#### Instrument Explorers Spring Break Camp

Explore different families of instruments and dig into hands-on instrumental fun with Olenka School of Music. Engage in a full range of playful, educational activities including singing, dancing, basic keyboarding, instrument exploration, art, and more. Family and friends are invited to a performance on the final day of camp! (Pack a nut-free snack, lunch, drinks, and a change of clothes each day.) Cash/check for materials due to OSM on the first day of camp. Extended care offered directly through Olenka School of Music. Info: Scott Corning 410-313-4622 or scorning@howardcountymd.gov.

Olenka School of Music Columbia				Classes: 5				
	RP1653.301	3-5 yrs	Apr 10	All Day	9am-4pm	M-F	\$305	
	RP1653.302	3-5 yrs	Apr 10	Morning	9am-noon	M-F	\$195	
	RP1653.303	3-5 yrs	Apr 10	Afternoon	1-4pm	M-F	\$195	
	RP1653.311	6-8 yrs	Apr 10	All Day	9am-4pm	M-F	\$305	
	RP1653.312	6-8 yrs	Apr 10	Morning	9am-noon	M-F	\$195	
	RP1653.313	6-8 yrs	Apr 10	Afternoon	1-4pm	M-F	\$195	

#### Krazy Keyboards

Have tons of fun learning the basics of music theory and keyboarding while dancing, singing, playing rhythm instruments, practicing ear-training, and playing music games designed to teach the fundamentals of the Universal Language of Music. No music experience necessary. Family & friends are invited to a performance on the final day of class. \$30 materials fee per student due at first class. Please complete & sign a participant info form and bring it to the first class (howardcountymd.gov/rap and click on forms). Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

RP0128.4	01 Olen	ka School of Music Ellic	ott City	Classes: 5
3-5 yrs	Jun 21	5:30-6:25pm	W	\$115
3-5 yrs	Aug 2	5:30-6:25pm	W	\$115
6-10 yrs	Jun 21	6:30-7:25pm	W	\$115
6-10 yrs	Aug 2	6:30-7:25pm	W	\$115
RP0128.4	02 Olen	ka School of Music Colu	ımbia	Classes: 5
RP0128.4 3-5 yrs	02 Olen Jun 24	ka School of Music Colu 10:30-11:25am	<u>ımbia</u> Sa	Classes: 5 \$115
3-5 yrs	Jun 24	10:30-11:25am	Sa	\$115

#### Kidz Sing at Olenka School of Music

Does your little singing star love to belt out tunes around the house? This is the perfect class to learn to sing on pitch and develop expressive techniques and begin harmony through a variety of songs, games and movement \$30 materials fee due at the first class. Please complete & sign a participant info form and bring it to the first class (howardcountymd.gov/rap and click on forms). Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

<u>5-8 yrs Clas</u>	sses: <u>5</u>				
RP0124.301	Olenka School of	Apr 17	4:30-5:15pm	М	\$115
	Music Columbia				
RP0124.302	Olenka School of	Apr 23	11:30am-12:15pm	Su	\$115
	Music Ellicott City				
RP0124.401	Olenka School of	Jun 21	5:30-6:15pm	W	\$115
	Music Columbia				
RP0124.402	Olenka School of	Aug 2	5:30-6:15pm	W	\$115
	Music Columbia		·		

#### Learn Now Music After School

Learn Now Music's mission (to create a positive, musical experience for all of our students)! Budding musicians, participate in musical instruction and theory. Enjoy musical games, special extension curriculum based activities, musical listening excerpts, and more! You are able to borrow a rental instrument and materials throughout each session at no cost. A rental agreement must be signed at the first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-5	Classes: 6 \$13	<u>5</u>			
RP3361.301	Poppin' Piano	Thunder Hill ES	Apr 26	4-5pm	W
RP3361.302	Poppin' Piano	St. John's Lane ES	Apr 21	3:35-4:35pm	F
RP3361.303	Poppin' Piano	Pointers Run ES	Apr 27	4-5pm	Th
RP3361.304	Poppin' Piano	Rockburn ES	Apr 24	3:30-4:30pm	Μ
RP3361.305	Poppin' Piano	Waverly ES	Apr 25	3:50-4:50pm	Tu
RP3361.341	Poppin' Piano	Centennial Lane ES	Apr 21	6-7pm	F
RP3361.311	Groovy Guitar	Thunder Hill ES	Apr 26	4-5pm	W
RP3361.312	Groovy Guitar	St. John's Lane ES	Apr 21	3:20-4:20pm	F
RP3361.313	Groovy Guitar	Pointers Run ES	Apr 27	4-5pm	Th
RP3361.314	Groovy Guitar	Rockburn ES	Apr 24	3:30-4:30pm	Μ
RP3361.315	Groovy Guitar	Waverly ES	Apr 25	3:50-4:50pm	Tu
RP3361.342	Groovy Guitar	Centennial Lane ES	Apr 21	6-7pm	F
RP3361.321	Viva Violin	Clarksville ES	Apr 25	4-5pm	Tu
RP3361.322	Viva Violin	Ducketts Lane ES	Apr 26	3:20-4:20pm	W
RP3361.323	Viva Violin	Bellows Spring ES	Apr 26	4-5pm	W
RP3361.324	Viva Violin	Northfield ES	Apr 21	3:30-4:30pm	F
RP3361.325	Viva Violin	Ilchester ES	Apr 27	4-5pm	Th
RP3361.331	Drums	Clarksville ES	Apr 25	4-5pm	Tu
RP3361.332	Drums	Ducketts Lane ES	Apr 26	3:20-4:20pm	W
RP3361.333	Drums	Bellows Spring ES	Apr 26	4-5pm	W
RP3361.334	Drums	Northfield ES	Apr 21	3:30-4:30pm	F
RP3361.335	Drums	Ilchester ES	Apr 27	4-50pm	Th

#### Let There Be Rock! Spring Break Camp

Be a rock star for a week! Learn vocals, guitar, bass and keyboards from real rock musicians. Morning clinics in musicianship, equipment knowledge,marketing and promotion are followed by afternoon lessons and rehearsals. Camp culminates with a live performance on Friday for parents and friends. Guitar and bass students should have electric instruments. Keyboards and drums provided. Drummers, bring drum sticks and practice pad. Supplies and learning books provided. Bring a nut-free lunch and beverage. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov. 6-11 yrs Classes: 5

RP1660.301 The Rock Shop Apr 10 9am-4pm M-F \$299

#### **Rock School**

Beginners and up, learn from professional rock musicians while enhancing memory, self-expression, creativity and self-confidence. Focus on instrument play, music theory and technique. Bring your guitar/bass. Drums are available for use during class. Vocal classes include warm-up/warm-down exercises, proper breathing techniques and singing lessons to help you learn how to properly use your voice when singing. Schedule subject to change, visit www.therockshopmd.com. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

<u>/-10 yrs                                   </u>						
RP1037.301	Drums	Apr 21	6:30-7:30pm	F	\$139	
RP1037.302	Keyboards/Vocals	Apr 21	6:30-7:30pm	F	\$139	
RP1037.303	Bass/Guitar	Apr 21	6:30-7:30pm	F	\$139	

#### Guitar Studio OSM Columbia

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. No previous music experience necessary. You must bring your own guitar. \$30 materials fee due at first class. Please complete & sign a participant info form and bring it to the first class (howardcountymd.gov/rap and click on forms). Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

<u>8-11 yrs</u>	Olenka School	of Music	<u>Columbia</u>	Classes: 5	
RP0125.30	1 8-11 yrs	Apr 18	5:30-6:30p	m Tu	\$115
RP0125.40	1 8-11 yrs	Jun 20	5:30-6:30p	m Tu	\$115
RP0125.40	2 8-11 vrs	Aua 1	5:30-6:30p	m Tu	\$115

#### Intro to Piano

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. Must have access to a keyboard to practice on outside class. Fee includes music book. (No class 5/27.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

<u>8-11 yrs Classes: 7</u> RP0182.301 River Hill HS Apr 29 10-11am Sa \$105

#### Vocal Starz Page 49

#### **Theater**

### Beginning Acting by Drama Learning Center: Itty Bitty Beauty & the Beast

Come sing, dance, act, and work together towards a final performance for family and friends of *Itty Bitty Beauty & the Beast*. Program meets weekly for 6 classes, has two evening dress rehearsals and two weekend final performances. (No class 4/7, 4/8, 4/14, 4/15.) Visit www.howardcountymd.gov/drama for complete schedule of dress rehearsals and performances. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

diades N-Z	Classes. 10				
RP1038.301	Drama Learning Center	Mar 18	9:30-11:30am	Sa	\$245
RP1038.302	Drama Learning Center	Mar 24	5-7pm	F	\$245

### School's Out Drama Workshop by Drama Learning Center

Why sit at home in front of the TV when you're off from school? Join us for a day of drama-themed fun and arts and crafts. Additional sibling discounts apply to phone registration only. Call Drama Learning Center (DLC) 410-997-9352 for before and after-care. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5	Drama Learning	<u>Center</u>			
RP0105.301	Trolls	Apr 17	9am-4pm	М	\$75
RP0105.302	Zootopia	May 19	9am-4pm	F	\$75

#### Spring Break Drama Camp by DLC

Register for one day or the entire week. Focus on a different topic each day for drama-themed fun and arts & crafts. Performances conclude each day and you have an opportunity to show parents and friends what you learned. For before & after-care, call DLC, 410-997-9352. \$350, 1st child; \$125, each additional sibling. \*Sibling discounts apply to phone in registration only. Details & themes: www.howardcountymd.gov/music\_theaterarts. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Apr 10	M-F	\$350
Apr 10	M	\$75
Apr 11	Tu	\$75
Apr 12	W	\$75
	Apr 10 Apr 11	Apr 10 M-F Apr 10 M Apr 11 Tu Apr 12 W



Develop musical skills on the keyboard at Intro to Piano.

RP3338.304	Incredibles Training	Apr 13	Th	\$75
RP3338.305	Marvel Superhero Training	Apr 14	F	\$75
<u>Drama Learnii</u>	ng Center Grades 3-6 9am-4pm			
RP3338.331	Full Week	Apr 10	M-F	\$350
RP3338.311	Power Ranger/Powerpuff Training	Apr 10	M	\$75
RP3338.312	Jedi Training	Apr 11	Tu	\$75
RP3338.313	Teen Titan/Teenage Mutant Ninja Turtles	Apr 12	W	\$75
RP3338.314	Incredibles Training	Apr 13	Th	\$75
RP3338.315	Marvel Superhero Training	Apr 14	F	\$75

## Superheroes On Stage Drama Showcase by Drama Learning Center

Bring a pencil and binder to class. Please also bring a nut-free snack to be eaten while supervised between school dismissal and when class begins. Session culminates in a short showcase performance at the end of the last class, complete with superhero flair! Visit www.howardcountymd.gov/drama for complete schedule. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov

Grades K-5	Classes: 6				
RP1040.301	Clarksville ES	May 4	4-6pm	Th	\$85
RP1040.302	Fulton ES	May 3	4-6pm	W	\$85
RP1040.303	Manor Woods ES	May 3	3:35-5:35pm	W	\$85
RP1040.304	Phelps Luck ES	Apr 18	3:30-5:30pm	Tu	\$85
RP1040.305	St. John's Lane ES	May 3	3:20-5:20pm	W	\$85

## Home School Musical Theatre by Drama Learning Center

"A tale as old as time?" Students, work as a theatrical team to improve your acting, singing, and dancing skills as you rehearse for a production of the classic tale, *Beauty & the Beast, Jr.*! Program meets weekly for 8 classes and concludes with one week of dress rehearsals and two final performances.

\$50 materials fee due at first class, payable to Drama Learning Center. Visit www.howardcountymd.gov/drama for complete schedule of dress rehearsals and performances. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades 2-6	Classes: 15				
RP0114 301	Drama Learning Center	Mar 31	10am-12·30nm	F	\$250

## Production Class: Beauty & the Beast, Jr.! by Drama Learning Center

"Tale as old as time?" Students, work as a theatrical team to improve their acting, singing, and dancing skills as they rehearse for a production of this classic tale. Program meets weekly for 8 classes and concludes with one week of dress rehearsals (5-8:30pm) and two final performances. NOTE: these class sections also have middle school registrants. Please see *Beauty & the Beast Jr.* for 6th-8th grades' registration listed in Tweens/Teens.

\$50 materials fee due at first class, payable to Drama Learning Center. Visit www.howardcountymd.gov/drama for complete schedule of dress rehearsals and performances. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades	3-5	Classes: 15

RP1043.301	Drama Learning Center	Mar 14	5-7:30pm	Tu	\$300
RP1043.302	Drama Learning Center	Mar 15	5-7:30pm	W	\$300
RP1043.303	Drama Learning Center	Mar 24	5-7pm	F	\$300

## **Personal Development**

#### A Stitch in Time: Wearable Art Workshop

Have you ever wondered what it was like to have to sew all your own clothing? In this five-day workshop you can do just that while learning about traditional hand-sewing as it has come down through the ages. There was a time when you could not just go to the store and people had to sew and design their own clothes. Practice threading a needle along with some practical sewing stitches, and even how to sew on a button! After gaining experience on how to hand stitch we'll make a pin cushion for your sewing kit and have fun sewing some fashionable items for you to take home and wear anytime! \$25 materials fee due on day of class. Bring a nut free snack and beverage each day. Info: Caitlin Chamberlain, 410-313-0420 or cchamberlain@howardcountymd.gov.

<u>9-12 yrs</u>	Ellicott Cit	<u>y Colored Scho</u>	<u>ol Resto</u>	red	Classes: 5
RP9089 30	1 Jul 10	9am-noon	M-F	\$65	

#### An Evening of Etiquette & Dining

Good manners are required in all aspects of life. Etiquette topics include proper handshakes, greetings and the history of why and how we eat. This program includes how to set a simple or formal table and how to identify the various utensils when eating, resting and finishing, and what to do with your napkin at the beginning, middle and end of the meal. Designed for parents, grandparents, children, and teens this program is fun for all ages! Dinner held at The Kings Contrivance Restaurant. This class includes a four-course meal. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov. 7-11 yrs

RP3337.301 Kings Contrivance Restaurant Apr 21 6-8pm F \$85

#### P.E.T. Club Kid Empowerment

Empowering you to successfully navigate life's inevitable challenges is our mission! Through a variety of engaging games, activities and motivational cartoon lessons, this fun and entertaining program helps you build and use your inner strength to create Positive Empowering Thoughts (PETs) that help "smash" Automatic Non-supportive Thoughts (ANTs). Valuable skills for a lifetime! New and continuing students welcome - different topics each session. Please bring a nut-free snack to be eaten while supervised between school dismissal and when class begins. Classes are now 1½ hours! New as of winter 2016, the materials fee is now included in registration. Free, animated lessons and more for at-home use is also included! (No class 4/7, 4/10 - 4/17, 5/19.) Info: www.SmashingANTs.com or Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grad	les 2	!-3	Cla	isses:	<u>6</u>

RP3333.301	Bellows Spring ES	Mar 27	4:05-5:35pm	М	\$159
RP3333.302	Clemens Crossing ES	Mar 27	3:50-5:20pm	M	\$159
BD3333 3U3	Dayton Oaks FS	Mar 28	3·/10_5·10nm	Tu	¢150



Practice good manners at An Evening of Etiquette & Dining.

RP3333.304	Ducketts Lane ES	Mar 29	3:30-5pm	W	\$159
RP3333.305	Elkridge ES	Mar 30	4:05-5:35pm	Th	\$159
RP3333.306	Forest Ridge ES	Mar 28	3:55-5:25pm	Tu	\$159
RP3333.307	Gorman Crossing ES	Mar 31	4:05-5:35pm	F	\$159
RP3333.308	<b>Hollifield Station ES</b>	Mar 29	3:25-4:55pm	W	\$159
RP3333.309	llchester ES	Mar 29	4:05-5:35pm	W	\$159
RP3333.310	Manor Woods ES	Mar 29	3:25-4:55pm	W	\$159
RP3333.311	Pointers Run ES	Mar 31	4:05-5:35pm	F	\$159
RP3333.312	Rockburn ES	Mar 31	3:30-5pm	F	\$159
RP3333.313	St. John's Lane ES	Mar 30	3:25-4:55pm	Th	\$159
RP3333.314	Talbott Springs ES	Mar 31	3:20-4:50pm	F	\$159
RP3333.315	Veterans ES	Mar 30	4:05-5:35pm	Th	\$159
RP3333.316	Waterloo ES	Mar 28	4:05-5:35pm	Tu	\$159
RP3333.317	Waverly ES	Mar 28	3:55-5:25pm	Tu	\$159

## **Science and Technology**

## Bricks4Kidz LEGO® After School Everglades/Life Science

This 6-class session covers both topics - Exploring the Everglades and Life Science! Everglades: Build an alligator with a mouth that opens and closes, an airboat to speed across the water, a bird with wings that flap and imagine yourself on a journey through the Everglades! This unique and fragile ecosystem is the only sub-tropical preserve in North America, and you learn what makes it a special place, without the mosquito bites! Also learn why mosquitos are actually very important pests! Shrink down to mini-figure size and climb aboard our LEGO® airboat tour through one of our country's largest national parks! Life Science: Explore the fascinating science of living things while building models of creatures from caterpillars to dinosaurs! Topics include: how the human body stays cool, the amazing life cycle of a butterfly, and the Venus Fly Trap - a plant that eats bugs! If you love creatures - this class is for you! Bricks4Kidz is a STEM-based program that teaches science and technology concepts using LEGO® bricks. (No class 5/19, 5/29.) Info: www.bricks4kidz.com/ellicottcity-md, or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-5	Classes: 6				
RP3329.301	Atholton ES	Apr 21	3:50-4:50pm	F	\$99
RP3329.302	Bellows Spring ES	Apr 20	4-5pm	Th	\$99
RP3329.303	Centennial Lane ES	Apr 19	3:15-4:15pm	W	\$99
RP3329.304	Ilchester ES	Apr 18	4-5pm	Tu	\$99
RP3329.305	Manor Woods ES	Apr 24	3:30-4:30pm	Μ	\$99
RP3329.306	Northfield ES	Apr 24	3:30-4:30pm	M	\$99
RP3329.307	Waverly ES	Apr 20	3:50-4:50pm	Th	\$99



Explore new structures and models at a Bricks4Kidz LEGO class.

#### Bricks4Kidz LEGO After School Laws of Motion

We doubt you'll "stay at rest" with these challenging projects designed to accelerate the learning with the force of fun! Test some of Newton's Laws Of Motion with models that illustrate the concepts of inertia, force, mass, acceleration and the observation that "every action has an equal and opposite reaction." Launch paper footballs at targets with the catapult model, give your mini-figures a ride on motorized see-saw and swing-o-rama rides, and build a clock model. Bricks4Kidz is a STEM-based program using LEGO bricks. (No class 5/29.) Info: www.bricks4kidz.com/clarksville or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-5 Classes: 6

RP3379.301 Bollman Bridge ES Apr 24 3:10-4:10pm M \$99

## Bricks4Kidz LEGO® After School Transportation/Wheels

This 6-class session covers both topics - Transportation Timeline and Wheels in Motion! Transportation: If you like planes, trains and automobiles, then this class is for you! Build motorized models of a dragster, a railroad crossing gate, an airplane and more! Explore the history of transportation from horse and buggy and trains to the development of the automobile and flight. Take your mini-figure for a ride on these vehicles and customize it to your own specifications! Wheels In Motion: These wheels are ready to roll! Come use LEGO® bricks, axles, pulleys, gears, motors and more to build a variety of models on wheels! Models include fire engine, delivery truck, rescue robot and K-9 bot. Race against your friends using remote controls while exploring concepts of speed and force. Bricks4Kidz is a STEM-based program using LEGO® bricks. Info: www.bricks4kidz.com/ellicottcity-md, or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-5	Classes: 6				
RP3329.311	Clemens Crossing ES	Apr 20	3:50-4:50pm	Th	\$99
RP3329.312	Deep Run ES	Apr 19	4-5pm	W	\$99
RP3329.313	Elkridge ES	Apr 18	4-5pm	Tu	\$99
RP3329.314	<b>Hollifield Station ES</b>	Apr 24	3:20-4:20pm	M	\$99
RP3329.315	Rockburn ES	Apr 19	3:25-4:25pm	W	\$99
RP3329.316	St. John's Lane ES	Apr 18	3:20-4:20pm	Tu	\$99
RP3329.317	Swansfield ES	Apr 20	3:20-4:20pm	Th	\$99
RP3329.318	Thunder Hill ES	Apr 21	4-5pm	F	\$99
RP3329.319	Triadelphia Ridge ES	Apr 21	3:30-4:30pm	F	\$99
RP3329.320	Waterloo ES	Apr 21	4-5pm	F	\$99

#### Bricks4Kidz LEGO® Schools Out Programs

School is out and we're open for play! Topics vary each day and include the popular LEGO® themes of: Mining & Crafting; Brick Space Wars; Amusement Park Creators; Crazy Brick Critters; Pocket Brick Monsters. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

5-11 yrs Ro	ger Carter Comm Ctr All	Day			
RP3369.301	Pocket Brick Monsters	Apr 17	8:30am-5pm	М	\$95
RP3369.302	Mining & Crafting	May 19	8:30am-5pm	F	\$95
RP3369.303	Brick Space Wars	Jun 14	8:30am-5pm	W	\$95
RP3369.304	Amusement Pk	Jun 15	8:30am-5pm	Th	\$95
RP3369.305	Crazy Brick Critters	Jun 16	8:30am-5pm	F	\$95
5-11 yrs Ro	ger Carter Comm Ctr Mo	orning			
RP3369.311	Pocket Brick Monsters	Apr 17	8:30am-12:30pm	M	\$49
RP3369.312	Mining & Crafting	May 19	8:30am-12:30pm	F	\$49
RP3369.313	Brick Space Wars	Jun 14	8:30am-12:30pm	W	\$49
RP3369.314	Amusement Pk	Jun 15	8:30am-12:30pm	Th	\$49
RP3369.315	Crazy Brick Critters	Jun 16	8:30am-12:30pm	F	\$95
5-11 yrs Ro	ger Carter Comm Ctr Aft	ernoon			
RP3369.321	Pocket Brick Monsters	Apr 17	1-5pm	M	\$49
RP3369.322	Mining & Crafting	May 19	1-5pm	F	\$49
RP3369.323	Brick Space Wars	Jun 14	1-5pm	W	\$49
RP3369.324	Amusement Pk	Jun 15	1-5pm	Th	\$49
RP3369.325	Crazy Brick Critters	Jun 16	1-5pm	F	\$95

#### Bricks4Kidz LEGO® Spring Break Camp

School is out for Spring Break, so play with LEGO®! Topics vary for each day and include the popular LEGO® themes of - Bat League: Heroes & Villains; Despicable Brick Minion Madness; Mining & Crafting; Wizards & Muggles; Brick Explorers. Girls — you can also sign up for the Bricks4Girlz "Girls Only" Camp! Activities take place indoors. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

<u>5-11 yrs Ve</u>	<u>terans ES</u>				
RP1715.301	Brick-a-Palooza	Apr 10	8:30am-5pm	M-F	\$369
RP1715.311	Brick-a-Palooza	Apr 10	8:30am-12:30pm	M-F	\$189
RP1715.321	Brick-a-Palooza	Apr 10	1-5pm	M-F	\$189
RP1715.331	Bat League	Apr 10	8:30am-5pm	M	\$189
RP1715.332	Minion Madness	Apr 11	8:30am-5pm	Tu	\$189
RP1715.333	Mining & Crafting	Apr 12	8:30am-5pm	W	\$189
RP1715.334	Wizards & Muggles	Apr 13	8:30am-5pm	Th	\$189
RP1715.335	Brick Explorers	Apr 14	8:30am-5pm	F	\$189
<u>5-11 yrs Ve</u>	terans ES				
RP1715.381	Bricks4Girlz	Apr 10	8:30am-5pm	M	\$189
RP1715.382	Bricks4Girlz	Apr 11	8:30am-5pm	Tu	\$189
RP1715.383	Bricks4Girlz	Apr 12	8:30am-5pm	W	\$189
RP1715.384	Bricks4Girlz	Apr 13	8:30am-5pm	Th	\$189
RP1715.385	Bricks4Girlz	Apr 14	8:30am-5pm	F	\$189
<u>5-11 yrs Ve</u>	terans ES Classes: 5				
RP1715.351	Bricks4Girlz	Apr 10	8:30am-5pm	M-F	\$369
RP1715.361	Bricks4Girlz	Apr 10	8:30am-12:30pm	M-F	\$189
RP1715.371	Bricks4Girlz	Apr 10	1-5pm	M-F	\$189

#### NEW! Intro to STEM with LEGO® 3 After School

Let your imagination run wild with tens of thousands of LEGO® bricks! Build engineer-designed projects such as Trains, Helicopters, Treehouses and Beam Bridges. Then use special pieces to create your own unique design New and returning students can explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. Sessions 1 and 2 are not prerequisites for Session 3. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-2	Classes: 8		,		,
RP3371.301	Clarksville ES	Apr 20	4-5:30pm	Th	\$159
RP3371.302	Northfield FS	Apr 18	3:30-5pm	Tu	\$159



Young Jedi design and build models to defeat the Empire!



Use your engineering skills to build and control a robot at Robot Rumble After School.

#### NEW! JEDI Engineering with LEGO® Before School **flick**r

The Force awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO® X-wings, R2 units, energy catapults, defense turrets and settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire! Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-2 Classes: 8

RP3380.301 Pointers Run ES Apr 18 8:10-9:10am Tu \$129 RP3380.302 Waverly ES Apr 20 8am-9am Th \$129

## NEW! LEGO® Engineering School's Out Workshop

Power up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® bricks! Apply real-world concepts in physics, engineering and architecture through engineer-designed projects such as archbridges, skyscrapers, motorized cars and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor challenges new and returning students to engineer at the next level. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-3

RP3366.301 Schooley Mill Pk Apr 17 9am-noon M \$35 RP3366.302 Kiwanis Wallas Hall May 19 9am-noon F \$35

## NEW! Robot Rumble After School with Club SciKid

Have you ever wondered how robots think? With Robot Rumble, students become an engineer and learn the true definition of a robot. Learn how programming is used to control robotic functions when you build and program simple robots. Robots come home with students! (No class 5/19, 5/29.) Info: www.clubscikidz.com or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-3 Classes: 6

RP3301.301	Dayton Oaks ES	Apr 21	3:35-4:50pm	F	\$119
RP3345.302	Forest Ridge ES	Apr 26	3:50-5:05pm	W	\$119
RP3345.303	Fulton ES	Apr 27	4-5:15pm	Th	\$119
RP3345.304	Gorman Crossing FS	Apr 24	4-5:15pm	M	\$119

RP3345.305	Hammond ES	Apr 25	3:35-4:50pm	Tu	\$119
RP3345.306	Manor Woods ES	Apr 21	3:30-4:45pm	F	\$119
RP3345.307	Pointers Run ES	Apr 21	4-5:15pm	F	\$119
RP3345.308	West Friendship ES	Apr 27	3:50-5:05pm	Th	\$119

#### Science Club After School with Club SciKidz

Grades K-2: Geology Rocks! Are you a rock hound? Do you love to collect rocks? If so, this is the class for you! In Geology Rocks, discover the science that happens underground while no one is watching, and learn how rocks are formed. Explore geodes and create our own crystals! Get ready to explore the world of high pressure! Grades 3-5: OMGeology! Did you know you could have a rock in your backyard that's older than dinosaurs? An earth scientist's job is to study the planet we live on. Learn about the world we walk on! Find out how rocks can be older than dinosaurs and why geodes come in every color. Learn about the stuff the world is made of and see why Geology rocks! (No class 5/19, 5/29.) Info: www.clubscikidz.com or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

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Grades K-2	Classes: 6					
RP3355.301	Centennial Lane ES	Apr 24	3:15-4:30pm	M	\$119	
RP3355.302	Fulton ES	Apr 21	4-5:15pm	F	\$119	
RP3355.303	Gorman Crossing ES	Apr 21	4-5:15pm	F	\$119	
RP3355.304	Hammond ES	Apr 26	3:30-4:45pm	W	\$119	
RP3355.305	Hollifield Station ES	Apr 26	3:20-4:35pm	W	\$119	
RP3355.306	Lisbon ES	Apr 25	3:15-4:30pm	Tu	\$119	
RP3355.307	Rockburn ES	Apr 27	3:25-4:40pm	Th	\$119	
RP3355.308	St. John's Lane ES	Apr 27	3:20-4:35pm	Th	\$119	
RP3355.309	Triadelphia Ridge ES	Apr 24	3:30-4:45pm	M	\$119	
RP3355.310	Waverly ES	Apr 25	3:50-5:05pm	Tu	\$119	
Grades 3-5	Classes: 6					
RP3355.311	Centennial Lane ES	Apr 24	3:15-4:30pm	M	\$119	
RP3355.312	Fulton ES	Apr 21	4-5:15pm	F	\$119	
RP3355.313	Gorman Crossing ES	Apr 21	4-5:15pm	F	\$119	
RP3355.314	Hammond ES	Apr 26	3:30-4:45pm	W	\$119	
RP3355.315	<b>Hollifield Station ES</b>	Apr 26	3:20-4:35pm	W	\$119	
RP3355.316	Lisbon ES	Apr 25	3:15-4:30pm	Tu	\$119	
RP3355.317	Rockburn ES	Apr 27	3:25-4:40pm	Th	\$119	
RP3355.318	St. John's Lane ES	Apr 27	3:20-4:35pm	Th	\$119	
RP3355.319	Triadelphia Ridge ES	Apr 24	3:30-4:45pm	M	\$119	

RP3355.320 Waverly ES

3:50-5:05pm

\$119

### Minecraft Animation After School with C3 Cyber Club

Do you want to become an animator? Using Mine-imator software, enjoy learning basic animation techniques with Minecraft characters and stages! Expand your observation skills and imagination by studying motion in reality and how it influences motion in animation. Create various short animation exercises and projects by applying basic acting theories and animation principles to scenes they create. (No class 5/19, 5/29.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 1-3	Classes: 6					
RP3328.301	Atholton ES	Apr 20	3:50-4:40pm	Th	\$145	
RP3328.302	Clarksville ES	Apr 21	4-5pm	F	\$145	
RP3328.303	Manor Woods ES	Apr 25	3:30-4:30pm	Tu	\$145	
RP3328.304	Pointers RunES	Apr 19	4-5pm	W	\$145	
RP3328.305	West Friendship ES	Apr 24	3:50-4:40pm	M	\$145	
Grades 4-5	Classes: 6					
RP3328.311	Centennial Lane ES	Apr 21	3:15-4:15pm	F	\$145	
002220 212						
RP3328.312	Clemens Crossing ES	Apr 25	3:50-4:50pm	Tu	\$145	
RP3328.312	Clemens Crossing ES Hammond ES	Apr 25 Apr 24	3:50-4:50pm 3:35-4:35pm	Tu M	\$145 \$145	
	,		•			
RP3328.313	Hammond ES	Apr 24	3:35-4:35pm	М	\$145	

### Minecraft Programming After School with C3 Cyber Club

Looking for a fun way to learn programming? How about using a game you love. Using a custom mod called "Computercraft," learn how to program robots called "turtles" inside the world of Minecraft. Use problem-solving skills by learning how to program your robot to complete various tasks and objectives such as programming turtles to automatically build, mine and craft items and structures. Learn to program if-then-else statements, for while loops, and implement their own functions using LUA, a simple scripting language. (No class 5/19, 5/29.) Info: Adam Wienckowski, 410-313-4714 or a wienckowski@howard countymd.gov.

Grades 1-3	Classes: 6				
RP3326.301	Bellows Spring ES	Apr 25	4-5pm	Tu	\$145
RP3326.302	Clemens Crossing ES	Apr 21	3:50-4:50pm	F	\$145
RP3326.303	Forest Ridge ES	Apr 24	3:50-4:50pm	Μ	\$145
RP3326.304	Gorman Crossing ES	Apr 25	4-5pm	Tu	\$145
RP3326.305	Rockburn ES	Apr 24	3:25-4:25pm	Μ	\$145
Grades 4-5	Classes: 6				
RP3326.311	Clarksville ES	Apr 20	4-5pm	Th	\$145
RP3326.312	Elkridge ES	Apr 19	4-5pm	W	\$145
RP3326.313	Northfield ES	Apr 20	3:30-4:30pm	Th	\$145
RP3326.314	Pointers Run ES	Apr 19	4-5pm	W	\$145
RP3326.315	Waverly ES	Apr 21	3:50-4:50pm	F	\$145

### STEM Fundamentals: Mine, Craft, Build with LEGO® Spring Break Camp

#### STEM FUNdamentals with LEGO®

Power on your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Snowmobiles, Towers, Catapults, and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor challenges new and returning students to engineer at the next level. There is no prerequisite for this course. (See next column.)

#### Mine, Craft, Build: Adventure Game LEGO®

Bring Minecraft to life using LEGO®! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items to help in our adventures! Build a Zoo, create a Medieval Castle, and design a

Tree House Village! This LEGO® experience is an original game designed by Play-Well instructors inspired by the popular game, Minecraft. Have a blast, even without any prior experience with Minecraft or LEGO®. Full day camp includes supervised 1-hour lunch period. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 1-4	Schooley Mill Park MP Room	Apr 10-14 Classes	<u>: 5</u>	
RP3376.301	Full Day Camp — both topics	9am-4pm	M-F	\$349
RP3376.311	STEM Fundamentals	9am-noon	M-F	\$179
RP3376.321	Mine, Craft, Build: Adventure Ga	me 1-4pm	M-F	179

### NEW! Amazing 4-in-1 Robot Spring Break Mini-Camp

Build your own interchangeable robot to take home with four unique modes. It is truly a four-in-one motorized robot kit. Learn how the different gears work as you are building. Build the Cricket--a joy on six legs. Build the Beast, a master of bi-pedal movement. Build the Trailer--the little engine that could move forward thanks to its motorized transmission. Best of all, build Grandpa-Bot Robot. It has huge eyes and is everyones favorite bobble-headed, gear driven family member. It is easy transforming between the four modes. Gain confidence, self esteem, and celebrate as you are the architect that built it. Plus have fun building a wide range of additional robotic designs with the Robotic Building System--Sumo wrestling matches, races and much more. Robots built in this portion of the workshop are not taken home. Have fun, learn, and have hands on experience the Sciensational way! Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

7-11 yrs Classes: 2

RP.3305.301 Roger Carter Comm Ctr Apr 12 9am-4:30pm W-Th \$185

### Creative Engineering Spring Break Mini-Camp

Design and build simple or complex models of a vehicle, robot or building. Work with an advanced, 3-D construction kit and 3-volt geared motor that is yours to keep and take home. Learn the many ways you can make your motor run, including for a moveable radar surveyor. This fully hands-on workshop relies on you to build from directions, or use your imagination to create something new! Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

7-12 yrs Classes: 2 RP3304.301 Roger Carter Comm Ctr Apr 10 9am-4:30pm M-Tu \$185

### NEW! Go Green w/Robotics After School with Club SciKidz

Learn learn how to create robots with natural energy! The future of technology is starting to be powered by eco-friendly sources. Learn how robots can be powered by sources such as salt water, solar energy or wind power! Engineers build and take home a green energy robot! Info: www.clubscikidz.com or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 3-5	Classes: 6				
RP3346.301	Dayton Oaks ES	Apr 27	3:35-4:50pm	Th	\$119
RP3346.302	Fulton ES	Apr 25	4-5:15pm	Tu	\$119
RP3346.303	Gorman Crossing ES	Apr 27	4-5:15pm	Th	\$119
RP3346.304	Lisbon ES	Apr 26	3:15-4:30pm	W	\$119
RP3346.305	Pointers Run ES	Apr 24	4-5:15pm	М	\$119
RP3346.306	St. John's Lane ES	Apr 21	3:20-4:35pm	F	\$119

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.















Comics Unleashed teaches you comic book design.

## Teens & Tweens (11-18 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical.

Adventure & Outdoors Page 18

Nature & Environment Page 23

### **Crafts & Fine Arts**

Anime & Manga: Styles of Classic Mangaka Appealing to readers of all ages and backgrounds, "manga" (Japanese comics) is the world's most versatile and influential form of sequential art. Beginners and veteran artists, learn what techniques make manga so popular and how to incorporate them into their drawing. Supplies included, but you are encouraged to bring your own sketchbook. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 4

RP2855.301 Wilde Lake MS Apr 6 6:30-8pm Th \$59

#### Comics Unleashed

Explore comic book design and learn basic drawing techniques, character design, page composition, layout, penciling and inking. Explore a variety of comic genres including Manga, Indie, and graphic novels. Please wear comfortable clothing you don't mind getting dirty. You are encouraged to bring a sketchbook for class and at-home practice. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 5

RP2854.301 Harper's Choice MS May 4 6:30-8pm Th \$59

#### **Jewelry Design**

Design your own jewelry using professional tools and supplies. Classes include bead stringing, crimping, wire wrapping, bead weaving and bead making. Beads and tools provided. Register for all three classes and receive 10% registration discount (must register by phone for discount). Materials fee of \$10.00 is due at first class. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Roger Carter Comm Ctr

RP2852.301	Earrings	Apr 29	10am-noon	Sa	\$15
RP2852.302	Bracelets	May 6	10am-noon	Sa	\$15
RP2852.303	Necklaces	May 13	10am-noon	Sa	\$15

#### Painting for Teens

Work in acrylics to learn or master color mixing, brush work and how to "build" a painting rich with texture and color. The instructor does a demonstration painting each week and works with you one-on-one. Previous experience not necessary. Materials included. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 5

RP2853.301 N Laurel Comm Ctr Apr 22 10:30am-noon Sa \$85

#### **Dance**

#### Hip Hop Dance with Nysia Carter

During this fast-paced, high-energy class, focus on choreography, perfect your skills and learn hip-hop, popping and break dancing techniques. With an easy-to-follow breakdown of the basic moves, learn how to put various steps together that allow you to step comfortably onto a dance floor at any event. Wear comfortable clothes; jazz shoes or sneakers required. (No class 5/20.) Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

11-17 yrs Classes: 6

RP2857.301 Roger Carter Comm Ctr Apr 22 5-6pm Sa \$79

# **Enrichment & Personal Development**

#### **Beauty**

#### Makeup Mastery

Learn to apply your make up perfectly and master the art of enhancing your natural beauty! Gain insight on makeup products and what colors and shades suit you best. Curriculum focuses on advanced techniques for applying makeup including highlighting, contouring, eyebrow shaping, eye shadow placement, and more! Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs

RP2869.301 Ellicott Mills MS Apr 27 6:30-8:30pm Th \$35



Howard County Teen Clubs develop your leadership, networking and marketing skills.

#### Nail Art Design

Learn an exciting new way to brighten up everyday appearances or embellish a special occasion outfit using nail art. Nail art is the practice of painting decorative designs on your fingernails. In this exciting new class, create your own nail designs using media such as rhinestones, pearls, striping tape, studs and more. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 2

RP2866.301 Thomas Viaduct MS May 3 6:30-8:30pm W \$65

#### Skin Care Fundamentals

Pre-teens and teens, learn about proper skin care and helpful tips to preserve your skin! Participants perform and receive a basic facial using mild skin care products. Please bring along your favorite cozy pillow and blanket to create a relaxing atmosphere! Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 1

RP2864.301 Harper's Choice MS May 16 6:30-8:30pm Tu \$35

#### **Fitness**

Teen Yoga with Rachel Wolfe Page 64

#### **Job Skills**

#### **Babysitting Fundamentals**

This babysitter training course emphasizes child development, safety, security, first aid, understanding, patience, and other necessary skills. Class includes introduction to hands-only CPR & AED, but does not include CPR certification. Registrants must be at least 11 years old by the first class. Receive a certificate upon course completion. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-14 yrs Classes: 2

RP2862.301 Lake Elkhorn MS May 10 5:30-7:30pm W \$69

#### Gain the Competitive Edge

Opportunities abound for those who demonstrate highly effective communication and social skills. Whether in the classroom, on the job, preparing for college, or getting ready for an interview, it's important

for people to distinguish themselves from the rest of the pack. Discover the secrets to success. Wednesday: Learn about first impressions, image, dress, professionalism, nonverbal communication, listening, conversation, electronic etiquette & telephone. Thursday: interviewing and resume building, public speaking, dining skills & thank-you notes. Bring a reusable water bottle. Fee includes a snack. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

Grades 9-12 Roger Carter Comm Ctr

RP1791.401 Aug 23 5:30-8:30pm W \$65 RP1791.402 Aug 24 5:30-8:30pm Th \$65

### Leadership

#### Teen Clubs

Join a diverse group of teens! Develop leadership skills, participate in service projects and help support special events in your community and around the county. Monthly meetings include dinner, a dynamic leadership activity and conclude with a work session where you can get creative! Earn service-learning hours at the meetings and events. Attend four or more meetings and receive a free center membership. Info: Ovan Shortt, 410-313-4648 or oshortt@howardcountymd.gov.

11-16 yrs First Friday of the month

RP2880.301 Roger Carter Comm Ctr 4-5:30pm F Free

11-16 yrs Second Friday of the month

RP2880.302 Gary J Arthur Comm Ctr 3:30-5pm F Free

11-16 yrs Third Friday of the month

RP2880.303 N Laurel Comm Ctr 4:30-6pm F Free

#### **Personal Development**

## Modeling School: Commercial Acting and Modeling

Join Sean Gibson, a former National Modeling Agency Director, National Modeling School Instructor and current scout of Model Citizens Models, LLC for this workshop designed to teach you the skills needed to enter the modeling industry. Train on the skills needed to successfully model in catalogues, cosmetics advertisements, television commercials, magazine advertisements, newspaper advertisements and billboards, just to name a few. The class also focuses on personality development, confidence, interviewing skills, auditioning, goal-setting, public speaking techniques and more! Not planning to be a model? How about having the confidence of a MODEL? Perform a monologue or commercial in the graduation event. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov or Sean@teenfashionshow.com.

11-17 yrs Classes: 5

RP2867.301 N Laurel Comm Ctr Apr 22 11am-1:30pm Sa \$79 RP2867.302 N Laurel Comm Ctr Jul 8 11am-1:30pm Sa \$79

#### An Evening of Etiquette & Dining

Good manners are required in all aspects of life. Etiquette topics include proper handshaking, greetings and the history of why and how we eat. This program includes how to set a simple or formal table and how to identify the various utensils when eating, resting and finishing, and what to do with your napkin at the beginning, middle and end of the meal. Designed for parents, grandparents, children and teens this program is fun for all ages! Dinner held at The Kings Contrivance Restaurant. This class includes a four-course meal. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11 yrs +

RP2865.301 Kings Contrivance Restaurant Apr 21 6-8pm F \$8



Guitar Studio teaches warm-ups and finger exercises to apply to any song.

## **Home School**

#### Introduction to Flintknapping

The art of making stone tools, or flintknapping, is a skill that traces back millions of years to the first humans. Stone arrowheads, spear points, knives, awls, and axes were all essential to the survival of past people. Learn how these people shaped their most abundant resource to make life easier and apply basic flintknapping techniques to make your own stone tool. Bring a nut free snack and reusable water bottle. Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov

RP9986.301	Patapsco Female Institute	Apr 26	10am-noon	W	\$26	
RP9986.302	Patapsco Female Institute	May 16	10am-noon	Tu	\$26	
RP9986.303	Patapsco Female Institute	Jun 14	10am-noon	W	\$26	
RP9986.304	Patapsco Female Institute	Aug 16	10am-noon	W	\$26	

## **Music & Theater Arts**

#### Music

#### Guitar Studio flickr

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. Prior music knowledge is not necessary. Students must bring their own guitar. Students will showcase their skills at a performance on the final week of class. \$30 materials fee per student due upon registration. Contact OSM at 410-309-0770 to rent a guitar for this class. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-14 yrs	Olenka School	of Music Columbia	Clas	ses: 5
RP2873 301	Anr 18	5:30-6:30nm	Tu	\$130

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RP2873.302	Jun 20	5:30-6:30pm	Tu	\$130
RP2873.303	Aua 1	5:30-6:30pm	Tu	\$130

#### Intro to Piano

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. Must have access to a keyboard to practice on outside class. (No class 5/27.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 7

RP2872.301 River Hill HS Apr 29 Noon-1pm Sa \$105

#### Piano II

Build on the piano skills learned in the Intro to Piano class in this next step class! Gain confidence, develop and learn new piano methods and techniques. You should have access to a keyboard to practice outside. Prerequisite: Intro to Piano. Intro to Piano students should bring book from previous class. Those without a book may purchase one at the first class for \$15. (No class 5/27.) Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

11-18 yrs Classes: 7

RP2872.302 River Hill HS Apr 29 2-3pm Sa \$105

#### Rock School -

#### Drums, Keyboard/Vocals, Bass/Guitar

Are you ready to rock? Beginners and up, learn from professional working rock musicians while enhancing memory, self-expression, creativity and self-confidence. Instrumental sessions focus on instrument play, music theory and technique. Vocals class includes warm-up/warm-down exercises, proper breathing techniques and singing lessons to help you learn how to properly use your voice when singing. Bring your guitar/bass. Drums are available for use during class. Class runs concurrently with youth class. Schedule subject to change, visit www.therockshopmd.com. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

1-17 vrs	Classes: 5	The Rock Shop	

RP2871.301	Drums	Apr 21	6:30-7:30pm	F	\$139
RP2871.302	Keyboard/Vocals	Apr 21	6:30-7:30pm	F	\$139
RP2871.303	Bass/Guitar	Apr 21	6:30-7:30pm	F	\$139

#### The Rock Shop: Spring Break Camp

Campers, come explore the ins-and-outs of rock and roll. Learn the basics of an instrument of your choice. Learn and perform a rock and roll song with a band. Friends and family are invited Friday evening at 5pm to a performance showcase! Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 5

RP2871.311 The Rock Shop Apr 10 9am-3pm M-F \$299

#### **Vocal Starz**

Aspiring vocal stars, improve your singing skills and ability to sing on pitch. Learn Solfege (do-re-mi), sight reading, vocal exercises and warm-ups, note value, and practice ear training and harmonizing as part of an ensemble. Showcase your skills at a performance on the final week of class. \$30 materials fee per family due upon registration. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

		, ,			
8-10 yrs	Olenka Sch	ool of Music Columb	oia (	Classes: 5	
RP2879.311	Apr 19	6:15-7:15pm	W	\$115	
RP2879.411	Jun 21	6:30-7:30pm	W	\$115	
RP2879.412	2 Aug 2	6:30-7:30pm	W	\$115	
11-14 yrs	Olenka Sc	hool of Music Colum	nbia	Classes: 5	
RP2879.301	Apr 19	5:30-6:30pm	W	\$130	
RP2879.401	Jun 21	6:30-7:30pm	W	\$130	

#### Voice

Do you want to sing like a star? This beginning vocal course teaches you everything you need to know. Learn music theory, vocal techniques, and rhythmic and harmonic reading. Enjoy the spotlight as you perform for an audience and showcase your new talents. No experience necessary! Everyone has a voice, what's yours? (No class 5/27.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 7

RP2890.301 River Hill HS Apr 29 1-2pm Sa \$59



Practice improvisation and responsiveness at Intro to Acting.



Show off your runway walk at the Youth & Teen Fashion Show.

#### **Theater Arts**

#### Acting Up: Intro to Improv

This high-energy class is designed for young actors. Discover the fundamentals of improvisational comedy, improve your storytelling skills, and learn techniques to think quickly on your feet and to be more creative. Through coaching, warm-up exercises, creative performance games, and basic shortform scene-work, learn how to be more spontaneous, work with partners, and have fun in a creative atmosphere. The last class features a showcase sure to be full of laughs. No previous experience necessary. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 5

RP2891.301 Roger Carter Comm Ctr Apr 23 2-4pm Su \$65

#### Intro to Acting

Enjoy an introduction to the concepts crucial to the theatrical arts: self-awareness, observation, improvisation, creative imagination, and story-telling. Move towards building and heightening responsiveness to action and the development of an actor's skills. Students create, stage, and perform their own scenes. Last class features a short performance highlighting each actor. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov. 11-17 yrs Classes: 5

RP2875.201 Roger Carter Comm Ctr Feb 5 2-4pm Su \$65

## NEW! Production Class: Beauty & the Beast Jr. By Drama Learning Center

"Tale as old as time." Come work as a theatrical team to improve your acting, singing, and dancing while rehearsing for a production of this classic take. Program meets weekly for 8 classes and concludes with one week of dress rehearsals (5/21-5/24 from tentatively 5-8pm) and two final performances (5/25 & 5/26). \$50 materials fee due at first class. (No class 4/8, 4/15.) Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

Grades 6-12 Classes: 8

RP2876.301 Drama Learning Center Apr 1 10:30am-1pm Sa \$300

#### **NEW! School's Out Broadway Dance**

Why sit at home in front of the TV when you're off from school? Join us for a day of Broadway Dance to learn popular choreography and dance terminology from some of the most famous Broadway Dance combinations. Register for two sessions the same day at receive \$10 discount on each. Students registered for morning and afternoon sessions are supervised during lunch break. Discount available via phone registration only. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

Grades 6-12 Drama Learning Center

RP28//.301	Chicago	Apr 17	9am-noon	M	\$40
RP2877.302	Chorus Line	Apr 17	1-4pm	М	\$40
RP2877.303	Cabaret	May 19	9am-noon	F	\$40
RP2877.304	West Side Story	May 19	1-4pm	F	\$40

## **School's Out Programs**

#### Teens Day Out: Spring Break Camp

School is closed! Have fun and make new friends in this program created just for middle school students. Our engaged and energetic staff create an environment where everyone is welcome. The morning includes one of several activities to appeal to all teens such as cooking, science projects, team sports, recess games and more! After lunch, travel off-site for a field trip. Trips to Roger Carter Community Center include swimming, gym time, Xbox challenge tournaments and more! You have lots of time to be active, but also time to relax. Bring a non-perishable lunch/drink. Specific information about daily activities are sent one week in advanced. Registration closes April 3. Info: Jennene Blakely, 410-313-1693 or jlblakely@howardcountymd.gov.

Grades 6-8	Rounie Ri	anch MS			Daily Activity	
RP2882.201	Apr 10	8am-6pm	M-Th	\$200		
RP2882.202	Apr 10	8am-6pm	M	\$49	Roger Carter Comm Ctr	
RP2882.203	Apr 11	8am-6pm	Tu	\$59	Bowling & Pizza	
RP2882.204	Apr 12	8am-6pm	W	\$49	Roger Carter Comm Ctr	
RP2882.205	Apr 13	8am-6pm	Th	\$59	Monster Mini Golf	

## **Special Events**

#### Teen Lock-in!

If you like to enjoy a night full of music, games, rock-climbing, swimming, movies, food and more, then this after-hours party is just for you! Bring your sleeping bag and pillow, swimsuit and towel, comfortable clothes and shoes for sports and climbing. All participants must be checked in by 9 pm. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov. 11-15 yrs

RP2985.201 Roger Carter Comm Ctr Mar 17 7pm-9am F \$40

#### Youth & Teen Fashion Show **flickr**

Howard County youth and teens are taking over the catwalk for the 2017 Fashion Show! Join us for fashion, music and more! Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

All ages	N Laurel Comm C	tr \$15 i	n advance, Ş´	<u>19 at the</u>	<u>door</u>
RP2980.2	01 Youth Show	Apr 1	3:30-5pm	Sa	
RP2980 2	02 Teen Show	Anr 1	5·30-7nm	Sa	

## Adults (18 yrs +) **Classes & Activities**

**Adventure & Outdoors** Page 18

Nature & Environment Page 23

## Cooking

• Programs listed in date order.

### **NEW! Chinese Cooking Basics with** Chef Mark Waitsman

Tired of that greasy, Chinese, carry-out food? Learn some tasty recipes that you and the whole family can make together at home with ease. On the menu are Chinese Meat Egg Rolls, Chinese Duck Sauce, a Quick Vegetable Stir-fry with Garlic Brown Sauce, and Perfect Stove-top Jasmine Rice. This class is a must for the Chinese Food Fans! \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs +

RP0502.301 Mt. Hebron HS Apr 19 6:30-9pm W

### **NEW!** Cajun Favorites with Chef Mark Waitsman

The quintessential New Orleans meal includes Chicken, Shrimp and Andouille Gumbo, Perfect Cajun Rice, Cajun Baquette, and a secret recipe for Cajun Seasoning Mix. You don't have to travel to The Big Easy to eat authentic New Orleans quality dishes. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0501.301 Mt. Hebron HS Apr 26 6:30-9pm

### Indian Vegetarian Cooking with Chef Ravi Lahori

Join in on a journey of an excellent Indian meal with the all-time favorite vegetable samosas served with mint and tamarind chutneys followed by a classic preparation of Vegetable Makhani (mixed veggies in a butter cream sauce) served with Cumin Pulao. Top off the meal with a vermicelli and saffron pudding with vanilla ice cream. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs +

RP0510.301 Hammond HS May 10 6:30-9pm W \$29

### NEW! Taste of Thailand with Chef Ravi Lahori

Join Chef Ravi to create some of the most popular dishes in Thai cuisine, a spicy shrimp tom yum soup, followed by a Thai cashew stir fry served with Thai sticky rice and the ever popular Mango sticky rice pudding. \$22 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov

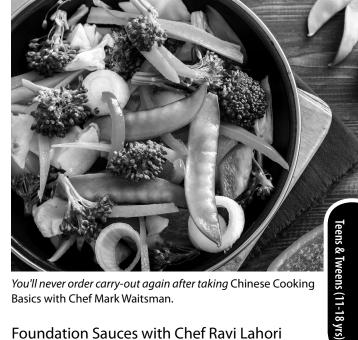
RP0511.401 Hammond HS Jun 7 6:30-9pm

#### NEW! Best of Asian cuisine with Chef Ravi Lahori

Join Chef Ravi as he recreates the most popular dishes from India-Sabudana vada (tapioca cutlets with curry leaves and peanuts) served with a mint chutney. The night includes China-Shrimp spring roll, Thailandchicken in lime and coconut sauce and Indonesia-Veggie Nasi Goreng. \$22 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 vrs +

RP0512.401 Arc of Howard County Jul 5 6:30-9pm W



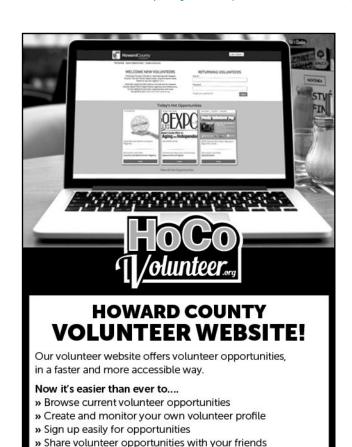
You'll never order carry-out again after taking Chinese Cooking Basics with Chef Mark Waitsman.

#### Foundation Sauces with Chef Ravi Lahori

Create your own favorite dishes within minutes by getting to the three basic and popular sauces in Indian cuisine: brown masala (onion sauce), Makhani sauce (tomato butter cream) and Khorma sauce (almond sauce). These base sauces open new doors to easy Indian meals. This is a handson cooking class. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 vrs +

RP0514.401 Arc of Howard County Aug 16 6:30-9pm W \$29



Access your volunteer commitments anytime, anywhere!

via social media

### **Crafts & Fine Arts**

• Programs listed in alphabetical order.

### **Drawing & Painting**

#### Adult Art Camp with Ann Wiker

Why should kids have all the fun? This is your chance to experience different media and to receive individualized instruction on long-term projects. Media to consider include acrylics, watercolor, oil paint, pastels, charcoal, and collage. Come motivated or inspiration can be provided. Supply list: www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 5

RP0217.401 N Laurel Comm Ctr Jun 5 9:30am-12:30pm M-F \$115

#### NEW! Art Lecture: Art with a Message

Explore how artists throughout history have used visual imagery to raise attention for political and cultural issues. Picasso's Guernica was his first politically-charged painting. The painting was created in response to the bombing of Guernica (a Basque Country village in Spain) by German and Italian warplanes during the Spanish Civil War. Dada was an art movement born out of negative reaction to the horrors of World War I. There are many examples of using visual art as a means of protest. (A few included the following. The Guerilla Girls are an anonymous group of feminist, female artists devoted to fighting sexism and racism within the art world. Object Orange is an artistic project in Detroit, Michigan which seeks to draw attention to dilapidated buildings by painting them orange.) Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0210.301 N Laurel Comm Ctr May 15 10am-noon M \$25

#### **NEW! Four Different Ways to Start a Painting**

In this one-day workshop, artists try four different ways to approach a painting. No need to paint the same way every time. Using oil or acrylics, enjoy a fun-filled day of painting small paintings in each of four techniques. Bring an image that you love enough to paint four times. Recommended that participants have painting experience. Supply list: www.howard-countymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0207.301 River Hill HS May 6 9am-4pm Sa \$70

## NEW! The Estrogen Effect: Women in Art History

Explore famous female artists and their contributions to the direction of art history. Louise Élisabeth Vigée Le Brun was a French painter, and is recognized as the most important female painter of the 18th century. Berthe Morisot was described as one of les trois grandes dames of Impressionism alongside Marie Bracquemond and Mary Cassatt. Female artists have been involved in making art in most times and places. Many art forms dominated by women have been historically dismissed as craft, instead of being considered fine art. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0209.301 N Laurel Comm Ctr May 8 10am-noon M \$25

## NEW! Modern Medical Analysis of Famous Artist

Many artists have met the challenges of mental and physical illness and continued to produce artwork. For some, their art is their therapy. Explore modern diagnosis of famous artists and discover how artists coped with their impairments. (Vincent van Gogh and Jackson Pollock suffered from



Receive individualized instruction at a painting class.

depression and alcoholism. Frida Kahlo contracted polio at age six. Dale Chihuly was blinded in one eye and had to re-learn his glass-making art. Henri de Toulouse-Lautrec suffered from congenital health conditions.) Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs +

RP0208.301 N Laurel Comm Ctr Apr 3 10am-noon M \$25

#### Oils & Acrylic Painting with Nancy Davis

Working in oil or acrylics, learn how to build a painting through drawing, color and paint application. Beginning and intermediate painters, work at your own level with individual instruction and group discussion. Learn to paint and design a successful painting. New concepts are introduced weekly, working to build a strong painting foundation. Supply list: www.howard-countymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

<u> 18 yrs + Classes: 6</u>

RP0206.301 River Hill HS Apr 19 7-9pm W \$115

#### Oil Painting Studio with Ann Wiker

All levels welcome! Beginners, learn the basics of oil painting: prepping the canvas, mixing colors, brush techniques, composition and light and shadow. Intermediate painters, review color mixing and composition and choosing subject matter. Advanced painters, receive individualized instruction based on your ability level. Don't be intimidated, it's fun! Materials list: www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 6

RP0211.301 N Laurel Comm Ctr Apr 7 9:30-11:30am F \$119

## NEW! Painting Butterflies & Flowers in Oil and Acrylic with Brenda Kidera

Celebrate spring by learning how to paint butterflies and flowers. Painting techniques, color mixing, composition and more are covered through step-by-step instruction and demonstrations. Brief knowledge of painting in your medium is helpful. \$8 materials fee due at first class. Materials list: www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett 410-313- 4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 5

RP0201.301 Gary J Arthur Comm Ctr Apr 28 9:30am-12:30pm F \$135



Learn how to capture your favorite subjects and perfect your composition on camera with a photography class.

## NEW! Painting Rocks & Water in Watercolor with Brenda Kidera

Working step by step, learn how to paint a river scene with rocks, trees and water. Bring your own art supplies. Elementary knowledge of watercolor is necessary. Step-by-step instruction and demonstrations. \$12 materials fee due at first class. Materials list: www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

<u> 18 yrs + Classes: 6</u>

RP0202.301 Gary J Arthur Comm Ctr Apr 18 9:30am-12:30pm Tu \$165

### **Knitting & Crocheting**

#### Crochet 1 with Anna Tai

Learn stitches, crochet in the square and the round, pattern reading for beginners and beyond. Learn the many aspects of wearable crochet -- drape, yarn selection, shaping. Project choices are a scarf, hat, wrap, bag or tank top. Materials list: www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

<u> 18 yrs + Classes: 3</u>

RP0802.301 Oakland Mills HS Apr 20 7-9pm Th \$47

#### Knit 1 with Anna Tai

Experience the joy of knitting. Learn to cast on, the knit and purl stitches, cast off, adjust tension, and correct mistakes. Combine garter and stockinette stitch patterns and make your first scarf. Materials list: www.howard-countymd.gov/craftsandfinearts. Info: Danielle Bassett 410-313-4634 or dbassett@howardcountymd.gov.

<u>18 yrs + Classes: 3</u>

RP0801.301 Oakland Mills HS Apr 19 7-9pm W \$47

### **Photography**

#### Basic Digital Photography with John Guion

Designed for someone who wants to become better versed in fundamental concepts, this "one-size-fits-all" class covers the basic features, whether yours is a compact digital camera, an interchangeable lens compact camera or a single lens reflex camera. Learn about the features common to all three of those basic camera designs (image size settings, image quality controls,

how to change them, using the camera's creative modes and not just relying on the automatic setting). Discuss downloading photos to a computer and accessories you may want to consider such as a tripod or monopod. Bring your camera and manual to class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

<u> 18 yrs + Classes: 6</u>

RP0216.301 Roger Carter Comm Ctr Apr 5 7-9pm W \$100

#### Hands-On Photography: Catching People

Practice photographing one of our favorite subjects: people. Shoot inside and out to catch individuals and groups and capture what they really look like. Learn how to handle subjects as well as cameras. Bring your digital camera, even bring a subject. Learn why not to say, "Smile." Shoot, review your shots, and try out various angles and zooms. Solve color balance and silhouettes from backlighting. Info: Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 4

RP0212.301 N Laurel Comm Ctr Apr 20 7-9pm Th \$72

#### Pick, Secure and Share Your Best Shots

Bring in your favorite photos and your near and far misses. Together, share your photos, how they inspire your shooting, and how you can protect your memories from catastrophes -- whether computer or nature calamities. Bring your laptop or borrow one from the instructor for a \$10 lab fee. For more information, contact Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

<u> 18 yrs + Classes: 2</u>

RP0214.301 Roger Carter Comm Ctr Jun 8 7-9pm Th \$40

#### Shoot Spring On Our Photo Walk

Catch the colors and changes of spring in our choice of neighborhood as we walk, search, see and shoot. Learn and apply tools for using zoom and exposure, depth of field, close-up macros and wide-angle panoramas. Develop the power of applying exposure compensation. Then review your shots to discover more opportunities. Bring your digital camera and your enthusiasm. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 2

RP0213.301 Centennial Pk May 13 10am-noon Sa \$3



Grab a partner and learn how to salsa with Mo & Barb Dutterer.

### **Dance**

· Programs listed in alphabetical order.

## **NEW! Broadway Style Musical Theater Dance** *Page 58*

#### **Ballroom**

#### Couples Salsa Dance with Mo & Barb Dutterer

This class makes you a star at your next event! Just back from the Caribbean and Puerto Rico, Mo and Barb have brought with them many new Salsa moves for you to master. We cover Salsa, Merengue, Tango, and Cha Cha in this class. Continue learning a steady progression of moves each week. Grab your partner and join in the fun. New and returning students welcomed. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 6

RP1119.301 Roger Carter Comm Ctr Apr 18 8:30-9:30pm Tu \$95

#### Ballroom Dance Basics with Jim & Lucy

This "Social Dance Survival" class equips you with dance routines adaptable to a variety of dance musical styles commonly played at weddings and parties, including smooth jazz, foxtrot, slower big band, romantic songs, and traditional waltz. In the last two weeks, enjoy a two-week sampling of Swing dance steps. We look forward to planting in you the desire and the confidence to get out of your seats and head to the dance floor at parties, weddings, or anywhere you hear dance music playing! Singles as well as couples welcome; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

 18 yrs + Classes: 8

 RP1106.301 Roger Carter Comm Ctr
 Apr 5
 7:05-8:05pm
 W \$75

 18 yrs + Classes: 6

 RP1106.401 Roger Carter Comm Ctr
 Jul 14
 8:25-9:25pm
 F \$57

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.

## Next Step with Jim & Lucy: West Coast & Triple Step

This Next Step class is designed for those who have taken more than one class in the last five years in both Triple-Step (East Coast) and West Coast Swing, and/or are experienced with leading and following the basic steps in both swing styles. Improve your footwork technique in foundational steps and learn new mini-routines for each of these dances, including eight-count variations. Classes emphasize learning to execute smooth leads and follows. Couples only; wear shoes appropriate for ballroom dancing. Info: Karen Bradley Ehler, 410-313-4635, kehler@howardcountymd.gov

18 yrs + Classes: 6

#### Next Step with Jim and Lucy: Tango and Salsa

This Next Step class is designed for those who have taken classes in the last five years in both Ballroom Tango and Salsa, and/or are experienced with leading and following the basic steps in both these dances. In the first week, review basic steps in Tango, then add to your Tango repertoire in weeks two to four. On the fifth night, review basic Salsa steps, then learn new Salsa routines, including turn variations, during the last three weeks. Classes emphasize learning to execute smooth leads and follows. Couples only; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 8</u>

RP1105.301 Atholton ES Apr 21 7:15-8:15pm F \$149

## Ballroom Sampler: Swing & Foxtrot with Jim & Lucy

This beginner Social Dance class introduces you to two Swing styles, as well as a sampling of classic Foxtrot steps. Learn to step in sync with Big Band songs, as well as Oldies, Motown, and Rock-n-Roll. While you learn steps, develop your lead or follow skills so important for successful partnering on a dance floor. After completing the class, we hope you feel confident saying "yes" to invitations to dance at weddings, office parties, and other social events. Singles as well as couples welcome; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

RP1107.301 Roger Carter Comm Ctr Apr 5 8:20-9:20pm W \$75

## Ballroom Sampler: Swing & Quickstep with Jim & Lucv

This popular class provides a sampling of the unique character and joys of Big Band Swing and lively Quickstep. The first four weeks focus on Single-Step Swing (suited to faster music), and the last four weeks on Quickstep (a Line-Of-Dance style). Master the foundational steps of each dance style, understand lead and follow, and become ready to take your dancing onto any dance floor. Each class reviews the basic techniques and foot patterns learned the week before, and then teaches one or two new steps. Couples only; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u> 18 yrs + Classes: 8</u>

RP1104.301 Atholton ES Apr 21 8:30-9:30pm F \$149

#### **Dance Movement**

#### Adult Beginner Ballet with Cecilia Ituarte

Adults with little or no previous ballet training, learn basic ballet exercises with an emphasis on body alignment and musicality while developing a strong core. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1129.301 Misako Ballet Studio Apr 19 7:30-8:30pm Th \$78

#### Contemporary Modern Dance for Beginners

Dance in an adult class designed for all levels. Begin with an invigorating warm-up, practice dance steps and learn different choreography each week. Class combines modern, ballet and jazz techniques to provide you with an enjoyable introduction to dancing and a relaxing workout. No experience necessary. Please wear clothes that are comfortable to move and stretch in, such as leggings or sweat pants with an exercise top or cotton t-shirt. No shoes required, but you may wear ballet or jazz shoes. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1128.301 Misako Ballet Studio Apr 17 7:15-8:15pm M

#### Hip Hop Dance with Nysia Carter

Enjoy a fusion of styles that includes hip-hop, funk, street, and high-energy jazz. Warm up with the latest hip-hop rhythm that transitions into a larger choreographed piece prepared to meet your level and dance experience. This style of dance provides high-energy, low-impact aerobics, and calorie burning effects as you dance to the popular hits of today and yesterday. Beginners are welcome! Wear jazz or gym shoes, no street shoes allowed. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 8

RP1123.301 N Laurel Comm Ctr Apr 10 6-7pm M \$78

#### Lyrical Dance with Nysia Carter

Lyrical is a dance style that expresses feeling through a mixture of ballet and jazz. This class, set to ballads from Whitney Houston, Adele, Phil Collins, and more, helps you increase your flexibility, core strength, and body control. If you ever admired a dancers body, come learn the movements to obtain one. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 8

RP1124.301 N Laurel Comm Ctr Apr 10 7:30-8:30pm M \$78

#### International

### Bollywood Dance with Jaya Mathur

Trained in Indian Classical Dance, Jaya Mathur introduces you to this energetic dance style that originated in Indian films. Techniques include hand, feet and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water. Get ready for a great workout while learning an art form! Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 6

RP1108.301 Harper's Choice MS Apr 25 7:30-8:30pm Tu \$65

#### **Line Dance**

#### Line Dance with Mo & Barb Dutterer

Want to exercise to music, burn calories, and have fun all at the same time? Join our line dance class, which welcomes all levels of dancers. We teach new dances each week and review every dance previously taught. Learn the latest dances and the old standbys while dancing to a variety of music: Latin, pop, country, jazz, and rock. By the end of this 6-week session, have many fabulous, fun dances in your dance bag! Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 6

RP1118.301 Roger Carter Comm Ctr Apr 18 7:15-8:15pm Tu \$56











HoCoParks

### **Lifelong Learning**

· Programs listed in alphabetical order.

### Blacksmithing

#### Introduction to Blacksmithing

Tools, nails, and everyday items blacksmiths made the objects that built early American communities. Explore the art of shaping metal using heat and force. Over the course of this two day, 12-hour introductory blacksmithing workshop, watch demonstrations by one of the few local master blacksmiths and make your own iron-forged tool using traditional methods. Strike while the iron is hot; you won't want to miss this chance to forge your own piece of history! Bring a reusable water bottle, lunch and a snack. Info: Jaimie Wilder jwilder@howardcountymd.gov or 410-313-0419

16  yrs + 1	iving Farm	Heritage Muse	eum C	lasses: 2
RP9989.301	Apr 29	9am-3pm	Su,Sa	\$160
RP9989.302	Jun 10	9am-3pm	Su,Sa	\$160
RP9989.303	Aua 26	9am-3pm	Su.Sa	\$160

#### Do It Yourself

#### Bike Maintenance with Larry Black

Learn everything you need to know about maintaining and repairing your bike. Learn about on-the-road fixes, overhauls, wheel building, and how to negotiate the best price for repairs. Tools and some practice bikes are provided; bring your own bike to get hands-on experience. Optional manual is \$25 at class. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 4

RP3409.301 Gary J Arthur Comm Ctr Apr 19 7-9pm

#### Finance

#### Financial Fitness for Women with Fran Makino

This is a basic, personal finance class. Learn about cash, stocks, bonds, IRAs, and how 401Ks/403Bs/TSPs work and how best to invest them. Come discuss basic types of insurances and what is needed. Work on investment strategies. Questions are welcomed. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 3

RP3410.301 River Hill HS Apr 19 7-9pm W \$45

#### Foreign Languages & Computer Technology Everyday Spanish II with Cecilia Redmond

Join our interactive class. Learn some of the most used verbs and their basic regular conjugation. Gain comprehension of simple conversations using those verbs. Everyday Spanish I is recommended as a foundation but not reguired. Bring a binder for vocabulary handouts and helpful grammar sheets. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 6

RP3404.301 Ellicott Mills MS Apr 6 7-8:30pm Th \$65

#### Hablemos Español? Conversational Spanish with Cecilia Redmond

Enjoy a different topic of conversation for each class. A vocabulary list is provided. Instructor starts with English/Spanish directions; by the third class you are totally immersed. Have fun communicating with classmates only in Spanish. Pronunciation and grammatical errors are addressed by native speaker instructor. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 5

RP3403.301 Ellicott Mills MS Apr 3 7-8pm M \$55

#### Technology and You with David Bailey

Gain a basic understanding of technology and its impact on your daily life. Learn about various browser and email options, mobile smart phone apps, how to sync your devices, security tips, and more. Bring your smart phone, laptop or tablet to class. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 6</u>

RP3415.301 N Laurel Comm Ctr Apr 19 7:30-8:30pm W \$75

#### **Paranormal**

#### **Belmont Investigation & Ghost Tour**

Join the Inspired Ghost Tracking team as they guide you on a tour of the Manor, grounds and cemetery (weather permitting). Participate in an actual paranormal investigation and visit areas where paranormal activity has been suspected. Investigators from IGT will use EMFs, data recorders, and temperature sensors to search for paranormal activity. Bring your own flashlights and dress appropriately for the weather. Registration/Info: 410-313-0200.

18 yrs +

RP9901.401 Belmont Jul 21 7:30-10:30pm F \$25

#### **Double Murder Investigation**

Learn about how the Inspired Ghost Tracking team helped solve the mystery of a double murder by investigating a haunted private residence in Maryland. The mediums and members of the team used scientific instruments to help prove the identities of the ghosts and victims of the crime. Info: 410-313-0200.

18 yrs +

RP9905.301 Belmont May 2 7:30-9pm Tu \$15

#### Meet the Friendly Ghosts of Belmont Manor

Belmont Manor is home to a number of benign ghosts who have not crossed over. As a precursor to the Belmont Investigation & Ghost Tour, this talk goes over the experiences and findings from the Inspired Ghost Tracking team and others as they discuss results from their investigations at Belmont Manor. Sign up for this and the Ghost Tour to get the full experience! Info: www.belmontmanormd.org or 410-313-0200.

18 yrs +

RP9908.401 Belmont Jul 18 7:30-9pm Tu \$15

#### Pets and the Afterlife

Learn how some pets have the ability to send signals to the living, and may wait for us in the hereafter. Rob Gutro, Author of Pets and the Afterlife, shares scientific studies that prove our pets have emotions and personalities. He identifies the signs they give us and the science behind why living pets can sense entities. Info: 410-313-0200.

18 yrs +

RP9904.301 Belmont Mar 28 7:30-9pm Tu \$15

#### Recognizing Signs from Loved Ones

If you have lost someone you loved, Rob Gutro, Author/Medium/Scientist explains how to look for signs from the other side to prove that our loved ones are still around us. Learn how the logical mind dismisses signs from spirits and how spirits use electronics, nature, look- a-likes, and scents to communicate with us. Registration/Info: 410-313-0200.

18 yrs +

RP9903.301 Belmont Mar 14 7:30-9pm Tu \$15 RP9903.401 Belmont Jun 27 7:30-9pm Tu \$15



Teach your dog obedience at Dog Park Manners class.

#### **Pet Instruction**

#### Dog Obedience

Who's in charge, you or your dog? Turn Rover into a well-behaved companion. Dog must be older than four months old with current shots. Instructor advises about leash and collar. Please bring dog on a 6-foot leash, no retractable leashes allowed. Bring plastic bag and scoop. Class appropriate for any size dog. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

 16 yrs +
 Instructor: Darryll A Buschling
 Classes: 6

 RP3407.301
 Schooley Mill Pk
 Apr 17
 6:30-7:30pm
 M
 \$69

 16 yrs +
 Instructor: Mariann Hein
 Classes: 6
 Classes: 6
 Th
 \$69

 RP3407.302
 Dunloggin MS
 Apr 27
 7-8pm
 Th
 \$69

### Dog Park Manners with Darryll Ann Buschling

Having trouble at the dog park? Is your dog nervous, aggressive, or does not listen when it's time to go? This is a great class for socializing and becoming acquainted with the dog park. We start with basic dog obedience and work up to socializing and experiencing the dog park. Please bring a 6-foot leash; no retractable leashes allowed. Bring plastic bag and scoop. Class appropriate for any size dog. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

16 yrs +

RP3408.301 Worthington Pk Apr 8 11am-2pm Sa \$25 RP3408.302 Worthington Pk May 13 11am-2pm Sa \$25

#### Wellness

#### Intro to Ayurveda with Lenny Bernstein

During this five week course, you're challenged to uncover your unique physical and mental constitution and learn how to use the tools of this ancient wisdom. As a guide to discovering your true self, Ayurveda is the Sanskrit word that means the Science of Life. Ayurveda was derived from the Vedic scriptures of India which seek to harmonize the body, mind, and spirit in order for the individual to more fully know their true nature. Through the study of the principles of Ayurveda, understand the cause and effect relationship of consciousness and matter. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 5</u>

RP3402.301 N Laurel Comm Ctr Apr 19 7-8:15pm W \$75

#### Writing

#### Becoming an Author with Amy Brooks

Have you ever felt called to write a book? Now is your chance to go from idea to manuscript in less than 90 days. Author and writing coach Amy Brooks guides you through an easy process that transforms your book dreams into a reality. With her expertise, Amy helps you navigate the challenges that stop most first-time authors before they get started. Don't wait for the "perfect" time; start your book now and step into your new role as an author. It's time to share your story with the world! Required materials: notebook, pen, laptop computer (optional). Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 4

RP3422.301 N Laurel Comm Ctr Apr 4 7-8pm Tu \$125

## Creative Writing Workshop with Mark Stubenberg

Do you enjoy creative fiction writing and want to expand your talent and skill? Evaluate your strengths and weaknesses through instructor and peer review of your own original work. Receive instruction on effective techniques for improving your prose and/or poetry. From short stories, to essays, blogs, and poetry, show off your skills and learn about the procedures and opportunities to publish your work. Get your own work submitted for publication by the end of class. All levels welcome. Bring samples of your work if you have any and a 3-ring binder. \$10 materials fee due at first class. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 8

RP3417.301 Hammond HS Apr 20 7-9pm Th \$85

## Signed, Sealed, Delivered- A Calligraphy Workshop

Are you looking to add a distinctive element to your wedding, special event or craft project? Spend an afternoon learning the basics of the ancient art of calligraphy and how to add a timeless and personal touch to your invitations, place cards or thank you notes. Discover the history of this writing form, read samples of old hand-written letters with plenty of time to try it out for yourself. We provide calligraphy pens, ink and an assortment of stationary to practice the basics of script technique for numbers and letters. You will leave the workshop with samples of place cards and invitation envelopes of your own design. Continue your unique style of this writing crafts at home with our calligraphy kits. Kits include calligraphy pen with interchangeable nibs and a collection of paper types. Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.qov

<u> 16 yrs +</u>

RP9975.301	Ellicott City Colored School Restored	Mar 4	1-3pm	Sa	\$40
RP9975.302	Ellicott City Colored School Restored	Mar 25	1-3pm	Sa	\$40
RP9975.303	Ellicott City Colored School Restored	Apr 1	1-3pm	Sa	\$40
RP9975 304	Fllicott City Colored School Restored	Anr 14	6-8nm	F	\$40

### Slam Poetry Workshop with Mark Stubenberg

Interested in the exciting world of slam poetry? Eager to sharpen your poetry writing skills and learn the poetry performance techniques of the pros? Then come and evaluate your strengths and weaknesses through instructor and peer review of your own original poetry. Learn how to present your poetry through spoken word performance or improve on what you have done in the past. Beginners and experienced poets welcome. Class ends with public poetry performance. All levels welcome. Bring samples of your work if you have any and a folder for storing materials. \$10 materials fee due at first class. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 8

RP3418.301 Hammond HS Apr 18 7-9pm Tu \$85



Learn the art of hand drumming from professional percussionist Orlando Cotto.

### Travel Writing for Publication with Tony Glaros

Have you taken a special vacation and returned with a firmament of locked away memories? Do you harbor a secret yen to liberate those images into compelling travel stories for newspapers, magazines or other publications? Learn the basics of writing about vacations, business trips and adventures. Include everything from safety tips and the hottest recreation and entertainment spots to cultural and historical landmarks of any destination. Gather all the hardware for your writer's toolbox and learn how to submit your articles for professional publication. Bring composition notebook, pens/pencils, photos or other mementos from recent vacations, trips, etc. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 8</u> RP3416.301 Hammond HS Apr 19 7-9pm W \$.

## **Music & Theater Arts**

• Programs listed in alphabetical order.

### Adult Summer Keyboarding

You're never too old to bring music into your life! Learn to play melody and accompaniment for familiar songs. Designed for beginners interested in fun basic keyboarding techniques, as well as an introduction to reading and writing music. No previous music experience necessary. \$30 materials fee per student due at first class. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 5

RP3527.401 Olenka School of Music Columbia Jun 20 6:30-7:30pm Tu \$115 RP3527.402 Olenka School of Music Columbia Aug 1 6:30-7:30pm Tu \$115

#### **Adult Vocal Harmony**

Join your voice with others in song. Sing familiar songs, learn basic harmony and improve vocal technique... all while having fun, relieving stress and making new friends. No previous music experience necessary. \$30 materials fee per student due upon registration. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 vrs + Classes: 5

RP3528.401 Olenka School of Music Columbia Jun 22 6:30-7:30pm Th \$115 RP3528.402 Olenka School of Music Columbia Aug 3 6:30-7:30pm Th \$115

#### Art of Hand Drumming with Orlando Cotto

Both drumming beginners and serious enthusiasts are welcome! Led by professional percussionist Orlando Cotto, (re)learn the basics of drumming, develop your internal timing, and learn common folk rhythms from Cuba, Puerto Rico and West Africa. Learn techniques and skills such as drum tuning and sound development. You're encouraged to bring your own drums, though conga drums can be rented from the instructor for a one-time fee of \$45. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 4

RP3435.301 Wilde Lake HS Apr 20 7-8pm Th \$80

#### **NEW!** Broadway Style Musical Theater Dance

Get ready to get fit, have fun, learn some new moves, and dance to the best Broadway has to offer. This class uses both traditional and all new musical theater numbers and routines to provide a fun, energetic, and fulfilling fitness workout. Use a variety of songs and easy-to-follow dance steps that both delight and challenge new and long-time fans of Broadway-style productions. Whether you have years of experience or are new to this dance style, this class combines many styles, such as tap, hip hop, jazz and others, works you out, and brings you up to date with the best in musical theater, all while providing a great time! Wear comfortable clothes and dance or tennis shoes. Bring a towel and water bottle. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 6

RP3426.301 Ellicott Mills MS Apr 20 6:30-7:30pm Th \$75

#### NEW! Improv 101 Page 26

#### Intro to the Ukulele with Thomas Davey

Ever wanted to play an instrument but was afraid it was too hard? It's never too late and the ukulele is one of easiest instruments to learn! Learn the basic techniques and some easy songs from Hawaiian tunes to folk and rock songs. It is also one of the most affordable instruments, so bring your own Ukulele to class and a 3-ring binder. Instruments on sale: www.musicarts.com. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 8</u>

RP0228.301 N Laurel Comm Ctr Apr 5 7-8:30pm W \$95

#### Musical Muses - Community Show Choir

Do you like to sing but don't like classical music or religious hymns? Adults who don't have time for a full theatre production, but enjoy performing in a group, learn to sing and harmonize while having fun in a creative environment! Beginners and experienced singers welcome. Led by a professional choir director, learn entertaining secular music pieces including but not limited to Broadway show tunes, pop/rock hits, or old classics updated for a contemporary audience. No auditions are necessary. All rehearsals meet on Monday except one: Wednesday, May 31. (No rehearsal 5/29.) Season ends with a public performance on Saturday, 6/3. Bring a 3-ring binder with pockets. \$10 materials fee due to instructor at first class. Sign up with a friend for more fun! Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 9</u>

RP3424.301 Baldwin Hall Apr 10 7-8:30pm M,W,Sa \$45

#### Piano I

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. (Must have access to a keyboard to practice on outside class. No class 5/27.) Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 vrs + Classes: 7

RP0230.301 River Hill HS Apr 29 11am-noon Sa \$105

#### **Rock Drum Class**

Have you ever wanted to play the drums like your rock and roll heroes? From John Bonham to Dave Grohl, from beginner to advanced, we can help you achieve this dream. Come and rock out! Please call 410-988-2062 or visit www.therockshopmd.com for more information. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 5

RP3431.301 The Rock Shop Apr 21 8-9pm F \$139

#### **Rock Guitar and Bass Class**

Have you ever wanted to play the guitar like your rock and roll heroes? You can accomplish this with the help of our classes and our instructors. We help anyone achieve this dream. Come and rock out. Info: 410-988-2062 or www.therockshopmd.com. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 5

RP3430.301 The Rock Shop Apr 21 8-9pm F \$139

#### **Rock Keyboard Class**

Did you dream of playing the keyboard like your rock and roll heroes? From Keith Emerson to John Lord, you can do it with the help of our instructors. We help beginner to advanced players achieve this dream. Just sign up and rock out. Info: 410-988-2062 or www.therockshopmd.com. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 5

RP3432.301 The Rock Shop Apr 21 8-9pm F \$139





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# Adults (55 yrs +) Classes & Activities

- Below is in alphabetical order.
- If you would like this Guide in a larger font, contact Susan Potts, 410-313-4628.
- See additional activities in the Adults (18 yrs +) section.

#### Adventure & Outdoors Page 18

Nature & Environment Page 23

## **Aquatics**

#### Open Swim Open Swim

Workout on your own or just relax in the warm water of a therapeutic pool. Exercise accessories available for use. (No class 5/27.) Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 6

RP3518.301 Cedar Lane School Apr 22 10:30am-noon Sa \$35

#### Therapeutic Agua Dancercise

This is not your ordinary synchronized dancing in the water! Combine upbeat music with the added resistance of water and you get an incredible workout. Enjoy the warm water of a therapeutic pool while engaging in cardio, dancebased movements that are fun and easy to follow. Aquatic fitness instructor assists with exercises and provides instruction. (No class 4/11.) Info: Cathy Vigus, 410-313-7311 or cviqus@howardcountymd.gov.

55 yrs + Classes: 8

RP3520.301 Cedar Lane School Mar 28 6:15-7:15pm Tu \$72

#### Therapeutic Water Exercise

Get a great workout without going to the gym! Enjoy the warm water of a therapeutic pool while engaging in low-impact exercise. Work at your own pace in group instruction. Aquatic fitness instructor assists with exercises and provides instruction. (No class 4/10, 4/12, 4/17, 5/29.) Info: Cathy Vigus, 410-313-7311 or cviqus@howardcountymd.gov.

55 yrs + Classes: 8

RP3519.302 Cedar Lane School Mar 29 6-7pm W \$72 RP3519.301 Cedar Lane School Mar 27 6:15-7:15pm M \$72

### **Crafts & Fine Arts**

#### Artful Journaling Club

Express yourself in an art journal! In this weekly club, create journal pages that combine creative writing and decorative art using a variety of media. No art experience necessary. Participants are invited to suggest and lead activities on a voluntary basis. Supplies discussed at first meeting. This is a participant-run club; no instructors present. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 12

RP0305.301 Bain Ctr Apr 6 9:30am-noon Th \$15

## NEW! Watercolor Basics Very Beginner with Carol Zika

This mini-course is a prerequisite for Watercolors with Carol Zika. Learn basic techniques of painting with transparent watercolors, about paper, brushes and paint, brush calisthenics, washes, glazing and color mixing. Appropriate for self-taught or complete beginners as well as students looking for an introduction sampler. Recommended supplies discussed at first class and are available through the instructor. Materials fee of \$10 collected at first meeting. (No class 4/14, 7/21.) Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.



The Community Knitting & Crocheting Group is always looking for new members, as well as donations for projects.

<u>55 yrs + Classes: 3</u>

RP0307.301 E. Columba Lib Apr 7 1-3:30pm F \$30 RP0307.401 E. Columba Lib Jul 7 9:15-11:45am F \$30

#### Watercolors with Carol Zika **flickr**

A painting class for those who have completed Watercolor Basics for the very beginner and those with previous watercolor experience. Instructor provides guided lessons, building technique and confidence. Bring materials to the first class. (No class 7/21.) Info: Cathy Vigus, 410-313-7311 or cviqus@howardcountymd.gov.

55 yrs + Classes: 12

RP0303.301 E. Columba Lib May 5 1-3:30pm F \$100

#### You Can Draw & Paint with Carol Zika

Let your artistic expression soar in this congenial, fun and supportive open studio atmosphere. Bring watercolors, acrylics, oils, pastels or other materials. Explore your creative potential. Instructor provides direction/instruction in drawing and painting for beginners and experienced dabblers. Bring your own or discuss materials (purchased separately) at the first class. (No class 4/14.) Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov. 55 vrs + Classes: 12

RP0304.301 E. Columba Lib Apr 7 9:15-11:45am F \$100

## **Knitting & Crocheting**

### Community Knitting & Crocheting Group

Explore your artistic side! Knit or crochet cozy scarves, blankets and hats for a variety of community service projects. This non-instructional gathering of volunteers meets twice a month. All skill levels welcome. Acrylic yarn donations gladly accepted. Please, no wool or cotton. Info: Linda DiPanfilo, 410-313-4704 or Idipanfilo@howardcountymd.gov.

55 yrs + / 2nd and 4th Wed of the month

RP3070.201 Kiwanis-Wallas Hall 1-3 pm W Free

## **Lifelong Learning**

#### SASI

Howard Community College campus. Focus on a single topic in the humanities and the arts, featuring such topics as archaeology, art and culture, literature, and history. Pick up a registration packet at the Bain Center or Recreation & Parks Headquarters is tentative for 4/1. This is co-sponsored with Howard Community College. Info: Cathy Vigus cvigus@howardcountymd.gov or 410-313-7311.

\$20, 18-59 yrs; \$17, 60+ yrs

RP3501.401 Jun 5 9:30am-3:30pm M RP3501.402 Jun 6 9:30am-3:30pm Tu RP3501.403 Jun 7 9:30am-3:30pm W RP3501.404 Jun 8 9:30am-3:30pm Th

## **Fitness**

- Classes are for 18 years and up.
- Participants 12-17 years old may register, but must be accompanied by a participating parent/guardian.
- · Classes listed in alphabetical order.
- Date of last class may change due to unforeseen circumstances.
- You do not need to be a Community Center member to attend HCRP fitness classes at a center.

## **Cardio & Strength**

## AM Fitness Workout

#### with Vickie Jacobs, AFAA, AAAI

Warm up with fun and easy moves, then move to the Precor cardio and strength training equipment for 40 minutes. Finish your work-out with a great stretch to improve overall flexibility and balance. This is perfect for all fitness levels! Fitness waiver must be completed prior to exercising. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 16

RP8669.301 Roger Carter Comm Ctr Apr 18 8-9am Tu,Th \$88

### Barre Burn with Becca Sigmund

Ballet movements combine with floor work and fitness exercises for a full workout. Sculpt and tone your body while gaining a dancer's sense of alignment and physical control. Finish with a cool down and stretch. Bring 4-to-5-lb. weights. Mats provided, but you're encouraged to bring your own. Registration: 410-313-7275. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 5

RP8282.301 Kinetics Dance Theatre Apr 19 8-9pm W \$50

<u>18 yrs + Classes: 6</u>

RP8282.401 Kinetics Dance Theatre Jul 5 8-9pm W \$60

#### Barre None with Jordan Miller, SCW

Enjoy a cutting-edge, safe and progressive method of barre training that lengthens and strengthens your muscles and improves your flexibility and posture. This fun class gives you great results! Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8

RP8130.301 Gary J Arthur Comm Ctr Apr 18 6-6:55pm Tu \$53 RP8130.401 Gary J Arthur Comm Ctr Jun 20 6-6:55pm Tu \$53

## **Body Conditioning**

#### with Cyndi Kummerlowe, AFAA

Stretch, strengthen and tone your body! This combination class includes 25 minutes of a low-impact cardio workout followed by beneficial strength training. Bring a mat and 2-to-5-lb. hand weights. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

<u>18 yrs + Classes: 16</u>

RP8220.301 Rockburn ES Apr 18 7:05-8pm Tu,Th \$56

#### **Bosu Clinic**

Have you ever seen a BOSU lying around and wondered what in the world people do with it? Come learn how this versatile piece of equipment can help increase balance, flexibility, and overall strength. Registration/Info: 410-313-2764.

18 yrs + Classes: 1

RP4091.402 Roger Carter Comm Ctr Apr 22 8:30-9:30am Sa \$4



Burn calories and feel empowered at Cardio Kickboxing.

### "Build Your Engine" Strength Training

Build the engine (muscles) that burns the fuel (the food you eat)! In our 30s, our metabolism slows down... but we can speed it up with strength training. Change your body composition, help stabilize your joints, feel stronger and healthier, and look great. Challenge and strengthen every muscle group in your body to achieve balance, energy, confidence, and an increased metabolism. Bring a mat and hand weights. (No class 5/29.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

<u>18 yrs + Classes: 14</u>

RP8506.301 Thunder Hill ES Apr 19 7-8pm M,W \$63

## Cardio Blast Interval w/ Beth Harbinson, AFAA,NETA

This highly effective class includes a 25-minute cardiovascular workout with intense intervals to boost metabolism and 35 minutes of muscle conditioning, core work and stretching. All levels enjoy an intense, energetic workout! Bring hand weights (5 lbs recommended) and a mat. (No class 4/10, 4/12, 4/17, 5/29, 7/17, 7/19.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

<u>18 yrs + Classes: 18</u>

RP8422.301 Veterans ES Mar 20 7-8pm M,W \$64

<u>18 yrs + Classes: 15</u>

RP8422.401 Meadowbrook Ath Comp Jun 26 7-7:45pm M,W \$52

## Cardio Crunch Challenge with Lori Nowicki, ACE

This class has it all! With each new rotation of classes, experience something new to challenge every muscle. Classes rotate between aerobics, step, circuit, boot camp, kickboxing, athletic training, cardio stability ball, Tabata and intervals. Each class consists of 45 minutes of cardio mixed with strength, core, flexibility and balance. Experience a high-energy class at high or low impact, take the challenge and have fun. Bring a mat, hand weights and stability ball. Some classes are outdoors. (No class 5/29.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Cedar Lane Pk-West

RP8481.301 Apr 19 9:15-10:30am M or W \$35 Classes: 7 \$70 RP8481.302 9:15-10:30am M,W Classes: 14 Apr 19 \$40 Classes: 8 RP8481.401 Jun 12 9:15-10:30am M or W Classes: 16 RP8481.402 Jun 12 9:15-10:30am M.W \$80

#### Cardio Dance with Sandra Duerr, AFAA, NASM

A fun choreographed dance class that goes from warm-up steps to heart pounding dances, giving you an aerobic workout that helps to sculpt your body and makes you feel good about yourself. No sit ups or repetitions. We dance the inches away! We sweat, we laugh and we burn lots of Calories. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8 Roger Carter Comm Ctr

RP8225.301 Apr 19 11:30am-12:20pm W or F \$56

18 yrs + Classes: 16 Roger Carter Comm Ctr

RP8225.302 Apr 19 11:30am-12:20pm W, F \$112

#### Cardio Fusion with Marianne Larkin, AAAI

Your favorite cardio and toning formats are combined in one challenging, power-packed workout. The easy-to-follow moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Pump up your workouts and burn fat with a mix of everything from step, high/low and interval training to strength, core, balance and flexibility exercises inspired by yoga and Pilates. (No class 5/29.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Gary J Arthur Comm Ctr

RP8482.301 Apr 19 Classes: 8 9:35-10:50am M or W \$48 RP8482.302 Apr 19 9:35-10:50am M,W \$96 Classes: 16 RP8482.401 Jul 10 9:35-10:50am M.W \$72 Classes: 12

#### Cardio Kickboxing with Robin Robinson

Exercise has never been so much fun! Cardio Kickboxing is a calorieburning, dance-party exercise routine that combines kickboxing, aerobics and dance with great music. Get in shape and have fun doing it! (No class 4/13, 4/15.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + N Laurel Comm Ctr Classes: 9

6:30-7:30pm Th \$72 RP8551.301 Apr 6

8:15-9:15am Sa \$72 RP8551.302 Apr 8

8 yrs + N Laurel Comm Ctr Classes: 18

6:30-7:30pm,Th & 8:15-9:15am, Sa RP8551.311 Apr 6 \$144

18 yrs + N Laurel Comm Ctr Classes: 7

RP8551.401 Jul 6 6:30-7:30pm Th \$56

RP8551.402 Jul 8 8:15-9:15am Sa \$56

18 yrs + N Laurel Comm Ctr Classes: 14

RP8551.411 Jul 6 6:30-7:30pm, Th & 8:15-9:15am, Sa

#### Circuit Weight Training with Lisa Noorani, AFAA

This super-fun workout trains your multiple muscle groups using Precor equipment. In just one hour, get a thorough, total-body workout, including fat-burning cardio intervals. Each class includes targeted, no-nonsense exercises on the floor. Totally customizable, this workout is an effective way to keep challenging yourself as you gain strength. Guaranteed to be a super-motivational experience! (No class 7/3, 7/5.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 16

RP8660.301 Roger Carter Comm Ctr Apr 3 9:15-10:15am \$88 RP8660.401 Roger Carter Comm Ctr Jun 5 9:15-10:15am M,W \$88

> To register, visit www.howardcountymd.gov/rap or call 410-313-7275.

#### Country Heat Live with Nikki Holden

It's the jump-right-in-and-do-it dance workout. This class is so much fun you'll barely notice you're working up a sweat and getting a total-body workout. Trainer and professionally-trained dancer Autumn Calabrese collaborated with Beachbody® to create this country dance-inspired workout that combines her love of country music with simple moves that'll melt off the weight. Register: www.freedomfitness.info/events. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 16

RP8430.302 N Laurel Comm Ctr Apr 17 6:30-7:20pm \$120 RP8430.402 N Laurel Comm Ctr Jun 19 6:30-7:20pm M,W \$120

#### Fit Jam: Cardio Party with Liz Rolland

Think all workouts are boring? Think again! Join this cardio party and dance the night away to the hottest hits from around the globe. Learn the basic steps from salsa, Cumbia, hip-hop and many more dance styles. Simple choreography is very easy to learn, no experience necessary! Bring a friend and have a blast while burning tons of calories! Get ready to be gorgeous! Bring a towel and water bottle. (No class 5/29.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8

RP8350.301 Gary J Arthur Comm Ctr Apr 17 5:45-6:45pm M \$80 RP8350.302 Gary J Arthur Comm Ctr Apr 20 5:45-6:45pm Th \$80 18 yrs + Classes: 6 RP8350.401 Gary J Arthur Comm Ctr Jun 19 5:45-6:45pm M \$60 RP8350.402 Gary J Arthur Comm Ctr Jun 22 5:45-6:45pm

#### Fit Jam: Fire and Spice! with Liz Rolland

Think workouts are boring? Think again! Spice up your workout with this unique blend of Pilates mat work, cardio dance fitness and yoga stretches set to the hottest music from around the globe. Incinerate mega calories while toning and tightening all those problem zones. Learn the basic moves first, and then challenge your workout with light weights, stability balls and bands (provided). Bring a thick yoga mat and a water bottle. This workout is hot stuff! Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8

RP8351.301 Gary J Arthur Comm Ctr Apr 21 9:30-10:45am \$80 18 yrs + Classes: 6

RP8351.401 Gary J Arthur Comm Ctr Jun 23 9:30-10:45am F

#### Foam Roll & Stretch with Liz Rolland

Who doesn't love a great massage? Learn to give yourself a healing, therapeutic massage using a foam roller. This tool offers a safe and effective method for massaging both muscles and fascia--the connective tissue that surrounds muscles. Foam rolling helps release tight muscles and knots, relieve tension, increase blood flow to speed healing, and soothe aches and pains. Perfect for active people looking to reduce their risk of injury and chronic stress. Each class includes foam rolling techniques and gentle stretches. Foam rollers provided. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8

RP8351.311 Gary J Arthur Comm Ctr Apr 21 11-11:45am \$80 18 yrs + Classes: 6

RP8351.411 Gary J Arthur Comm Ctr Jun 23 11-11:45am F \$60













Step up and challenge yourself at Step & Sculpt class.



Are you scared to try a bootcamp class? Hate drill sergeants shouting at you? Then this class is for you! Learn the bootcamp basics, from pushups to planks to burpees, all in the comfort of an indoor studio. The 45-minute workout includes a complete and careful warm-up, a wide variety of aerobics and strength training, specific skill drills, safe stretching, and abdominal exercises to flatten the tummy. Wear comfortable cross-training shoes. Bring a water bottle and a towel. Beginners welcome! (No class 7/4.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8

RP8384.311 Roger Carter Comm Ctr Apr 18 10:30-11:15am Tu \$80 18 yrs + Classes: 5

RP8384.411 Roger Carter Comm Ctr Jun 20 10:30-11:15am Tu \$50

#### **HIIT Training**

High intensity interval training is great way to see increased results in a shorter amount of time. Learn the theory and methodologies of utilizing high intensity interval training to push your workout to the next level and burn more fat without losing muscle. Registration/Info: 410-313-2764.

18 yrs + Classes: 1

#### **Kettlebell Basics**

Kettlebells are some of the most powerful tools for improving your fitness and physique. They combine strength training, mobility and cardiovascular. As a result, you spend less time working out and get extraordinary results! Come try this introductory class in kettlebells and learn all you need to get started. Registration/Info: 410-313-2764.

18 yrs + Classes: 1

RP4091.401 Roger Carter Comm Ctr May 20 8:30-9:30am Sa \$4

## La Canne (French Cane Fighting) with Steve Savoie

Get a great workout while learning the unique French sport of Canne De Combat (French stick fighting). Focus on basic strikes, blocks, lunges and evasions while increasing flexibility, coordination and strength. Once you try it, you'll love it! No experience required. Practice canes provided. Shin guards recommended. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

<u>14 yrs + Classes: 8</u>

RP8505.301 Cedar Lane Pk-West Apr 20 8:15-9:15pm Th \$46 RP8505.401 Cedar Lane Pk-West Jun 22 8:15-9:15pm Th \$46



Take the "work" out of "workout" and make fitness fun with a Zumba class!

#### Piloxing with Jordan Miller, SCW, AFAA

Enjoy a non-stop, cardio fusion of Pilates, boxing, and dance that pushes you past your limits for a sleek and powerful you! This class blends the power, speed and agility of boxing with the flexibility and sculpting of Pilates to give you a muscle-toning, fat-burning, exhilarating workout that makes you feel physically and mentally empowered! FREE class on January 10; register at www.freedomfitness.info/events. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8

 RP8135.301
 Gary J Arthur Comm Ctr
 Apr 18
 7-8pm
 Tu
 \$52

 RP8135.401
 Gary J Arthur Comm Ctr
 Jun 20
 7-8pm
 Tu
 \$52

## Step & Sculpt and Step & Sculpt Plus! with Marianne Larkin, AAA

Enjoy an invigorating, fun, medium-to-high-intensity class that has it all. Pump up your cardiovascular fitness and challenge your brain with the latest turbo charged step moves combined with strength, core and balance exercises for a total body workout. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Steps are provided. Bring a mat and hand weights. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

<u> 18 yrs + </u>	Step & Scul	ot Plus (Adv	<u>/anced Clas</u>	<u>s) Gary.</u>	J Arthur Comm Ct		
RP8300.301	Apr 22	8:30-9:45	Sam Sa	\$60	Classes: 10		
RP8300.401	Jul 15	8:30-9:45	Sam Sa	\$36	Classes: 6		
<u> 18 yrs +</u>	Step & Scul	pt Mt. Vi	ew MS				
RP8300.311	Apr 18	7-8pm	Tu or Th	\$44	Classes: 9		
RP8300.312	2 Apr 18	7-8pm	Tu,Th	\$84	Classes: 18		
18 yrs + Step & Sculpt Gary J Arthur Comm Ctr							
RP8300.411	Jul 11	7-8pm	Tu or Th	\$30	Classes: 6		
RP8300.412	2 Jul 11	7-8pm	Tu,Th	\$59	Classes: 12		

#### **STRONG**

Introducing music-led interval training: STRONG by Zumba. This class combines high intensity interval training with the science of Synced Music Motivation. In every class, music and moves sync in a way that pushes you past your perceived limits, to reach your fitness goals faster. (No class 7/3.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8

RP8430.304 N Laurel Comm Ctr Apr 3 7:30-8:30pm M \$80 RP8430.404 N Laurel Comm Ctr Jun 5 7:30-8:30pm M \$80

#### Tabata Boot Camp with Lori Nowicki, ACE

Get great results in a short time! This boot camp is based on the most effective high-intensity interval training (20 seconds on, 10 seconds rest). This program includes three types of Tabata for maximum results. Burn 5x more calories after exercise. Our motto is more is not better, better is better! Workouts can be modified. (No class 5/19.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

10	Cl7
18 vrs +	Classes: 7

RP8485.301	Roger Carter Comm Ctr	Apr 21	9:15-9:55am	F	\$35
<u> 18 yrs + Cla</u>	asses: 8				
RP8485.401	Roger Carter Comm Ctr	Jun 16	9:15-9:55am	F	\$40

#### Trim & Tighten

Enjoy a total body workout that moves to the beat of the music. Burn calories as you flow through a variety of exercises designed to sculpt and tone your body while improving your strength, balance and flexibility. Bring a mat and 2 to 5 lb weights. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

#### 18 yrs + Instructor: Marianne Larkin

RP8210.301	Mt. View MS	Apr 18	6-6:55pm	Tu,Th	\$56 Classes: 16		
RP8210.401	Gary J Arthur Comm Ctr	Jul 11	6-6:55pm	Tu,Th	\$42 Classes: 12		
18 yrs + Instructor: TBD							
RP8210.302	Burleigh Manor MS	Apr 19	6:30-7:25pm	W	\$32 Classes: 8		

### WERQ® Top 40 Fitness Party by Tracy Cox, AFAA

WERQ® is the fiercely fun dance fitness class based on pop, rock and hip-hop music taught by licensed and certified fitness professionals. For information on this fiercely funky program, visit www.werqfitness.com. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8 RP8430.311 Mt. View MS Apr 19 9:15-10:15am W \$72

#### Zumba

#### Agua Zumba

Known as the ZUMBA pool party, this Aqua Zumba class gives new meaning to the idea of an invigorating workout! Splashing, stretching, twisting, laughing, hooting and hollering - experience it all at Agua Zumba class. Blend together the Zumba formula and philosophy with traditional aqua fitness in a safe, challenging water-based workout that's cardio conditioning, body-tightening, and most of all, exhilarating! Free trial class on Thursday, May 11, register at www.freedomfitness.info/events. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

<u> 18 yrs +</u>	Instructor: M	ichelle Taylor	Roger Carter	Comm Ctr	Classes: 8
RP8612.30	1 Apr 11	9:45-10:30am	Tu,Th	\$80	
RP8612.31	1 May 16	9:45-10:30am	Tu,Th	\$80	
RP8612.40	1 Jun 20	9:45-10:30am	Tu,Th	\$80	
RP8612.41	1 Aug 1	9:45-10:30am	Tu,Th	\$80	
<u> 18 yrs +</u>	Instructor: Tis	sh Heyssel Ro	ger Carter Co	mm Ctr	Classes: 8
RP8612.30	2 Apr 11	6:30-7:15pm	Tu,Th	\$80	
RP8612.31	2 May 16	6:30-7:15pm	Tu,Th	\$80	
RP8612.40	2 Jun 20	6:30-7:15pm	Tu,Th	\$80	
	_ ,				
RP8612.41		6:30-7:15pm	Tu,Th	\$80	

#### Zumba

Zumba takes the "work" out of "workout" by mixing low-intensity and highintensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and world rhythms take over, you'll see why Zumba® Fitness is exercise in disguise. Super effective? Check. Super fun? Check. Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome

each time you leave class. (No class 5/29, 7/3, 7/5.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Instructor: Stephanie Scott Roger Carter Comm Ctr							
RP8330.301	Apr 10	5:30-6:30pm	M	\$58	Classes:	8	
RP8330.302	Apr 12	5:30-6:30pm	W	\$65	Classes:	9	
RP8330.401	Jun 26	5:30-6:30pm	M	\$50	Classes:	8	
RP8330.402	Jun 28	5:30-6:30pm	W	\$50	Classes:	8	
<u> 18 yrs + In</u>	structor: B	Brandi Harringto	n Class	es: 8			
RP8360.301	Misako E	Ballet Studio	Apr 17	7-8pr	n	М	\$96
RP8360.302	N Laurel	Comm Ctr	Apr 22	9:30-	10:30am	Sa	\$96
RP8360.401	Misako E	Ballet Studio	Jun 19	7-8pr	n	M	\$96
RP8360.402	N Laurel	Comm Ctr	Jun 24	9:30-	10:30am	Sa	\$96
<u> 18 yrs + In</u>	structor: C	heryl Osbourne	Classes	<u>: 16</u>			
RP8430.303	Mt. View	MS Apr 17	6:30-7	:20pm	M,W	\$12	0

### **Health & Relaxation**

### Gentle Yoga with Tracy Cox, Yogafit, AFAA

This relaxed, fun, but purposeful version of yoga emphasizes yoga movements and poses to build strength, grace and mindfulness. Bring a yoga mat. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 vrs + Classes: 8 RP8420.303 Mt. View MS Apr 19 10:15-11:15am W \$72

#### Hatha Yoga for Flexibility & Relaxation

Create a calm, peaceful awareness of both body and mind through the ancient art of yoga. Classic yoga postures and breathing techniques are practiced in a flowing style that integrates movement and breath. Come prepared to lengthen, strengthen and relax. Beginning and ongoing students are welcome. Yoga mats/blocks provided. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

#### 18 yrs + Kinetics Dance Theatre

RP8240.301	Apr 20	9:45-10:45am	Th	\$50	Classes: 5
RP8240.302	Apr 21	7:15-8:15pm	F	\$50	Classes: 5
RP8240.410	Jul 7	6:45-7:45pm	F	\$60	Classes: 6

#### Introduction to Pilates with Christine Williams

Connect your mind, body and spirit as you practice this systematic exercise program. This series of flowing movements and breathing patterns lengthen and strengthen your muscles with a primary focus on the powerhouse/abdominals. All levels of practitioners are welcome. Please bring a mat. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8

RP8155.301 Misako Ballet Studio Apr 22 8:30-9:30am Sa \$99

#### Muscle Pump Group Strength with Lisa Noorani

Get ready for a total body work-out with no cardio! This is Freedom Fitness's signature overall body-pumping workout; strengthening and defining every major muscle group. No choreography to learn, so it's ideal for all. Not a cardio class, but be prepared to work up a strong sweat and to be fit and fabulous! Please bring a non-slip yoga mat. (No class 7/3, 7/5.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov. 18 yrs + Classes: 16

RP8435.301	Roger Carter Comm Ctr	Apr 3	10:30-11:20am	M,W	\$118
RP8435,401	Roger Carter Comm Ctr	Jun 5	10:30-11:20am	M.W	\$118











Learn the importance of breathing and relax at a yoga class.

#### Pilates Plus with Liz Rolland

This matwork class strengthens and tones all major muscle groups, focusing specifically on abdominals, back, hips, and thighs. Light weights are added in order to intensify your workout once the basic exercises have been learned. Enjoy gentle yoga stretches and a full-body relaxation that leaves you refreshed and ready to face the day! Bring a yoga or Pilates mat and a thick beach towel. (No class 7/4.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8

RP8384.301 Roger Carter Comm Ctr Apr 18 9:15-10:15am Tu \$96 18 yrs + Classes: 5

RP8384.401 Roger Carter Comm Ctr Jun 20 9:15-10:15am Tu \$60

#### Pilates with Dianna Fornaro

This whole-body program emphasizes core strengthening for abdominal and lower back muscles. Work everything from your neck to your knees to your entire core. Tone and lengthen your muscles, increase your strength, improve your posture and flexibility, and have fun doing it! Bring a mat. (No class 5/29, 7/3, 7/5.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 16

RP8420.301 Cedar Lane Pk-West Apr 10 7:15-8:15pm M,W \$80 RP8420.401 Cedar Lane Pk-West Jun 12 7:15-8:15pm M,W \$80

#### Power Yoga Intermediate with Kris Copeman

This class is an energizing, athletic way of practicing yoga postures that emphasize strength, flexibility and stamina while creating the calm awareness to the mind and body. If you want a fitness-based class designed to build upper-body and core strength while increasing flexibility and reducing stress, this Ashtanga-based yoga is for you! This is an intermediate class; prior yoga experience is required. Yoga mats/blocks provided. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov. 18 yrs + Classes: 5

RP8241.301 Kinetics Dance Theatre Apr 20 11am-noon Th \$50

#### Qigong with Chris Judge

Qigong is a moving meditation practice that brings balance to the body and mind by connecting thoughtful movement with deep breathing. Learn a series of gently flowing movements that strengthen muscles and tendons, stabilize joints and quiet the mind. All levels of practitioner are welcome. Please wear comfortable clothing, no mat required. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

<u>18 yrs + Classes: 8</u>

RP8155.321 Misako Ballet Studio Apr 19 7-8pm W \$99 18 yrs + Classes: 10

RP8155.421 Misako Ballet Studio Jun 21 7-8pm W \$124

#### Revive, Relax & Renew with Yoga

Even if you can't twist into a pretzel, you can enjoy yoga. Classes are an active, physical workout and a relaxing, meditative work-in. This class is for beginners or those with some yoga experience. Explore and expand your own strength, flexibility, balance, and focus. You leave each class feeling better than when you walked in. Bring a mat/blanket. (No class 5/29, 7/3.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8 RP8252.301 Gary J Arthur Comm Ctr Apr 10 7-8pm \$76 18 yrs + Classes: 9 RP8252.302 Gary J Arthur Comm Ctr 5:45-6:45pm \$85 18 yrs + Classes: 6 RP8252.401 Gary J Arthur Comm Ctr Jun 12 \$57 7-8pm RP8252.402 Gary J Arthur Comm Ctr Jun 14 5:45-6:45pm

#### Scoop Pilates with Lori Nowicki, AAAI, AFPA

Pilates is the ultimate mind-body exercise program. This class, designed for the experienced Pilates exerciser, can be modified for the beginner. Exercises incorporate multiple repetitions, mixed tempos, added equipment and reformer-like movements. Strengthen your legs, arms and core, increase your flexibility, and reduce stress! Focus is on core, balance, breathing, and alignment. Bring your own mat and ball. (No class 7/4.) Registration: 410-313-7275. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

 18 yrs +
 Classes: 16

 RP8154.301
 Cedar Lane Pk-West
 Apr 18
 9:15-10am
 Tu,Th
 \$112

 18 yrs +
 Classes: 15

 RP8154.401
 Cedar Lane Pk-West
 Jun 13
 9:15-10am
 Tu,Th
 \$105

#### Sunday Afternoon Yoga with Mary Garratt

Ease your way from the weekend to the work week with yoga. Come refresh your body and calm your mind. Whether you're new to yoga or have experience, enjoy the benefits of an energizing, physical workout and a soothing, meditative work-in. Explore and expand your strength, flexibility, balance and focus. Leave each class relaxed and ready to take on the week! (No class 4/16, 7/2.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

 18 yrs + Classes: 4

 RP8252.312 Gary J Arthur Comm Ctr Apr 9 2-3pm Su \$38

 18 yrs + Classes: 6

 RP8252.412 Gary J Arthur Comm Ctr Jun 11 2-3pm Su \$57

#### Tai Chi Page 84

### Teen Yoga with Rachel Wolfe

This class follows Vinyasa yoga, a smoothly flowing style that synchronizes breath with each movement. This is an energizing class for the beginner or intermediate that strengthens and stretches muscles with sun salutations, standing poses, balancing poses, reclining and seated poses. The integration of breath relaxes the mind while providing maximum energy to the body. Yoga mats/blocks provided but please bring your own mat if you have one. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

 13-17 yrs
 Classes: 5

 RP8245.301
 Kinetics Dance Theatre
 Apr 21
 4:30-5:30pm
 F
 \$50

 13-17 yrs
 Classes: 6

 RP8245.401
 Kinetics Dance Theatre
 Jul 7
 4:30-5:30pm
 F
 \$60

#### Therapeutic Massage

Skilled gentle massage therapy can help you feel better physically, by easing pain and allowing the body to relax. Experience the benefits of Therapeutic Massage and Reflexology offered by Carol Lancaster, Licensed Massage Therapist. Info/schedule appointment: 410-313-4840.

18 yrs + /½ hr - \$35, 1 hr - \$60, 1½ hr - \$85, Reflexology - \$45 Gary J. Arthur Comm Ctr 10 AM-9 PM Tu



Personal Training allows you to customize a workout to fit your unique needs and abilities.

#### Yoga for a Stressful World with Liz Rolland

Step out of the busy chaos of life and learn to slow down and breathe. Practice tuning out the noise of the world while tuning in to peace and joy. Relieve stress and tension with simple, safe yoga postures and sequences, gentle stretches, deep breathing techniques, and guided relaxation, including yoga nidra. No prior yoga experience necessary. Please bring a yoga mat and a thick beach towel to each class. (No class 5/29.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8

RP8284.301 Roger Carter Comm Ctr Apr 17 \$96 18 yrs + Classes: 6

RP8284.401 Roger Carter Comm Ctr Jun 19 9:15-10:15am

### Yogalates with EC Goode

This class merges two disciplines, yoga, and Pilates. A fusion of the ancient discipline of yoga with the modern Pilates techniques, the exercises mix both disciplines to develop core strength, tone muscles, increase flexibility and reduce stress. Beginning and ongoing students are welcome. Yoga mats/ blocks are provided, but please bring your own mat if you have one. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov. 18 yrs + Classes: 5

RP8244.301 Kinetics Dance Theatre Apr 18 8:30-9:30pm <u>18 yrs + Classes: 6</u>

RP8244.401 Kinetics Dance Theatre Jul 11 8:30-9:30pm

## **Adults (55 yrs +)**

#### Exercise with Ease with Joyce DiTomasso

This well-rounded hour of fitness for active seniors includes low-impact aerobics, stretching, muscle tone and strength activities aimed at improving endurance, body alignment, balance, and proper breathing. Listen to upbeat music while learning simple choreographed moves. Info/Fitness Waiver: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + East Columbia 50 + Center Classes: 12

RP8060.301 Apr 18 8:50-9:50am Tu,Th

#### Fitness for Life with Lori Nowicki, ACE, AFPA

This class, designed for active adults, combines easy-to-follow aerobics, weight and cardio training with Keiser and Precor equipment, free weights, bands, floor exercises, balance training and stretching. A fitness waiver must be completed prior to exercising. (No class 4/17, 5/19, 5/29, 7/4.) Info/Fitness Waiver: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + N Laurel Comm Ctr RP8666.302 Apr 19 1-2:15pm

Jun 12 1-2:15pm

RP8666.402

M,W Classes: 14 \$84 M,W Classes: 16 \$96

55 yrs + Roger Carter Comm Ctr RP8666.303 Apr 18 12:15-1:30pm \$96 Tu,Th Classes: 16 RP8666.301 10-11:15am Classes: 7 Apr 21 \$42

12:15-1:30pm RP8666.403 Jun 13 Tu.Th Classes: 15 \$90 RP8666.401 Jun 16 10-11:15am Classes: 8 \$48 55 yrs + Gary J Arthur Comm Ctr

RP8666.304 Apr 18 10:30-11:45am Tu.Th Classes: \$96 RP8666.404 Jun 13 10:30-11:45am Tu.Th Classes:

## **Personal Training**

#### Personal Training

Each session is customized to fit your individual needs and abilities. Private training sessions are one participant to one trainer; semi-private sessions are up to three participants to one trainer. Sessions are non-transferrable. Registration for sessions is first-come, first-served; walk-in and phone registrations only. All sessions must be scheduled at the time of registration. Info: 410-313-4840, or Sara Schwab, 410-313-4842 or sschwab@howardcountymd.gov.

<u>13 yrs+</u>	Gary J Arthur Comm Ctr Ongoing	
1 session	(30 minutes, private)	\$45
1 session	(60 minutes, private)	\$75
4 sessions	(30 minutes, private)	\$160
8 sessions	(30 minutes, private)	\$299
4 sessions	(30 minutes, semi-private, group of 3)	\$240
8 sessions	(30 minutes, semi-private, group of 3)	\$459

# Concussion Information

#### www.howardcountymd.gov/concussion

#### What is a concussion?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild blow to the head can be serious.

#### What are some warning signs of a concussion? — For Immediate Attention Call 911

#### Signs Observed by a Parent/Guardian

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets sports plays
- Is unsure of game, score, or opponent
- · Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- · Shows behavior or personality changes
- Can't recall events prior to hit or fall
- · Can't recall events after hit or fall

#### Signs Reported by the Athlete

- Headache or "pressure" in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- · Sensitivity to light
- · Sensitivity to noise
- Feeling sluggish, hazy, or groggy
- Concentration or memory problems
- Confusion
- · Does not "feel right"

#### What should you do if you think a concussion has occurred?

#### 1. Seek medical attention right away.

A health care professional will be able to decide how serious the concussion is and when it is safe to return to play.

#### 2. Legally, you must keep your child out of play until medically cleared by a qualified health care provider.

Concussions take time to heal. Don't let your child return to play until a health care professional says it's ok. Children who return to play too soon, while the brain is still healing, risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.

#### 3. Inform all coaches about any recent concussions.

Coaches should know if your child has had a recent concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell them.

#### 4. Help your child return to sports safely after a concussion.

As symptoms decrease, the extra help or support can be removed gradually. Children and teens who return to activities after a concussion may need to • Take rest breaks as needed • Spend fewer hours at activities • If in doubt, sit it out!

### Consider getting a baseline test performed before a concussion occurs.

Righttime Medical Care, HeadFirst Sports Injury and Concussion Care is an innovative community program for young athletes, their families, physicians, coaches and athletic trainers in the education and evaluation of concussions, baseline testing and navigation to appropriate care in the unfortunate event a young athlete sustains a Traumatic Brain Injury.

One tool that assesses the symptoms of concussion is the ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) test. ImPACT is a computerized exam that measures cognitive brain function and reaction time of athletes 10 years of age and older. It can be administered to student athletes before an injury occurs to assess pre-injury cognitive function and reaction time. It's also used to measure the impact a concussion has on areas of brain function after an injury. Essentially, the ImPACT test is a preseason physical of the brain.

HeadFirst offers ImPACT baseline testing. This non-invasive test is set up in "video-game" style and takes about 25 minutes to complete. Righttime Medical Care's HeadFirst program also offers free baseline tests to athletes ages 10 & up who currently participate in Howard County Recreation & Parks programs. ImPACT testing is offered by appointment at the following locations. Info/appointment: 888-808-6483 or www.myheadfirst.com. 6334 Cedar Lane, Columbia, MD 21044

18045 Georgia Avenue, Olney, MD 20832

2401 Brandermill Boulevard, Gambrills, MD 21054

# **Sudden Cardiac Arrest**

#### www.howardcountymd.gov/suddencardiacarrest

#### What is Sudden Cardiac Arrest?

Sudden Cardiac Arrest (SCA) is a potentially fatal condition in which the heart suddenly and unexpectedly stops beating. When this happens, blood stops flowing to the brain and other vital organs. Student athletes' risk of SCA is nearly four times that of non-athletes due to increased demands on the heart during exercise. SCA is caused by several structural and electrical diseases of the heart. These conditions predispose an individual to have an abnormal rhythm that can be fatal if not treated within a few minutes. Most conditions responsible for SCA in children are inherited, which means the tendency to have these conditions is passed from parents to children through the genes. Other possible causes of SCA are a sudden blunt non-penetrating blow to the chest and the use of recreational or performance-enhancing drugs and/or energy drinks.

#### **Warning Signs of SCA**

- SCA strikes immediately.
- SCA should be suspected in any athlete who has collapsed and is unresponsive.
- No response to tapping on shoulders
- Does nothing when asked if he/she is OK
- No pulse

#### **Emergency Response to SCA**

- Act immediately; time is most critical to increase survival rates.
- Recognize SCA.
- Call 911 immediately and activate EMS.
- Administer CPR.
- Use Automatic External Defibrillator (AED).

**Warning Signs of Potential Heart Issues:** The following need to be further evaluated by your primary care provider. Risk of Inaction: Ignoring such symptoms and continuing to play could be catastrophic and result in sudden cardiac death. Taking these warning symptoms seriously and seeking timely appropriate medical care can prevent serious and possibly fatal consequences.

- Family history of heart disease/cardiac arrest
- Fainting, a seizure, or convulsions during physical activity
- Fainting or a seizure from emotional excitement, emotional distress, or being startled
- Dizziness or lightheadedness, especially during exertion
- Exercise-induced chest pain
- Palpitations: awareness of the heart beating, especially if associated with other symptoms such as dizziness
- Extreme tiredness or shortness of breath associated with exercise
- History of high blood pressure

#### How Can We Minimize The Risk of SCA & Improve Outcomes?

The risk of SCA in student athletes can be minimized by providing appropriate prevention, recognition and treatment strategies. One way to minimize risk is through an annual pre-participation screening evaluation, often called a sports physical, performed by the athlete's medical provider.

- 1. There is a "Pre-Participation Physical Evaluation Form" available at http://www.mpssaa.org/healthandsafety/forms.asp.
- 2. Since the majority of these conditions are inherited, be aware of your family history, especially if any close family member:
- a. had sudden unexplained and unexpected death before the age of 50.
- b. was diagnosed with any of the heart conditions listed above.
- c. died suddenly/unexpectedly during physical activity, during a seizure, from Sudden Infant Death Syndrome (SIDS) or from drowning.
- 3. Take seriously the warning signs and symptoms of SCA. Athletes should notify their parents, coaches, or school nurses if they experience any of these warning signs or symptoms.
- 4. Schools in Maryland have AED policies and emergency preparedness plans to address SCA and other emergencies in schools. Be aware of your school's various preventive measures.
- 5. If a cardiovascular disorder is suspected or diagnosed based on the comprehensive pre-participation screening evaluation, a referral to a child heart specialist or pediatric cardiologist is crucial. Such athletes should stop playing sports pending further evaluation and clearance by their medical providers.

Info from American Heart Association (www.heart.org), Parent Heart Watch (www.parentheartwatch.org) and the Sudden Cardiac Arrest Foundation (www.sca-aware.org).

## **Sports**

• Superintendent: Allan Harden, 410-313-4652.

#### Coaches' and Administrator's Registry

All children's sports coaches and administrators (volunteer or paid) are members of the Coaches' and Administrator's Registry. Membership requirements include:

- Annual National background screening
- American Sport Education Program certification
- Concussion and Cardiac Arrest awareness training
- Membership badge with photo and membership expiration date to be displayed by coach on field/court

#### **League Refund Policy**

Unless otherwise directed in the community sport program description, a 20% administrative fee is deducted for all refund requests more than four (4) weeks prior to league starting; a 50% refund if withdrawal requested more than two (2) weeks prior to league starting; no refunds are given less than two (2) weeks prior to the start of the league. Registration is accepted on a first-come, first-served basis up to the registration deadline listed in each league description. Additional teams may be accepted at the league commissioner's discretion. Special requests for youth leagues should be made at the time of registration, are not guaranteed, and are at the discretion of the department.

## **Aquatics**

- Swimming lessons emphasize skills needed to be safe in an aquatic environment. All our instructors have been trained at our facility and are knowledgeable about the programs we teach.
- Be sure to register your child for the appropriate level. If space allows, a participant may be moved to a lower or more advanced level at the discretion of the swim lesson coordinator.
- For multiple sessions, register your child in the same course for a minimum of two sessions. Children often require more than one session to master the skills needed to proceed to the next level.
- Parents and guardians are not permitted to assist child during the lesson, except for the parent-child or Therapeutic Recreation classes. Accompanying adult for children under 16 must remain at the facility.
- Swimming diapers and/or rubber shorts must be worn.
- Read Concussion & Sudden Cardiac Arrest info on pages 64-65. Your family's review of this info is required by law before you're allowed to register for sports/swim programs.

### **Group Lessons (0-18 yrs)**

#### Baby Water Play: Parent/Child

Parents, learn how to work safely with your child in the water, including how to appropriately support and hold your child. With an adult, children explore submerging, buoyancy and entering and exiting safely. Children begin to glide on the front and back with assistance and change body position in the water. Swimming diapers or rubber shorts in addition to swim wear must be worn. Registration/Info: 410-313-2764.

6 mos-3 yrs	Roger Carter Comm Ctr		Classes: 8	
RP4007.401	Apr 4	11-11:20am	Tu,Th	\$70
RP4007.402	Apr 4	5:30-5:50pm	Tu,Th	\$70
RP4007.403	May 2	11-11:20am	Tu,Th	\$70
RP4007.404	May 2	5:30-5:50pm	Tu,Th	\$70



Teach them while they're young at Preschool Swimming!

RP4007.501	Jun 5	9-9:20am	M-Th	\$70
RP4007.502	Jun 5	5-5:20pm	M-Th	\$70
RP4007.503	Jun 19	10:40-11am	M-Th	\$70
RP4007.504	Jun 19	5-5:20pm	M-Th	\$70
RP4007.505	Jul 3	10:40-11am	M-F	\$70
RP4007.506	Jul 3	5-5:20pm	M-F	\$70
RP4007.507	Jul 17	10:40-11am	M-Th	\$70
RP4007.508	Jul 17	5-5:20pm	M-Th	\$70
RP4007.509	Jul 31	10:40-11am	M-Th	\$70
RP4007.510	Jul 31	5-5:20pm	M-Th	\$70

#### Preschool Swimming Level 1

Your child becomes familiar with the aquatic environment and learns basic water skills such as water entry and exit, breath control, buoyancy, treading and swimming on the front and back with support. This class creates the foundation for safe practices.

#### Level 2 (must have passed Level 1)

After completing Level 1, children become more independent through more advanced fundamentals of water entry and exit, breath control, buoyancy, treading and swimming on the front and back with assistance as needed.

#### Level 3 (must have passed Level 2)

After completing Level 2, children practice independent water entry and exit, breath control, buoyancy, treading and swimming on the front and back at a more proficient level. Emphasis is on improved coordination of combined simultaneous and alternating arm and leg actions. Registration/Info: 410-313-2764.

4-5 yrs	Level 1	Roger Carte	er Comm Ctr	Classes: 8 \$/0	
RP4009.40	)1	Apr 5	11-11:20am	W,F	\$70
RP4009.40	)2	Apr 4	5-5:20pm	Tu,Th	\$70
RP4009.40	)3	Apr 4	5:30-5:50pm	Tu,Th	\$70
RP4009.40	)4	May 3	11-11:20am	W,F	\$70
RP4009.40	)5	May 2	5-5:20pm	Tu,Th	\$70
RP4009.40	06	May 2	5:30-5:50pm	Tu,Th	\$70
RP4009.50	)1	Jun 5	9-9:20am	M-Th	\$70
RP4009.50	)2	Jun 5	5-5:20pm	M-Th	\$70
RP4009.50	)3	Jun 19	8-8:20am	M-Th	\$70
RP4009.50	)4	Jun 19	10:40-11am	M-Th	\$70
RP4009.50	)5	Jun 19	5-5:20pm	M-Th	\$70
RP4009.50	)6	Jul 3	8-8:20am	M-F	\$70
RP4009.50	)7	Jul 3	10:40-11am	M-F	\$70
RP4009.50	08	Jul 3	5-5:20pm	M-F	\$70

RP4009.509	Jul 17	8-8:20am	M-Th	\$70
RP4009.510	Jul 17	10:40-11am	M-Th	\$70
RP4009.511	Jul 17	5-5:20pm	M-Th	\$70
RP4009.512	Jul 31	8-8:20am	M-Th	\$70
RP4009.513	Jul 31	10:40-11am	M-Th	\$70
RP4009.514	Jul 31	5-5:20pm	M-Th	\$70
4-5 yrs Level 2	Roger Cart	er Comm Ctr Classe	s: 8 \$70	
RP4010.401	Apr 4	11:30-11:50am	Tu,Th	\$70
RP4010.402	Apr 4	6-6:20pm	Tu,Th	\$70
RP4010.403	Apr 4	7:20-7:40pm	Tu,Th	\$70
RP4010.404	May 2	11:30-11:50am	Tu,Th	\$70
RP4010.405	May 2	6-6:20pm	Tu,Th	\$70
RP4010.406	May 2	7:20-7:40pm	Tu,Th	\$70
RP4010.501	Jun 5	10:30-10:50am	M-Th	\$70
RP4010.502	Jun 5	5:30-5:50pm	M-Th	\$70
RP4010.503	Jun 19	8:40-9am	M-Th	\$70
RP4010.504	Jun 19	5:30-5:50pm	M-Th	\$70
RP4010.505	Jul 3	8:40-9am	M-F	\$70
RP4010.506	Jul 3	5:30-5:50pm	M-F	\$70
RP4010.507	Jul 17	8:40-9am	M-Th	\$70
RP4010.508	Jul 17	5:30-5:50pm	M-Th	\$70
RP4010.509	Jul 31	8:40-9am	M-Th	\$70
RP4010.510	Jul 31	5:30-5:50pm	M-Th	\$70
4-5 yrs Level 3	Roger Cart	er Comm Ctr Classe	s: 8 \$70	
RP4011.401	Apr 5	11:30-11:50am	W,F	\$70
RP4011.402	Apr 4	6-6:20pm	Tu,Th	\$70
RP4011.403	Apr 4	7:20-7:40pm	Tu,Th	\$70
RP4011.404	May 3	11:30-11:50am	W,F	\$70
RP4011.405	May 2	6-6:20pm	Tu,Th	\$70
RP4011.406	May 2	7:20-7:40pm	Tu,Th	\$70
RP4011.501	Jun 5	10:30-10:50am	M-Th	\$70
RP4011.502	Jun 5	5:30-5:50pm	M-Th	\$70
RP4011.503	Jun 19	8:40-9am	M-Th	\$70
RP4011.504	Jun 19	5:30-5:50pm	M-Th	\$70
RP4011.505	Jul 3	8:40-9am	M-F	\$70
RP4011.506	Jul 3	5:30-5:50pm	M-F	\$70
RP4011.507	Jul 17	8:40-9am	M-Th	\$70
RP4011.508	Jul 17	5:30-5:50pm	M-Th	\$70
RP4011.509	Jul 31	8:40-9am	M-Th	\$70
RP4011.510	Jul 31	5:30-5:50pm	M-Th	\$70

### Aqua Kids

#### Level 1

In this introduction to swimming, learn basic water safety and skills. Skills include safe entry and exit, breath control, floating and swimming on the front and back.

#### Level 2 (must have passed Level 1)

After completing Level 1, build on the fundamental skills of entry and exit, breath control and buoyancy. Emphasis on combined simultaneous and alternating arm and leg action at a more proficient level. Learning how to float unassisted as well as treading in deep water.

#### Level 3 (must have passed Level 2)

After completing Level 2, build on your skills and begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Begin to learn head-first entries. You should be able to swim 15 yards freestyle and backstroke unassisted and be comfortable in deep water. Class taught in deep water. Registration/Info: 410-313-2764.

6-10 yrs Lev	el Roge	r Carter Comm Ctr	Classes: 8	
RP4012.401	Apr 4	5-5:30pm	Tu,Th	\$80
RP4012.402	Apr 5	5:35-6:05pm	W,F	\$80
RP4012.403	May 2	5-5:30pm	Tu,Th	\$80
RP4012.404	May 3	5:35-6:05pm	W,F	\$80
RP4012.501	Jun 5	6-6:30pm	M-Th	\$80

RP4012.502	Jun 19	10-10:30am	M-Th	\$80
RP4012.503	Jun 19	6-6:30pm	M-Th	\$80
RP4012.504	Jun 19	6:40-7:10pm	M-Th	\$80
RP4012.505	Jun 19	7:20-7:50pm	M-Th	\$80
RP4012.506	Jul 3	10-10:30am	M-F	\$80
RP4012.507	Jul 3	6-6:30pm	M-F	\$80
RP4012.508	Jul 3	6:40-7:10pm	M-F	\$80
RP4012.509	Jul 3	7:20-7:50pm	M-F	\$80
RP4012.510	Jul 17	10-10:30am	M-Th	\$80
RP4012.511	Jul 17	6-6:30pm	M-Th	\$80
RP4012.512	Jul 17	6:40-7:10pm	M-Th	\$80
RP4012.513	Jul 17	7:20-7:50pm	M-Th	\$80
RP4012.514	Jul 31	10-10:30am	M-Th	\$80
RP4012.515	Jul 31	6-6:30pm	M-Th	\$80
RP4012.516	Jul 31	6:40-7:10pm	M-Th	\$80
RP4012.517	Jul 31	7:20-7:50pm	M-Th	\$80
6-10 yrs Lev	el 2 Roge	er Carter Comm Ctr	Classes: 8	
RP4013.401	Apr 5	5-5:30pm	W,F	\$80
RP4013.402	Apr 5	6:45-7:15pm	W,F	\$80
RP4013.403	May 3	5-5:30pm	W,F	\$80
RP4013.404	May 3	6:45-7:15pm	W,F	\$80
RP4013.501	Jun 5	7:20-7:50pm	M-Th	\$80
RP4013.502	Jun 19	9:20-9:50am	M-Th	\$80
RP4013.503	Jun 19	6-6:30pm	M-Th	\$80
RP4013.504	Jun 19	7:20-7:50pm	M-Th	\$80
RP4013.505	Jul 3	9:20-9:50am	M-F	\$80
RP4013.506	Jul 3	6-6:30pm	M-F	\$80
RP4013.507	Jul 3	7:20-7:50pm	M-F	\$80
RP4013.508	Jul 17	9:20-9:50am	M-Th	\$80
RP4013.509	Jul 17	6-6:30pm	M-Th	\$80
RP4013.510	Jul 17	7:20-7:50pm	M-Th	\$80
RP4013.511	Jul 31	9:20-9:50am	M-Th	\$80
RP4013.512	Jul 31	6-6:30pm	M-Th	\$80
RP4013.513	Jul 31	7:20-7:50pm	M-Th	\$80
6-10 yrs Lev	el 3 Roge	er Carter Comm Ctr	Classes: 8	
RP4014.401	Apr 5	6:10-6:40pm	W,F	\$80
RP4014.402	Apr 5	7:20-7:50pm	W,F	\$80
RP4014.403	May 3	6:10-6:40pm	W,F	\$80
RP4014.404	May 3	7:20-7:50pm	W,F	\$80
RP4014.501	Jun 5	6-6:30pm	M-Th	\$80
RP4014.502	Jun 19	10-10:30am	M-Th	\$80
RP4014.503	Jun 19	6:40-7:10pm	M-Th	\$80
RP4014.504	Jun 19	7:20-7:50pm	M-Th	\$80
RP4014.505	Jul 3	10-10:30am	M-F	\$80
RP4014.506	Jul 3	6:40-7:10pm	M-F	\$80
RP4014.507	Jul 3	7:20-7:50pm	M-F	\$80
RP4014.508	Jul 17	10-10:30am	M-Th	\$80
RP4014.509	Jul 17	6:40-7:10pm	M-Th	\$80
RP4014.510	Jul 17	7:20-7:50pm	M-Th	\$80
RP4014.511	Jul 31	10-10:30am	M-Th	\$80
RP4014.512	Jul 31	6:40-7:10pm	M-Th	\$80
RP4014.512	Jul 31	7:20-7:50pm	M-Th	\$80
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#### **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.

#### Learn to Swim

#### **Beginner**

Learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught. Learn how to float without support and recover to a standing position.

#### Intermediate

After completing Beginner Level, build on fundamentals of entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back. Deep water safety is introduced. Begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Start to learn head-first entries. Registration/Info: 410-313-2764.

ginner Classes: 8				
Roger Carter Comm Ctr	Apr 5	7:55-8:25pm	W,F	\$80
Roger Carter Comm Ctr	May 3	7:55-8:25pm	W,F	\$80
Roger Carter Comm Ctr	Jun 5	7:20-7:50pm	M-Th	\$80
Roger Carter Comm Ctr	Jun 19	8-8:30pm	M-Th	\$80
Roger Carter Comm Ctr	Jul 3	8-8:30pm	M-F	\$80
Roger Carter Comm Ctr	Jul 17	8-8:30pm	M-Th	\$80
Roger Carter Comm Ctr	Jul 31	8-8:30pm	M-Th	\$80
ermediate Classes: 8				
Roger Carter Comm Ctr	Apr 5	8:30-9pm	W,F	\$80
Roger Carter Comm Ctr	May 3	8:30-9pm	W,F	\$80
Roger Carter Comm Ctr	Jun 5	7:55-8:25pm	M-Th	\$80
Roger Carter Comm Ctr	Jun 19	8-8:30pm	M-Th	\$80
Roger Carter Comm Ctr	Jul 3	8-8:30pm	M-F	\$80
Roger Carter Comm Ctr	Jul 17	8-8:30pm	M-Th	\$80
Roger Carter Comm Ctr	Jul 31	8-8:30pm	M-Th	\$80
	Roger Carter Comm Ctr Roger Carter Comm Ctr	Roger Carter Comm Ctr Roger Carter Comm Ctr Roger Carter Comm Ctr Roger Carter Comm Ctr Jun 5 Roger Carter Comm Ctr Jun 19 Roger Carter Comm Ctr Jul 3 Roger Carter Comm Ctr Jul 31 Roger Carter Comm Ctr Jun 5 Roger Carter Comm Ctr Roger Carter Comm Ctr Jun 5 Roger Carter Comm Ctr Jun 5 Roger Carter Comm Ctr Jun 19 Roger Carter Comm Ctr Jun 19 Roger Carter Comm Ctr Jul 3 Roger Carter Comm Ctr Jul 3	Roger Carter Comm Ctr Apr 5 7:55-8:25pm Roger Carter Comm Ctr May 3 7:55-8:25pm Roger Carter Comm Ctr Jun 5 7:20-7:50pm Roger Carter Comm Ctr Jun 19 8-8:30pm Roger Carter Comm Ctr Jul 3 8-8:30pm Roger Carter Comm Ctr Jul 31 8-8:30pm Roger Carter Comm Ctr Jul 31 8-8:30pm Remediate Classes: 8 Roger Carter Comm Ctr Apr 5 8:30-9pm Roger Carter Comm Ctr May 3 8:30-9pm Roger Carter Comm Ctr Jun 5 7:55-8:25pm Roger Carter Comm Ctr Jun 19 8-8:30pm Roger Carter Comm Ctr Jun 19 8-8:30pm Roger Carter Comm Ctr Jul 3 8-8:30pm Roger Carter Comm Ctr Jul 3 8-8:30pm Roger Carter Comm Ctr Jul 3 8-8:30pm	Roger Carter Comm Ctr         Apr 5         7:55-8:25pm         W,F           Roger Carter Comm Ctr         May 3         7:55-8:25pm         W,F           Roger Carter Comm Ctr         Jun 5         7:20-7:50pm         M-Th           Roger Carter Comm Ctr         Jun 19         8-8:30pm         M-Th           Roger Carter Comm Ctr         Jul 17         8-8:30pm         M-Th           Roger Carter Comm Ctr         Jul 31         8-8:30pm         M-Th           Remediate         Classes: 8         8         8:30-9pm         W,F           Roger Carter Comm Ctr         May 3         8:30-9pm         W,F           Roger Carter Comm Ctr         Jun 5         7:55-8:25pm         M-Th           Roger Carter Comm Ctr         Jun 19         8-8:30pm         M-Th           Roger Carter Comm Ctr         Jun 19         8-8:30pm         M-Th           Roger Carter Comm Ctr         Jul 13         8-8:30pm         M-Th           Roger Carter Comm Ctr         Jul 3         8-8:30pm         M-Th           Roger Carter Comm Ctr         Jul 3         8-8:30pm         M-Th           Roger Carter Comm Ctr         Jul 3         8-8:30pm         M-Th

#### **Adult Swim Lessons**

#### **Beginner**

Adults who never learned how to swim, this is the class for you. Also, build on the basic fundamentals of swimming. Entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught.

#### Intermediate

Looking to refine and hone your stroke and turn skills? Adults with intermediate swimming skills, refine their stroke and breathing skills for continuous swimming. Freestyle, backstroke, breaststroke and rhythmic breathing are heavily emphasized. Registration/Info: 410-313-2764.

16 vrs +	Beginner	Classes: 8
,	•	,

RP4019.401	Roger Carter Comm Ctr	Apr 4	7:45-8:15pm	Tu,Th	\$80
RP4019.402	Roger Carter Comm Ctr	May 2	7:45-8:15pm	Tu,Th	\$80
RP4019.501	Roger Carter Comm Ctr	Jun 5	8:30-9pm	M-Th	\$80
RP4019.502	Roger Carter Comm Ctr	Jun 19	8:30-9pm	M-Th	\$80
RP4019.503	Roger Carter Comm Ctr	Jul 3	8:30-9pm	M-F	\$80
RP4019.504	Roger Carter Comm Ctr	Jul 17	8:30-9pm	M-Th	\$80
RP4019.505	Roger Carter Comm Ctr	Jul 31	8:30-9pm	M-Th	\$80
<u>16 yrs + Int</u>	termediate Classes: 8				
RP4023.401	Roger Carter Comm Ctr	Apr 4	8:30-9pm	Tu,Th	\$80
RP4023.402	Roger Carter Comm Ctr	May 2	8:30-9pm	Tu,Th	\$80
RP4023.501	Roger Carter Comm Ctr	Jun 5	8:30-9pm	M-Th	\$80
RP4023.502	Roger Carter Comm Ctr	Jun 19	8:30-9pm	M-Th	\$80
RP4023.503	Roger Carter Comm Ctr	Jul 3	8:30-9pm	M-F	\$80
RP4023.504	Roger Carter Comm Ctr	Jul 17	8:30-9pm	M-Th	\$80
RP4023.505	Roger Carter Comm Ctr	Jul 31	8:30-9pm	M-Th	\$80

#### **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.

#### Private Lessons (3 yrs +)

#### Private/Semi-Private Swim Lessons

Each lesson lasts 30 minutes and is customized to fit individual needs and swimming abilities. Private lessons include one participant to one instructor; semi-private lessons include up to three participants to one instructor. Semi-private lessons participants must be of similar age and ability. Lessons are not transferable. Registration is first-come, first-served. All lessons must be scheduled at the time of registration online, in person, or over the phone. Registration: 410-313-2764. Info: Stacy Tozaki, 410-313-2765 or stozaki@howardcountymd.gov.

3 yrs + Ongoing		Roger Cart		
RP4020.40	)1 Priva	ate	8 classes	\$252
RP4020 40	)2 Sem	i-nrivate	8 classes	\$441

#### Swim Team (6-18 yrs)

## Swim Team Training Pre-Swim Team Skills

In this stroke improvement course, work on the front crawl and elementary backstroke for longer distances and be introduced to sidestroke, back crawl, breaststroke and butterfly. The basics of turning at the wall and diving are presented. This is the perfect course for those interested in swim team! Prerequisite: 25 yards of freestyle and 25 yards of backstroke.

#### **Rec Swim League**

Thinking about swim team? This recreational league teaches you the basics of competing. Prerequisites: 25 yard freestyle, 25 yard backstroke and 25 yard breaststroke.

#### **Stroke and Turn Clinic**

Are you already a competitive swimmer? Work on perfecting each stroke and learn flip turns for continuous swimming for competitions and triathlons. Prerequisite: 50-yard backstroke, 50-yard breaststroke, and 50-yard freestyle. Registration/Info: 410-313-2764.

6-18 yrs Pi	re-Swim Team Skills Cla	sses: 8			
RP4018.401	Roger Carter Comm Ctr	Apr 4	7:45-8:15pm	Tu,Th	\$80
RP4018.402	Roger Carter Comm Ctr	Apr 4	8:30-9pm	Tu,Th	\$80
RP4018.403	Roger Carter Comm Ctr	May 2	7:45-8:15pm	Tu,Th	\$80
RP4018.404	Roger Carter Comm Ctr	May 2	8:30-9pm	Tu,Th	\$80
RP4018.501	Roger Carter Comm Ctr	Jun 5	7:55-8:25pm	M-Th	\$80
RP4018.502	Roger Carter Comm Ctr	Jun 19	8-8:30am	M-Th	\$80
RP4018.503	Roger Carter Comm Ctr	Jun 19	9:20-9:50am	M-Th	\$80
RP4018.504	Roger Carter Comm Ctr	Jun 19	8-8:30pm	M-Th	\$80
RP4018.505	Roger Carter Comm Ctr	Jun 19	8:30-9pm	M-Th	\$80
RP4018.506	Roger Carter Comm Ctr	Jul 3	8-8:30am	M-F	\$80
RP4018.507	Roger Carter Comm Ctr	Jul 3	9:20-9:50am	M-F	\$80
RP4018.508	Roger Carter Comm Ctr	Jul 3	8-8:30pm	M-F	\$80
RP4018.509	Roger Carter Comm Ctr	Jul 3	8:30-9pm	M-F	\$80
RP4018.510	Roger Carter Comm Ctr	Jul 17	8-8:30am	M-Th	\$80
RP4018.511	Roger Carter Comm Ctr	Jul 17	9:20-9:50am	M-Th	\$80
RP4018.512	Roger Carter Comm Ctr	Jul 17	8-8:30pm	M-Th	\$80
RP4018.513	Roger Carter Comm Ctr	Jul 17	8:30-9pm	M-Th	\$80
RP4018.514	Roger Carter Comm Ctr	Jul 31	8-8:30am	M-Th	\$80
RP4018.515	Roger Carter Comm Ctr	Jul 31	9:20-9:50am	M-Th	\$80
RP4018.516	Roger Carter Comm Ctr	Jul 31	8-8:30pm	M-Th	\$80
RP4018.517	Roger Carter Comm Ctr	Jul 31	8:30-9pm	M-Th	\$80
6-10 yrs Re	ec Swim League Classes	: 8			
RP4022.401	Roger Carter Comm Ctr	Apr 3	5-6pm	M,Sa	\$114
RP4022.403	Roger Carter Comm Ctr	May 1	5-6pm	M,Sa	\$114
11-18 yrs 1	Rec Swim League Classe	<u>25: 8</u>			
RP4022.402	Roger Carter Comm Ctr	Apr 3	6-7pm	M,Sa	\$114
RP4022.404	Roger Carter Comm Ctr	May 1	6-7pm	M,Sa	\$114
<u>10 yrs + St</u>	troke and Turn Clinic Cla	isses: 8			
RP4024.401	Roger Carter Comm Ctr	Apr 3	7:30-8:30pm	M	\$100



Join a swim team this summer and compete against other teams.

#### Roger Carter Seals Swim Team

Make a splash this summer enjoying local competition while improving endurance and the four basic strokes. Pre-requisite: 25-yards front crawl, 25-yards backstroke. The team practices five days per week (morning or evening) and competes in Saturday morning meets in the Prince-Mont Swim League. Mandatory skill evaluations are held on Saturday, May 20, at 8:30 AM for all swimmers. Attendance at swim meets is mandatory. Swimmers who do not attend meets may be removed from the team without refund. A mandatory parents meeting is held Saturday, May 27, at noon to discuss skill evaluation, group assignment, practice times, meets and general questions. Parent volunteers encouraged! Fee includes t-shirt, swim cap and special events. (No class 7/4.) Registration/Info: 410-313-2764.

<u>5-11 yrs Weeks: 9</u>			
RP4005.501 Roger Carter Comm Ctr	May 30	M-Th,Sa	\$184
12-18 yrs Weeks: 9			
RP4005 502 Roger Carter Comm Ctr	May 30	M-Th Sa	\$184

## NEW! One-Day Clinics & Drop-In (Youth & Adults)

#### **Backstroke Clinic**

Learn how to improve your backstroke swimming stroke. Emphasis is placed on stroke technique and improvement. Prerequisite: 50-yards backstroke. Info 410-313-2764.

6-16 yrs Clas	sses: 1				
RP4031.401	Roger Carter Comm Ctr	Apr 29	Noon-1pm	Sa	\$12
RP4031.402	Roger Carter Comm Ctr	May 27	Noon-1pm	Sa	\$12
RP4031.501	Roger Carter Comm Ctr	Jun 25	Noon-1pm	Su	\$12
RP4031.502	Roger Carter Comm Ctr	Jul 23	Noon-1pm	Su	\$12
RP4031.503	Roger Carter Comm Ctr	Aug 20	Noon-1pm	Su	\$12

#### **Basic Diving Clinic**

Learn the basics of diving in this one-day clinic. Topics covered include seated, kneeling and standing dives from both the deck and diving board. No diving experience required. Pre-requisite: 25 yards freestyle and comfortable in deep water. Class is taught in 10'6". Info: 410-313-2764.

<u>6-15 yrs Classes: I</u>					
RP4025.401	Roger Carter Comm Ctr	Apr 8	10:45-11:45am	Sa	\$12
RP4025.403	Roger Carter Comm Ctr	May 6	10:45-11:45am	Sa	\$12
RP4025.501	Roger Carter Comm Ctr	Jun 4	10:45-11:45am	Su	\$12

RP4025.503	Roger Carter Comm Ctr	Jul 2	10:45-11:45am	Su	\$12			
RP4025.505	Roger Carter Comm Ctr	Jul 30	10:45-11:45am	Su	\$12			
<u>16 yrs + Classes: 1</u>								
RP4025.402	Roger Carter Comm Ctr	Apr 8	Noon-1pm	Sa	\$12			
RP4025.404	Roger Carter Comm Ctr	May 6	Noon-1pm	Sa	\$12			
RP4025.502	Roger Carter Comm Ctr	Jun 4	Noon-1pm	Su	\$12			
RP4025.504	Roger Carter Comm Ctr	Jul 2	Noon-1pm	Su	\$12			
RP4025.506	Roger Carter Comm Ctr	Jul 30	Noon-1pm	Su	\$12			

#### **Breaststroke Clinic**

Learn how to improve your breaststroke swimming. Emphasis is placed on stroke technique and improvement. Prerequisite: 50-yards breaststroke. Info: 410-313-2764.

6-15  yrs + 0	Classes: 1				
RP4032.401	Roger Carter Comm Ctr	Apr 22	10:45-11:45am	Sa	\$12
RP4032.403	Roger Carter Comm Ctr	May 20	10:45-11:45am	Sa	\$12
RP4032.501	Roger Carter Comm Ctr	Jun 18	10:45-11:45am	Su	\$12
RP4032.503	Roger Carter Comm Ctr	Jul 16	10:45-11:45am	Su	\$12
RP4032.505	Roger Carter Comm Ctr	Aug 13	10:45-11:45am	Su	\$12
<u>16 yrs + Cla</u>	isses: 1				
RP4032.402	Roger Carter Comm Ctr	Apr 22	Noon-1pm	Sa	\$12
RP4032.404	Roger Carter Comm Ctr	May 20	Noon-1pm	Sa	\$12
RP4032.502	Roger Carter Comm Ctr	Jun 18	Noon-1pm	Su	\$12
RP4032.504	Roger Carter Comm Ctr	Jul 16	Noon-1pm	Su	\$12
RP4032.506	Roger Carter Comm Ctr	Aug 13	Noon-1pm	Su	\$12

#### **Butterfly Stroke Clinic**

Learn how to improve your butterfly stroke technique and timing in this clinic. Pre-requisite: 25-yards butterfly. Registration/Info 410-313-2764.

6-15  yrs + 0	<u>liasses: i</u>				
RP4034.401	Roger Carter Comm Ctr	Apr 15	Noon-1pm	Sa	\$12
RP4034.403	Roger Carter Comm Ctr	May 13	Noon-1pm	Sa	\$12
RP4034.501	Roger Carter Comm Ctr	Jun 11	Noon-1pm	Su	\$12
RP4034.503	Roger Carter Comm Ctr	Jul 9	Noon-1pm	Su	\$12
RP4034.505	Roger Carter Comm Ctr	Aug 6	Noon-1pm	Su	\$12
<u>16 yrs + Cla</u>	<u>isses: 1</u>				
RP4034.402	Roger Carter Comm Ctr	Apr 15	1:15-2:15pm	Sa	\$12
RP4034.404	Roger Carter Comm Ctr	May 13	1:15-2:15pm	Sa	\$12
RP4034.502	Roger Carter Comm Ctr	Jun 11	1:15-2:15pm	Su	\$12
RP4034.504	Roger Carter Comm Ctr	Jul 9	1:15-2:15pm	Su	\$12
RP4034.506	Roger Carter Comm Ctr	Aug 6	1:15-2:15pm	Su	\$12

#### Introduction to Butterfly Clinic

Learn the basics of butterfly kick, pull and stroke. No prior butterfly swim experience required. Pre-requisite: 50-yards breaststroke. Info: 410-313-2764.

<u>6-15 yrs +</u>	Classes: 1				
RP4033.401	Roger Carter Comm Ctr	Apr 15	9:30-10:30am	Sa	\$12
RP4033.403	Roger Carter Comm Ctr	May 13	9:30-10:30am	Sa	\$12
RP4033.501	Roger Carter Comm Ctr	Jun 11	9:30-10:30am	Su	\$12
RP4033.503	Roger Carter Comm Ctr	Jul 9	9:30-10:30am	Su	\$12
RP4033.505	Roger Carter Comm Ctr	Aug 6	9:30-10:30am	Su	\$12
<u>16 yrs + C</u>	lasses: 1				
RP4033.402	Roger Carter Comm Ctr	Apr 15	10:45-11:45am	Sa	\$12
RP4033.404	Roger Carter Comm Ctr	May 13	10:45-11:45am	Sa	\$12
RP4033.502	Roger Carter Comm Ctr	Jun 11	10:45-11:45am	Su	\$12
RP4033.504	Roger Carter Comm Ctr	Jul 9	10:45-11:45am	Su	\$12
RP4033.506	Roger Carter Comm Ctr	Aua 6	10:45-11:45am	Su	\$12

#### **Competitive Turns**

Learn and refine your racing turns and transitions to improve your speed and efficiency. Flip turns, open turn, and backstroke flip turn are covered in this one day clinic. Pre-requisite: 25 yards freestyle, 25 yards backstroke and 25 yards breaststroke. Info: 410-313-2764.

#### 6-16 yrs Classes: 1

RP4027.401	Roger Carter Comm Ctr	Apr 8	9:30-10:30am	Sa	\$12
RP4027.402	Roger Carter Comm Ctr	May 6	9:30-10:30am	Sa	\$12
RP4027.501	Roger Carter Comm Ctr	Jun 4	9:30-10:30am	Su	\$12
RP4027.502	Roger Carter Comm Ctr	Jul 2	9:30-10:30am	Su	\$12
RP4027.503	Roger Carter Comm Ctr	Jul 30	9:30-10:30am	Su	\$12

#### Freestyle Stroke Clinic

Learn how to improve your freestyle swimming stroke. Emphasis is placed on stroke technique and improvement. Pre-requisite: 50-yards freestyle. Info: 410-313-2764.

#### 6-16 yrs Classes: 1

RP4030.401	Roger Carter Comm Ctr	Apr 29	10:45-11:45am	Sa	\$12
RP4030.402	Roger Carter Comm Ctr	May 27	10:45-11:45am	Sa	\$12
RP4030.501	Roger Carter Comm Ctr	Jun 25	10:45-11:45am	Su	\$12
RP4030.502	Roger Carter Comm Ctr	Jul 23	10:45-11:45am	Su	\$12
RP4030.503	Roger Carter Comm Ctr	Aug 20	10:45-11:45am	Su	\$12

#### Open Water/Triathlon Clinic

Learn tips and techniques to improve your speed, efficiency and endurance for open water, long distance or triathlon swims. Pre-requisite: 100 yards freestyle without stopping. Info: 410-313-2764.

#### 16 yrs + Classes: 1

RP4028.401	Roger Carter Comm Ctr	Apr 8	1:15-2:15pm	Sa	\$12
RP4028.402	Roger Carter Comm Ctr	May 6	1:15-2:15pm	Sa	\$12
RP4028.501	Roger Carter Comm Ctr	Jun 4	1:15-2:15pm	Su	\$12
RP4028.502	Roger Carter Comm Ctr	Jul 2	1:15-2:15pm	Su	\$12
RP4028.503	Roger Carter Comm Ctr	Jul 30	1:15-2:15pm	Su	\$12

#### Racing/Competitive Starts Clinic

Learn and refine your racing starts for each competitive stroke and relays. Both in water and out of water dives/starts are taught in this one day clinic. Pre-requisites: 25 yards freestyle, 25 yards backstroke and 25 yards breast-stroke. Info: 410-313-2764.

#### 6-16 yrs Classes: 1

RP4026.401	Roger Carter Comm Ctr	Apr 22	9:30-10:30am	Sa	\$12
RP4026.402	Roger Carter Comm Ctr	May 20	9:30-10:30am	Sa	\$12
RP4026.501	Roger Carter Comm Ctr	Jun 18	9:30-10:30am	Su	\$12
RP4026.502	Roger Carter Comm Ctr	Jul 16	9:30-10:30am	Su	\$12
RP4026.503	Roger Carter Comm Ctr	Aug 13	9:30-10:30am	Su	\$12

#### Swimming Endurance Clinic

Learn how to take your swimming to the next level by improving endurance and distance. Pre-requisite: 25-yards freestyle. Info: 410-313-2764.

#### 16 yrs + Classes: 1

10 /10 1 010					
RP4029.401	Roger Carter Comm Ctr	Apr 29	9:30-10:30am	Sa	\$12
RP4029.402	Roger Carter Comm Ctr	May 27	9:30-10:30am	Sa	\$12
RP4029.501	Roger Carter Comm Ctr	Jun 25	9:30-10:30am	Su	\$12
RP4029.502	Roger Carter Comm Ctr	Jul 23	9:30-10:30am	Su	\$12
RP4029.503	Roger Carter Comm Ctr	Aua 20	9:30-10:30am	Su	\$12

#### **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.

#### **Guarding & Certification (15 yrs +)**

#### Junior Lifeguarding

This program is a fun way to learn what it takes to be a lifeguard! You will practice victim recognitions and simple rescues alongside the Roger Carter lifeguard team. Training topics include preventing accidents, responding to emergencies, leadership and professionalism. Participants will also be eligible to become American Red Cross CPR Certified. Swimming is required so pack a suit! Registration/Info: 410-313-2764.

#### 12-14 yrs Classes: 5

RP4001.501	Roger Carter Comm Ctr	Jun 26	9am-1pm	M-F	\$90
RP4001.502	Roger Carter Comm Ctr	Jul 10	9am-1pm	M-F	\$90
RP4001.503	Roger Carter Comm Ctr	Jul 24	4-8pm	M-F	\$90
RP4001.504	Roger Carter Comm Ctr	Aug 7	4-8pm	M-F	\$90

#### Lifequard Recertification

Recertify in just 10 hours! This course is for those who are currently certified in Lifeguarding/First Aid and CPR/AED. This is a competency test of skills with limited review with an instructor. Participants must provide copies of current certifications upon registration. Upon successful completion of the review, gain two-year certifications for Lifeguarding/First Aid and CPR/AED for the Lifeguard. Info: 410-313-2764.

#### <u>15 yrs + Classes: 2</u>

RP4003.401	Roger Carter Comm Ctr	Apr 8	4-9pm	Su,Sa	\$125
RP4003.402	Roger Carter Comm Ctr	May 13	4-9pm	Su,Sa	\$125
RP4003.501	Roger Carter Comm Ctr	Jun 3	4-9pm	Su,Sa	\$125
RP4003.502	Roger Carter Comm Ctr	Aug 12	4-9pm	Su,Sa	\$125

#### Lifequard Training

Prepare to save lives and make a difference in your community! Learn the skills necessary to prevent and respond to aquatic emergencies. Specific precourse swimming requirements available when registering. You must attend every class, successfully complete required skills and pass written exams to receive the Red Cross certification for 2 years in Lifeguarding/First Aid and CPR/AED for the professional rescuer. You must be prepared to swim at all classes. Info: 410-313-2764.

#### 15 yrs + Classes: 3

RP4002.402	Roger Carter Comm Ctr	May 10	9am-5pm	Su.F-Sa	\$205
	noger Carter Committee	iviay 19	Jaiii-Spiii	3u,r-3d	
RP4002.501	Roger Carter Comm Ctr	Jun 16	9am-5pm	Su,F-Sa	\$205
RP4002.502	Roger Carter Comm Ctr	Aug 18	9am-5pm	Su,F-Sa	\$205
<u> 15 yrs + Cla</u>	asses: 4				
RP4002.401	Roger Carter Comm Ctr	Apr 20	9am-5pm	Su,Th-Sa	\$205

## **Badminton**

#### Youth Badminton

Boys and girls, learn the fun, fast-paced game of badminton. Each week, learn skills and game concepts through games and activities and compete in matches. Racquets and shuttlecocks are provided. (No class 5/29.) Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

9-14 yrs Classes: 8

RP6830.301 Meadowbrook Ath Comp Apr 17 7-8:30pm M \$70

#### Adult Badminton **flick**r

Play badminton during the day or at night! Join other badminton players of all ability levels in singles and doubles matches. The Meadowbrook Athletic Complex has courts set up during the designated times. A leader is on site to check in players. Bring your own rackets and shuttlecocks. (No class 4/13, 5/29.) Info: Will Dunmore, 410-313-1697 (evening session); Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov (day session).

18 ر	rs +	Classes:	15

RP6830.302	Meadowbrook Ath Comp	Apr 17	8:30-11pm	M	\$60
<u> 18 yrs + Cla</u>	asses: 10				
RP6830.321	Meadowbrook Ath Comp	Apr 6	3-5pm	Th	\$40

\$48



Tiny Tykes Tee Ball is the perfect introduction to the sport.

# **Baseball, Softball & Tee Ball**

# **Pre-K & Youth Instruction**

# Tiny Tykes Tee Ball

Batter up! Nobody strikes out and everyone hits home runs! Our ageappropriate equipment and activities are designed to provide a successful introduction to the skills of batting, catching, throwing, and base running. Parents are encouraged to follow the coach's instructions to assist in the games and activities with your child. (No class 5/29.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Clas	<u>sses: 6</u>				
RP6053.301	Cedar Lane Pk-West	Apr 24	1:30-2:15pm	М	\$75
RP6053.302	Northfield ES	Apr 24	5:30-6:15pm	М	\$75
RP6053.303	N Laurel Comm Ctr	Apr 25	5:30-6:15pm	Tu	\$75
RP6053.304	Cedar Lane Pk East	Apr 26	10:30-11:15am	W	\$75
RP6053.305	Gary J Arthur Comm Ctr	Apr 26	1:30-2:15pm	W	\$75
RP6053.306	Meadowbrook Ath Comp	Apr 27	1:30-2:15pm	Th	\$75
RP6053.307	Guilford ES	Apr 29	9:30-10:15am	Sa	\$75
RP6053.308	Dayton Oaks ES	Apr 29	2:30-3:15pm	Sa	\$75

#### Columbia Baseball & Softball Fest flickr

Come prepare for spring with the 4th annual Columbia Baseball & Softball Fest! This exciting event features a visit from the Baltimore Oriole Bird, free player clinic put on by instructors from the Columbia Baseball & Softball League, equipment sales, and on-site program registration. Bring a glove, all other equipment is provided. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

4-14 yrs

RP5990.303 Long Reach HS Mar 18 10am-2pm Sa Free

#### Kiddie Tee Ball

Learn the fundamentals of baseball in this exciting clinic. Coaches have extensive training and focus on developing the skills necessary to play one of the most popular sports in the country. Learn to catch, throw, field ground balls, hit and run the bases in a variety of drills and mini-games. Bring a glove; other equipment is provided. (No class 5/19, 5/25, 5/29.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

4 ½-6 ½ yrs	Classes: 6				
RP6054.301	Centennial Lane ES	Apr 24	4:25-5:25pm	М	\$48
RP6054.302	Hammond ES	Apr 18	4:40-5:40pm	Tu	\$48
RP6054.303	Worthington ES	Apr 19	5:05-6:05pm	W	\$48
RP6054.304	Bellows Spring ES	Apr 20	5:05-6:05pm	Th	\$48
RP6054.305	Fulton ES	Apr 19	5:05-6:05pm	W	\$48

# Columbia Instructional Softball League

Come join Columbia softball for this spring, instructional league. Emphasis is on teaching and developing the fundamental skills, while also enhancing existing skills. All skill levels are welcomed. Activities take place during the week, and once on Saturdays. Coaches use scrimmages and modified games to deliver a fun and engaging experience for all players. Activities on Saturdays are in 1 to 1.5 hour time blocks, between 9am and 12:30pm. Teams may compete in HC Alliance Softball League with other organizations. Coaches have softball-specific experience and training. Bring a glove; all other equipment is provided. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Neeks: 8
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RP5995.301	6-8 yrs	Apr 1	9am-12:30pm	Sa	\$95
RP5995.311	9-10 yrs	Apr 1	9am-12:30pm	Sa	\$95
RP5995 321	11-12 vrs	∆nr 1	9am-12·30nm	۲a	\$95

#### After-School Baseball

Learn the fundamentals of baseball in this exciting once-a-week clinic. Baseball practice takes place after-school. Coaches have extensive baseball training and focus on developing the key skills necessary to play one of the most popular sports in the country. Learn to catch, throw, field ground balls, hit, and run the bases through a variety of drills and mini-games. Bring your glove, all other equipment is provided. Meet outside school office; coach escorts players to field. (No class 5/19, 5/25, 5/29.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

0 ½-8 yrs Classes: 0					
RP6057.301	Centennial Lane ES	Apr 24	3:20-4:20pm	M	\$48
RP6057.302	Hammond ES	Apr 18	3:35-4:35pm	Tu	\$48
RP6057.303	Worthington ES	Apr 19	4-5pm	W	\$48
RP6057.304	Bellows Spring ES	Apr 20	4-5pm	Th	\$48

Apr 19

# Pre-K, Youth & Teen Leagues

• League Refund Policy Page 68

RP6057.305 Fulton ES

# Columbia Spring Baseball League

This exciting league features tee ball, in-house baseball, and teams at the 11-12 and 13-14 age groups that play in the HC Alliance League with surrounding organizations. The tee ball and in-house baseball leagues consist of weeknight practices and one Saturday or Sunday game per week. Weeknight games may be added at the league's discretion. Bring your glove; all other equipment is provided. Head coaches have baseball-specific training and experience. Volunteer coaches welcome. Fee includes shirt and hat. Practice locations and game schedule TBD. Practices and games for tee ball and in-house baseball are held at Columbia schools and parks. The HC Alliance Schedule is TBD. Activities start April 1 for some age groups. Registration deadline is March 26. (No class 4/9, 4/16, 5/28.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>Classes: 8</u>					
RP5990.301	4 yrs	Apr 2	Noon-5pm	Su	\$125
RP5990.302	5-6 yrs	Apr 2	Noon-5pm	Su	\$125
RP5990.311	6-8 yrs	Apr 1	9am-4pm	Sa	\$135
RP5990.321	9-10 yrs	Apr 1	9am-4pm	Sa	\$135
RP5990.331	11-12 yrs	Apr 1	9am-4pm	Sa	\$135
RP5990.341	13-14 yrs	Apr 1	9am-4pm	Sa	\$135
RP5990.390	Sponsorship	18 yrs -	+		











# NEW! Columbia Baseball & Softball Summer Slam

Welcome to the newest member of the Columbia Baseball & Softball Program! This weeknight baseball, softball, or tee ball experience features instructional practices on one night of the week, that are reinforced with competitions and small games on another weeknight to develop fundamental and technical skills. Activities take place on any two nights of the week, and are led by experienced baseball and softball coaches. Volunteer assistant coaches are welcome. Players receive a Summer Slam t-shirt and hat. Bring a glove. All other equipment is provided. Activities take place in the Columbia area, at local schools and parks. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

Tee Ball Jun	26 6-8 pm	M-F	Weeks: 8	
RP5990.401	4-6 yrs			
Baseball Jun	26 6-8 pm	M-F	Weeks: 8	
RP5990.411	6-8 yrs	1	RP5990.431	11-12 yrs
RP5990.421	9-10 yrs		RP5990.441	13-14 yrs
Softball Jun	26 6-8 pm	M-F	Weeks: 8	
RP5995.411	6-8 yrs	1	RP5995.431	11-12 yrs
RP5995.421	9-10 yrs		RP5995.441	13-14 yrs

# Western Howard County (WHC) Tee Ball, Baseball & Softball (WHCYBSL)

WHCYBSL provides tee ball, baseball and fast pitch softball leagues to families in Western Howard County, Columbia, and Clarksville. Howard County Recreation & Parks is contracted to provide administrative services to WHCYBSL. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov or www.whcsports.com.

6-18 yrs	Dates & p	rices at www.whcsports.com
	-	Tee Ball or Baseball
RP5982	6-18 yrs	Softball

## Adults

#### 55+ Softball

Interested in playing slow pitch softball on Saturdays? Join this informal group for pickup games. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

<u>55 yrs + Weeks: 39</u> RP5730.301 Centennial Pk Apr 1 9am-1pm Sa \$22

# Early Bird Softball Tournament

Register your team by March 29 for this three-game guarantee tournament. Games are on April 2 at Cedar Lane Park. Three approved balls are provided to each team before the tournament. Additional balls may be purchased at the tournament site for \$5 each.

18 yrs +	Apr 2	\$275 per	team
RP5731.70	)1	Men	Cedar Lane Pk
RP5731.70	)2	Co-Rec	Cedar Lane Pk

#### Softball League - Fall

All leagues begin the week of August 13. Registration deadline: July 14 or until filled. Complete rules: www.hcrpsports.com. Info: Mark Pendleton, 410-313-4703, or mpendleton@howardcountymd.gov.

18 yrs +	Weeks:	7 6-11pn	n \$710	
RP5730.50	9 Won	nen	Aug 15	Tu
RP5730.50	01 Men	n's D1	Aug 13	Su
RP5730.50	02 Men	n's D1	Aug 14	Μ
RP5730.50	03 Men	n's D1	Aug 15	Tu
RP5730.50	04 Men	's D3 USSA	Aug 15	Tu
RP5730.50	05 Men	n's D1	Aug 16	W
RP5730.50	06 Men	n's D1	Aug 17	Th



Practice proper mechanics at Basketball Skills Training.

RP5730.507	Men's D1	Aug 18	F
RP5730.511	Co-Rec, D	Aug 14	Μ
RP5730.512	Co-Rec, D	Aug 16	W
RP5730.513	Co-Rec, D	Aug 17	Th
RP5730.514	Co-Rec, D	Aug 18	F
RP5730.515	Co-Rec, Rec	Aug 14	Μ
RP5730.516	Co-Rec, Rec	Aug 16	W
RP5730.517	Co-Rec, Rec	Aug 17	Th
RP5730.518	Co-Rec, Rec	Aug 18	F
<u>50 yrs + W</u>	eeks: 7 6-11pm	<u>\$710</u>	
RP5730.508	Men's	Aug 14	M

# **Basketball**

#### Pre-K, Youth & Teen Instruction

# Little Tykes Hoops Basketball

In this class, having fun is sure to be a slam dunk! Enjoy being introduced to beginner basketball concepts (dribbling, passing and shooting) through exciting and fun-filled games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 5/19, 5/29.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Clas	ses: o				
RP6086.301	Meadowbrook Ath Comp	Apr 24	10:30-11:15am	М	\$75
RP6086.302	Cedar Lane Pk East	Apr 25	6:30-7:15pm	Tu	\$75
RP6086.303	Cedar Lane Pk East	Apr 26	9:30-10:15am	W	\$75
RP6086.304	N Laurel Comm Ctr	Apr 26	12:30-1:15pm	W	\$75
RP6086.305	Meadowbrook Ath Comp	Apr 27	12:30-1:15pm	Th	\$75
RP6086.306	Veterans ES	Apr 27	5:30-6:15pm	Th	\$75
RP6086.307	Meadowbrook Ath Comp	Apr 28	10:30-11:15am	F	\$75
RP6086.308	Guilford ES	Apr 29	10:30-11:15am	Sa	\$75

#### Kiddie Basketball

Come learn the sport of basketball in this perfect introductory clinic. Work on the fundamental skills of dribbling, passing, shooting, and overall team play in a fun and encouraging environment. Meet in the gym. (No class 5/29.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov. 5-7 vrs Classes: 6

RP6080.301	Meadowbrook Ath Comp	Apr 24	5:05-6pm	M	\$44
RP6080.302	N Laurel Comm Ctr	Apr 18	5:05-6pm	Tu	\$44

RP6080.303	Talbott Springs ES	Apr 24	4:20-5:20pm	M	\$48
RP6080.304	Cradlerock ES	Apr 18	3:55-4:55pm	Tu	\$48
RP6080.306	Waverly ES	Apr 19	5-6pm	W	\$48
RP6080.307	Clemens Crossing ES	Apr 20	4:55-5:55pm	Th	\$48
RP6080.308	Northfield ES	Apr 20	4:20-5:20pm	Th	\$48
RP6080.309	Atholton ES	Apr 24	4:55-5:55pm	M	\$48
RP6080.310	Clarksville ES	Apr 18	5-6pm	Tu	\$48
RP6080.311	Phelps Luck ES	Apr 19	4:35-5:35pm	W	\$48
RP6080.312	Thunder Hill ES	Apr 20	5-6pm	Th	\$48
5-7 yrs Clas	ses: 4				
RP6080.305	Waterloo ES	Apr 19	5-6pm	W	\$32

# Instructional Basketball League

Designed for first-time players or those wanting to improve fundamental skills. This program includes basic skill development through activities and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes a t-shirt. Register by location. Meet in the gym. (No class 5/27.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

6-/ yrs Clas	<u>ses: 8</u>				
RP6082.301	Dayton Oaks ES	Apr 22	9-10am	Sa	\$76
RP6082.302	Gorman Crossing ES	Apr 22	9-10am	Sa	\$76
RP6082.303	Hollifield Station ES	Apr 22	9-10am	Sa	\$76
RP6082.304	Rockburn ES	Apr 22	9-10am	Sa	\$76
<u>7-9½ yrs</u> C	lasses: 8				
RP6083.301	Dayton Oaks ES	Apr 22	10:15-11:15am	Sa	\$76
RP6083.302	Gorman Crossing ES	Apr 22	10:15-11:15am	Sa	\$76
RP6083.303	Hollifield Station ES	Apr 22	10:15-11:15am	Sa	\$76
RP6083.304	Rockburn ES	Apr 22	10:15-11:15am	Sa	\$76
8 ½-10 yrs	Classes: 8				
RP6084.301	Dayton Oaks ES	Apr 22	11:30am-12:30pm	Sa	\$76
RP6084.302	Gorman Crossing ES	Apr 22	11:30am-12:30pm	Sa	\$76
RP6084.303	Hollifield Station ES	Apr 22	11:30am-12:30pm	Sa	\$76
RP6084.304	Rockburn ES	Apr 22	11:30am-12:30pm	Sa	\$76

#### After-School Basketball

School's over and it's time to play some basketball. In this once-a-week clinic, learn and develop fundamental skills including dribbling, passing, shooting, defense and overall team play through activities and games. It is the perfect place to start or to complement one of our basketball leagues. Meet in the gym. (No class 5/29.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

asses: 6				
Meadowbrook Ath Comp	Apr 24	4:10-5:05pm	M	\$44
N Laurel Comm Ctr	Apr 18	4:10-5:05pm	Tu	\$44
Talbott Springs ES	Apr 24	3:15-4:15pm	М	\$48
Cradlerock ES	Apr 18	2:50-3:50pm	Tu	\$48
Waverly ES	Apr 19	3:55-4:55pm	W	\$48
Clemens Crossing ES	Apr 20	3:50-4:50pm	Th	\$48
Northfield ES	Apr 20	3:15-4:15pm	Th	\$48
asses: 4				
Waterloo ES	Apr 19	4-5pm	W	\$32
	N Laurel Comm Ctr Talbott Springs ES Cradlerock ES Waverly ES Clemens Crossing ES Northfield ES asses: 4	Meadowbrook Ath Comp Apr 24 N Laurel Comm Ctr Apr 18 Talbott Springs ES Apr 24 Cradlerock ES Apr 18 Waverly ES Apr 19 Clemens Crossing ES Apr 20 Northfield ES Apr 20 asses: 4	Meadowbrook Ath Comp         Apr 24         4:10-5:05pm           N Laurel Comm Ctr         Apr 18         4:10-5:05pm           Talbott Springs ES         Apr 24         3:15-4:15pm           Cradlerock ES         Apr 18         2:50-3:50pm           Waverly ES         Apr 19         3:55-4:55pm           Clemens Crossing ES         Apr 20         3:50-4:50pm           Northfield ES         Apr 20         3:15-4:15pm           asses: 4         Apr 20         3:15-4:15pm	Meadowbrook Ath Comp         Apr 24         4:10-5:05pm         M           N Laurel Comm Ctr         Apr 18         4:10-5:05pm         Tu           Talbott Springs ES         Apr 24         3:15-4:15pm         M           Cradlerock ES         Apr 18         2:50-3:50pm         Tu           Waverly ES         Apr 19         3:55-4:55pm         W           Clemens Crossing ES         Apr 20         3:50-4:50pm         Th           Northfield ES         Apr 20         3:15-4:15pm         Th           asses: 4

# Dribble, Pass, Shoot! Basketball

Jumpstart your summer with this four-day clinic focusing on the fundamental skills of basketball! This clinic helps develop your basketball abilities by concentrating on ball handling, passing, shooting, footwork, and court awareness. You receive instruction on basketball rules and player development. The clinic is for players of all skill levels. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov

<u>9-14 yrs M</u>	<u>eadowb</u>	<u>rook Ath C</u>	<u>.omp Da</u>	<u>ays: 4</u>	
RP6410.430	Boys	Jun 19	6-8pm	M-Th	\$40
RP6410.431	Girls	Jun 19	6-8pm	M-Th	\$40

#### Meadowbrook School's Out Basketball

School is out and Meadowbrook is open for action! This camp has all the excitement of an entire season packed into one fun-filled day. Players, improve your skills and make new friends while enjoying a high-energy basketball experience. Our skilled coaches use a variety of creative drills, challenging exercises, exciting games and scrimmages to help elevate your game. Camp ends with the camp tournament and the crowning of a camp champion! Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

9-14 yrs Classes: 1

RP7020.301 Meadowbrook Ath Comp May 19 8:30am-5pm F \$57

# Basketball Skills Training

Enhance your basketball skills in this co-ed clinic! Join certified coaches as they instruct you on proper mechanics, footwork, and conditioning. This clinic focuses on skill development and helping you advance your game to the next level. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

14-18 yrs Classes: 8

RP6410.350 N Laurel Comm Ctr Apr 18 6-7pm Tu \$70

# **Youth Leagues**

• League Refund Policy Page 68

# Youth Basketball League (YBL) flickr

Boys and girls, come have fun playing basketball while learning the fundamentals of the game! Focus on skill development, sportsmanship, basketball knowledge, and fun! Enjoy a "GoodSports" atmosphere through certified volunteer coaches, league staff and facilities. League features one weeknight practice and one game per week. Every player is guaranteed to participate in each game. The YBL is for novice to experienced players who wish to learn while playing in a recreational atmosphere. Volunteer head coaches needed and volunteer assistant coaches welcomed. Games and practices are played at Meadowbrook Athletic Complex, the North Laurel and Roger Carter Community Centers, or Howard County Public Schools. Info: www.howardcountymd.gov/basketball.

Spring Season (9-14 yrs) The spring season consists of one weekly evening practice beginning the week of March 27 in addition to six league games, and ending with a single-elimination tournament. One-hour, full court, officiated games are held on Friday nights starting between 6-9pm. Specific details on practice and game times/locations are communicated after the preseason skills assessment on March 13, 14, 15, 16, or 17. Registration deadline: March 10. If there are not enough players for four teams in the division, the division has the option of changing to an instructional league. This option includes a two-hour clinic once a week with the first hour being practice and second hour being scrimmages. No special requests accepted. Info/volunteer to coach: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

9-10 yrs			1	13-14 yrs		
RP6184.301	Co-ed	\$130		RP6184.321	Co-ed	\$130
RP6184.302	Girls	\$130		RP6184.322	Girls	\$130
RP6184.303	Head coach's child	\$30		RP6184.323	Head coach's child	\$30
11-12 yrs						
RP6184.311	Co-ed	\$130				
RP6184.312	Girls	\$130				
RP6184.313	Head coach's child	\$30				

#### **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

Summer Season (13-14 yrs) The summer season consists of one weekly evening practice beginning the week of June 26 in addition to six league games, and ending with a single-elimination tournament. One-hour, full court, officiated games are held on Friday nights starting between 6-9pm. Specific details on practice and game times/locations are communicated after the preseason skills assessment on June 12, 13, 14, or 15. Registration deadline: June 9. If there are not enough players for four teams in the division, the division has the option of changing to an instructional league. This option includes a two-hour clinic once a week with the first hour being practice and second hour being scrimmages. No special requests accepted. Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

RP6184.421 Co-ed 13-14 yrs \$130 RP6184.422 Head coach's child 13-14 yrs \$30

**Fall Season (5-8 yrs)** Season consists of a weekly, evening practice and seven league games. One-hour games are scheduled on Saturdays between 8am-1pm, starting September 16. Players receive a medal and jersey. League Director contacts participants regarding practice days/times one week prior to start. Registration deadline: August 30. Special requests are not guaranteed and must be submitted via phone through registration. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP5600.501	5 yrs & beg. 6 yrs	Sep 9	\$82	
RP5600.511	5 yrs & beg. 6 yrs (head coach's child)	Sep 9	\$30	
RP5600.502	Int. 6 yrs & 7 yrs	Sep 9	\$82	
RP5600.512	Int. 6 yrs & 7 yrs (head coach's child)	Sep 9	\$30	
RP5600.503	Adv. 7 yrs & 8 yrs	Sep 9	\$82	
RP5600.513	Adv. 7 yrs & 8 yrs (head coach's child)	Sep 9	\$30	

Fall Season (9-14 yrs) The fall season consists of one weekly evening practice beginning the week of September 11 in addition to six league games, and ending with a single-elimination tournament. One-hour, full court, officiated games are held on Friday nights starting between 6-9pm. Specific details on practice and game times/locations are communicated after the preseason skills assessment on August 28, 29, 30, 31, or September 1. Registration deadline: August 25. If there are not enough players for four teams in the division, the division has the option of changing to an instructional league. This option includes a two-hour clinic once a week with the first hour being practice and second hour being scrimmages. No special requests accepted. Info/volunteer to coach: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

9-10 yrs			13-14 yrs		
RP6184.501	Co-ed	\$130	RP6184.521	Co-ed	\$130
RP6184.502	Girls	\$130	RP6184.522	Girls	\$130
RP6184.503	Head coach's child	\$30	RP6184.523	Head coach's child	\$30
11-12 yrs					
RP6184.511	Co-ed	\$130			
RP6184.512	Girls	\$130			
RP6184.513	Head coach's child	\$30			

#### NEW! YBL Summer Basketball Skills Academy

Boys and girls, come have fun playing basketball while learning the fundamentals of the game! While in a GoodSports learning environment, HCRP certified coaches will lead you twice a week through drills and activities to build key basketball skills. Coaches will emphasis ball handling, passing, shooting, footwork, and court awareness. Each week you will work on different techniques to increase your basketball knowledge and abilities. Then on Friday put your skills to the test through exciting scrimmages and skill competitions. Friday times sent out prior to start. (No class 7/4.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

#### Meadowbrook Ath Comp

RP6410.401	9-10 yrs	Boys	Jun 26	6-7pm	M	\$130
RP6410.402	9-10 yrs	Boys	Jun 27	6-7pm	Tu	\$130
RP6410.403	9-10 vrs	Bovs	Jun 28	6-7pm	W	\$130

RP6410.404	9-10 yrs	Boys	Jun 29	6-7pm	Th	\$130
RP6410.411	9-11 yrs	Girls	Jun 26	6-7pm	M	\$130
RP6410.412	9-11 yrs	Girls	Jun 27	6-7pm	Tu	\$130
RP6410.413	9-11 yrs	Girls	Jun 28	6-7pm	W	\$130
RP6410.414	9-11 yrs	Girls	Jun 29	6-7pm	Th	\$130
RP6410.421	11-12 yrs	Boys	Jun 26	6-7pm	M	\$130
RP6410.422	11-12 yrs	Boys	Jun 27	7-8pm	Tu	\$130
RP6410.423	11-12 yrs	Boys	Jun 28	6-7pm	W	\$130
RP6410.424	11-12 yrs	Boys	Jun 29	7-8pm	Th	\$130
RP6410.431	12-14 yrs	Girls	Jun 27	6-7pm	Tu	\$130
RP6410.432	12-14 yrs	Girls	Jun 28	7-8pm	W	\$130

# Spring High School Basketball League

Players register as individuals and the league staff form teams and assign coaches. League consists of six regular season games. Specific details on team assignments and game times are communicated after the preseason skills assessment on April 22. Deadline to register is April 17. If there are not enough players for four teams in the division, the division has the option of changing to an instructional league. This option includes a two-hour clinic once a week with the first hour being practice and second hour being scrimmages. (No class 5/27.) Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

Grades 9-12	Roger C	arter Comm Ctr	Apr 29	8am-noon	Sa	\$70
RP6403.301	Boys	RP6403.302	Girls			

# Summer High School Basketball League

Finish your summer in this fast-paced, high-energy league! Games are played on weekday evening(s). Coaches and players are encouraged to register as a school or organizational team. HCRP forms teams from individual registrants. For individual registrants, the preseason skills assessment will be held the first week in July. Deadline to register is July 3. If there are not enough players for four teams in the division, the division has the option of changing to an instructional league. This option includes a two-hour clinic once a week with the first hour being practice and second hour being scrimmages. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov. Grades 9-12 6 games starting Jul 11

<u>Team Registration: \$450 Meadowbrook Ath Comp or Roger Carter Comm Ctr</u>							
RP6403.401 Boys	s Varsity	RP6403.403	Girls Varsity				
RP6403.402 Boys	s Jr. Varsity	RP6404.404	Girls Jr. Varsity				
Individual Registration: \$70 Meadowbrook Ath Comp or Roger Carter Comm C							
RP6403.405 Boys	's	RP6403.406	Girls				

# Fall High School Basketball League

Fine-tune your skills before try-outs and the season! Coaches and players, you're encouraged to register as a school or organizational team. HCRP forms teams from individual registrants. Games played on Saturdays between 9am-3pm. For individual registrants, the preseason skills assessment is on September 16. Deadline to register is September 11. If there are not enough players for four teams in the division, the division has the option of changing to an instructional league. This option includes a two-hour clinic once a week with the first hour being practice and second hour being scrimmages. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

Grades 9-12 6 games starting Sep 23

Team Registra	tion: \$450 Me	ado	wbrook Ath Comp	<u>)</u>
RP6403.501	<b>Boys Varsity</b>		RP6403.504	Girls Varsity
RP6403.502	Boys Jr. Varsity		RP6403.505	Girls Jr. Varsity
<u>Individual Rec</u>	istration: \$70	Me	adowbrook Ath Co	<u>omp</u>
RP6403.503	Boys		RP6403.506	Girls

# **CONCUSSION & SUDDEN CARDIAC ARREST INFO**



Pull down some boards and join the Adult Basketball League.

#### **Adults**

# Adult Basketball League

Pull down some boards, tickle the twine, or dish out some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental, and administration. Games are played at the Meadowbrook Athletic Complex, North Laurel Community Center, and Roger Carter Community Center. Info: Mark Pendleton, 410-313-4703 or

mpendleton@howardcountymd.gov or www.hcrpsports.com/basketball.

#### Spring Basketball League

Fall Basketball League

Men

Men

RP5080.505 Women 18 yrs +

RP5080.501 Men

RP5080.503 Men

RP5080.502

RP5080.504

6 wks, start dates below Register by Mar 31

RP5080.301	Men	18 yrs +	Apr 18	7-11pm	Tu	\$500 per team
RP5080.302	Men	30 yrs +	Apr 18	7-11pm	Tu	\$500 per team
RP5080.303	Men	18 yrs +	Apr 19	8-11pm	W	\$500 per team
RP5080.304	Men	18 yrs +	Apr 20	8-11pm	Th	\$500 per team
RP5080.305	Women	18 yrs +	Apr 20	8-11pm	Th	\$500 per team
Summer Basketball League						
8 wks, start	dates belo	w Regis	ter by M	ay 26 (by I	May 19	9 for a 5% discount)
RP5080.401	Men	18 yrs +	Jun 13	7-11pm	Tu	\$600 per team
RP5080.402	Men	30 yrs +	Jun 13	7-11pm	Tu	\$600 per team
RP5080.403	Men	18 yrs +	Jun 14	8-11pm	W	\$600 per team
RP5080.404	Men	18 yrs +	Jun 15	8-11pm	Th	\$600 per team
RP5080.405	Women	18 yrs +	Jun 15	8-11pm	Th	\$600 per team

18 yrs +

30 yrs +

18 yrs +

18 vrs +

TBD

TBD

TBD

TBD

TBD

7-11pm

7-11pm

8-11pm

8-11pm

8-11pm

Tu

Tu

W

Th

Th

\$TBD per team

\$TBD per team \$TBD per team

STBD per team

\$TBD per team

# Drop-In Co-Rec Basketball

Join athletes of all ability levels for basketball scrimmages. Choose the night and location that works best for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Choose the Get Active Package (page 9) to save money and participate more than once a week. Some gyms may be canceled due to insufficient registration or low attendance. (No class 4/9-11, 4/13, 4/16-17, 5/28-29.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

18 yrs + We	eeks: 10				
RP6900.301	Rockburn ES	Apr 3	8-10pm	M	\$44
RP6900.302	Meadowbrook Ath Comp	Apr 5	9-11pm	W	\$44
30 yrs + We	<u>eeks: 10</u>				
RP6900.311	Bonnie Branch MS	Apr 3	8-10pm	M	\$44
RP6900.312	Bonnie Branch MS	Apr 6	8-10pm	Th	\$44
RP6900.313	Reservoir HS	Apr 4	8-10pm	Tu	\$44
RP6900.314	Reservoir HS	Apr 6	8-10pm	Th	\$44
RP6900.327	Lake Elkhorn MS	Apr 2	6-8pm, Su; 8	3-10pm, Tu, Th	\$55

## Summer Jam 3 on 3 Basketball Tournament

This 3-on-3 tournament crowns a new champion in Howard County. Group and elimination rounds take place on Saturday, June 24. Teams provide uniforms. Fee includes three-game minimum, referees, awards, and administration. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov. 18 yrs + Days: 1

RP5605.401 Roger Carter Comm Ctr Jun 24 9am-4pm Sa \$105

# Cricket

• League Refund Policy Page 68

# Wicket Fun! Youth Cricket

Come get a taste of what makes cricket the second-most popular sport worldwide! Receive specialized instruction on batting, bowling, fielding, and following the rules. No matter your level of experience, whether you have never played or have played for years, this instructional league ensures you leave a better cricket player! The program's focus is on skill development through drills, game rules and scrimmages. Program location to be determined. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

5-10 yrs Classes: 6 RP5976.301 Apr 15 9-11am Sa \$85

# Adult Cricket League-2017 Spring Season

Cricket enthusiasts looking for a competitive, recreational league in the Howard County area, look no further! Recreation & Parks is expanding the areas only organized adult cricket league. A complete spring and fall season are offered. Balanced divisions are formed to compete in a friendly, regular season followed by a single-elimination tournament to determine the league champion. Games are played at Schooley Mill Park and Murray Hill Middle School on Saturdays and Sundays (balanced, rotating schedule), any time between 8 AM-6 PM. Games are 20 overs and limited to three hours in length. Additional league rules TBA to registered teams. Maximum roster is 30 players per team; games are played with 11 players a side. League ball is a heavy/modified tennis ball manufactured for cricket use -- any manufacture is eligible. Register early, the league fills! Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

18 yrs + RP5975.301 Schooley Mill Pk Apr 15 8am-6pm Su,Sa \$300



*Drills and scrimmages help strengthen skills at* Spring Instructional Field Hockey.

# **Dodgeball**

# After-School Dodgeball **flickr**

This is a great way for all ability levels to stay active, be a part of a team and have fun! Learn and play variations of dodgeball. Worried about safety? We use foam balls (gator skin) that are designed for accuracy and minimize the risk of injury. Meet coaches in the gym. (No class 5/29.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

#### 7-10 yrs Classes: 6

RP6200.301	Atholton ES	Apr 24	3:50-4:50pm	М	\$48
RP6200.302	Clarksville ES	Apr 18	4-5pm	Tu	\$48
RP6200.303	Phelps Luck ES	Apr 19	3:30-4:30pm	W	\$48
RP6200.304	Thunder Hill ES	Apr 20	4-5pm	Th	\$48

# **Fencing**

#### Fencing-Youth & Adult

Have you ever dreamed of taking part in a sword fight with real steel swords? Would you like to learn more about the lightning fast Olympic sport of fencing? Work with the highly experienced, professional coaches from Baltimore Fencing Center as they instruct you in this exciting modern sport, based upon the serious swordplay of the past. Instructors use both traditional drilling techniques and games to help students learn basic footwork, blade work and bouting skills. (No class 5/29.) Info: Jamie Brentlinger, 410-313-1665 or jbrentlinger@howardcountymd.gov.

8-12 vrs	Youth	Classes: 8
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RP8840.301 B	altimore Fencing Ctr Columbia	Apr 18	6-7pm	Tu	\$110
RP8840.302 B	Saltimore Fencing Ctr Columbia	Apr 20	6-7pm	Th	\$110
<u> 14 yrs + Adul</u>	t Classes: 8				
RP8840.311 B	Saltimore Fencing Ctr Columbia	Apr 17	6-7pm	Μ	\$110

#### **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.

# **Field Hockey**

• League Refund Policy Page 68

# **Youth & Adults**

# High School Summer Field Hockey League

This competitive field hockey league is open to current high school players. Teams compete in full-field, 11 v 11 league play. All teams must play with a goalie. Teams must provide their own goalie equipment and team uniforms/t-shirts. Registration is by teams only. Registration fee includes officials and administrative fees. Games are played on Monday and/or Wednesday evenings, 6-10 PM. Registration deadline is April 3. (No class 5/29.) Info: Susan Markovitz, 410-313-4674, or samarkovitz@howardcountymd.gov.

<u>Grades 9-12 County Pks Weeks: 8</u> RP5262.401 May 1 6-10pm M,W \$880

# Spring Instructional Field Hockey

Varsity coaches from local high schools instruct in a format that blends short-sided game playing with teaching the skills and strategies of this fast-moving sport. Program is perfect for both advanced beginner and prospective players. Our synthetic field turf provides an optimal playing and learning surface. Fee includes t-shirt, supplies and administration. Bring a reusable water bottle. Mouth guard, stick and shin guards are required. (No class 4/13.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

 Apr 6
 5:30-7pm
 Th
 \$89
 Classes: 6

 RP5266.301
 6-10 yrs
 Cedar Lane Pk-West

 RP5260.301
 10½-14 yrs
 Cedar Lane Pk-West

# Warhawk Field Hockey Leagues

Learn the skills and strategies of this fast-moving sport. Perfect for beginner to advanced players, this league offers outstanding instruction, positive encouragement, and an emphasis on teamwork and physical conditioning. Teams have two weeknight practices per week starting August 14 and games on Sundays starting September 10. Additional fees may be assessed during the season for tournament participation. Volunteer coaches with field hockey experience needed. Players registered for grades 7-8 may try out for Elite Team in early June. Registration deadline is May 10.

Purchase new uniform \$194 Practices start week of August 14 RP5960.511 Grades 3-4 Noon-6 PM Su RP5960.521 Grades 5-6 Noon-6 PM Su Grades 7-8 Noon-6 PM Su RP5960.531 With uniform from last season \$120 Practices start week of August 14 RP5960.541 Grades 3-4 Noon-6 PM RP5960.551 Grades 5-6 Noon-6 PM Su RP5960.561 Grades 7-8 Noon-6 PM

# **Floor Hockey**

# Kiddie Floor Hockey flickr

Come learn how to play hockey! This first-time/beginner level class does not involve checking. Learn and improve skills, including puck/ball control, passing, shooting, teamwork and game play. Shin guards are recommended. (No class 5/29.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>5-7 yrs Clas</u>	<u>sses: 6</u>				
RP6265.301	Waterloo ES	Apr 24	5-6pm	Μ	\$48
RP6265.302	Northfield ES	Apr 18	4:20-5:20pm	Tu	\$48
RP6265.303	Clemens Crossing ES	Apr 19	4:55-5:55pm	W	\$48
RP6265.304	Running Brook ES	Apr 20	5-6pm	Th	\$48



Practice passing, catching and running routes with friends at After-School Flag Football.

# **After-School Floor Hockey**

This fast-paced, fun, beginner hockey class does not involve checking. Learn and improve skills including puck/ball control, passing, shooting, teamwork and game play. Meet in the gym. Shin guards are recommended. (No class 5/23, 5/29.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 ·	yrs	Classes: 6

RP6263.301	Waterloo ES	Apr 24	4-5pm	M	\$48
RP6263.302	Northfield ES	Apr 18	3:15-4:15pm	Tu	\$48
RP6263.303	Clemens Crossing ES	Apr 19	3:50-4:50pm	W	\$48
RP6263.304	Running Brook ES	Apr 20	4-5pm	Th	\$48

# **Football**

#### Youth

• League Refund Policy Page 68

# Kiddie Flag Football

Boys and girls, want to learn or improve skills and focus on the fundamentals of passing, catching, running routes and team play, all in a fun and exciting environment? Apply your skills during scrimmages. Meet on the field. (No class 5/29.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

#### 5-7 yrs Classes: 6

RP6030.301	Fulton ES	Apr 24	5:05-6:05pm	M	\$48
RP6030.302	Lisbon ES	Apr 18	4:20-5:20pm	Tu	\$48
RP6030.303	Cradlerock ES	Apr 19	3:55-4:55pm	W	\$48
RP6030.304	Elkridae ES	Apr 20	5:05-6:05pm	Th	\$48

# Spring NFL Flag Football **flickr**

Boys and girls, come play flag football while working on basic skills. Fifty-minute games are 5-on-5 and non-contact. Games played on Saturdays, at Hollifield Elementary School beginning April 15. Games are one hour, between 8:30am-5pm. The Department forms teams. Ages 10-15 are a team draft. Special requests cannot be guaranteed. Head coaches are needed and their child receives a discount and a guaranteed spot on parent's team. Fee includes team shirt and participation award. Season ends with Howard-Frederick County tournament for ages 10-15. Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov.

#### 5-6 vrs

This is a Saturday morning program only. No weeknight practices.

Hollifield Station ES \$110 | Head coach's child\* \$85

RP6300.301 | RP6300.302\*

#### 5-15 yrs

Practices are one hour, once a week on a weeknight, starting at least one week before games begins. Register by practice location.

Columbia \$110	Head coach's child*	\$85
RP6300.311 7-9 yrs	RP6300.312*	
RP6300.321 10-12 yrs	RP6300.322*	
RP6300.331 13-15 yrs	RP6300.332*	
Dayton Oaks \$110	Head coach's child*	\$85
RP6300.313 7-9 yrs	RP6300.314*	
RP6300.323 10-12 yrs	RP6300.324*	
RP6300.333 13-15 yrs	RP6300.334*	
Ellicott City \$110	Head coach's child*	\$85
RP6300.315 7-9 yrs	RP6300.316*	
RP6300.325 10-12 yrs	RP6300.326*	
RP6300.335 13-15 yrs	RP6300.336*	

# After-School Flag Football

Boys and girls, learn and improve skills by focusing on the fundamentals of passing, catching, running routes and team play, all in a fun and exciting environment. Players apply their skills during scrimmages. Meet outside school office; coaches escort players to field. (No class 5/29.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Cla	asses: 6				
RP6031.301	Fulton ES	Apr 24	4-5pm	М	\$48
RP6031.302	Lisbon ES	Apr 18	3:15-4:15pm	Tu	\$48
RP6031.303	Cradlerock ES	Apr 19	2:50-3:50pm	W	\$48
RP6031.304	Elkridae ES	Apr 20	4-5pm	Th	\$48

# **Adult Leagues**

• League Refund Policy Page 68

# Spring Co-Rec Football League

Enjoy this fast-action, non-contact, no-blocking, touch football league. Teams play 8-on-8. Teams provide own uniforms and football. Schedule includes eight games plus playoffs. Fee includes eight-game schedule, playoffs, awards, field rental and administration. Register by March 15. Rules: www.howardcountymd.gov/football. (\$34 referee fee; \$68 forfeit fee.) Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

<u>18 yrs +</u>

RP5301.301 Blandair Pk Mar 28 6:30-8:30pm Tu \$300

#### Men's Run & Shoot Football League

Enthusiasts, come play this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes a six-game schedule, playoffs, awards, field rental, and administration. Teams provide uniforms and an official NFL-sized football. Teams are responsible for \$51 referee fee paid on-site to referee crew at each game (regular season only). No forfeit bond is collected. If a team forfeits, the team must pay the referees for the forfeited game (\$102) prior to its next scheduled game. Failure to do so results in the team's removal from the league without refund. All teams qualify for playoffs. Team managers are updated with a league packet one week prior to start of games. (No class 9/3.) Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

<u> 18 yrs + Cl</u>	asses: 8				
RP5300.301	Rockburn Branch Pk	Mar 26	8am-2pm	Su	\$300
RP5300.501	Rockburn Branch Pk	Aua 13	8am-2pm	Su	\$300



Practice the fundamentals of the sport at Junior Golf.

#### Men's Run & Shoot Football Tournament

Enthusiasts, enjoy playing this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes threegame guarantee, tournament schedule, awards, field rental and administration. Teams provide uniforms and an official NFL-sized football. Team manager is updated with the tournament schedule and rules one week prior to the tournament. Register by July 13.

<u>18 yrs + Days: 2 \$200 per team</u> RP5303.401 Rockburn Branch Pk Jul 22-23 8 AM-2 PM Sa & Su

# Golf

• Times at Timbers at Troy are tentative due to construction. Registrants will be notified if any changes are made.

#### Youth

#### Junior Golf **flickr**

Beginners welcomed! This introduction to the game includes swing fundamentals, rules and etiquette. No equipment or experience necessary. Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

7-17 yrs	<u> Classes: 4 Ball Fee: \$15 at fi</u>	<u>rst class.</u>			
RP6320.309	Fairway Hills Golf Course	Apr 29	1-2pm	Sa	\$82
RP6320.310	Fairway Hills Golf Course	Apr 30	1-2pm	Su	\$82
RP6320.409	Fairway Hills Golf Course	Jun 17	1-2pm	Sa	\$82
RP6320.410	Fairway Hills Golf Course	Jun 18	1-2pm	Su	\$82
7-17 yrs	Classes: 5 Ball fee: \$7 per w	<u>eek.</u>			
RP6320.308	Rocky Gorge Golf Fairway	Apr 22	10-11am	Sa	\$82
RP6320.408	Rocky Gorge Golf Fairway	Jun 17	10-11am	Sa	\$82
7-17 yrs	Classes: 5 Ball Fee: \$15 at fir	st class			
RP6320.301	Timbers at Troy Golf Course	Apr 17	4:30-5:15pm	М	\$82
RP6320.302	? Timbers at Troy Golf Course	Apr 19	4:30-5:15pm	W	\$82
RP6320.303	Timbers at Troy Golf Course	Apr 21	4:30-5:15pm	F	\$82
RP6320.304	Timbers at Troy Golf Course	Apr 22	9-9:45am	Sa	\$82
RP6320.305	Timbers at Troy Golf Course	Apr 22	Noon-12:45pm	Sa	\$82
RP6320.401	Timbers at Troy Golf Course	Jun 12	4:30-5:15pm	M	\$82
RP6320.402	? Timbers at Troy Golf Course	Jun 14	4:30-5:15pm	W	\$82
RP6320.403	Timbers at Troy Golf Course	Jun 16	4:30-5:15pm	F	\$82
RP6320.404	Timbers at Troy Golf Course	Jun 17	9-9:45pm	Sa	\$82
RP6320.405	Timbers at Troy Golf Course	Jun 17	Noon-12:45pm	Sa	\$82
7-17 yrs	Classes: 5 Ball fee: \$7 per we	<u>eek.</u>			
RP6320.306	Waverly Woods Golf Course	Apr 19	4-4:45pm	W	\$82
RP6320.307	Waverly Woods Golf Course	Apr 21	4-4:45pm	F	\$82
RP6320.406	Waverly Woods Golf Course	Jun 14	4-4:45pm	W	\$82
RP6320.407	Waverly Woods Golf Course	Jun 16	4-4:45pm	F	\$82

#### **Adults**

#### Fairway Hills Golf Lessons

These small-group, beginner lessons include putting, chipping and full swing with both irons and woods. Ball fee (\$15) due at first lesson; no clubs required. (No class 7/4.) Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

<u> 18 yrs + </u>	<u>Fairway Hills Go</u>	olf Course	Classes: 4		
RP6321.301	I Adv Beg	Apr 24	4-5pm	M	\$82
RP6321.302	2 Beg	Apr 25	11am-noon	Tu	\$82
RP6321.303	Beg	Apr 26	4-5pm	W	\$82
RP6321.304	1 Beg	Apr 27	11am-noon	Th	\$82
RP6321.305	5 Beg	Apr 30	10-11am	Su	\$82
RP6321.401	I Adv Beg	Jun 12	4-5pm	M	\$82
RP6321.402	2 Beg	Jun 13	11am-noon	Tu	\$82
RP6321.403	Beg	Jun 14	4-5pm	W	\$82
RP6321.404	1 Beg	Jun 15	11am-noon	Th	\$82
RP6321.405	5 Beg	Jun 18	10-11am	Su	\$82

#### Rocky Gorge Golf Lessons

Beginners and advanced beginners develop fundamentals of a sound swing. Learn personal skill analysis and self-improvement of distance and approach in small group lessons. Ball fee (\$7) due weekly; no clubs required. (No class 7/4.) Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

<u> 18 yrs + Ro</u>	Classe	<u>s: 5</u>		
RP6323.301	Apr 18	6-6:45pm	Tu	\$82
RP6323.302	Apr 19	6-6:45pm	W	\$82
RP6323.303	Apr 22	11-11:45am	Sa	\$82
RP6323.401	Jun 13	6-6:45pm	Tu	\$82
RP6323.402	Jun 14	6-6:45pm	W	\$82
RP6323.403	Jun 17	11-11:45am	Sa	\$82

#### Timbers at Troy Golf Lessons

These small-group lessons for beginners and advanced beginners include iron play, driving, putting and more. Ball fee (\$15) due at first lesson; no clubs required. Times are tentative due to construction. Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

<u> 18 yrs + </u>	Timbers at Troy	Golf Course	Classes: 5			
RP6324.301	Beg	Apr 17	5:30-6:15pm	M	\$82	
RP6324.302	. Beg	Apr 19	5:30-6:15pm	W	\$82	
RP6324.303	Beg	Apr 21	5:30-6:15pm	F	\$82	
RP6324.304	Beg	Apr 22	10-10:45am	Sa	\$82	
RP6324.311	Adv/Beg	Apr 17	6:30-7:15pm	M	\$82	
RP6324.312	Adv/Beg	Apr 19	6:30-7:15pm	W	\$82	
RP6324.313	Adv/Beg	Apr 21	6:30-7:15pm	F	\$82	
RP6324.314	Adv/Beg	Apr 22	11-11:45am	Sa	\$82	
RP6324.401	Beg	Jun 12	5:30-6:15pm	M	\$82	
RP6324.402	. Beg	Jun 14	5:30-6:15pm	W	\$82	
RP6324.403	Beg	Jun 16	5:30-6:15pm	F	\$82	
RP6324.404	Beg	Jun 17	10-10:45am	Sa	\$82	
RP6324.411	Adv/Beg	Jun 12	6:30-7:15pm	M	\$82	
RP6324.412	Adv/Beg	Jun 14	6:30-7:15pm	W	\$82	
RP6324.413	Adv/Beg	Jun 16	6:30-7:15pm	F	\$82	
RP6324 414	Adv/Rea	lun 17	11-11-45am	Sa	\$82	

#### **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

# **Waverly Woods Golf Lessons**

In small-group lessons for beginners and advanced beginners, learn iron play, driving, putting and more. Ball fee (\$7) due weekly; no clubs required. Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov. 18 yrs + Wayerly Woods Golf Course. Classes: 5

10 y13 1 VV	averry vvoou	3 don cours	c classes.	_	
RP6325.301	Beg	Apr 19	5-5:45pm	W	\$82
RP6325.302	Beg	Apr 21	5-5:45pm	F	\$82
RP6325.311	Adv/Beg	Apr 19	6-6:45pm	W	\$82
RP6325.312	Adv/Beg	Apr 21	6-6:45pm	F	\$82
RP6325.401	Beg	Jun 14	5-5:45pm	W	\$82
RP6325.402	Beg	Jun 16	5-5:45pm	F	\$82
RP6325.411	Adv/Beg	Jun 14	6-6:45pm	W	\$82
RP6325.412	Adv/Beg	Jun 16	6-6:45pm	F	\$82

# **Gymnastics**

# Parent/Child Gymnastics

Be an active participant as your child develops self-awareness, coordination and locomotor movement. Toddlers use a variety of gymnastics equipment, songs, games and climbing activities in a fun and supportive atmosphere. Adult and child must register together. Child must be walking. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

1½-3½ yrs	Classes: 6				
RP6351.301	Columbia Gymnastics	Apr 20	10-10:45am	Th	\$99
RP6351.302	Columbia Gymnastics	Apr 21	10-10:45am	F	\$99

# **Preschool Gymnastics**

In this introduction to gymnastics, boys and girls develop strength coordination and loco-motor movement, listening skills, and cooperation. Participants use all types of gymnastics and physical education equipment including bars, beams, mats, trampolines and a foam training pit. Emphasis is on fun in a safe and supportive atmosphere. Diapers or pull-ups are not allowed. (No class 7/4.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-5 yrs Class	ses: 6				
RP6352.301	Columbia Gymnastics	Apr 17	5-5:45pm	М	\$99
RP6352.302	Columbia Gymnastics	Apr 18	2:30-3:15pm	Tu	\$99
RP6352.303	Columbia Gymnastics	Apr 18	4:30-5:15pm	Tu	\$99
RP6352.304	Columbia Gymnastics	Apr 19	9:15-10am	W	\$99
RP6352.305	Columbia Gymnastics	Apr 19	1-1:45pm	W	\$99
RP6352.306	Columbia Gymnastics	Apr 19	1:45-2:30pm	W	\$99
RP6352.307	Columbia Gymnastics	Apr 19	2:30-3:15pm	W	\$99
RP6352.308	Columbia Gymnastics	Apr 19	4:30-5:15pm	W	\$99
RP6352.309	Columbia Gymnastics	Apr 20	9:15-10am	Th	\$99
RP6352.310	Columbia Gymnastics	Apr 20	10:45-11:30am	Th	\$99
RP6352.311	Columbia Gymnastics	Apr 20	2-2:45pm	Th	\$99
RP6352.312	Columbia Gymnastics	Apr 20	2:45-3:30pm	Th	\$99
RP6352.313	Columbia Gymnastics	Apr 21	9:15-10am	F	\$99
RP6352.314	Columbia Gymnastics	Apr 21	10:45-11:30am	F	\$99
RP6352.315	Columbia Gymnastics	Apr 22	Noon-12:45pm	Sa	\$99
RP6352.401	Columbia Gymnastics	Jun 27	4:30-5:15pm	Tu	\$99
RP6352.402	Columbia Gymnastics	Jun 27	5:30-6:15pm	Tu	\$99
RP6352.403	Columbia Gymnastics	Jun 29	4:30-5:15pm	Th	\$99

# Beginning Gymnastics **flick**r

Enjoy an introduction to the beginning skills and progressions of the vault, uneven bars, balance beam and floor exercise using a variety of equipment including trampolines and a foam training pit. Develop your confidence, fitness, strength and flexibility in a fun, supportive environment. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

6-12 yrs	Columbia (	<u>Symnastics</u>	Classes: 6		
RP6353.30	1 Boys	Apr 20	6:30-7:30pm	Th	\$99
RP6353.31	1 Girls	Apr 18	4:30-5:30pm	Tu	\$99



Jump single, double dutch and long rope at Junior Jumpers.

RP6353.312	Girls	Apr 20	6:30-7:30pm	Th	\$99
RP6353.313	Girls	Apr 21	6:30-7:30pm	F	\$99
RP6353.314	Girls	Apr 22	11:45am-12:45pm	Sa	\$99
RP6353.401	Boys	Jun 29	6:30-7:30pm	Th	\$99
RP6353.411	Girls	Jun 27	4:30-5:30pm	Tu	\$99
RP6353.412	Girls	Jun 29	6:30-7:30pm	Th	\$99

# **Jump Rope**

# Junior Jumpers with Kangaroo Kids flickr

This beginning jump rope class is all about fun and fitness. Jumpers learn basic single rope, Double Dutch and long rope skills. Returning jumpers, bring your beaded jump ropes. Jump rope fee of \$7 for first-time participants due at first class. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

<u>6-14 yrs Classes: 8</u>									
RP6361.301	Meadowbrook Ath Comp	Apr 18	4:25-5:25pm	Tu	\$116				
RP6361.302	Meadowbrook Ath Comp	Apr 18	5:30-6:30pm	Tu	\$116				
RP6361.303	Meadowbrook Ath Comp	Apr 19	4:25-5:25pm	W	\$116				
RP6361.304	Meadowbrook Ath Comp	Apr 19	5:30-6:30pm	W	\$116				

# Intermediate Jumpers with Kangaroo Kids

Jumpers build on basic single and long rope skills and are introduced to precision group routines. Prerequisite: Minimum of two sessions of Junior Jumpers and/or coach's approval. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

<u>6-14 yrs Cla</u>	isses: 8				
RP6363.301	Meadowbrook Ath Comp	Apr 18	4:25-5:25pm	Tu	\$116
RP6363.302	Meadowbrook Ath Comp	Apr 18	5:30-6:30pm	Tu	\$116
RP6363.303	Meadowbrook Ath Comp	Apr 19	4:25-5:25pm	W	\$116

## Preparation to Perform

6-14 yrs Classos &

Jumpers with a desire to ultimately perform at public events, build on your single and long rope skills, learn precision routines and develop showmanship skills. No performing requirements. Prerequisite: Minimum of two sessions of Intermediate Jumpers and/or coach's approval. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

0-1 <del>1</del> y13 Cid	13303.0				
RP6364.301	Meadowbrook Ath Comp	Apr 18	4:25-5:25pm	Tu	\$116
RP6364.302	Meadowbrook Ath Comp	Apr 19	5:30-6:30pm	W	\$116



Give your little one a taste of lacrosse at Mighty LAXers.

# **Kickball**

• League Refund Policy Page 68

# Spring Co-Rec Kickball League

Here's your chance to leave the office and return to the playground! Anyone can play, no particular skill-set required besides enthusiasm and teamwork. Games are played as doubleheaders for a minimum of 16 games. Every team is eligible for a postseason tournament. Teams can have up to 16 players per roster. League fee includes umpires, balls, awards, league administration and field use. Games are played at county parks. For league rules/info, visit www.howardcountymd.gov/kickball. Registration is on a first-come, first-served basis; don't be left out of the fun! Register early to secure your spot! Info: Pat McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov. 18 yrs +

RP5830.301 Apr 12 6-10pm W \$455 RP5830.302 Apr 16 5-10pm Su \$455

# Lacrosse

• For information on spring competitive lacrosse leagues for boys and girls ages 4-15, visit www.hclacrosse.com.

#### Instruction

# Mighty LAXers flickr

Calling all Mighty LAXers! This high energy curriculum introduces children to important fundamentals of lacrosse such as scooping, cradling, and shooting. Age appropriate equipment is used to provide children with a safe and fun experience in every LAXers class! Parents are also encouraged to follow the coach's instructions to assist in the games and activities. (No class 5/29.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

#### 3-4 yrs Classes: 6

J Tylis Clus	<u>3C3. 0</u>				
RP6972.301	Cedar Lane Pk-West	Apr 24	12:30-1:15pm	М	\$75
RP6972.302	Northfield ES	Apr 24	6:30-7:15pm	M	\$75
RP6972.303	Meadowbrook Ath Comp	Apr 25	9:30-10:15am	Tu	\$75
RP6972.304	N Laurel Comm Ctr	Apr 25	6:30-7:15pm	Tu	\$75
RP6972.305	N Laurel Comm Ctr	Apr 26	1:30-2:15pm	W	\$75
RP6972.306	Veterans ES	Apr 27	6:30-7:15pm	Th	\$75
RP6972.307	Hollifield Station ES	Apr 29	10:30-11:15am	Sa	\$75
RP6972.308	Dayton Oaks ES	Apr 29	1:30-2:15pm	Sa	\$75

# Adaptive Lacrosse Clinic - Youth & Adults

Youth and adults with developmental disabilities, improve skills and focus on lacrosse fundamentals. Program offers those of all abilities the opportunity to develop social skills while playing adaptive non-competitive lacrosse. However, this program may not be appropriate for all individuals. All equipment is provided. Parents and volunteers are needed to assist. (No class 4/9, 5/14.) Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Cedar Lane Pk East Classes: 6

RP6507.301 10-17 yrs Apr 2 4-5pm Su \$60 RP6507.302 18 yrs + Apr 2 4-5pm Su \$60

# **Youth Leagues**

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# Hero's Summer Lacrosse League

During this six-week season, each team has one game per week with no practices. Games are played either Mondays or Tuesdays for boys boys and Wednesdays or Thursdays for girls at Blandair Park. Players are assigned to teams based on submitted position and experience level. The Girls High School League is a great way to play with High School teammates this off season. Sign up as at team or individual. (No games 7/4.) Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

<b>Boys</b>	Blanda	air Pk	Start 6/12	2-13	Indiv: \$90 be	fore 5/15; \$100	after 5/15
RP553	0.401	Gr. K-2	(Clinic)	Tu	5-8 PM	Indiv	
RP553	0.402	Gr. 3-4	(Tyker)	M	5-8 PM	Indiv	
RP553	0.403	Gr. 5-6	(Midget)	Tu	5-8 PM	Indiv	
RP553	0.404	Gr. 7-8	(Juniors)	M	5-8 PM	Indiv	
Girls	Blanda	ir Pk	Start 6/14	-15	Indiv: \$90 by	5/15; \$100 afte	r; Team: \$1,250
RP553	0.411	Gr. K-2	(Clinic)	Th	5-8 PM	Indiv	
RP553	0.412	Gr. 3-4	(Tyker)	W	5-8 PM	Indiv	
RP553	0.413	Gr. 5-6	(Midget)	Th	5-8 PM	Indiv	
RP553	0.414	Gr. 7-8	(Juniors)	W	5-8 PM	Indiv	
RP553	0.415	Grades	9-12	W,Th	5-8 PM	Indiv	
RP553	0.416	Grades	9-12	W,Th	5-8 PM	Team	

#### HC Lax - Clinic

HC Lax is the spring recreational lacrosse opportunity for players of all skill levels in Howard County. Lacrosse is one of the largest sports in Howard County, and you have a chance to join in. Whether you are a beginner who would just like to learn the game, an athlete who plays other sports, or an avid, strong lacrosse player, HC Lax is the program for you! This clinic is focused on teaching the game in a cooperative and instructional environment. This age group is designed for participants in kindergarten and pre-k, but first year players in first grade can benefit from the skills taught. Scores will not be kept for any scrimmages/games. Program objectives are to teach the game of lacrosse, develop physical fitness and coordination, foster teamwork, and encourage and reinforce good sportsmanship. Our goal is to create a player-centered environment, which includes fun, constant active engagement, relaxed and inclusive environment, frequent changes of activity, predictable routines, and getting as many touches with the ball as possible. This age group also focuses on teaching parents how to work on fundamental skills with their child outside of organized play and train parents to be able coaches at the next level of competition. Clinic runs on Saturdays during the spring with possible make-ups for weather on weekday nights. There are no refunds after Mar 1. Info: www.hclacrosse.com or Derrick Thompson. dethompson@howardcountymd.gov or 410-313-4736.

RP5508.301 4-6 yrs Girls County Parks Apr 1 Sa \$145 RP5508.306 4-6 yrs Boys County Parks Apr 1 Sa \$145

# High School Summer Lacrosse League

Each team consists of players from a single high school only. Our goal is to give the players as much time with their school teammates as possible. We offer varsity and junior varsity divisions. Teams play an eight-game schedule and are eligible for post-season playoffs. Fee includes field use with lights,

supplies, administration staff and game officials. Games played weeknights, 6-11 PM, on synthetic turf fields at Blandair, Rockburn, Cedar Lane, Troy, and Western Regional Parks and at county high schools. Schedules are emailed. Teams are required to provide two-color reversible jerseys. Info: Derrick Thompson, 410-313-4736.

#### Games: 8 \$80 for individual; \$1200 for team

RP5501.401	13-15 yrs	Boys Indiv. JV	Jun 19	6-10pm	M,W	\$80
RP5501.402	15-18 yrs	Boys Indiv. Varsity	Jun 19	6-10pm	M,W	\$80
RP5501.411	18 yrs +	Boys Team JV	Jun 19	6-10pm	M,W	\$1200
RP5501.412	18 yrs +	<b>Boys Team Varsity</b>	Jun 19	6-10pm	M,W	\$1200

# **Adult Leagues**

• League Refund Policy Page 68

# HC Summer Adult Lacrosse League

Teams play 8 games and playoffs. Lax enthusiasts, work on your game in this weeknight league. Team and individual registration available (individual registrants are formed into teams to compete in league play). Teams are required to provide uniforms (reversible, two-colors) and equipment. Fee includes field use, lights, supplies, administration staff and game officials. Games played weeknights on Synthetic Turf Fields in Blandair, Rockburn, Troy, Cedar Lane and Western Regional Parks. Schedules emailed. Info: www.eteamz.com/hcrpsports or Derrick Thompson, 410-313-4736 or dethompson@howardcountymd.gov.

<u> 18 yrs + Ga</u>	imes: 8						
RP5503.401	Men	Jun 20	6-11pm	Tu,Th	\$90	Indiv	
RP5503.403	Women	Jun 19	6-11pm	M,W	\$90	Indiv	
RP5503.411	Men A	Jun 19	6-11pm	M,W	\$1300	Team	
RP5503.412	Men B	Jun 20	6-11pm	Tu,Th	\$1300	Team	
RP5503.413	Men 30 yrs +	Jun 19	6-11pm	M	\$1300	Team	
RP5503.414	Men 40 yrs+	Jun 21	6-11pm	W	\$1300	Team	
RP5503.415	Women	Jun 19	6-11pm	M/W	\$1300	Team	

# **Martial Arts**

# Youth (5 yrs +)

#### TKA Karate

Boys and girls of all skill levels, come learn karate and jujitsu. Black belt instructors emphasize safety and fun. One week is spent taking or viewing the test or participating in a refresher class. If a class is not listed as beginner or intermediate, it is for all level students. (No class 5/29, 7/4.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

5-12 yrs Cla	isses: 6				
RP8730.301	Gary J Arthur Comm Ctr	Apr 24	6:30-7:30pm	Μ	\$33
RP8730.302	Oakland Mills MS	Apr 24	7-8pm	Μ	\$33
5-12 yrs Cla	isses: 8				
RP8730.303	Worthington ES	Apr 18	7-8pm	Tu	\$44
RP8730.305	Long Fellow ES	Apr 18	7-8pm	Tu	\$44
RP8730.306	Fulton ES (Beg)	Apr 19	6-7pm	W	\$44
RP8730.316	Fulton ES (Adv)	Apr 19	7-8pm	W	\$44
RP8730.307	Northfield ES	Apr 19	7-8pm	W	\$44
RP8730.308	Rockburn ES (Beg)	Apr 19	6-7pm	W	\$44
RP8730.309	Rockburn ES (Adv)	Apr 19	7-8pm	W	\$44
RP8730.310	Gorman Crossing ES	Apr 20	7-8pm	Th	\$44
RP8730.311	Manor Woods ES	Apr 20	7-8pm	Th	\$44
RP8730.312	Pointers Run ES	Apr 20	7-8pm	Th	\$44
RP8730.401	Schooley Mill Pk	Jun 19	7-8pm	M	\$44
RP8730.402	Cedar Lane Pk-West	Jun 20	7:30-8:30pm	Tu	\$44
RP8730.403	Meadowbrook Ath Comp	Jun 21	7-8pm	W	\$44
RP8730.404	Gary J Arthur Comm Ctr	Jun 22	7-8pm	Th	\$44

#### **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.



Learn the art of karate and jujitsu at D&S Karate with Seth Ismart.

## D & S Karate with Seth Ismart

Improve coordination, confidence, flexibility, balance, agility and focus while learning the art of karate and jujitsu. Our certified black belt instructors are nationally ranked experts in martial arts with years of classroom experience instructing children in the art of self-defense and personal accomplishment. (No class 5/29.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

<u>6-13 yrs Cla</u>	<u>ısses: 6</u>				
RP8710.301	N Laurel Comm Ctr	Apr 24	7-8pm	Μ	\$33
6-13 yrs Cla	isses: 8				
RP8710.302	Hammond ES	Apr 19	7-8pm	W	\$43
RP8710.303	Centennial Lane ES	Apr 20	7-8pm	Th	\$43

#### Kuk Sool Won with Darren Fulmore

Kuk Sool Won is a systematic study of all the traditional fighting arts, which together comprise the martial arts history of Korea. This extremely well-organized class seeks to integrate and explore the entire spectrum of established Asian fighting arts and body conditioning techniques, which consist of kicking, punching, martial acrobatics and self-defense techniques, into a beautiful and dynamic hard/soft style focusing on discipline and respect. (No class 7/4.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.qov.

<u>6 yrs + Clas</u>	sses: 16					
RP8760.301	Beg	N Laurel Comm Ctr	Apr 18	6:30-7:30pm	Tu,Th	\$100
RP8760.302	Adv	N Laurel Comm Ctr	Apr 18	7:30-8:30pm	Tu,Th	\$111
RP8760.401	Beg	N Laurel Comm Ctr	Jun 20	6:30-7:30pm	Tu,Th	\$100
RP8760.402	Adv	N Laurel Comm Ctr	Jun 20	7:30-8:30pm	Tu.Th	\$111

# Adults (13 yrs +)

#### Shotokan Karate with Steve Morris

Learn a repertoire of techniques and the optimal safe positions for self-defense based upon the movement of your opponent(s), all in the context of traditional Shotokan karate. Learn and master blocks, punches, kicks, throws, submissions and take-downs. Special attention is given to low-impact physical conditioning and personal safety. Sensei Steve is a master in Shotokan karate and has taught karate and self-defense in Howard County for 30 years. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

13 yıs T Ci	<u> </u>				
RP8791.301	Roger Carter Comm Ctr	Apr 20	7-8pm	Th	\$98
RP8791.302	Roger Carter Comm Ctr	Apr 20	8:05-9:05pm	Th	\$98
RP8791.303	Roger Carter Comm Ctr	Apr 20	7-8pm	Th	\$98
RP8791.304	Roger Carter Comm Ctr	Apr 20	8:05-9:05pm	Th	\$98
RP8791.401	Roger Carter Comm Ctr	Jun 22	7-8pm	Th	\$98

# Aikido with Ki by Russ Dauber

Martial Art and Ki training, taught by Japan's Shin Shin Toitsu Aikikai, promotes dynamic movement with unified mind and body. The Ki part is low- impact. The Aikido part involves practice with partners and rolling on mats. Effective self-defense techniques flow with and lead attackers' movements. We develop the benefits of keeping one point and extending ki. We emphasize safety, knowledge and enjoyment. (No class 7/4.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

18 yrs +	Classes: 16	
•		

RP8880.301	Waverly ES	Apr 18	7-9pm	Tu,Th	\$46
RP8880 401	Cedar Lane Pk-West	lun 20	7-9nm	Tu Th	\$46

#### Tai Chi

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

18 yrs	+ Clas	ses: 8 \$62	
10 913	i Cius	<u> 3C3. 0                                 </u>	4

R	P8850.301	Beg w/ Tim Kwei	Dunloggin MS	Apr 19	7-8pm	W
R	P8850.302	Adv w/ Tim Kwei	Dunloggin MS	Apr 19	8:05-9:05pm	W
R	P8850.303	Beg w/ Scott Vandame	Murray Hill MS	Apr 20	7-8pm	Th
R	P8850.304	Adv w/ Scott Vandame	Murray Hill MS	Apr 20	8:05-9:05pm	Th

#### TKA Karate

Develop your physical condition as you learn karate and jujitsu in a relaxed environment. Black-belt instructors emphasize safety. One week is spent taking or viewing the test or participating in a refresher class. Wear comfortable clothing or gi. (No class 5/29, 7/4.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

Anr 24 7:30\_0nm

# <u>13 yrs + Classes: 6</u> RP8731.301 Gary J Arthur Comm Ctr

KP0/31.301	dary J Artilur Collilli Cii	Apr 24	7:30-9piii	IVI	<b>341</b>
RP8731.302	Oakland Mills MS	Apr 24	8-9:30pm	М	\$41
13 yrs + Cla	asses: 8				
RP8731.303	Worthington ES	Apr 18	8-9:30pm	Tu	\$55
RP8731.305	Long Fellow ES	Apr 18	8-9:30pm	Tu	\$55
RP8731.306	Fulton ES	Apr 19	8-9:30pm	W	\$55
RP8731.307	Northfield ES	Apr 19	8-9:30pm	W	\$55
RP8731.308	Rockburn ES	Apr 19	8-9:30pm	W	\$55
RP8731.309	Gorman Crossing ES	Apr 20	8-9:30pm	Th	\$55
RP8731.310	Manor Woods ES	Apr 20	8-9:30pm	Th	\$55
RP8731.311	Pointers Run ES	Apr 20	8-9:30pm	Th	\$55
RP8731.401	Schooley Mill Pk	Jun 19	8-9:30pm	M	\$55
RP8731.402	Cedar Lane Pk-West	Jun 20	8:30-10pm	Tu	\$55
RP8731.403	Meadowbrook Ath Comp	Jun 21	8-9:30pm	W	\$55
RP8731.404	Gary J Arthur Comm Ctr	Jun 22	8-9:30pm	Th	\$55

# **Multi-Sport**

## **Jump Bunch Kids**

JumpBunch classes are a wonderful opportunity for parents and children to interact in a fun, engaging and noncompetitive environment during an introduction to multiple sports and fitness activities. Warm-up exercises are designed to improve balance, increase coordination and develop body awareness. This season's sports include football, soccer, hockey, basketball, volleyball and tennis. Children enjoy using and exploring the child-friendly equipment provided by JumpBunch while being introduced to each of these fun sports. Info: Amanda Bartell, 410-313-1694

#### or abartell@howardcountymd.gov.

2-3 yrs Clas	ses: 6						
RP6313.301	St. John's Lane ES	Apr 22	9:30-10:15am	Sa	\$75		
RP6313.401	St. John's Lane ES	Jun 10	9:30-10:15am	Sa	\$75		
3-5 yrs Clas	3-5 yrs Classes: 6						
RP6313.302	St. John's Lane ES	Apr 22	10:30-11:15am	Sa	\$75		

RP6313.402 St. John's Lane ES Jun 10 10:30-11:15am Sa

# Little Big Shots

This multi-sport program introduces children to basketball, tee ball and soccer through a curriculum full of exciting and engaging games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Clas	<u>ses: 6</u>				
RP6314.301	Meadowbrook Ath Comp	Apr 25	10:30-11:15am	Tu	\$75
RP6314.302	Cedar Lane Pk East	Apr 25	5:30-6:15pm	Tu	\$75
RP6314.303	Gary J Arthur Comm Ctr	Apr 26	12:30-1:15pm	W	\$75
RP6314.304	Guilford ES	Apr 26	6:30-7:15pm	W	\$75
RP6314.305	Meadowbrook Ath Comp	Apr 27	9:30-10:15am	Th	\$75
RP6314.306	N Laurel Comm Ctr	Apr 27	5-5:45pm	Th	\$75
RP6314.307	Gorman Crossing ES	Apr 29	2:30-3:15pm	Sa	\$75

#### Learn-N-Play Sports

Children, play a variety of age-appropriate sports that help develop large motor and socialization skills in a fun atmosphere! Each week, focus on different activities that combine positive social interactions, good listening skills, taking turns, and teamwork. Activities include bowling, parachute games, sports stations, relay races, and more! Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6								
RP6970.301	Meadowbrook Ath Comp	Apr 25	1:30-2:15pm	Tu	\$75			
RP6970.302	Meadowbrook Ath Comp	Apr 28	9:30-10:15am	F	\$75			
RP6970.303	Pointers Run ES	Apr 29	9:30-10:15am	Sa	\$75			
RP6970.304	Pointers Run ES	Apr 29	10:30-11:15am	Sa	\$75			

# Little Big Wheelers

¢/11

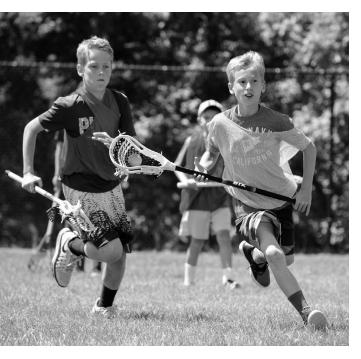
Parents, bring your children indoors to experience the most fun possible on three wheels! They have a blast on their Big Wheels trike as they ride around the courts in a safe environment. Staff provide Big Wheels trikes, instruction and leadership as your little speed racers enjoy obstacle courses, individual and team races, and other fun activities while they exercise. Helmets are mandatory and must be brought by the participants. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

3-5 yrs Classes: 6							
RP6402.301	Meadowbrook Ath Comp	Apr 18	10-10:50am	Tu	\$65		
RP6402.302	Meadowbrook Ath Comp	Apr 20	11-11:50am	Th	\$65		

# Planet Recreation Spring Break Camp

Need fun, exciting, and safe full-day child care for Spring Break? This camp is offered at two of our finest recreational facilities. Participate in a variety of activities, including sports, fitness, arts and crafts, nature, games and special surprises. Activities take place both indoors and outdoors. Pool and swimming activities are also included in the camp's schedule! The focus is on having fun, staying fit, building character and boosting self esteem. Instructors are American Sport Education Program certified coaches. Schedule is subject to change; camp is held rain or shine. Fee includes bus or van transportation, supervision, activities and a snack. Participants must currently be in grades K-5 in spring 2017. An extended camp option is available (RP7005). Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

Planet Recre	<u>ation Spring Break Ca</u>	mp Gr	ades K-5 We	<u>ek: 1</u>				
RP7006.301	Roger Carter Comm Ctr	Apr 10	8:30am-3pm	M-F	\$179			
RP7006.302	N Laurel Comm Ctr	Apr 10	8:30am-3pm	M-F	\$179			
<b>Planet Recre</b>	ation Extended Spring	g Break C	amp Grades	K-5	Week: 1			
Extend your o	child's day at spring br	eak cam	p. After-camp o	are in	cludes a			
variety of sports, games and other group activities. Campers also must be								
enrolled in Pl	anet Recreation Sprin	g Break (	Camp. Camp ru	ns rair	or shine.			
DD700E 201	Dagar Cartar Comm Ctr	Anr 10	2 6nm M F	ċοn				



*Play a wide variety of sports and swim at* Ultimate Sports & Games Spring Break Camp.

# Home School Gym Class

Join in on an exciting gym class program that meets the physical activity needs of our local home school families! We provide staff leadership and all the equipment for a variety of sport and fitness activities. Children, improve skills and learn the fundamentals of teamwork as you play basketball, soccer, volleyball, floor hockey, badminton and other sport requests the staff can provide. Have fun, stay fit, build character and boost self-esteem. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

5-10 yrs Classes: 8

RP6405.301 Meadowbrook Ath Comp Apr 19 11am-noon W \$64 11-14 yrs Classes: 8

RP6405.302 Meadowbrook Ath Comp Apr 19 11am-noon W \$64

#### U. K. Sports Week Spring Break Camp

This spring break, let U.K. Elite's professional British trainers teach you a myriad of uniquely British and Irish sports! Learn cricket, Gaelic soccer, rugby, soccer, and others. Each sport is adjusted to make it easy to understand and enjoy! Curriculum focuses on teaching every player, regardless of age/ability and highlights the enjoyment of sports played in the U.K. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

7-14 yrs Classes: 4

RP7705.301 Cedar Lane Pk-West Apr 10 9am-3pm M-Th \$160

# Ultimate Sports & Games Spring Break Camp

Spend your spring break with us. Campers develop skills in basketball, flag football, kickball, lacrosse, touch rugby, Wiffle ball, soccer, kickball, tennis, disc games and much more in this coed camp. Have fun, stay fit, build character and boost self-esteem. Activities take place both indoors and outdoors. Campers bus to the Roger Carter Community Center for a day of swimming activities! Instructors are American Sport Education Program certified coaches. Camp runs rain or shine. Bring a non-perishable lunch



Try out a new sport or develop your skills at Pickleball for All.

(no nut products) and a water bottle. An extended camp option is available (RP7004). Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

## Ultimate Sports & Games Spring Break Camp 8-13 yrs Week: 1

RP7001.301 Meadowbrook Ath Comp Apr 10 8:30am-3pm M-F \$149 RP7001.302 N Laurel Comm Ctr Apr 10 8:30am-3pm M-F \$149

# Ultimate Sports & Games Extended Spring Break Camp

Extend your child's day at spring break camp. After-camp care includes a variety of sports, games and other group activities. Campers also must be enrolled in an Ultimate Sports & Games Spring Break Camp. Camp runs rain or shine. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov. RP7004.301 Meadowbrook Ath Comp Apr 10 3-6pm M-F \$89

RP7004.302 N Laurel Comm Ctr Apr 10 3-6pm M-F \$89

# **Pickleball**

#### **NEW! After-School Pickleball**

Pickleball is the fastest growing sport in America! This new sport is a combination of badminton, tennis, and ping-pong. Learn the basic rules and skills of this fun and exciting sport through an engaging curriculum. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

7-10 yrs Classes: 5

RP6832.301 Atholton ES Apr 24 4-5pm M \$45 RP6832.302 Thunder Hill ES Apr 21 4-5pm F \$45

#### Pickleball for All

For more information on adult and youth programs, please visit our Pickleball website (www.howardcountymd.gov/pickleball).

#### **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.

Spring/Summer 2017

# Rugby

• League Refund Policy Page 68

# Two Hand Touch & Tackle League

Boys and girls, have fun learning and playing the fascinating game of rugby with the Ellicott City Express or Howard County Hurricane program. The league is designed for beginners through advanced players. Learn and improve skills needed to be successful in this fast Olympic sport. Ages 6-14 (coed) and ages 13-16 (girls) play a two-hand touch version; ages 14-18 (boys) play a tackle version. Players compete with teams from surrounding counties in the Maryland Rugby SBO (State Based Organization). Games are played on Saturdays at different locations. Practices begin first week of June. Games are mid-June to the first week of August. Age determination date is June 1, 2017. No team entries. Register by June 1. Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov

	•	, ,	
Ellicott City Ex	xpress Touch 6:30-8:30pm	<u>M,Th \$110</u>	
RP5610.411	6-8 yrs - U9	Meadowbrook Pk Jun 5	
RP5610.412	9-10 yrs - U11	Meadowbrook Pk Jun 5	
RP5610.413	11-12 yrs - U13	Meadowbrook Pk Jun 5	
RP5610.414	13-14 yrs - U15 Boys	Meadowbrook Pk Jun 5	
RP5610.415	15-16 yrs- U17 Girls	Meadowbrook Pk Jun 5	
<u>Hurricanes</u>	630-8:30pm Tu,Th \$110		
RP5610.401	6-8 yrs - U9	Columbia Jun 6	
RP5610.402	9-10 yrs - U11	Columbia Jun 6	
RP5610.403	11-12 yrs - U13	Columbia Jun 6	
RP5610.404	13-14 yrs - U15 Boys	Columbia Jun 6	
	(play with u17 girls)		
RP5610.405	15-16 yrs - U17 Girls	Columbia Jun 6	
	(play with U15 Boys)		
RP5610.406	15-18yrs - U19 Boys (Tackle)	Columbia Jun 6	

# Soccer

## **Pre-K & Youth Instruction**

#### U.K. Elite Petite Soccer

This is a mini-taste of the U.K. Elite experience! Hour-long programs of soccer fun and games are designed to introduce the youngest of players to the greatest of games. The emphasis is on having fun with a soccer ball. Parent involvement is encouraged at times. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

Januar No Tite	g no maracounty margo	••			
2-3 yrs Clas	<u>ses: 6</u>				
RP6710.301	Centennial Pk-West	Apr 11	5-6pm	Tu	\$105
RP6710.302	Centennial Pk-West	Apr 11	6-7pm	Tu	\$105
RP6710.303	Centennial Pk-West	Apr 12	5-6pm	W	\$105
RP6710.304	Centennial Pk-West	Apr 12	6-7pm	W	\$105
RP6710.305	Centennial Pk-West	Apr 13	3:45-4:45pm	Th	\$105
RP6710.306	Centennial Pk-West	Apr 14	3:45-4:45pm	F	\$105
RP6710.307	Centennial Pk East	Apr 15	9-10am	Sa	\$105
RP6710.308	Centennial Pk-West	Apr 18	9:30-10:30am	Tu	\$105
RP6710.309	Centennial Pk-West	Apr 18	10:30-11:30am	Tu	\$105
RP6710.310	Centennial Pk-West	Apr 19	9:30-10:30am	W	\$105
RP6710.311	Centennial Pk-West	Apr 19	10:30-11:30am	W	\$105
3-5 yrs Clas	<u>ses: 6</u>				
RP6710.312	Centennial Pk-West	Apr 11	5-6pm	Tu	\$105
RP6710.313	Centennial Pk-West	Apr 11	6-7pm	Tu	\$105
RP6710.314	Centennial Pk-West	Apr 12	5-6pm	W	\$105
RP6710.315	Centennial Pk-West	Apr 12	6-7pm	W	\$105
RP6710.316	Centennial Pk-West	Apr 13	3:45-4:45pm	Th	\$105
RP6710.317	Centennial Pk-West	Apr 13	4:45-5:45pm	Th	\$105
RP6710.318	Centennial Pk-West	Apr 14	3:45-4:45pm	F	\$105
RP6710.319	Centennial Pk-West	Apr 14	4:45-5:45pm	F	\$105
RP6710.320	Cedar Lane Pk East	Apr 15	10-11am	Sa	\$105
RP6710.321	Cedar Lane Pk-West	Apr 18	9:30-10:30am	Tu	\$105



Learn the fast Olympic sport of rugby at Two Hand Touch & Tackle League for boys and girls.

RP6710.322	Cedar Lane Pk-West	Apr 18	10:30-11:30am	Tu	\$105
RP6710.323	Cedar Lane Pk-West	Apr 19	9:30-10:30am	W	\$105
RP6710.324	Cedar Lane Pk-West	Apr 19	10:30-11:30am	W	\$105
RP6710.325	Western Regional Pk	Apr 19	1:30-2:30pm	W	\$105
RP6710.326	Cedar Lane Pk-West	Apr 20	9:30-10:30am	Th	\$105
RP6710.327	Cedar Lane Pk-West	Apr 20	10:30-11:30am	Th	\$105
RP6710.328	Cedar Lane Pk-West	Apr 20	1:30-2:30pm	Th	\$105
RP6710.329	Cedar Lane Pk-West	Apr 21	9:30-10:30am	F	\$105
RP6710.330	Cedar Lane Pk-West	Apr 22	10:30-11:30am	F	\$105
RP6710.331	Cedar Lane Pk-West	Apr 23	1:30-2:30pm	F	\$105

# Mighty Kickers Soccer

GOAL! Coaches provide a high-energy, fun introduction to soccer. Mighty Kickers uses a creative, age-appropriate curriculum to introduce basic soccer skills to kids including dribbling, passing and shooting while providing an entertaining and friendly atmosphere! Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 5/29.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

RP6705.301	Cedar Lane Pk-West	Apr 24	12:30-1:15pm	Μ	\$75
RP6705.302	Northfield ES	Apr 24	12:30-1:15pm	Μ	\$75
RP6705.303	Meadowbrook Ath Comp	Apr 25	9:30-10:15am	Tu	\$75
RP6705.304	N Laurel Comm Ctr	Apr 25	6:30-7:15pm	Tu	\$75
RP6705.305	N Laurel Comm Ctr	Apr 26	1:30-2:15pm	W	\$75
RP6705.306	Veterans ES	Apr 27	6:30-7:15pm	Th	\$75

Apr 29

10:30-11:15am Sa

\$75

1:30-2:15pm

#### **Kiddie Soccer**

RP6705.307

RP6705.308

**Hollifield Station ES** 

Dayton Oaks ES

3-4 vrs Classes: 6

Are you ready to play the world's most popular game? Boys and girls, learn basic skills such as dribbling, trapping, passing, shooting, defense and team play, all in a fun and encouraging environment. Meet on the field. (No class 5/29.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov

<u>5-7 yrs Clas</u>	<u>sses: 6</u>				
RP6700.301	Bushy Pk ES	Apr 24	5-6pm	M	\$48
RP6700.302	Northfield ES	Apr 24	4:20-5:20pm	M	\$48
RP6700.304	Rockburn ES	Apr 18	4:30-5:30pm	Tu	\$48
RP6700.305	Stevens Forest ES	Apr 18	4:40-5:40pm	Tu	\$48
RP6700.306	Hammond ES	Apr 19	4:40-5:40pm	W	\$48
RP6700.307	Clarksville ES	Apr 19	5:05-6:05pm	W	\$48
RP6700.308	Elkridge ES	Apr 19	5:05-6:05pm	W	\$48
RP6700.309	Gorman Crossing ES	Apr 20	5:05-6:05pm	Th	\$48
RP6700.310	Lisbon ES	Apr 20	4:20-5:20pm	Th	\$48

#### **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

# U.K. Elite Soccer Technical Programs flick

Do you want to take your skills to the next level by learning from some of the finest British soccer coaches? Boys and girls, learn from one of the best professional youth soccer coaching companies in the country. This fantastic learning experience uses age-appropriate curricula and expert instruction. Emphasis on sound fundamental techniques and skills along with a firm understanding of the game. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

5-14 yrs Clas	ses: 6 \$10	<u>5</u>		
Centennial Pk-\	<u>Nest</u>			
RP6706.301	5-6 yrs	Apr 13	5:45-6:45pm	Th
RP6706.302	7-10 yrs	Apr 13	5:45-6:45pm	Th
RP6706.303	11-14 yrs	Apr 13	5:45-6:45pm	Th
RP6706.304	5-6 yrs	Apr 14	5:45-6:45pm	F
RP6706.305	7-10 yrs	Apr 14	5:45-6:45pm	F
RP6706.306	11-14 yrs	Apr 14	5:45-6:45pm	F
Cedar Lane Pk-	<u>East</u>			
RP6706.307	5-6 yrs	Apr 15	11am-noon	Sa
RP6706.308	7-10 yrs	Apr 15	11am-noon	Sa

# After-School Soccer flickr

The world's most popular game awaits you. Boys and girls, learn and improve basic skills such as dribbling, trapping, shooting, passing, defense and team play. Coaches use a variety of drills, games and scrimmages to make learning fun and exciting. Meet outside school office; coaches escort players to field. (No class 5/29.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>asses: 6</u>				
Bushy Pk ES	Apr 24	3:55-4:55pm	М	\$48
Northfield ES	Apr 24	3:15-4:15pm	М	\$48
Rockburn ES	Apr 18	3:25-4:25pm	Tu	\$48
Stevens Forest ES	Apr 18	3:35-4:35pm	Tu	\$48
Hammond ES	Apr 19	3:35-4:35pm	W	\$48
Clarksville ES	Apr 19	4-5pm	W	\$48
Elkridge ES	Apr 19	4-5pm	W	\$48
Gorman Crossing ES	Apr 20	4-5pm	Th	\$48
Lisbon ES	Apr 20	3:15-4:15pm	Th	\$48
	Northfield ES Rockburn ES Stevens Forest ES Hammond ES Clarksville ES Elkridge ES Gorman Crossing ES	Bushy Pk ES Apr 24 Northfield ES Apr 24 Rockburn ES Apr 18 Stevens Forest ES Apr 18 Hammond ES Apr 19 Clarksville ES Apr 19 Elkridge ES Apr 19 Gorman Crossing ES Apr 20	Bushy Pk ES         Apr 24         3:55-4:55pm           Northfield ES         Apr 24         3:15-4:15pm           Rockburn ES         Apr 18         3:25-4:25pm           Stevens Forest ES         Apr 18         3:35-4:35pm           Hammond ES         Apr 19         3:35-4:35pm           Clarksville ES         Apr 19         4-5pm           Elkridge ES         Apr 19         4-5pm           Gorman Crossing ES         Apr 20         4-5pm	Bushy Pk ES         Apr 24         3:55-4:55pm         M           Northfield ES         Apr 24         3:15-4:15pm         M           Rockburn ES         Apr 18         3:25-4:25pm         Tu           Stevens Forest ES         Apr 18         3:35-4:35pm         Tu           Hammond ES         Apr 19         3:35-4:35pm         W           Clarksville ES         Apr 19         4-5pm         W           Elkridge ES         Apr 19         4-5pm         W           Gorman Crossing ES         Apr 20         4-5pm         Th

# **Youth Leagues**

League Refund Policy Page 68

# Spring Youth Soccer League

Boys and girls, have fun playing soccer while learning the fundamentals of the worlds most popular sport. The Department forms teams, which practice once a week on a weeknight beginning the week of April 3. Coaches contact participants regarding practice days and times one week prior to the beginning of the program. One-hour games are on Saturdays, starting April 22, between 9:30am-3:30pm. Shin guards required. Fee includes participation award, soccer jersey, socks, and a soccer ball from Play It Again Sports in Ellicott City. Volunteer head coaches are needed and their children receive a discount. Individual registration only, no team entries. Registration deadline: March 11. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

4 yrs Weeks	s: 8 Meadowbrook P	<u>'k</u>			
RP5701.301	Individual	Apr 22	9:30am-3:30pm	Sa	\$82
RP5701.302	Head coach's child	Apr 22	9:30am-3:30pm	Sa	\$52
5-6 yrs Wee	eks: 8 Meadowbrook	k Pk			
RP5701.311	Individual	Apr 22	9:30am-3:30pm	Sa	\$82
RP5701.312	Head coach's child	Apr 22	9:30am-3:30pm	Sa	\$52
7-8 yrs Wee	eks: 8 Howard Count	ty Ctr for th	<u>e Arts</u>		
RP5701.321	Individual	Apr 22	9:30am-3:30pm	Sa	\$82
RP5701.322	Head coach's child	Apr 22	9:30am-3:30pm	Sa	\$52



Learn the fundamentals of the world's most popular sport.

# Fall Youth Soccer League

Boys and girls, have fun playing soccer while learning the fundamentals of the worlds most popular sport. The Department forms teams, which practice once a week on a weeknight beginning the week of August 28. Coaches contact participants regarding practice days and times one week prior to the beginning of the program. One-hour games are on Saturdays, starting September 16, between 9:30am-5pm. Shin guards required. Fee includes participation award, soccer jersey, and a soccer ball from Play It Again Sports in Ellicott City. Volunteer head coaches are needed and their children receive a discount. Individual registration only, no team entries. Registration deadline: August 11. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

4 yrs Weeks: /	Meadowbrook Pk	<u></u>			
RP5701.501 In	ndividual	Sep 16	9:30am-5pm	Sa	\$82
RP5701.502 H	lead coach's child	Sep 16	9:30am-5pm	Sa	\$52
5-6 yrs Weeks:	: 7 Meadowbrook	<u>Pk</u>			
RP5701.511 In	ndividual	Sep 16	9:30am-5pm	Sa	\$82
RP5701.512 H	lead coach's child	Sep 16	9:30am-5pm	Sa	\$52
7-8 yrs Weeks:	: 7 Howard County	Ctr for th	<u>e Arts</u>		
RP5701.521 In	ndividual	Sep 16	9:30am-5pm	Sa	\$82
RP5701.522 H	lead coach's child	Sep 16	9:30am-5pm	Sa	\$52

#### Instructional Soccer League

First-time players or those wanting to improve their fundamental skills, play small-sided games in this instructional league. Focus is on skill development through drills, game rules and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes t-shirt. Shin guards required. (No class 5/27.)Info: Brian Wyman,

410-313-4705 or bwyman@howardcountymd.gov.

5-6 yrs Classes	<u>:: 8</u>				
RP6702.301	Dayton Oaks ES	Apr 22	1:15-2:15pm	Sa	\$76
RP6702.302	Gorman Crossing ES	Apr 22	1:15-2:15pm	Sa	\$76
RP6702.303	<b>Hollifield Station ES</b>	Apr 22	1:15-2:15pm	Sa	\$76
RP6702.304	Talbott Springs ES	Apr 22	1:15-2:15pm	Sa	\$76
6 ½ - 8 ½ yrs (	<u>lasses: 8</u>				
RP6703.301	Dayton Oaks ES	Apr 22	2:30-3:30pm	Sa	\$76
RP6703.302	Gorman Crossing ES	Apr 22	2:30-3:30pm	Sa	\$76
RP6703.303	Hollifield Station ES	Apr 22	2:30-3:30pm	Sa	\$76
RP6703.304	Talbott Springs ES	Apr 22	2:30-3:30pm	Sa	\$76
<u>8-10 yrs Cla</u>	isses: 8				
RP6704.301	Dayton Oaks ES	Apr 22	3:45-4:45pm	Sa	\$76
RP6704.302	Gorman Crossing ES	Apr 22	3:45-4:45pm	Sa	\$76
RP6704.303	Hollifield Station ES	Apr 22	3:45-4:45pm	Sa	\$76
RP6704.304	Talbott Springs ES	Apr 22	3:45-4:45pm	Sa	\$76

# **Adult Leagues**

- League Refund Policy Page 68
- Adult Kickball Leagues Page 82
- More adult leagues and information (team registration only) at www.eteamz.com/hcrpsports & www.howardcountymd. gov/soccer.

# **Howard County Adult Soccer League**

The league starts in late March and offers each team the opportunity to play 10 games. 8 regular games followed by play-offs. Registration is first-come, first-served. All teams are required to pay officials on-site prior to each game. Referee fees, rules and league info are available online. League fee includes league administration, referee assignment and field use. Managers are updated with league information one week prior to the start of the season. Info: Patrick McGinnis, 410-313-4716 or pmcqinnis@howardcountymd.gov.

<u> 18 yrs + W</u>	<u>eeks: 10</u>				
RP5700.301	Co-Rec	Mar 21	6:30-11pm	Tu	\$300
RP5700.302	Co-Rec	Mar 23	6:30-11pm	Th	\$300
RP5700.303	Men	Mar 24	6:30-11pm	F	\$300
RP5700.304	Men	Mar 26	8am-2pm	Su	\$300
RP5700.305	Women	Mar 26	4-10pm	Su	\$300
RP5700.401	Co-Rec	Jun 20	6:30-8:30pm	Tu	\$150
RP5700.402	Co-Rec	Jun 22	6:30-8:30pm	Th	\$150
RP5700.403	Men	Jun 23	6:30-8:30pm	F	\$150
RP5700.404	Men	Jun 23	TBD	Su	\$150

# Softball Page 74

# **Tennis**

#### Youth

# Play Time Tennis with Shantha Chandra

Learn tennis and have fun with others while working on balance, agility and reaction time. Bring a junior-sized racket (19", 21" or 23"). Saturday classes have a rain makeup on Sunday afternoons. (No class 4/10-15, 4/17, 5/29.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov. 3-6 yrs Classes: 6

RP6847.301	Cedar Lane Pk East	Mar 27	10:15-11am	M,W	\$62	
RP6847.302	Cedar Lane Pk-East	Mar 28	1-1:45pm	Tu,Th	\$62	
RP6847.304	Cedar Lane Pk-East	Apr 1	8:15-9am	Sa	\$62	
RP6847.311	Cedar Lane Pk-East	May 2	1-1:45pm	Tu,Th	\$62	
RP6847.312	Cedar Lane Pk-East	May 3	10:15-11am	M,W	\$62	
RP6847.313	Cedar Lane Pk-East	Jun 3	8:15-9am	Sa	\$62	
5-6 yrs Clas	sses: 6					
RP6847.303	Cedar Lane Pk-East	Mar 31	4:45-5:30pm	F	\$62	

#### Parent/Child Tennis with Shantha Chandra

Parents and children, learn how to work together to develop and improve tennis skills. Same parent should attend each week for consistency in learning. Saturday class rain makeup on Sunday afternoons. (No class 4/10, 4/12, 4/15, 4/17.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

3-6 yrs Clas	<u>ses: 6</u>				
RP6842.301	Cedar Lane Pk-East	Mar 27	9:30-10:15am	M,W	\$85
RP6842.311	Cedar Lane Pk-East	May 3	9:30-10:15am	M,W	\$85
7-12 yrs Cla	isses: 6				
RP6842.302	Cedar Lane Pk-East	Apr 1	12:15-1:15pm	Sa	\$85
RP6842 312	Cedar Lane Pk-Fast	Jun 3	12:15-1:15pm	Sa	\$85

#### Cardio Tennis for Kids

Professionally trained instructors from Baltimore Tennis Patrons take you through an action-based group warm up, cardio and cool down, followed by the QuickStart (QS) tennis play format. Let the games begin! Cardio and QS Tennis is a new format to help kids learn and play the game effortlessly with user-friendly and reduced-size equipment. This is a great new way for your child to get a great workout and burn calories! Loaner rackets and pedometers available. (No class 7/4.) Info: Krista Billingsley, 410-313-4637 or kbilllinsqley@howardcountymd.gov.

Schooley Mill F	Park Jun 27 Classes: 1	0			
RP6851.403	Jr Cardio & QS Adv Beg	5-14 yrs	7-8:30pm	Tu,Th	\$142
Centennial Par	k West Jun 30 Classes	<u>s: 5</u>			
RP6851.401	Jr Cardio Beg	5-8 yrs	6-7:30pm	F	\$96
RP6851.405	Jr Cardio Beg	5-14 yrs	7:30-8:30pm	F	\$89
Schooley Mill F	Park Jun 30 Classes: 5				
RP6851.402	Jr Cardio & QS Beg	5-8 yrs	6:30-7:30pm	F	\$89
RP6851.404	Jr Cardio & QS Adv Beg	5-14 yrs	7:30-8:30pm	F	\$89

# Junior GRIPS Challenge

This is a progressive 11-level tennis program that incentivizes and rewards kids for proving competency. Like karate, ability levels are rated and distinguished by colors - white grips are for beginners and black grips are for masters. Players receive a colored over-grip for their racquet which matches their current skill level. Games and drills conducted on court correspond with players' grip color/skill set. This is a certified GRIPS program with officially certified GRIPS instructors. Players also receive a password for access to their personal GRIPS web page where they can view tips, videos, drills and insights to further their tennis knowledge and gauge their progress relative to other players. Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

5-17 yrs Cla	asses: 10				
RP6854.401	Centennial Pk West	Jun 26	5:30-7pm	M,W	\$143
5-17 yrs Cla	asses: 5				
RP6854.402	Centennial Pk West	Jun 29	5:30-7pm	Th	\$112

#### Junior Tennis for Everyone

Join professionally trained instructors from Baltimore Tennis Patrons (BTP) for action-packed instruction and play! Players are grouped according to ability. QuickStart (QS) play format beginner programs are a new way for kids to start playing and enjoying tennis. With QS, the court size, racket size, balls, net height and scoring system are adjusted to match your child's age and stature. QS Junior Beginner play format is a fun, new way for kids to improve tennis skills. BTP coaches are USTA QS trained. Junior Beginner programs (non QS) feature the games-based approach to learning and applying the fundamentals in play situations. Loaner rackets available. (No class 7/4.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

5-8 yrs QS Jr Beg Classes: 5				
RP6850.401 Centennial Pk West	Jun 27	6-6:45pm	Tu	\$72
6-15 yrs Jr Beg Classes: 5				
RP6850.402 Schooley Mill Pk	Jun 29	5:30-7pm	Th	\$104

#### **Kiddie Tennis**

5-7 vrs Classes: 6

Time for tennis! Learn and practice basic tennis skills in this program taught by trained coaches. Classes include a variety of enjoyable drills and exciting games. Meet on the tennis courts. (No class 5/29.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5 / J.5 C.u.	<del>55 C 5 C C</del>				
RP6870.301	Deep Run ES	Apr 24	5:15-6:15pm	М	\$48
RP6870.302	Dayton Oaks ES	Apr 18	4:45-5:45pm	Tu	\$48
RP6870.303	Thunder Hill ES	Apr 19	5:05-6:05pm	W	\$48
RP6870.304	Atholton ES	Apr 20	5-6pm	Th	\$48



Get an introduction to match play at After-School Tennis.

#### Parent/Child Cardio Red Ball Tennis

Join professionally trained instructors from the Baltimore Tennis Patrons for fun, friends, fitness and action-packed instruction and play. Players are grouped according to ability level. Red Ball classes are the ideal way to learn and improve effortlessly while having fun! Parent/child friendly specialized equipment is provided for players to use during QuickStart classes. You don't need to buy anything to get started! Info: Krista Billingsley, 410-313-4637 or kbilingsley@howardcountymd.gov.

5-18 yrs Classes: 5

RP6852.401 Schooley Mill Pk Jun 30 5:30pm-6:30pm F \$142

# QuickStart 8 & Under Tennis Play Club

Join professionally trained instructors from Baltimore Tennis Patrons for the QuickStart (QS) 8 & Under Play Club. You've heard it before: "When can I just play?" This is it! Purely games and activities using the hottest kid-friendly QS games and specialty equipment in town. All play, no formal instruction, just fun! Learning takes place through exploration, discovery and repetitive practice. (No class 7/4.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

5-8 yrs Classes: 5

RP6853.401 Centennial Pk West Jun 27 5-6pm Tu \$8°

## 10 & Under Tennis with Shantha Chandra

Drills, games, instruction and QuickStart tennis techniques designed by the USTA are used for beginning players to learn tennis fundamentals, balance, and coordination skills. Bring a junior-size racket (23" to 25"). Saturday class rain makeup on Sunday afternoons. (No class 4/10-17, 5/29.)

6-8 yrs Ced	lar Lane Pk	-East Classes: 6		
RP6840.301	Mar 27	5:45-7pm	M,W	\$73
RP6840.302	Apr 1	9-10am	Sa	\$57
RP6840.311	May 3	5:45-7pm	M,W	\$73
RP6840.312	Jun 3	9-10am	Sa	\$57
9-10 yrs Ce	dar Lane P	k-East Classes: 6		
RP6840.303	Mar 27	4:30-5:45pm	M,W	\$73
RP6840.304	Apr 1	10-11am	Sa	\$57
RP6840.313	May 3	4:30-5:45pm	M,W	\$73
RP6840.314	Jun 3	10-11am	Sa	\$57



Learn tennis techniques with Shantha Chandra (above).

# Jr. Development Tennis Spring Break Camp

Develop beginner and intermediate tennis skills. A QuickStart tennis format is used to play games. Enjoy the fun competition with players of the same skill level. Makeup rain day is Friday. Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

7-13 yrs Days: 4

RP7012.301 Centennial Pk West Apr 10 9-11am M-Th \$90

#### After-School Tennis

Have fun while you learn the basics or fine-tune your skills in this program taught by trained coaches. Classes include a variety of drills and games and an introduction to match play. Meet in front of school office; coaches escort players to tennis courts. (No class 5/24.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Classes: 6

RP6871.301	Deep Run ES	Apr 24	4:10-5:10pm	М	\$48
RP6871.302	Dayton Oaks ES	Apr 18	3:40-4:40pm	Tu	\$48
RP6871.303	Thunder Hill ES	Apr 19	4-5pm	W	\$48
RP6871.304	Atholton FS	Apr 20	3:55-4:55pm	Th	\$48

## **Advanced High School Tennis**

Designed for advanced beginner/intermediate players. Playing for your high school tennis team is one of the great life experiences. Prepare yourself to make the team through strong fundamental skill building, footwork and great attitude. Play the 8-game pro set against players of similar abilities and learn to make adjustments in your game to play competitively. Prepare to sweat and have fun. (No class 4/11-12, 4/15, 7/4.) Instructor: Gene Pierelli. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

<u>10-14 yrs Cla</u>	asses: 6				
RP6865.301	Rockburn Branch Pk	Mar 28	4:30-5:45pm	Tu	\$91
RP6865.302	Centennial Pk West	Apr 1	1:30-2:30pm	Sa	\$80
10-14 yrs Cla	asses: 6				
RP6865.401	Rockburn Branch Pk	Jul 6	4:30-5:45pm	Th	\$91
RP6865.402	Centennial Pk West	Jul 8	1:30-2:30pm	Sa	\$80

# **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

#### Tennis Excellence

Interested in a fun-filled tennis experience? This introductory tennis class uses QuickStart tennis nets to reduce the court size to help make the learning process easier and more enjoyable. Learn the forehand, the backhand, volleys, serving and scoring. Weekly games and drills help teach basic skills and create an exciting environment. Rain makeups added to the end of season. (No class 4/15-16.) Info: Krista Billingsley, 410-313-4637 or kbilllinsqley@howardcountymd.gov.

#### 8-10 yrs Classes: 6

RP6859.301	Centennial Pk West	Apr 1	1-2pm	Sa	\$80
RP6859.302	Centennial Pk West	Apr 2	1-2pm	Su	\$80

#### Junior USA Team Tennis with Shantha Chandra

Advanced beginner and intermediate players, refresh basic ground strokes, volleys, serving, overheads, lobs and scoring. Then enjoy match-play singles and doubles/court positions. Baseline serving is a must. Rain makeup dates are Sunday afternoons. (No class 4/15.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

#### 10-16 yrs Classes: 6

RP6849.301	Cedar Lane Pk-East	Apr 1	1:15-2:45pm	Sa	\$81
RP6849.302	Cedar Lane Pk-East	Jun 3	1:15-2:45pm	Sa	\$81

#### Tennis Elite

Designed for advanced beginners already able to consistently hit the ball over the net and ready to take their game to the next level with serves and match play. Includes refresher drills to help improve all facets of your game. Rain makeups added to the end of season. These courts do have lights. (No class 4/11-12.) Info: Krista Billingsley, 410-313-4637 or kbilllingsley@howardcountymd.gov.

#### 10-13 yrs Classes: 6

RP6860.301	Centennial Pk West	Mar 28	7:15-8:15pm	Tu	\$80
RP6860.302	Centennial Pk West	Mar 29	4:30-5:30pm	W	\$80

# Team Tennis/Match Play with Shantha Chandra

Players should have fairly consistent strokes with medium pace shots, be able to rally and serve from baseline and keep score. Players must have some knowledge of volleys and lobs. Teams are decided and each team plays matches against other teams (doubles, singles, and mixed doubles). (No class 4/14-15.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

#### 10-12 yrs Classes: 6

RP6858.302	Cedar Lane Pk-East	Apr 1	2:45-4:15pm	Sa	\$81		
RP6858.303	Cedar Lane Pk-East	Jun 3	2:45-4:15pm	Sa	\$81		
11-18 yrs Classes: 6							
RP6858.301	Cedar Lane Pk-East	Mar 31	5:30-7pm	F	\$81		

#### Beginner High School Tennis

Middle school and high school students who have minimal experience or have never played tennis, come learn from the very beginning. The slow pace focuses on beginning fundamentals and footwork. (No class 4/12.) Instructor: Gene Pierelli. Info: Krista Billingsley, 410-313-4637 or kbilllinsqley@howardcountymd.gov.

#### 11-15 yrs Classes: 6

RP6865.310	Rockburn Branch Pk	Mar 29	4:30-5:45pm	W	\$91
RP6865.410	Rockburn Branch Pk	Jul 5	4:30-5:45pm	W	\$91

# Jr. USA Team Tennis Spring Break Camp with Shantha Chandra

Advanced beginners and intermediate players, come freshen up on your basic ground strokes, serving, scoring and playing matches. Makeup rain day: Friday. Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

#### 11-15 yrs Classes:

RP7015.301 Centennial Pk West Apr 10 11:15am-1:15pm M-Th \$90

#### Tennis Lessons with Shantha Chandra

Learn and improve your basic skills in group and match play. Advanced beginners, learn consistent stroke production, baseline serving, volleys, and play short sets with no add scoring. Saturday classes rain makeup on Sunday afternoons. (No class 4/11, 4/13, 4/15.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

#### 11-14 yrs Classes: 6

RP6841.301	Cedar Lane Pk-East	Mar 28	6-7pm	Tu,Th	\$57
RP6841.302	Cedar Lane Pk-East	Apr 1	11am-noon	Sa	\$57
RP6841.303	Cedar Lane Pk-East	May 2	6-7pm	Tu,Th	\$57
RP6841.304	Cedar Lane Pk-East	Jun 3	11am-noon	Sa	\$57

# High School Development Team Tennis with Shantha Chandra

Advanced beginners and intermediate players, improve basic skills, including volleys, serving, scoring and ground strokes. Participate in match play against players of similar ability (singles and doubles). (No class 4/11,4/13.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

#### 13-18 yrs Classes: 6

RP6855.301	Cedar Lane Pk-East	Mar 28	4:30-6pm	Tu,Th	\$81
RP6855 302	Cedar Lane Pk-Fast	May 2	4·30-6nm	Tu Th	\$81

#### Tennis Essentials

Want to make the high school team or improve your position? This program prepares you for match play tennis. Learn how to hit forehands, backhands, serving, volleying and scoring. Rain makeups added to the end of season. Classes are for advanced beginners. (No class 4/15.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

#### 14-18 yrs Classes: 6

RP6863.301	Centennial Pk West	Apr 1	2:15-3:15pm	Sa	\$80

#### **Adults**

#### Adult Red Ball Tennis

Join professionally trained instructors from the Baltimore Tennis Patrons for fun, friends, fitness and action-packed instruction and play. Players are grouped according to ability level. Red Ball classes are the ideal way to learn and improve effortlessly while having fun! Adult-friendly specialized equipment is provided for players to use during QuickStart classes. You don't need to buy anything to get started! Red Ball Play Clubs: You've thought it before: "When can I just play!" This is it! Purely games and activities using the hottest adult-friendly QuickStart games and specialty equipment in town. All play, no formal instruction, just fun! Learning takes place through exploration, discovery and repetitive practice. Info: Krista Billingsley, 410-313-4637 or kbilingsley@howardcountymd.gov.

#### 18 yrs + Centennial Pk West

RP6852.402 Cardio Beg	Jun 26	7-8:30pm	M,W	\$142	Classes: 10
RP6852.403 Play Club Beg	Jun 29	7-8:30pm	Th	\$104	Classes: 5
18 yrs + Schooley Mill Pk					
RP6852.404 Learn to Play Doubles	Jun 29	8:30-9:30pm	Th	\$81	Classes: 5

#### Mom's Tennis Swings

Learn the basics or fine-tune your game. Lessons include drills and match play. Intermediate players work on serves, volleys, overheads, lobs (singles and doubles). No babysitting available. Rain makeup is Friday. (No class 4/10-14, 4/17.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

yrs +	Cedar	Lane Pk Ea	ist Cl	asses: 6

RP6848.301	Beg/Adv	Mar 27	11am-12:30pm	M,W	\$105
RP6848.302	Beg/Adv	Mar 28	11:30am-1pm	Tu,Th	\$105
RP6848.303	Beg/Adv	May 3	11am-12:30pm	M,W	\$105
RP6848.304	Beg/Adv	May 2	11:30am-1pm	Tu,Th	\$105
RP6848.305	Beg/Adv	May 31	11am-12:30pm	M,W	\$105



Grab a partner and take to the court at Strictly Doubles Tennis.

RP6848.306	Beg/Adv	May 30	11:30am-1pm	Tu,Th	\$105
RP6848.307	Int/Adv	Mar 28	10-11:30am	Tu,Th	\$105
RP6848.308	Int/Adv	May 2	10-11:30am	Tu,Th	\$105
RP6848.309	Int/Adv	May 30	10-11:30am	Tu,Th	\$105

# Strictly Doubles Tennis

Clinic format focusing on learning the nuances and strategies of playing doubles tennis. Learn doubles skills such as when to poach, partner communication and signals, how to move on the court and positioning, strategy, shot selection and placement, one up one back, two up at net, volleys, half volleys, lobs and overheads. Drills and strategy sessions are followed by game play. Instructor: Gene Pierelli. (No class 4/16.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

<u>18 ا</u>	yrs +	Classes: 6

RP6845.301	Rockburn Branch Pk	Apr 2	9:45-11am	Su	\$102
RP6845.302	Rockburn Branch Pk	Apr 2	11:15am-12:30pm	Su	\$102
RP6845.401	Rockburn Branch Pk	Jul 9	9:45-11am	Su	\$102
RP6845.402	Rockburn Branch Pk	Jul 9	11:15am-12:30pm	Su	\$102

#### **Sunday Swings Tennis**

Beginners to advanced players enjoy learning and improving all tennis skills and court positions through drills, small-group games and match play (singles and doubles). (No class 4/16.) Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

<u> 18 yrs + </u>	<u>Cedar Lane Pk East</u>	Classes	<u>: 4</u>		
RP6844.301	Beg/Adv Beg	Apr 2	Noon-1:30pm	Su	\$71
RP6844.302	Beg/Adv Beg	May 14	Noon-1:30pm	Su	\$71
RP6844.311	Int	Apr 2	10:30am-noon	Su	\$71
RP6844.312	Int	May 14	10:30am-noon	Su	\$71
RP6844.321	Adv	Apr 2	9-10:30am	Su	\$71
RP6844.322	Adv	May 14	9-10:30am	Su	\$71
RP6844.401	Beg/Adv Beg	Jun 18	Noon-1:30pm	Su	\$71
RP6844.411	Int	Jun 18	10:30am-noon	Su	\$71
RP6844.421	Adv	Jun 18	9-10:30am	Su	\$71

#### **Tennis Lessons**

Whether you are looking to fine-tune your skills or work on advanced tennis tactics, we have a program for you. These small group lessons are filled with instructional drills, fun games, and match play. Beginners focus on learning basic tennis strokes and techniques including the grip, ground strokes, serves and volleys, plus movement and timing. The Advanced Beginner class improves on existing skills by working on consistency, ball placement and adding topspin to shots. Player should be able to hit the ball with control, basic serve and volley. Intermediate class moves at a faster pace and focuses on advanced shot selection including the approach shot, slice and lob shots, along with strategic tips and match-play tactics. The intermediate class also includes weekly match play. (No class 4/11-12, 4/15-16, 7/4.) Instructor: Gene Pierelli (.301-.306 & .401-.406) and Hirsh Goldberg (.311-.312 & .411-.412). Info: Krista Billingsley, 410-313-4637 or kbilllinsgley@howardcountymd.gov.

<u>18 yrs + \$9</u>	4 Classes: 6				
RP6843.401	Adv Beg	Rockburn Branch Pk	Mar 28	6-7pm	Tu
RP6843.402	Beg	Rockburn Branch Pk	Mar 29	6-7pm	W
RP6843.403	Intermediate	Rockburn Branch Pk	Mar 29	7:15-8:15pm	W
RP6843.404	Intermediate	Centennial Pk West	Apr 1	9:30-10:30am	Sa
RP6843.405	Adv Beg	Centennial Pk West	Apr 1	10:45-11:45am	Sa
RP6843.406	Beg	Centennial Pk West	Apr 1	Noon-1pm	Sa
RP6843.411	Adv Beg	Rockburn Branch Pk	Apr 2	8-9am	Su
RP6843.412	Intermediate	Rockburn Branch Pk	Apr 2	9-10am	Su
RP6843.401	Adv Beg	Rockburn Branch Pk	Jul 6	6-7pm	Th
RP6843.402	Beg	Rockburn Branch Pk	Jul 5	6-7pm	W
RP6843.403	Intermediate	Rockburn Branch Pk	Jul 5	7:15-8:15pm	W
RP6843.404	Intermediate	Centennial Pk West	Jul 8	9:30-10:30am	Sa
RP6843.405	Adv Beg	Centennial Pk West	Jul 8	10:45-11:45am	Sa
RP6843.406	Beg	Centennial Pk West	Jul 8	Noon-1pm	Sa
RP6843.411	Adv Beg	Rockburn Branch Pk	Jul 9	8-9am	Su
RP6843.412	Intermediate	Rockburn Branch Pk	Jul 9	9-10am	Su

#### **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

#### 50+ Tennis

Advanced beginners through intermediate players, pair up to play doubles or singles, if court time permits, through October 30. Programs move to Savage Park and Meadowbrook Park from mid June through mid August. Info: Cathy Vigus, 410-313-7311 or cviqus@howardcountymd.gov.

RP7846.301 50 yrs + Centennial Pk West Apr 4 8-11am Tu,Th \$22 Classes: 60

# **Ultimate Disc**

# Youth Ultimate Disc League

What is Ultimate? It's a non-contact team sport that combines elements of soccer, football and basketball into one fast-paced game. Played with a disc, everyone is a quarterback and a receiver. As part of each session, develop skills and learn game concepts through drills, games and activities in an instructional/clinic environment. Participate in games each week and end the season with a playoff-style tournament. Coaches may move participants up or down depending on skill level. Volunteer head coaches are needed and receive a discount. Fee includes shirt, award and playoffs. End-of-season tournament is on July 29 at Cedar Lane Park West. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

<u>6-10 yrs Cla</u>	<u>6-10 yrs Classes: 8</u>						
RP6101.401	Lime Kiln MS	Jun 7	7-8:30pm	W	\$64		
RP6101.402	Lime Kiln MS	Jun 7	7-8:30pm	W	\$34 Coach's child		
<u>11-14 yrs</u> C	lasses: 8						
RP6101.411	Lime Kiln MS	Jun 8	7-8:30pm	Th	\$64		
RP6101.412	Lime Kiln MS	Jun 8	7-8:30pm	Th	\$34 Coach's child		
<u>15-17 yrs</u> C	lasses: 8						
RP6101.421	Lime Kiln MS	Jun 7	7-8:30pm	W	\$64		
RP6101.422	Lime Kiln MS	Jun 7	7-8:30pm	W	\$34 Coach's child		

# **Volleyball**

• League Refund Policy Page 68

#### Youth

#### Instructional Volleyball League

Designed for first-time players or those wanting to improve fundamental skills, this program includes basic skill development through drills and scrimmages. The first 4 weeks are instructional practices, the final 4 weeks involve game situations. Fee includes t-shirt. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

6 (All levels) -7 yrs (Beginners) Classes: 8		
RP5893.301 Roger Carter Comm Ctr Apr 15 1-2:10pr	m Sa	\$99
7 yrs (Advanced) - 9 yrs (Beginners) Classes: 8		
RP5893.302 Roger Carter Comm Ctr Apr 15 2:20-3:3	Opm Sa	\$99
8.5 yrs (Advanced) - 10 yrs (All levels) Classes: 8		
RP5893.303 Roger Carter Comm Ctr Apr 15 3:40-4:5	Opm Sa	\$99

# **NEW!** Boys Instructional Volleyball Clinic

Join Ofer Levy and his coaching staff as they instruct players on the fundamentals of the game and progress towards the finer points. This clinic is designed to aide players in developing techniques and fine tuning their volleyball skills. Focus is on passing, hitting, setting and serving. Don't miss out! Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov. 8-12 yrs Classes: 8

RP5892.304 Roger Carter Comm Ctr		Apr 21	5-6pm	F	\$89
13-16 yrs C	lasses: 8				
RP5892.314	Roger Carter Comm Ctr	Apr 21	5-6pm	F	\$89

#### **CONCUSSION & SUDDEN CARDIAC ARREST INFO**

Read concussion and sudden cardiac arrest information on pages 66-67. Review of this information is required by law before you are allowed to register for youth sports programs.

# Volleyball Skills Development

Practice makes perfect! This program is for new players who enjoy this exciting sport and want to learn the basics. Individual players develop skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn skills such as passing, hitting, setting and serving. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

<u>8-12 yrs Cla</u>					
RP5892.301	N Laurel Comm Ctr	Apr 3	6-7:30pm	Μ	\$125
RP5892.302	Gary J Arthur Comm Ctr	Apr 5	7-8:30pm	W	\$125
RP5892.303	Roger Carter Comm Ctr	Apr 6	6-7:30pm	Th	\$125
<u>13-16 yrs</u> C	lasses: 8				
RP5892.311	N Laurel Comm Ctr	Apr 3	7:30-9pm	Μ	\$125
RP5892.312	Gary J Arthur Comm Ctr	Apr 5	7-8:30pm	W	\$125
RP5892.313	Roger Carter Comm Ctr	Apr 6	7:30-9pm	Th	\$125

## Spring Break Volleyball Academy

Practice makes perfect! This camp is designed for beginner/intermediate players who enjoy the exciting sport and want to learn more. Players improve existing skills and develop new ones. The lessons emphasize sportsmanship, skill technique, and hard work in a team atmosphere. Learn skills such as passing, hitting, setting, and serving. Instruction provided by Ofer Levy and staff. Info: Carson Nickell, 410 313-4720 or cjnickell@howardcountymd.gov.

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<u>9-15 yrs Week: 1</u>
RP7892.301 N Laurel Comm Ctr Apr 10 1-4pm M-F $120
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# **NEW! Beach Volleyball**

Weeks 8

Get outside, enjoy the Summer weather, and play some beach volleyball on the sand courts at Cedar Lane Park West. The 1st week will involve instructional work and modified games, followed by 7 weeks of pick-up style games. The adult section will forego the instructional work. Program will primarily use a 6v6 format but could change depending on participant numbers. Instruction will be limited. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

WCCKS. O						
RP5895.401	10-11 yrs	Cedar Lane Pk-West	Jun 24	10-11am	Sa	\$59
RP5895.402	12-14 yrs	Cedar Lane Pk-West	Jun 24	11am-noon	Sa	\$59
RP5895.403	15-17 yrs	Cedar Lane Pk-West	Jun 24	Noon-1pm	Sa	\$59
RP5895.404	18 yrs +	Cedar Lane Pk-West	Jun 24	1-2pm	Sa	\$59

# Youth Volleyball League

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. This program provides a "Good Sports" atmosphere, bringing together aspiring players weekly in an effort to learn and practice the fundamentals of the game. Our ASEP-Certified Parent Coaches provide a quality recreation environment for our players, parents, coaches, and spectators. Weekly practices are scheduled between 5-9 PM on a weeknight at a Recreation & Parks indoor facility depending on team placement and coach availability. Matches are on Sundays between 10am-4pm at the Volleyball House. Players are placed on teams after a skills evaluation scheduled for Sunday, April 9. Specific details on one-hour matches/practice times are communicated after each season's skills evaluation. The YVL is for novice to experienced players who wish to learn more about the sport. Special requests are not guaranteed and must be submitted via phone through registration. Registration deadline is April 2. Info: Carson Nickell, 410-313-4720 or cinickell@howardcountymd.gov.

RP5891.301	10-11 yrs	Apr 9	10am-4pm	Su	\$130	
RP5891.302	10-11 yrs	Apr 9	10am-4pm	Su	\$30	(Head coach's child)
RP5891.311	12-13 yrs	Apr 9	10am-4pm	Su	\$130	
RP5891.312	12-13 yrs	Apr 9	10am-4pm	Su	\$30	(Head coach's child)
RP5891.321	14-16 yrs	Apr 9	10am-4pm	Su	\$130	
RP5891.322	14-16 yrs	Apr 9	10am-4pm	Su	\$30	(Head coach's child)

Weeks: 8



Join the Youth Volleyball League and develop your skills in a "Good Sports" atmosphere.

#### YVL Summer Session

Join us for an exciting summer league! This league was designed for players who just want to play; instruction is limited and basic volleyball skills are required. Players will be placed on teams formed by the League Coordinator. Teams will have 2 practices and 5 scheduled matches; practices and matches will last one hour on Mondays at Meadowbrook Athletic Complex. Fee includes a team shirt. Children of volunteer head coaches receive a discount; register in section 402 or 412. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

<u>10-12 yrs Weeks: 7</u>					
RP5891.401	Meadowbrook Ath Comp	Jul 10	6-9pm	M	\$99
RP5891.402	Meadowbrook Ath Comp	Jul 10	6-9pm	M	\$30
<u>13-16 yrs Weeks: 7</u>					
RP5891.411	Meadowbrook Ath Comp	Jul 10	6-9pm	M	\$99
RP5891.412	Meadowbrook Ath Comp	Jul 10	6-9pm	M	\$30

# Volleyball Preseason Training

Get ready for try-outs and make the team by training with us! Athletes will go through training sessions that cover all skills and provide the most extensive and well-rounded training experience. Training will include specific individual skills and competitive game drills on Thursdays with Ofer Levy and staff, and exclusive conditioning sessions on Tuesdays provided by HCRP fitness staff. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

<u>14-18 yrs Meadowbrook Ath Comp Classes: 8</u> RP5894.401 Jul 11 7-8pm, Tu; 6-8pm, Th \$199

## **Adults**

#### Co-Rec Volleyball

Join senior men and women of various volleyball skill levels for competitive and fun volleyball play. Previous volleyball experience helpful. Prior to registration, visit the Meadowbrook Athletic Complex and see if this program is for you. The program meets twice a week. The fee is based on when you register and is good through the end of the calendar year. Info: Cathy Vigus, 410-313-7311 or cviqus@howardcountymd.gov.

<u>55 yrs + Classes: 76</u> RP5592.301 Meadowbrook Ath Comp Apr 4 10:30am-12:30pm Tu,F \$57 55 yrs + Classes: 49

RP5592.401 Meadowbrook Ath Comp Jul 7 10:30am-12:30pm Tu,F \$38

# Co-Rec Volleyball League

The volleyball leagues play 6-on-6, with rosters up to 12 players. Schedule includes eight matches and all teams participate in postseason playoffs. Fee includes scheduling, facility, awards, and administration. Teams are required to pay game official fees of \$20 on the court at each match. Register by April 16; or by March 12 to receive a 10% discount. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

<u>18 yrs + Games: 8 + playoffs</u> RP5890.301 Roger Carter Comm Ctr Apr 23 4-10pm Su \$220

#### Drop-In Co-Rec Volleyball

Join other athletes of all ability levels for volleyball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Choose the Get Active Package (page 9) to save money and participate more than once a week. Note: Some gyms may be canceled due to insufficient registration or low attendance. (No class 4/10-13, 4/17, 5/29.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

18 yrs + Cla	isses: 10				
RP6901.301	Burleigh Manor MS	Apr 3	8-10pm	M	\$44
RP6901.302	Burleigh Manor MS	Apr 6	8-10pm	Th	\$44
RP6901.303	Forest Ridge ES	Apr 5	8-10pm	W	\$44
RP6901.304	Meadowbrook Ath Comp	Apr 5	9-11pm	W	\$44
RP6901.305	Rockburn ES	Apr 4	8-10pm	Tu	\$44

#### **NEW! Beach Volleyball**

Description & info in Youth section of this guide.

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.











# **General Information**

Program information provided in this Guide is tentative. Consult www.howardcountymd.gov/rap for the most up-to-date information.

#### Registration

Program fees are established by determining the cost of supplies; fees for instructors, rentals, registrations and program administration; and the price of marketing in order to deliver high quality programs at an affordable price. See our "How to Register" section on page 3.

\*Waiver: In consideration of my (and/or my child's) participation in this activity, I hereby release and discharge the Organization, and its representatives, successors, and assigns, from any and all liability arising from accident, injury, and illness that I (he/she) may suffer as a result of my (our) participation in this activity. I (we) also will follow the rules and regulations set by the Organization and above named parties. Parent or guardian must sign for anyone age 18 and under. I do hereby grant and give these groups the right to use my or my child(s) photograph or image in conjunction with other persons or objects and presentations, advertising, publicity, and promotion relating thereto.

We reserve the right to cancel or postpone any program or activity due to inclement weather or low enrollment. A service fee will be imposed for all returned checks and could result in refusal of future participation. A service fee will be applied to all refunds and withdrawals with the exception of those due to program cancellation or medical/illness. There are no refunds for missed sessions. At a minimum a 20% administrative fee applies to refund requests; additional fees may be deducted. At least two weeks advance notice is required to avoid additional charges. Summer Camps have a different refund policy and can be found in the current year brochure. See brochure or website for details about all refunds and polices.

#### **Participation**

Only individuals who are registered may participate. Where age or grade restrictions apply, "age" usually refers to the age of the participant at the start of the program and "grade" to current grade. If any other standards apply, they will be noted in the Guide. We reserve the right to question grade or age and may request a birth certificate or other proof of eligibility.

For many programs, registrants or parents/legal guardians of minor registrants will be required to provide a signed Participant Information form at the first meeting. The purpose of this form is to ensure that participants willingly share responsibility for their own safety. All activities contain certain inherent risks that each participant assumes. Due to the strenuous nature of some activities, each participant is urged to consult his or her physician concerning his or her fitness to participate. Please note that many programs will require confirmation that immunizations are current.

A parent or legal guardian must accompany a child each day for both checkin and pick-up. It is your responsibility to sign your child in at the beginning of the program and sign your child out immediately following the program. Staff is not responsible for your child before or after scheduled activities. A fee may be assessed if your child is not picked up at the close of the program.

Children must remain with the program for the full period scheduled. To leave before a day's program is complete, a child must have written parental consent or the parent/legal guardian must pick the child up after notifying the program director. No refunds will be issued for time missed for this or from dismissals resulting from disciplinary action.

In determining whether child is ready to participate in these activities, **please be aware that our staff does not change diapers.** 

#### **Filled Programs**

Space is limited in most activities — early registration is advised. If a program is filled when we receive your registration, we will contact you; you may then cancel your application at no charge, select an alternate program or place your name on a waiting list. There is no fee to be placed on a waiting list.

#### **Canceled Programs**

We don't like to cancel programs, but each one must meet its minimum enrollment. Don't be disappointed — register early and bring a friend! An activity may also be canceled due to circumstances beyond our control, such as the unavailability of an instructor or location. If a program is canceled, registrants will be contacted immediately and a full refund credited.

#### **Financial Assistance**

The Howard County Department of Recreation & Parks can provide limited financial assistance to Howard County residents who qualify. In addition to a completed application, you must provide one of the following:

- verification of qualifying income level (2016 tax return required) or
- proof of assistance from the Department of Social Services.

Funds are limited and a deposit of 25% of the program fee is required at least one month prior to start date with the application/registration form. Call 410-313-4659 for additional information and guidelines.

#### **Make a Donation**

You can make a tax-deductible contribution to our Scholarship Fund by www.howardcountymd.gov or call 410-313-4683. You may also donate online through our online registration site (click on "donation" button).

# Refunds

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance notice of withdraw to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

#### **Inclement Weather & Program Status Information**

Check with your instructor about exceptions to the following circumstances and make-up dates for canceled sessions.

- If it rains, only some outdoor classes will be canceled.
- When it appears that lightning is a potential threat to participants, scheduled outdoor activities or activities in progress may be canceled.
- If it snows on a weekday and the snow emergency plan is in effect in Howard County, scheduled programs will be canceled. Drop-in programs at Recreation & Parks facilities may run, call the facility inclement weather number, 410-313-4452.
- If it snows on a weekend and the snow emergency plan is in effect at 7am, programs held in public schools for that day will be canceled. If a snow emergency is declared after 7am, programs in schools in progress may be completed but those later in the day will be canceled.

 If schools are closed or dismissed early due to inclement weather, programs in schools will not be held.

Inclement Weather/Program Status Lines Programs (Events, Trips, Selected Sports,\* Outdoor Rec, Child Care & Therapeutic Rec) 410-313-4451 Gary J. Arthur Comm Ctr, Meadowbrook Athletic Complex, N Laurel Comm Ctr, Robinson Nature Ctr & Roger Carter Comm Ctr 410-313-4452 Belmont Manor & Historic Park 410-313-0200 All School Fields 410-313-6827 Alpha Ridge, Western Regional 410-313-4372 Blandair 410-313-3673 Cedar Lane\_\_\_\_\_ 410-313-4453 Centennial 410-313-4454 Cypressmede & Hollifield 410-313-4457 Dayton Oaks Parks & Schooley Mill 410-313-4458 Dickinson, Hammond, Hawthorn, Heritage Programs 410-313-0421 Huntington & Martin Road 410-313-4459 East Columbia Library, Guilford Savage & N Laurel Fields 410-313-4456 Howard County Center for the Arts, Hollifield Station, Rockburn Branch & Skills Park, Troy, Waterloo & Worthington Off-Leash\_\_\_\_\_ 410-313-4455 Meadowbrook 410-313-2727

#### **Snack Policy**

Many of our children's activities request that you supply a snack or lunch. Due to health concerns, nut products are not served or permitted.

#### **Rules of Conduct**

The following rules must be observed while participating in Recreation & Parks programs. Specific rules may be added for individual programs and needs.

- No food or beverages in unauthorized areas; glass containers are prohibited.
- No smoking in buildings or on school property.
- · No soliciting or loitering.
- No interference with employee or volunteer duties.
- No harassment or inappropriate or indecent conduct or language.
- No unauthorized use of drugs, intoxicants or weapons.
- No parking in unauthorized areas or driving/parking on field areas.
- No alteration or installation of equipment (eq. basketball hoops, fences.)
- · No defacing of property, indoors or outdoors.
- No conduct that may jeopardize the safety of others.

#### **Accommodations for People with Disabilities**

The Department of Recreation & Parks is a recognized leader in opportunities for individuals with disabilities and is pleased to comply with Americans with Disabilities Act (A.D.A.) regulations.

Individuals with disabilities are encouraged to register for general recreation programs. With your registration, please include information regarding your disability and any accommodations needed. We will make every effort to provide reasonable accommodations on an individual basis. Interpretive services are available for people who are deaf, hard of hearing or have speech disabilities. These and other accommodations can be provided

to Howard County residents at no additional cost. To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the first program date.

For transportation, contact HT Ride Paratransit Certification at 1-800-270-9553. For more information, contact Therapeutic Recreation Manager Susan Potts at 410-313-4628 or spotts@howardcountymd.gov or Ruth Coleman at 410-313-4708 or rucoleman@howardcountymd.gov.

#### **Other Policies**

Additionally, the Department reserves the right

- to cancel a program for any reasonable cause;
- to deny registration or entry into a program when it deems necessary to assure public safety;
- to suspend a child from a program with no refund, after notifying a parent of disciplinary problems;
- to photograph programs, participants and volunteers for publicity purposes; and/or
- to adjust any program details printed in this brochure including fees, locations, instructors, times, days and starting dates.

#### **Public Meetings**

For information about Howard County Recreation & Parks Board meetings, call 410-313-4640. Your comments are welcome at these sessions. Park Board members are Dr. Joel Goodman (Chair), Ms. Sylvia Ramsey (Vice Chair), Mr. John R. Byrd (Recording Secretary), Ms. Christine O'Connor (Board of Education Designee), Mr. David Brown (Board of Education Alternate), Mr. William Santos (Planning Board Designee), Mr. Thomas Franklin, Ms. Joanne Kiebler, Mr. Daniel Tracy and Mr. Jonathan Gresham (Student).

# Full-time, Part-time, Contingent and Contractor Employment

For an up-to-date listing of jobs within the Department, as well as a listing of jobs within Howard County Government, visit www.howardcountymd.gov and click on the "I want to" tab.

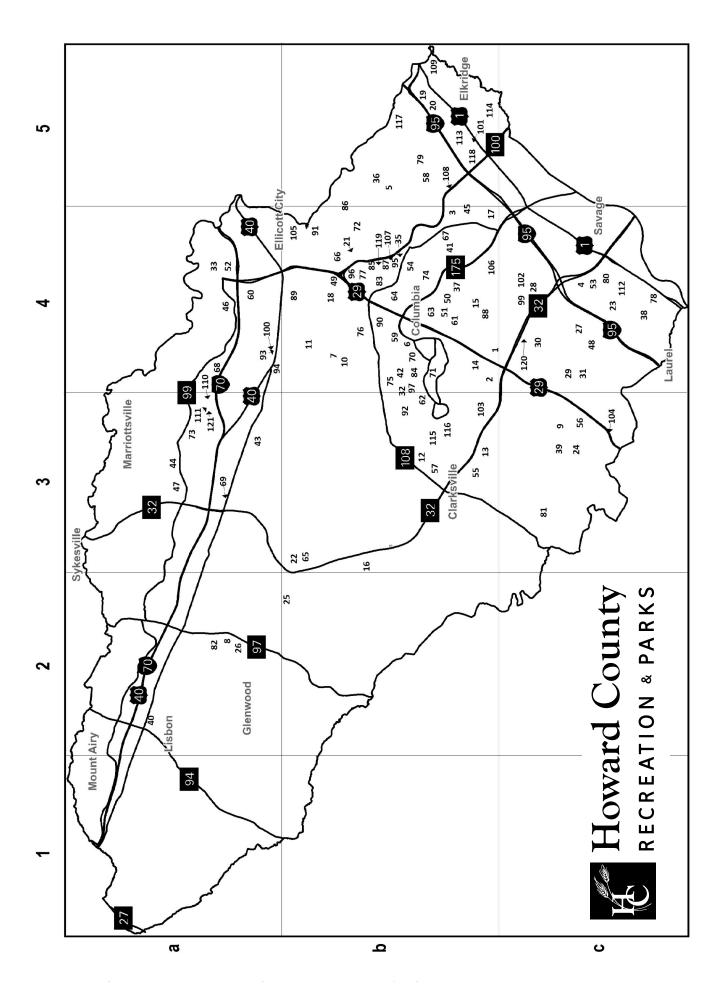
The Department of Recreation & Parks also needs dynamic leaders to develop and instruct programs such as art, crafts, cooking, dance, drama, language, music, science, sports or just plain fun! Do you have an interesting idea for a course or other program that could be offered to Howard County residents through the Recreation & Parks Department? We'd like to hear about it. For an informational letter, application and proposal form, visit www.howardcountymd.gov/rap and click on "Forms and Publications" or call 410-313-4639.

#### Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. If you'd like to share your time and talent, visit www.hocovolunteer.org to view opportunities and register.

#### **Sponsorships**

There are many opportunities to become involved in the activities of Howard County Recreation & Parks through sponsorships and advertising. For sports, outdoor and fitness sponsorships, call Al Harden at 410-313-4652. For special events or other recreation sponsorships, call Phil Bryan at 410-313-1668.



# **Program Locations**

# **Schools**

Schools	
Atholton ES	1 (b-4)
Atholton HS	
Bellows Spring ES	3 (b-4)
Bollman Bridge ES	4 (c-4)
Bonnie Branch MS	
Bryant Woods ES	6 (b-4)
Burleigh Manor MS	
Bushy Park ES	8 (a-2)
Cedar Lane School	9 (c-3)
Centennial HS	
Centennial Lane ES	
Clarksville ES	
Clarksville MS	
Clemens Crossing ES	
Cradlerock ES	
Dayton Oaks ES	
Deep Run ES	
Ducketts Lane ES	
Dunloggin MS	
Elkridge ES	
Elkridge Landing MS	
Ellicott Mills MS	
Folly Quarter MS	
Forest Ridge ES	23 (c-4)
Fulton ES	
Glenelg HS	25 (b-2)
Glenwood MS	26 (a-2)
Gorman Crossing ES	27 (c-4)
Guilford ES	28 (c-4)
Hammond ES	29 (c-4)
Hammond HS	30 (c-4)
Hammond MS	31 (c-4)
Harper's Choice MS	32 (b-3)
Hollifield Station ES	33 (a-4)
Homewood School	34 (b-3)
Howard HS	35 (b-4)
llchester ES	36 (b-5)
Jeffers Hill ES	37 (b-4)
Lake Elkhorn MS	
Laurel Woods ES	38 (c-4)
Lime Kiln MS	39 (c-3)
Lisbon ES	40 (a-2)
Long Reach HS	
Longfellow ES	42 (b-4)

Manor Woods ES	43 (a-3)
Marriotts Ridge HS	44 (a-3)
Mayfield Woods MS	45 (b-4)
Mt. Hebron HS	46 (a-4)
Mt. View MS	47 (a-3)
Murray Hill MS	48 (c-4)
Northfield ES	49 (b-4)
Oakland Mills HS	50 (b-4)
Oakland Mills MS	51 (b-4)
Patapsco MS	52 (a-4)
Patuxent Valley MS	53 (c-4)
Phelps Luck ES	54 (b-4)
Pointers Run ES	55 (b-3)
Reservoir HS	56 (c-3)
River Hill HS	57 (b-3)
Rockburn ES	58 (b-5)
Running Brook ES	59 (b-4)
St. John's Lane ES	
Stevens Forest ES	61 (b-4)
Swansfield ES	
Talbott Springs ES	
Thomas Viaduct MS	114 (b-5)
Thunder Hill ES	64 (b-4)
Triadelphia Ridge ES	65 (b-3)
Veterans ES	66 (b-4)
Waterloo ES	67 (b-4)
Waverly ES	68 (a-4)
West Friendship ES	69 (a-3)
Wilde Lake HS	70 (b-4)
Wilde Lake MS	
Worthington ES	72 (b-4)

# **Parks**

Alpha Ridge Park	73 (a-3)
Blandair Park	74 (b-4)
Cedar Lane Park	75 (b-4)
Centennial Park	76 (b-4)
Meadowbrook Park	77 (b-4)
Middle Patuxent Environmental	Area (MPEA),
Trotter Road	115 (b-3)
Southwind Circle	116 (b-3)
North Laurel Park	78 (c-4)
Rockburn Branch Park	79 (b-5)
Savage Park	80 (c-4)
Schooley Mill Park	81 (c-3)
Troy Park	118 (b-5)
Western Regional Park	82 (a-2)

# Other

AXIS Sports Facility	83 (b-4)
Bain 50+ Center	84 (b-4)
Baldwin Commons Hall	112 (c-4)
Belmont Manor & Historic Park	117 (b-5)
Cedar Lane Rec Ctr	75 (b-4)
Columbia Gymnastics	85 (b-4)
Dance Connections, Inc.	86 (b-4)
DanceTEC Center	119 (b-4)
Drama Learning Ctr	87 (b-4)
East Columbia Library	88 (b-4)
Ellicott City Sr Ctr	89 (b-4)
Fairway Hills	
Gary J. Arthur Comm Ctr	
Historic Ellicott City	91 (b-4)
Hobbits Glen Golf Course	
Kinetics Dance Theatre	
Kiwanis-Wallas Hall	94 (a-4)
Let There Be Rock School	
Long Gate Park & Ride	
Meadowbrook Athletic Complex	77 (b-4)
Misako Ballet Studio	
Misako Beats	
North Laurel Comm Ctr	78 (c-4)
Olenka School of Music	
Columbia	99 (c-4)
Ellicott City	100 (a-4)
PetStructor	
Pfeiffer's Corner Schoolhouse	79 (b-5)
Pump It Up — Elkridge	101 (b-5)
Recreation & Parks Headquarters	102 (b-3)
Robinson Nature Ctr	103 (b-3)
Rocky Gorgee Golf Course	104 (c-3)
Roger Carter Comm Ctr	
Studio Inspire	
Synergy Fitness	107 (b-4)
Timbers at Tro	
Volleyball/Soccer House	
Waverly Woods Golf Course	
Waverly Mansion	



# **Registration Form**

Voice/Relay: 410-313-7275 www.howardcountymd.gov/rap

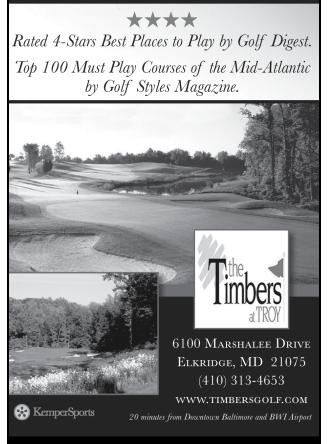
7120 Oakland Mills Road, Columbia, Maryland 21046

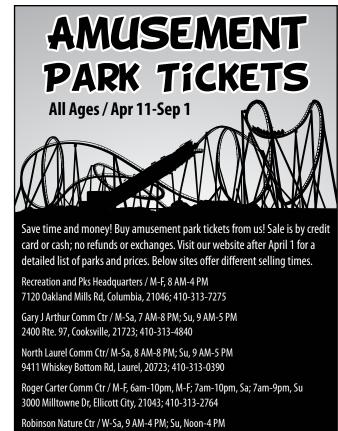
Fax: 410-313-4658

RP Program Title Course Number Participant Name ☐ Male ☐ Female Address if Different From Payer Course Number **Program Title** Participant Name ☐ Male ☐ Female / / Date of Birth Address if Different From Payer Program Title Course Number Participant Name / / ☐ Male ☐ Female Address if Different From Payer Date of Birth Cash/Check □(ash \$\_\_\_\_ **Electronic Check Payment**  $\Box$ Checking **□**Savings □Check #\_\_\_ Make checks payable to Director of Finance; Howard County Routing # Mail to: Howard County Recreation & Parks, Attn: Registration 7120 Oakland Mills Road, Columbia, MD 21046 Account Holder Signature Date **Credit Card** ☐ DISC©VER □ VISA Account Holder Name (Print) Exp. Date:\_\_\_\_ CVC Code: (011300142): (1 Account Holder Signature Routing Number Account Number Account Holder Name (Print) ☐ I would like to contribute \$ \_\_\_\_\_to the HCRP Scholarship Fund. ☐ Male ☐ Female 1 1 Name of Payer Date of Birth Home Phone Cell Phone Home Address: Street Work Phone 1 City/State/Zip **Email Address** Completing the registration process today includes an understanding Does the participant have a disability or any special accommodation request that you agree to all waivers and policies of Howard County Recreation that we need to know about? & Parks. These waivers and polices can be found in our seasonal guides, If yes, please explain.\_\_\_\_\_ online at www.howardcountymd.gov/recandparksforms and on the bottom of your receipt. If you are unable to review this in our activity guide or online, our registration office can provide you written copies upon request. Does the participant have an allergy that we need to know about? If yes, please explain.\_\_\_\_

\_Date\_\_\_

Signature\_





6692 Cedar Ln, Columbia, 21044; 410-313-0400



(Montgomery Road entrance)

Show is free to the public!

· 1999 & older

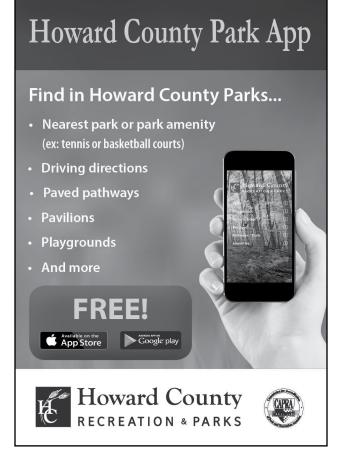
· See page 18 for details

· Hot Rods

Modifieds

· Classics

Antiques





7120 Oakland Mills Road, Columbia, MD 21046 410-313-7275 www.howardcountymd.gov/rap



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